

Strengths Based Assessment

NAME: _____

DATE: _____

LIVING DOMAIN

Current Status	Current Strengths	Skills would like to develop

LEARNING DOMAIN

Current Status	Current Strengths	Skills would like to develop
	<p>What skills/supports do you currently use, or have used in the past, in the learning environment?</p>	<p>What skills/supports would you like to develop to be more satisfied in your learning environment?</p>

NAME: _____

WORK DOMAIN

Current Status	Current Strengths	Skills would like to develop
	<p>What skills/supports do you currently use, or have used in the past, in the work environment?</p>	<p>What skills/supports would you like to develop to be more satisfied in your work environment?</p>

NAME: _____

SOCIAL DOMAIN

Current Status	Current Strengths	Skills would like to develop
	<p>What skills/supports do you currently use, or have used the past, in the social environment?</p>	<p>What skills/supports would you like to develop to be more satisfied in your social environment?</p>

NAME: _____

SELF-MAINTENANCE DOMAIN (Health and Wellness)

Current Status	Current Strengths	Skills would like to develop
	What skills/supports do you currently use, or have used in the past, to help yourself stay physically and mentally well?	What skills/supports would you like to develop to be more physically and mentally well?

NAME: _____

Date: _____

CPS Signature: _____

Date: _____