

When Self-Care is Not Enough: Using Organizational Culture to Address Stress and Burnout

This hybrid training focuses on how stress affects our work quality and the services provided to residents. Professional burnout, secondary traumatic stress, compassion fatigue will be defined, and how they harm our teams and their costs will be explored. This training will emphasize that stress management must be a top priority for everyone in the home to have long and healthy professional careers. The hybrid training consists of a 3-hour online self-paced prerequisite and a 3-hour live virtual training for a total of 6-hours. *6-credit hours will be issued after completion of both requirements.*

This free training is provided by Temple University Harrisburg and funded by the Pennsylvania Department of Human Services Bureau of Human Services Licensing.

[Click Here to Register](#)

<p>Registration Details:</p> <ul style="list-style-type: none"> Individual online registration is required for each person This training is for active Personal Care Home Administrators or their Designee's Registration for the live training is limited New Registrants will create a username, password and profile Please email pchadmin@temple.edu with any questions For technical help please call 215-204-4866 	<p>In order to receive 6-credit hours, participants must:</p> <ul style="list-style-type: none"> Complete the 3-hour prerequisite training, via Thinkific Participate in the 3-hour live virtual training, via Zoom VIDEO AND AUDIO required to be turned on for live virtual training, via Zoom Certificates for 6 hours will be issued upon successful completion and verification of both activities Partial certificates for completing one activity are not available
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Date of live training	Time of live training	Course
Tuesday, October 5, 2021	9:00 am – 12:00 pm	HBGBHSL0002 – 001 (Select section 001)
Tuesday, October 12, 2021	9:00 am – 12:00 pm	HBGBHSL0002 – 002 (Select section 002)
Thursday, October 14, 2021	9:00 am – 12:00 pm	HBGBHSL0002 – 003 (Select section 003)
Tuesday, November 16, 2021	9:00 am – 12:00 pm	HBGBHSL0002 – 004 (Select section 004)
Thursday, November 18, 2021	1:00 pm – 4:00 pm	HBGBHSL0002 – 005 (Select section 005)
Wednesday, December 1, 2021	1:00 pm – 4:00 pm	HBGBHSL0002 – 006 (Select section 006)
Tuesday, December 14, 2021	1:00 pm – 4:00 pm	HBGBHSL0002 – 007 (Select section 007)
Thursday, December 16, 2021	1:00 pm – 4:00 pm	HBGBHSL0002 – 008 (Select section 008)
<i>*Please register for ONE of the eight sessions. Multiple registrations are not permitted.</i>		

Technology Requirements:

Audio and video ARE required for live, 3-hour training on the Zoom platform. Audio is required for the self-paced online prerequisite. Please note that driving during the live training is not permitted. If you do not have audio on your computer, the Zoom platform can be accessed on your smartphone or tablet. You must have the hardware (desktop or laptop, tablet or smartphone) and software (Browsers such as Chrome, Safari, Firefox or Microsoft Edge) to access the internet. A broadband internet connection (DSL, cable, fiber, etc.) is recommended with a hardwired Ethernet cable. Wireless (Wi-Fi) connections may be utilized but a weak or congested signal may cause issues with video buffering or content access.