**Plan of Safe Care Template (Example)**

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| **Plan of Safe Care Template** | | |
| **Infant** | | |
| **Need** | **Area of Assistance** | **Date Complete** |
|  | Health   * Linkage to medical home, pediatrician, or primary care provider * High-risk infant follow-up care * Referral to specialty health care * Health insurance |  |
| **Action Steps:** |  |  |
| **Person(s) Responsible:** |  |  |
| **Target Date:** |  |  |
| **30 Day Update:** |  |  |
| **60 Day Update:** |  |  |
|  | | |
| **Need** | **Area of Assistance** | **Date Complete** |
|  | Development   * Coordination of early care, developmental and education programming with county children and youth agency and other partners, as needed * Developmental interventions and supports provided by staff with knowledge of and expertise in, young children and working with infants with prenatal substance exposure * Developmental screening and assessment and re-assessments for services for infants and toddlers with developmental delays or who have physical or mental conditions likely to result in developmental delays * Developmental Pediatrician |  |
| **Action Steps:** |  |  |
| **Person(s) Responsible:** |  |  |
| **Target Date:** |  |  |
| **30 Day Update:** |  |  |
| **60 Day Update:** |  |  |
|  | | |
| **Need** | **Area of Assistance** | **Date Complete** |
|  | Safety   * Focuses on the immediate safety and well-being of the infant * Child abuse and neglect risk and protective factors * The health of the infant * The safety of the environment |  |
| **Action Steps:** |  |  |
| **Person(s) Responsible:** |  |  |
| **Target Date:** |  |  |
| **30 Day Update:** |  |  |
| **60 Day Update:** |  |  |
| **Mother** | | |
| **Need** | **Area of Assistance** | **Date Complete** |
|  | Primary and obstetric and gynecologic care   * Pre-pregnancy and prenatal screening * Primary care provider for primary health care management * Pregnancy and postpartum obstetrical, gynecological and family planning * Prenatal education and support * Pain management * Breastfeeding coaching and support for enhanced bonding and attachment * Health insurance |  |
| **Action Steps:** |  | |
| **Person(s) Responsible:** |  | |
| **Target Date:** |  | |
| **30 Day Update:** |  | |
| **60 Day Update:** |  | |
| **Parents/Caregivers** | | |
| **Need** | **Area of Assistance** | **Date Complete** |
|  | Substance use and mental disorders prevention and treatment, especially if required for postpartum depression   * Substance use disorder treatment, including medication-assisted treatment * Care for co-occurring mental health conditions, particularly maternal depression * Substance use disorder care management to enhance treatment access and retention via outreach services and ongoing recovery supports * Designated treatment provider who is, to the extent possible, knowledgeable about child welfare, delivers gender-specific programming, is family focused, is trauma informed and provides trauma-specific treatment * Mental health services, including for symptoms of depression and anxiety and trauma-specific treatment * Substance use and mental health treatment for other family members or caregivers |  |
| **Action Steps:** |  | |
| **Person(s) Responsible:** |  | |
| **Target Date:** |  | |
| **30 Day Update:** |  | |
| **60 Day Update:** |  | |
|  | | |
| **Need** | **Area of Assistance** | **Date Complete** |
|  | Parenting/Family Support   * Education on appropriate care for the infant experiencing neurodevelopment effects, physical effects or withdrawal symptoms * Coordinated care management for parents and family in conjunction with the child welfare and other partners * Follow-up services, such as infant care, parent/infant bonding support, nurturing parenting coaching and skill development, safe sleep practice support and parental support with appropriate intensity based on individual family needs through such methods as on-site education, classes and short-term in-home and longer-term home visits * Education on potential county children and youth agency involvement and Plans of Safe Care * Evidence-based home visiting services and parent-child therapy * Interventions for intimate partner and family violence * Child care in developmentally appropriate setting * Education/employment support * Safety net benefits eligibility determination * Recovery support, including safe and stable housing and transportation assistance * Life/social Skills * Assistance with legal status |  |
| **Action Steps:** |  | |
| **Person(s) Responsible:** |  | |
| **Target Date:** |  | |
| **30 Day Update:** |  | |
| **60 Day Update:** |  | |