



INTENSIVE BEHAVIORAL HEALTH SERVICES (IBHS) APPROVED EVIDENCE BASED THERAPY (EBT) PROGRAMS

The following list of programs are approved to be provided as EBT programs in IBHS:

- Multisystemic Therapy (MST)
- MST for problematic sexual behavior (MST-PSB)
- MST-psych
- Functional Family Therapy (FFT)
- PCIT in a licensed location that meets all the physical site requirements of the model

Please note this does not include EBTs that individual therapists may be credentialed in such as trauma focused cognitive behavior therapy (TF-CBT). EBTs where individual therapists are credentialed may be provided as part of Individual, ABA and Group IBHS so long as the individual meets the requirements of the EBT.

If you have suggestions for additional EBTs you would like to see provided as part of IBHS please submit them to RA-PWIBHS@pa.gov