Guidelines for the Delivery of Physical Health Services via Telemedicine

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**PURPOSE:**

The purpose of this bulletin is to notify providers that, effective September 30, 2021, the Department of Human Services (Department) is:

1. Expanding the scope of services for which telemedicine may be used.

2. Expanding the scope of providers who may render MA covered services to beneficiaries using interactive telecommunication technology to include all enrolled providers, if permitted according to their scope of practice, licensure, or certification.

3. Establishing ongoing guidelines for services rendered via telemedicine.

**SCOPE:**

This bulletin applies to all providers enrolled in the MA Program who render physical health services in the MA Fee-for-Service (FFS) delivery system. Providers rendering services under the managed care delivery system should address any questions regarding coverage and payment for telemedicine to the appropriate managed care organization.
BACKGROUND:

On November 30, 2007, the Department issued MA bulletin 09-07-15, et al, “Medical Assistance Program Fee Schedule: Addition of Telehealth Technology Code and Informational Modifier for Consultations Performed Using Telecommunication Technology”, to announce that MA payment would be made for consultations rendered to MA beneficiaries using telecommunication technology, including video conferencing and telephone, by enrolled maternal fetal medicine specialists, related to high risk obstetrical care, and psychiatrists, related to psychopharmacology.

On May 23, 2012, the Department issued MA bulletin 09-12-31 et al, “ConsultationsPerformed Using Telemedicine”, to expand the scope of physician specialists who could render consultations to MA beneficiaries using interactive telecommunication technology to include all physician specialists and remove the requirement of the referring provider to participate in the visit.

In response to the presence of COVID-19 in Pennsylvania, the Department covered MA services rendered via telemedicine beyond physician consultations when clinically appropriate and when it could be rendered to the extent that it would have been delivered if the visit had occurred in person. The Department issued Provider Quick Tips #229, #237, and #242.

Historically, the Department has expressed its intent for MA services to be rendered to MA beneficiaries in-person. However, in response to the changes in technology and requests from providers and beneficiaries to allow for the ongoing expanded use of telemedicine, the Department is updating its policy to allow for the ongoing broad use of telemedicine for the delivery of physical health services by MA providers, to the extent that it is appropriate for the care of the beneficiary and if permitted according to their scope of practice, licensure, or certification. This guidance does not change any other MA Program requirements. This bulletin describes the guidelines for the continued use of telemedicine for the delivery of physical health services in the MA Program.

DISCUSSION:

The Centers for Medicare & Medicaid Services (CMS), for the purposes of Medicaid, defines telemedicine as the use of two-way, real time interactive telecommunications technology that includes, at a minimum, audio and video equipment as a mode of delivering healthcare services

Telemedicine, for purposes of Medicaid payment, does not include telephone, asynchronous or store and forward technology or facsimile machines, electronic mail systems or remote patient monitoring devices. However, these technologies may be utilized as a part of the provision of a MA-covered service.

Consistent with CMS’s policy regarding telemedicine, prior to the COVID-19 public health emergency (PHE), the Department required two-way, real-time interactive audio and

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video telecommunications between beneficiary and provider. However, during the COVID-19 PHE, CMS permitted the use of audio-only technology to deliver Medicaid covered services. Additionally, the Department of Health and Human Services Office of Civil Rights (“OCR”) announced it will exercise enforcement discretion related to the Health Insurance Portability and Accountability Act.

In response to CMS’s policy changes during the COVID-19 PHE, the MA Program has allowed for audio-only services in situations where the beneficiary does not possess or have access to video technology and when clinically appropriate. The Department will continue to allow providers to utilize audio-only telecommunication when the beneficiary does not have access to video capability or for an urgent medical situation, provided that the use of audio-only telecommunication technology is consistent with state and federal requirements, including guidance by CMS with respect to Medicaid payment and OCR with respect to compliance with Health Insurance Portability and Accountability Act (HIPAA).

Services rendered via telemedicine, including those delivered using audio-only telecommunication technology, must use technology that is two-way, real-time, and interactive between beneficiary and provider.

MA services in the FFS delivery system rendered via telemedicine will be paid the same rate as if the services were rendered in person.

MA MCOs may, but are not required to, allow for the use of telemedicine. MA MCOs may negotiate payment for services rendered via telemedicine.

PROCEDURE:

Effective, September 30, 2021, the MA Program will pay for MA covered services rendered to beneficiaries via telemedicine when clinically appropriate and allowable according to the provider’s scope of practice. Services rendered via telemedicine must be provided according to the same standard of care as if delivered in-person. Providers are encouraged to establish protocols for the use of telemedicine.

Consent

Providers are to obtain consent prior to rendering a service via telemedicine from the beneficiary receiving services or their legal guardian. Providers must also allow beneficiaries to elect to return to in-person services at any time. Services rendered via telemedicine may not be recorded without the beneficiary’s consent. Beneficiaries may elect not to receive services via telemedicine at any time. Providers cannot use a beneficiary’s refusal to receive services via telemedicine as a basis to limit the beneficiary’s access to services.

Documentation

Providers should fully document the services rendered and the telecommunication technology used to render the service, in the MA beneficiary’s medical record. If the service was rendered using audio-only technology, providers are to document that the services were
rendered using audio-only technology and the reason audio/video technology could not be used.

**Limited English Proficiency**

All recipients of federal funding, including the MA Program, must offer and make available interpretation services to beneficiaries with limited English proficiency, visual limitations, and/or auditory limitations. Providers who elect to render services through telemedicine must have policies in place to make language assistance services, such as oral interpretation, including sign language interpretation, and written translation, available to beneficiaries being served via telemedicine.

**Originating Sites**

The originating site is where the beneficiary is located at the time the MA covered service is rendered to them via telemedicine. The originating site can be, but is not limited to the beneficiary’s home, a provider’s office, clinic, nursing facility, or other medical facility site. When the originating site is a provider’s office, clinic, nursing facility or other medical facility, staff at the originating site should be trained to assist beneficiaries with the use of the telemedicine equipment and available to provide in-person clinical intervention, if needed. The provider may bill the telehealth originating site facility fee (procedure code Q3014) for the use of their office if no other MA covered service is provided at the originating site.

Providers should obtain the location of the beneficiary at the time each service is rendered via telemedicine should there be a need for emergency medical services.

**Technology Guidelines**

Technology used for telemedicine, whether fixed or mobile, should be capable of presenting sound and image in real-time and without delay. The telemedicine equipment should clearly display the rendering practitioner’s and participant’s face to facilitate clinical interactions and must meet all state and federal requirements for the transmission and security of health information, including HIPAA.

Audio-only telecommunications technology may be used when the beneficiary does not have video capability or for an urgent medical situation, if consistent with state and federal law.

Providers must assure the privacy of the beneficiary receiving services and comply with HIPAA and all other federal and state laws governing confidentiality, privacy, and consent. Public facing video communication applications should not be used to render services via telemedicine.

Telemedicine does not include asynchronous or "store and forward" technology such as facsimile machines, electronic mail systems, or remote patient monitoring devices. While asynchronous applications are not considered telemedicine, they may be utilized as part of a MA covered service, such as a laboratory service, x-ray service or physician service.
Telemedicine also does not include text messages, although text messages and telephone may continue to be utilized for non-service activities, such as scheduling appointments.

Billing and Payment

MA covered services rendered via telemedicine in the FFS delivery system will be paid at the same rate as if they were rendered in-person. The Department added Place of Service (POS) 02 (telemedicine) for providers to identify services that are rendered via telemedicine. Providers are no longer required to utilize the GT modifier to indicate the use of telemedicine and are instead to use POS 02. Providers are to indicate in the beneficiary’s medical record when telemedicine services are rendered via audio-only.

When the beneficiary accesses services at an enrolled originating site, the provider serving as the originating site may bill for the technology service using the telehealth originating site procedure code Q3014 only. MA Providers may no longer bill procedure code Q3014 in addition to an office visit that is provided at the originating site. The MA fee for Q3014 is $15.72. Providers may access the online version of the MA Program Fee Schedule at the Department’s website at: https://www.dhs.pa.gov/providers/Providers/Pages/Health%20Care%20for%20Providers/MA-Fee-Schedule.aspx.

Out-of-State Practitioners Rendering Services to Individuals in Pennsylvania

Out-of-state licensed practitioners who render services via telemedicine to individuals in Pennsylvania through the MA Program must meet the licensing requirements established by the Pennsylvania Department of State. In order to receive payment for services to beneficiaries in the FFS delivery system, practitioners must be enrolled in the MA Program.

The Department plans to issue further guidance for specific services such as teledentistry and services provided through the School-Based ACCESS Program and Early Intervention. Teledentistry guidelines related to COVID-19 can be found in Quick Tip #237 at the following link: https://www.dhs.pa.gov/providers/Quick-Tips/Documents/PROMISeQuickTip237.pdf.

OBsolete Bulletin and Provider Quick Tips:

This bulletin obsoletes MA bulletin 09-12-31 et al., Consultations Performed Using Telemedicine, issued May 23, 2012 and, Provider Quick Tips #229 and #242, Telemedicine Guidelines Related to COVID-19.

RESOURCES:

Information regarding OCR’s notice announcing enforcement discretion related to HIPAA is available at: https://www.hhs.gov/hipaa/for-professionals/special-topics/emergency-preparedness/notification-enforcement-discretion-telehealth/index.html.