

MEDICAL ASSISTANCE BULLETIN

ISSUE DATE

EFFECTIVE DATE

NUMBER

August 8, 2019

January 1, 2020

*See below

SUBJECT

Prior Authorization of Local Anesthetics, Topical – Pharmacy Services

ВΥ

Sally A. Kozak, Deputy Secretary
Office of Medical Assistance Programs

IMPORTANT REMINDER: All providers must revalidate the Medical Assistance (MA) enrollment of each service location every 5 years. Providers should log into PROMISe to check the revalidation dates of each service location and submit revalidation applications at least 60 days prior to the revalidation dates. Enrollment (revalidation) applications may be found at:

http://www.dhs.pa.gov/provider/promise/enrollmentinformation/S 001994.

PURPOSE:

The purpose of this bulletin is to:

- 1. Inform providers of the addition of the Local Anesthetics, Topical class of drugs to the Preferred Drug List (PDL).
- 2. Issue new handbook pages that include the requirements for prior authorization and the type of information needed to evaluate the medical necessity of prescriptions for Local Anesthetics, Topical submitted for prior authorization.

SCOPE:

This bulletin applies to all licensed pharmacies and prescribers enrolled in the Medical Assistance (MA) Program and providing services in the fee-for-service delivery system. Providers rendering services in the MA managed care delivery system should address any questions related to Local Anesthetics, Topical to the appropriate managed care organization.

*01-19-25	09-19-23	27-19-21	33-19-23
02-19-20	11-19-19	30-19-19	
03-19-19	14-19-19	31-19-25	
08-19-28	24-19-21	32-19-19	

COMMENTS AND QUESTIONS REGARDING THIS BULLETIN SHOULD BE DIRECTED TO:

The appropriate toll free number for your provider type

Visit the Office of Medical Assistance Programs Web site at http://www.dhs.pa.gov/provider/healthcaremedicalassistance/index.htm

BACKGROUND:

The Department of Human Services' (Department) Pharmacy and Therapeutics (P&T) Committee reviews published peer-reviewed clinical literature and recommends the following:

- Preferred or non-preferred status for new drugs in therapeutic classes already included in the Preferred Drug List (PDL);
- Changes in the status of drugs on the PDL from preferred to non-preferred and non-preferred to preferred;
- New quantity limits;
- Classes of drugs to be added to or deleted from the PDL; and
- New guidelines or revisions to existing guidelines to evaluate the medical necessity of prescriptions submitted for prior authorization.

DISCUSSION:

During the May 15, 2019, meeting, the P&T Committee recommended that the Department add the Local Anesthetics, Topical class of drugs to the PDL and proposed guidelines to determine medical necessity of Local Anesthetics, Topical. The requirement for prior authorization and guidelines to determine medical necessity of Local Anesthetics, Topical, as recommended by the P&T Committee, were subject to public review and comment and subsequently approved for implementation by the Department.

PROCEDURE:

The procedures for prescribers to request prior authorization of Local Anesthetics, Topical are located in SECTION I of the Prior Authorization of Pharmaceutical Services Handbook. The Department will take into account the elements specified in the clinical review guidelines (which are included in the provider handbook pages in the SECTION II chapter related to Local Anesthetics, Topical) when reviewing the prior authorization request to determine medical necessity.

As set forth in 55 Pa. Code § 1101.67(a), the procedures described in the handbook pages must be followed to ensure appropriate and timely processing of prior authorization requests for drugs that require prior authorization.

ATTACHMENTS:

Prior Authorization of Pharmaceutical Services Handbook - Updated pages

RESOURCES:

Prior Authorization of Pharmaceutical Services Handbook – SECTION I
Pharmacy Prior Authorization General Requirements
http://www.dhs.pa.gov/provider/pharmacyservices/pharmacypriorauthorizationgeneralrequirements/index.htm

Prior Authorization of Pharmaceutical Services Handbook – SECTION II Pharmacy Prior Authorization Guidelines

 $\underline{\text{http://www.dhs.pa.gov/provider/pharmacyservices/drugsrequiringclinicalpriorauthorization/inde}}\\ \underline{\text{x.htm}}$

MEDICAL ASSISTANCE HANDBOOK PRIOR AUTHORIZATION OF PHARMACEUTICAL SERVICES

I. Requirements for Prior Authorization of Local Anesthetics, Topical

A. Prescriptions That Require Prior Authorization

Prescriptions for Local Anesthetics, Topical that meet any of the following conditions must be prior authorized:

- 1. A non-preferred Local Anesthetic, Topical. See the Preferred Drug List (PDL) for the list of preferred Local Anesthetics, Topical at: https://papdl.com/preferred-drug-list.
- 2. Oral viscous lidocaine solution and oral lidocaine jelly when prescribed for a beneficiary under 3 years of age.

B. 5-Day Supplies

In response to health and safety concerns, a pharmacist may not dispense a 5-day supply of oral viscous lidocaine solution or oral lidocaine jelly when prescribed for a child under 3 years of age.

C. Review of Documentation for Medical Necessity

In evaluating a request for prior authorization of a prescription for a Local Anesthetic, Topical, the determination of whether the requested prescription is medically necessary will take into account whether the beneficiary:

- 1. For a non-preferred Local Anesthetic, Topical, has a history of therapeutic failure, intolerance, or contraindication of the preferred Local Anesthetics, Topical; **AND**
- 2. For oral viscous lidocaine solution and oral lidocaine jelly when prescribed for a beneficiary under 3 years of age, **all** of the following:
 - a. Is not prescribed oral viscous lidocaine solution or oral lidocaine jelly for the treatment of teething pain,
 - b. For all other indications, has documented therapeutic failure, contraindication, or intolerance of alternative recommended treatments for the beneficiary's indication,
 - c. Is prescribed a dose that is consistent with U.S. Food and Drug Administration (FDA)-approved package labeling, nationally recognized compendia, or peerreviewed medical literature.

NOTE: If the beneficiary does not meet the clinical review guidelines above but, in the professional judgement of the physician reviewer, the services are medically necessary to meet the medical needs of the beneficiary, the request for prior authorization will be approved.

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D. Clinical Review Process

Prior authorization personnel will review the request for prior authorization and apply the clinical guidelines in Section C. above to assess the medical necessity of a prescription for a Local Anesthetic, Topical. If the guidelines in Section C. are met, the reviewer will prior authorize the prescription. If the guidelines are not met, the prior authorization request will be referred to a physician reviewer for a medical necessity determination. Such a request for prior authorization will be approved when, in the professional judgment of the physician reviewer, the services are medically necessary to meet the medical needs of the beneficiary.

E. References

1. FDA Drug Safety Communication: FDA recommends not using lidocaine to treat teething pain and requires new Boxed Warning. June 24, 2014.