

# MEDICAL ASSISTANCE BULLETIN

ISSUE DATE	EFFECTIVE DATE	NUMBER	
November 12, 2020	January 5, 2021	*See below	
SUBJECT		ВҮ	
Prior Authorization of NS	SAIDs – Pharmacy Servio	Sally A. Kozak, Deputy Secretary Office of Medical Assistance Programs	

**IMPORTANT REMINDER:** All providers must revalidate the Medical Assistance (MA) enrollment of each service location every 5 years. Providers should log into PROMISe to check the revalidation dates of each service location and submit revalidation applications at least 60 days prior to the revalidation dates. Enrollment (revalidation) applications may be found at: <a href="https://www.dhs.pa.gov/providers/Providers/Pages/PROMISe-Enrollment.aspx">https://www.dhs.pa.gov/providers/Providers/Pages/PROMISe-Enrollment.aspx</a>.

# PURPOSE:

The purpose of this bulletin is to issue updated handbook pages that include the requirements for prior authorization and the type of information needed to evaluate the medical necessity of prescriptions for NSAIDs submitted for prior authorization.

## SCOPE:

This bulletin applies to all licensed pharmacies and prescribers enrolled in the Medical Assistance (MA) Program. The guidelines to determine the medical necessity of NSAIDs will be utilized in the fee-for-service delivery system and by the MA managed care organizations (MCOs) in Physical Health HealthChoices and Community HealthChoices. Providers rendering services in the MA managed care delivery system should address any questions related to the prior authorization of NSAIDs to the appropriate managed care organization.

*01-20-37	09-20-36	27-20-32	33-20-33
02-20-30	11-20-30	30-20-29	
03-20-30	14-20-31	31-20-37	
08-20-40	24-20-30	32-20-29	

COMMENTS AND QUESTIONS REGARDING THIS BULLETIN SHOULD BE DIRECTED TO:

The appropriate toll-free number for your provider type.

Visit the Office of Medical Assistance Programs website at

https://www.dhs.pa.gov/providers/Providers/Pages/Health%20Care%20for%20Providers/Contact-Informationfor-Providers.aspx. The Department of Human Services' (Department) Pharmacy and Therapeutics (P&T) Committee reviews published peer-reviewed clinical literature and recommends the following:

- Preferred or non-preferred status for new drugs in therapeutic classes already included in the Preferred Drug List (PDL);
- Changes in the status of drugs on the PDL from preferred to non-preferred and non-preferred;
- New quantity limits;
- Classes of drugs to be added to or deleted from the PDL; and
- New guidelines or revisions to existing guidelines to evaluate the medical necessity of prescriptions submitted for prior authorization.

## **DISCUSSION:**

During the August 12, 2020, meeting, the P&T Committee recommended the following revisions to the guidelines to determine medical necessity of NSAIDs:

- Clarification of the prior authorization requirement and Review of Documentation for Medical Necessity for ketorolac;
- Removal of the guidelines specific to topical NSAIDs; and
- Removal of automated prior authorization for non-preferred NSAIDs.

The revisions to the guidelines to determine medical necessity of NSAIDs, as recommended by the P&T Committee, were subject to public review and comment and subsequently approved for implementation by the Department.

## PROCEDURE:

The procedures for prescribers to request prior authorization of NSAIDs are located in SECTION I of the Prior Authorization of Pharmaceutical Services Handbook. The Department will take into account the elements specified in the clinical review guidelines (which are included in the provider handbook pages in the SECTION II chapter related to NSAIDs) when reviewing the prior authorization request to determine medical necessity.

As set forth in 55 Pa. Code § 1101.67(a), the procedures described in the handbook pages must be followed to ensure appropriate and timely processing of prior authorization requests for drugs that require prior authorization.

## ATTACHMENTS:

Prior Authorization of Pharmaceutical Services Handbook - Updated pages

## **RESOURCES:**

Prior Authorization of Pharmaceutical Services Handbook – SECTION I Pharmacy Prior Authorization General Requirements <u>https://www.dhs.pa.gov/providers/Pharmacy-Services/Pages/Pharmacy-Prior-Authorization-General-Requirements.aspx</u>

Prior Authorization of Pharmaceutical Services Handbook – SECTION II Pharmacy Prior Authorization Guidelines <u>https://www.dhs.pa.gov/providers/Pharmacy-Services/Pages/Clinical-Guidelines.aspx</u>

## MEDICAL ASSISTANCE HANDBOOK PRIOR AUTHORIZATION OF PHARMACEUTICAL SERVICES

# I. Requirements for Prior Authorization of Non-Steroidal Anti-Inflammatory Drugs (NSAIDs)

## A. Prescriptions That Require Prior Authorization

Prescriptions for NSAIDs that meet any of the following conditions must be prior authorized:

- 1. A non-preferred NSAID. See the Preferred Drug List (PDL) for the list of preferred NSAIDs at: <u>https://papdl.com/preferred-drug-list.</u>
- 2. A prescription for oral or nasal ketorolac when more than a 5-day supply is prescribed in the past 90 days.
- 3. An NSAID with a prescribed quantity that exceeds the quantity limit. The list of drugs that are subject to quantity limits, with accompanying quantity limits, is available at: <a href="https://www.dhs.pa.gov/providers/Pharmacy-Services/Pages/Quantity-Limits-and-Daily-Dose-Limits.aspx">https://www.dhs.pa.gov/providers/Pharmacy-Services/Pages/Quantity-Limits-and-Daily-Dose-Limits.aspx</a>.
- 4. An NSAID when there is a record of a recent paid claim for another NSAID in the Point-of-Sale Online Claims Adjudication System (therapeutic duplication).
- B. <u>Review of Documentation for Medical Necessity</u>

In evaluating a request for prior authorization of a prescription for an NSAID, the determination of whether the requested prescription is medically necessary will take into account whether the beneficiary:

- 1. For oral or nasal ketorolac, **all** of the following:
  - a. Is age-appropriate according to FDA-approved package labeling, nationally recognized compendia, or peer-reviewed medical literature,
  - b. Is prescribed a dose and duration of therapy that is consistent with FDA-approved package labeling, nationally recognized compendia, or peer-reviewed medical literature,
  - c. Is not concomitantly taking aspirin or any other NSAIDs;

# AND

- 2. For a non-preferred NSAID, has a history of therapeutic failure, contraindication, or intolerance of the preferred NSAIDs (excluding ketorolac) with the same route of administration; **AND**
- 3. For therapeutic duplication, **one** of the following:

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- a. Is being transitioned to another drug in the same class with the intent of discontinuing one of the medications
- b. Has a medical reason for concomitant use of the requested medications that is supported by peer-reviewed literature or national treatment guidelines;

## AND

4. If a prescription for an NSAID is for a quantity that exceeds the quantity limit, the determination of whether the prescription is medically necessary will also take into account the guidelines set forth in the Quantity Limits Chapter.

NOTE: If the beneficiary does not meet the clinical review guidelines listed above but, in the professional judgment of the physician reviewer, the services are medically necessary to meet the medical needs of the beneficiary, the request for prior authorization will be approved.

## C. <u>Clinical Review Process</u>

Prior authorization personnel will review the request for prior authorization and apply the clinical guidelines in Section B. above to assess the medical necessity of a prescription for an NSAID. If the guidelines in Section B. are met, the reviewer will prior authorize the prescription. If the guidelines are not met, the prior authorization request will be referred to a physician reviewer for a medical necessity determination. Such a request for prior authorization will be approved when, in the professional judgment of the physician reviewer, the services are medically necessary to meet the medical needs of the beneficiary.

## D. <u>References</u>

- 1. Ketorolac tromethamine tablets prescribing information. Teva Pharmaceuticals USA, Inc., North Wales, PA; July 2015.
- 2. Sprix (ketorolac tromethamine) Nasal Spray prescribing information. Egalet US Inc. Wayne, PA; January 2018.