



Complex Needs Planning: Children, Youth, and Young Adults

▶ Today's Agenda

- Complex Needs Planning Team
- Understanding the Population
- Current and Planned Efforts
 - Technical Assistance
 - Focus Groups
 - Blueprint Workgroup
 - Capacity Building Institute

Complex Needs Planning Team

Secretary's Office

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Regional and Field Offices

Understanding the Population

- Children with complex trauma including abuse, neglect, developmental and institutional trauma
- Multiple and complex diagnoses across the developmental, physical, and mental health domains
- Potential diagnostic overshadowing due to an intellectual disability and/or autism diagnosis
- Complex communication needs
- Inconsistent presentation of behaviors and symptoms across settings; lack of diagnostic clarity
- Disrupted education
- Limited, strained, or no natural supports
- Multiple system involvement including justice systems
- An extensive history of out of home care



Past and Current Efforts

- Provided technical assistance to counties in support of 145* youth with complex needs. The technical assistance includes guidance regarding:
 - Licensing,
 - Funding,
 - Successful strategies from other counties,
 - Facilitating complex needs planning meetings,
 - Guidance or assistance with referrals to clinical resources
- Collected feedback from stakeholders regarding the complex needs planning bulletin and referral process. Revisions to the bulletin are in progress now.

*March 2023

Past and Current Efforts

- Conduct Focus Groups and Surveys to better understand current and future needs of these youth and the systems of care supporting them.
- Questions address a variety of themes:
 - › Identifying these youth and changes over time
 - › Barriers to serve and to plan
 - › Service Array
 - › Education
 - › Transition / Discharge Planning
 - › Family and Youth Engagement
 - › Social / Diagnostic Picture
 - › Successful strategies & Opportunities
- Product:
 - ASERT compiled a final report and submitted it to DHS in June.

Past and Current Efforts

Completed Focus Groups:

- Providers: community-based, residential, and inpatient psychiatric hospitals.
 - 12/6/22 - 12/8/22
- Behavioral Health MCOs: all five BHMCOs participated with staff with clinical, administrative, and operational backgrounds.
 - 3/20 - 3/21
- BH Primary Contractors: staff from 19 of the 26 PCs participated.
 - 3/23 - 3/24

Planned Efforts

Focus Groups - continued:

- Education
 - **Timeline:** 4/18 - 4/19
 - **Participants:** School Districts, Intermediate Units, Approved Private Schools, and Charter Schools.
- Counties
 - **Timeline:** 5/16 – 5/17 and 5/18 – 5/19.
 - **Participants:** Administrators/directors from MH, ID/A, CYF and EI and CASSP/SOC representatives.

Planned Efforts

Surveys:

- Family and Youth Voice - Survey
 - **Timeline:** survey opened 4/25 and closed 5/12 (2 wks)
 - **Participants:** via diverse stakeholder organizations, participants include families and youth, including those who have transitioned to adult serving system.
- Hospital Systems – Survey (ED boarding)
 - **Timeline:** survey opened 5/1 and closed 5/17 (2 wks)
 - **Participants:** Distributed through HAP

Planned Efforts

Blueprint Workgroup – develop recommendations using the information collected through the focus groups/surveys and the collective knowledge of the participants.

Goal

- It is DHS' goal that youth with complex needs receive appropriate supports and treatment in a timely manner and in the least restrictive setting possible, while also accounting for the whole child and family with respect to the present and the future.

Planned Efforts

Blueprint Workgroup - Participants

System partners

- BHMCOs
- Primary Contractors
- Providers – community, residential, acute psychiatric hospitals
- Counties – MH, ID/A, CYF, EI, CASSP/SOC, JPO
- Education
- Families/Youth
- Hospitals

DHS offices: OCYF, ODP, OMHSAS, OCDEL, OMAP

Other agencies: PDE, AOPC

Planned Efforts

Blueprint Workgroup - Timeline

- May 12 - Save the date
- June 27 – Meeting materials, including FG Report
- July 19-20 – In person kick-off at CWRC Mechanicsburg
- Interim Dates – Virtual meetings, in person if needed
- Mid-September – virtual check-in with everyone
- Mid-October – reconvene in person for workgroups to share draft recommendations and begin compiling.
- November 16 – Draft recommendations compiled

Planned Efforts

Blueprint Workgroup - Structure

CWRC Kick-off – July 19 - 20

- Secretary Arkoosh - opening message
- Opportunity to Share Personal Stories
- Vision for Blueprint – desired future state
- ASERT presentation: Focus Group / Survey Report
- Discuss Theming and Workgroup Structures
- Workgroups break apart to begin planning efforts.

Planned Efforts

Blueprint Workgroup – Topics/Themes

1. Communication
2. Services and programs
3. Trauma Informed Supports
4. Resource Navigation
5. Staffing / Workforce

Planned Efforts

Capacity Building Institute: Youth with Complex Needs

- The goal of CBI is to increase the administrative and clinical capacity across all systems supporting youth with complex needs and their families. The CBI curriculum will accomplish this by:
 - Strengthening clinical knowledge/understanding among staff from local, regional, and state government,
 - Strengthening the clinical expertise of providers – particularly as it relates to individuals with both mental/behavioral health and developmental disabilities,
 - Strengthening local, regional, and state understanding of complex needs planning (organizing/facilitating/philosophy of approach),
 - Strengthening each system’s understanding of other systems – resources, setting/service types, rules, funding, and
 - Promoting networking among systems and regions.

Planned Efforts

Capacity Building Institute: Complex Needs Planning

- Participants – DHS will select participants for the first year based on set criteria. Generally, participants will be representatives similar in make-up as the focus groups.
- Timeline – 9 months, 2 days per month
 - First class: January 2024
 - Last class: September 2024
- Partners
 - Columbus Organization (ODP) – curriculum development
 - PaTTAN (PDE) – logistics and meeting facilitation

Questions?