**Strengths-Based Assessment**

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| Name: |       | Staff Name: |       |

**LIVING DOMAIN**

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| **Subcategories** | **Strengths** | **Needs** |
| Housing |       |       |
| Transportation |       |       |
| Budgeting & Banking |       |       |
| Meal Prep & Cooking |       |       |
| Cleaning |       |       |

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| Would you like to change anything in this domain? | [ ]  Yes | [ ]  No |

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| If yes, please explain:       |

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| Would you like to work on a goal in this domain? | [ ]  Yes | [ ]  No | Rating: |       |

**LEARNING DOMAIN**

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| **Subcategories** | **Strengths** | **Needs** |
| Current level of education |       |       |
| Level of success in educational roles |       |       |
| Access to educational services |       |       |
| Motivation to advance education |       |       |

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| Would you like to change anything in this domain? | [ ]  Yes | [ ]  No |

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| If yes, please explain:       |

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| Would you like to work on a goal in this domain? | [ ]  Yes | [ ]  No | Rating: |       |

**WORKING DOMAIN**

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| **Subcategories** | **Strengths** | **Needs** |
| Paid work experience |       |       |
| Volunteer work experience |       |       |
| Hard skills (e.g., able to read and/or write, make change, basic math, etc.) |       |       |
| Soft skills (e.g., follows instructions, arrives on time, dresses appropriately, practices good hygiene, etc.)  |       |       |
| Available to work (has time in schedule and transportation) |       |       |
| Understands effect of employment on benefits |       |       |
| Job-search skills (e.g., can complete a job application, write a resume, etc.) |       |       |

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| Would you like to change anything in this domain? | [ ]  Yes | [ ]  No |

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| If yes, please explain:       |

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| Would you like to work on a goal in this domain? | [ ]  Yes | [ ]  No | Rating: |  |

**Socializing Domain**

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| **Subcategories** | **Strengths** | **Needs** |
| Communication (e.g., initiates & maintains conversations, listening skills, appropriate content, etc.)  |       |       |
| Social responsibility(e.g., makes own decisions, resists, peer pressure, arrives on time, follows group rules, etc.) |       |       |
| Relationships(e.g., friends, spouse or partner, parents, children, etc.) |       |       |
| Recreation & Leisure (e.g., organized and self-directed activities) |       |       |
| Spirituality (e.g., organized and self-directed activities) |       |       |

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| Would you like to change anything in this domain? | [ ]  Yes | [ ]  No |

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| If yes, please explain:       |

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| Would you like to work on a goal in this domain? | [ ]  Yes | [ ]  No | Rating: |  |

**Self-Maintenance Domain (subdomain of Living domain)**

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| **Subcategories** | **Strengths** | **Needs** |
| Has/needs a psychiatrist |       |       |
| Has/needs a talk therapist |       |       |
| Has/needs a PCP |       |       |
| Has/needs a dentist |       |       |
| Has/needs an eye doctor |       |       |
| Has/needs a medical specialist |       |       |
| Medication independence |       |       |
| Understands MH diagnosis |       |       |
| Understands physical health diagnosis |       |       |
| Needs/follows dietary restrictions |       |       |
| Participates in appropriate exercise |       |       |

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| Would you like to change anything in this domain? | [ ]  Yes | [ ]  No |

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| If yes, please explain:       |

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| Would you like to work on a goal in this domain? | [ ]  Yes | [ ]  No | Rating: |       |

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| Signature: |  | Date: |  |  |
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| Staff Signature: |  | Date: |  |  |