TRAUMA INFORMED CARE
WITH
REFUGEES & ASYLEES

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IMMIGRANT SERVICES AND CONNECTIONS PROGRAM
“A program, organization, or system that is trauma-informed:

- **Realizes** the widespread impact of trauma and understands potential paths for recovery;
- **Recognizes** the signs and symptoms of trauma in clients, families, staff, and others involved with the system;
- **Responds** by fully integrating knowledge about trauma into policies, procedures, and practices; and
- **Seeks to actively resist re-traumatization.”

https://www.samhsa.gov/nctic/trauma-interventions#Guide for Education and Therapy
SIX KEY PRINCIPLES AS THEY APPLY TO THE STATE PA REFUGEE COLLABORATION (SAMHSA.GOV)

- Safety
- Trustworthiness & Transparency
- Peer Support
- Collaboration & Mutuality
- Empowerment, Voice & Choice
- Cultural, Historical & Gender Issues
FINDING A NEW NORMAL

• Pulling the POSITIVE behavior patterns from the past and combining the new ones to blend into something that only the person can define as ’HEALTH.’
SOFT LANDING
TRAUMA INFORMED RESETTLEMENT

- Medical
- School
- Transport
- Food
- $$$
This image tool can provide an opportunity for discussions to create new cultural variations when concepts do not reconcile across cultural systems.

*Examples: Hygiene, Discipline, Gender Roles, Public Benefits, Medical Insurance*
TIMING IS EVERYTHING
TRAUMA INFORMED TRANSITIONS

Family

Community Programs
Preferred Communities
Match Grant
ISAC
Medical Service Coordination
Skills Training
HEALTHY JOB SEARCH, PLACEMENT, & BEYOND TRAUMA INFORMED EMPLOYMENT

Retention
Intake/Upgrade
Placement
Job Readiness
WHEN YOU REFER OUT TO SUPPORT?

If the family chooses, available can be part of their new normal. Recognize and utilize their resiliency.
SELF-CARE IS OXYGEN
STAFF CARE AS TRAUMA INFORMED SERVICES

- Social Connection
- Safety, Decompression
- Walter, Food, Rest
RESOURCES

• Global Mental Health Trauma and Recovery, Harvard Program in Refugee Trauma
• Gulf Coast, Jewish Family & Children’s Service
• National Center for Trauma-Informed Care and Alternatives to Seclusion and Restraint (NCTIC) SAMHSA
• National Center for Behavioral Health
• Trauma-Informed Care in Behavioral Health Services (SAMHSA) (TIP 57 report, 2017)
THANK YOU TO….

• Elizabeth Ringler, MSW
• Morgan Neibich, MSW
• Dr. Fabio Naranjo, PhD
REFERENCES

