



The Healthy Beginnings Plus (HBP) program wants to help you be healthy. HBP also wants to help you have a healthy baby. With HBP, a nurse will help you to get the services you and your baby need to stay healthy.

The HBP program provides more services than medical care. The Care Coordinator can help you:

- Learn about eating right
- Locate classes to care for yourself while you are pregnant
- Find exercise classes in your area
- Address problems that are affecting your social or emotional health

In order to receive the best care possible you should:

- Keep all of your appointments
- Follow the instructions of your health care team
- Talk to your doctor or nurse about any problems or concerns
- Let your doctor’s office know if your address or phone number changes

YES, I understand what is expected within the HBP program. I choose to join the HBP program and agree not to seek maternity care with any other doctor without discussing the change with my Care Coordinator.

NO, I do not wish to participate at this time. I am aware that I may choose to participate in the HBP program at any time during my pregnancy.

Both the Care Coordinator at the clinic and the patient must sign this letter.

Recipient Name (Please Print)

Care Coordinator Name (Please Print)

Recipient Signature and Date

Care Coordinator Signature and Date

Recipient Identification Number

Providers 13-digit MAID Number

Recipient Phone Number

Provider Phone Number

For internal use only:	
Date received:	Date entered:
Initials of person completing date entry:	