

# **Pennsylvania Olmstead Plan**

## **Fayette County**

Original Submission: Nov 1, 2016

Final Publication: May 2, 2017

### **Local/Regional Olmstead Plan Implementation**

#### **I. Olmstead Planning Process:**

Fayette County values input from our local stakeholder groups to assess local needs and develop strategies to address consumer needs. Each of these groups provide focused feedback on various draft plans related to mental health services (including this Olmstead Plan), transportation, housing, employment, psychiatric rehabilitation services, and local training resources. Fayette County Behavioral Health Administration (FCBHA) has taken steps to address these needs through community-based trainings for consumers and their families/caregivers.

FCBHA has a strong relationship with housing providers in the county and understands their limitations as well as the housing needs of Fayette County's citizens. Fayette County's current stakeholder groups include:

- **Partners for Recovery/ Community Support Program (CSP):** Partners for Recovery ("Partners"), a coalition of consumers, was established in October, 2007. There currently are 8 active members. The majority of these persons are consumers of behavioral health services and supports. The group regularly provides input to FCBHA through their committee activity, reports, and discussion at the meetings. Partners also serves as the County's Community Support Program Committee (CSP). Housing needs were recently addressed in preparation for the Fiscal Year 16/17 County Human Service Plan.
- **Consumer Family Satisfaction Teams (CFST):** FCBHA staff meets monthly with the CFST to review the findings of their consumer surveys and to address concerns or suggestions that consumers share as part of the process. If a provider does not attain a benchmark score, FCBHA follows up with the provider to develop strategies to address the deficient areas.
- **National Alliance on Mental Illness (NAMI):** FCBHA representatives participate in the monthly meeting of the Fayette County NAMI Family Group and work closely with the NAMI Consumer Group to provide technical assistance and support as needed. Shared information from these meetings is used to develop needed advocacy resources.
- **Fayette County Youth M.O.V.E. (Motivating Others through Voices of Experience) Chapter:** This advocacy group is open to transition age youth and young adults ages 15-26. Because of the nature of this population, this group continuously adjusts to meet the needs of its members. The group has been successful in completing a video series "Everybody has a Voice...Everybody has a Story". This series recently won a SAMHSA recognized award in the categories of Youth and Young Adult and Overall Communications Campaign. Data collected by this group is used to build youth-needed

services and supports. System of Care (SOC) is an ongoing resource and will provide start-up funding for youth focused programs. The resiliency of youth members is shown through their creative contributions within social media.

- **Advocacy Network/Mental Health Association:** Formed in 2015, the Advocacy Network is housed under the Fayette County Mental Health Association (MHA). The network includes Fayette County Youth M.O.V.E., NAMI, Fayette County Family Advocates, Parent Involved Network (PIN), and Partners for Recovery. Their Governance Committee meets monthly and currently has 9 individuals who represent these groups. Fayette County's advocacy groups have been vital in supporting the ongoing recovery needs of individuals with mental illness. With the support of advocates within these groups, more adults and youth have started advocating for themselves, telling their stories, and discussing housing needs.
- **System of Care County Leadership Team (SOC/CLT):** The County Leadership Team meets monthly. The team is comprised of four system partners (Juvenile Probation, Children & Youth Services, Drug & Alcohol, Intellectual Disability (ID), and Mental Health). The group also includes 4 family partners, one youth advocate, 2 family advocates, and an education representative. The family representatives recently formed an advisory council to serve as a resource for other families of kids in multiple systems. Advocates represent families they support within the SOC, High Fidelity Wraparound (HFW), and any other child-serving systems throughout Fayette County.
- **Service Area Planning:** FCBHA has joined with Torrance State Hospital and the other counties that make up the Torrance service area to identify regional strategies to better meet the needs of individuals returning to the community from the state hospital. One such example is the identified need for a residential treatment program for individuals with mental illness who have a history of sexual violence and require ongoing supervision. Other identified areas of need include those with Traumatic Brain Injury, those with a dual diagnosis of an intellectual disability and mental illness, the transition age population, and persons with forensic involvement. Housing continues to be an important component to an individual's successful transition back into the community. Fayette County has a 13 bed capacity at Torrance State Hospital. FCBHA uses its ADAPT (Admission Discharge and Priority Treatment) Team (consisting of a social worker and nurse) to facilitate hospital residents' return to the community. In 2016, the ADAPT Team supported 6 admissions and 7 discharges to/from Torrance State Hospital. Out of these 7 dischargers, 5 individuals left with a Community Support Plan. The ADAPT Team works to assure that individuals have access to their preferred housing as well as have access to appropriate levels of care. The team also participated in 76 treatment team meetings and 9 Community Support Plan (CSP) meetings in 2016.
- **Local Housing Options Team:** This group includes members representing FCBHA, Domestic Violence Shelter, housing advocates, Self-Determination Housing Project of

PA, Housing providers/case managers, local homeless shelters, the Area Agency on Aging, education, and other human service providers. It assesses the housing needs of special populations and identifies strategies to meet those needs. The group continues to facilitate the annual Point in Time (PIT) count for the federal department of Housing and Urban Development (HUD). Each participant plays an important role in advocating for the housing needs of the individuals they serve and to share housing resources with other related program representatives.

- **Employment Transformation Committee:** This group meets quarterly to review successes and to address progress in implementing the SAMHSA Evidence-Based Supported Employment Toolkit. They monitor program fidelity and uses the General Organizational Index Protocol to track outcomes. FCBHA understands that employment is a key contributor to a person's community tenure.
- **Criminal Justice Advisory Board:** Fayette County's Criminal Justice Advisory Board (CJAB) includes representatives from the County Prison, Probation, Drug and Alcohol, Community Action, District Judges, District Attorney and Court Administrator, and the FCBHA Administrator. The CJAB is chaired by the President Judge. This group is active in developing the various Treatment Courts. These specialty courts were initially funded by the Pennsylvania Crime and Delinquency Commission. CJAB supports housing programs that are tailored to individuals with forensic involvement.
- **Suicide Prevention Task Force:** The Task Force was organized in 2007. The group has participated in a variety of outreach programs to educate community members about the warning signs of suicide and steps family members and friends can take to prevent suicide. The Task Force has heard from community members about the need for increased outreach and suggestions for improving access to services. As a result, a Survivor's Support group was formed. The Task Force conducts community outreach as requested. As FCBHA continues to work on destigmatizing mental illness and conduct outreach activities, members have started to share their stories and express needs related to treatment, housing, and other community-based services.
- **Human Service Council (HSC):** Representatives from FCBHA are active members of the Fayette County Human Service Council, participating on the Research and Development, Special Events, and Professional Development Committees. The Council partners with local ministries and service providers to study social conditions and the effects of human service programs within the community. The partnerships forged in the HSC help housing providers access other supports for their residents.
- **Beacon/Value Behavioral Health of PA:** FCBHA meets monthly to review operational issues and to plan for system improvements. These plans include a detailed review of proposed reinvestment-funded initiatives and eventual HealthChoices roll-in of these services. Recent reinvestment projects have included several housing programs.

- **Aging & Disability Resource Center (PA LINK)/Southwestern PA Partnership with Aging (SWPPA):** FCBHA participates in both PA LINK and SWPPA meetings. PA Link focuses on cross-age system networking/training of partner agencies to support individuals with long-term needs. The SWPPA focuses on strategies to address behavioral health needs of older adults. Housing needs continue to be an ongoing discussion in supporting the senior population of Fayette County. As the stigma associated with mental illness decreases, individuals of all ages are accessing mental health supports.

**II. Services to be Developed:**

**a. Prevention and early intervention services and supports:**

Category	Service / Support	Number served based on HealthChoices and MH Base data	Currently Available in Fayette County	Funding Resources
<b>Crisis/Early Intervention Services</b>	Crisis Services- mobile, telephone, community-based, and walk-in services available.	Average of 316 individuals served annually. The practice of making next-day follow-up calls to persons who were in crisis is a recent expansion in this service.	Yes	Medicaid MH Base
	Assertive Community Treatment Teams (ACT)	Average of 66 individuals served annually. ACT is not at capacity.	Yes	Medicaid MH Base
	Mobile Psychiatric Rehabilitation (PR) Services	Average of 82 individuals served annually. Transition-aged PR services are being developed. This should increase individuals' likelihood of maintaining community tenure.	Yes	Medicaid MH Base
	Blended Case Management Services	Average of 674 individuals served annually. This service is not at capacity, and it can easily expand to meet fluctuating needs.	Yes	Medicaid MH Base
	Housing Case Management Services including PATH (Projects for Assistance in Transitioning from Homelessness)	Average of 53 individuals served by both SPHS- Housing Case management and PATH. This program is	Yes	Federal/State grants MH Base

	funded through a braided federal and state grant. Capacity is limited to the staffing and resources allowed by that grant. FCBHA requests additional PATH funds annually to fund program expansion.		
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In addition to the services listed above, FCBHA coordinates the local DCORT (Disaster Crisis Outreach and Referral Team). FCBHA has staff trained to provide DCORT trainings to other county programs. DCORT is an important component within Fayette County’s overall crisis intervention plan, and they continue ongoing recruitment and training.

Fayette County’s ACT has never been at full capacity. The Outcome Dashboard that is required by the Office of Mental Health and Substance Abuse Services (OMHSAS) demonstrates the program’s effectiveness in keeping consumers out of more restrictive settings (e.g. inpatient or other congregate living arrangements). No further expansion is being considered at this time.

**b. Non-institutional housing options, with a focus on independent and shared living arrangements. Identify existing “Housing First” approaches and discuss plans to develop future approaches.**

FCBHA understands the “Housing First” model and the funding sources supporting these services. Using HealthChoices reinvestment and Fayette County Base funding, FCBHA has developed and sustained the following programs:

Category	Services/Support	Number served based on HealthChoices and MH Base data	Currently Available in Fayette County	Resources
Fayette County Community Action Agency	<b>Housing Opportunities Program-</b> Includes Tenant - based Rental (Bridge Housing), Master Leasing, and Clearinghouse (case management) continuing to support scattered site housing	2008-2010, 48 permanently housed. 2015-current, 13 individuals housed, 24 individuals served. This program is currently not at capacity.	Yes	HC Reinvestment
	<b>Fayette Apartments-</b> Opened in 2013, 10 supportive housing apartments. Housing individuals with SMI	2013- 7 individuals 2014- 10 individuals 2015-12 individuals (Not at capacity)	Yes	HUD, HC Reinvestment, consumer contribution when available

	<b>Fairweather Lodge-</b> This model houses up to 8 individuals with SMI in a home setting.	2012-10 individuals 2013-12 individuals 2014-10 individuals 2015-11 individuals (Not at capacity)	Yes	HC Reinvestment- startup, HUD, Consumer contribution when available
	<b>Lenox Street Apartments-</b> 6 two bedroom apartments, subsidized housing serving families and individuals.	2012-15 individuals 2013-13 individuals 2014-20 individuals 2015-20 individuals	Yes	HUD, Consumer contributions when available, MH Base
	<b>Rapid Re-Housing-</b> grant funding to support individuals with rental assistance in the community.	2011-2016- Served approximately 75 households	Yes	ESG (Emergency Solutions Grant) HUD-started in 2015
<b>City Mission Living Stones Inc.</b>	<b>City Mission's Promise House-</b> 4 independent apartments and one staff apartment to support TAY, ages 18-22 years, teaching living skills in the community. Temporary housing for up to 2 years.	Currently housing one (1) individual. (Not at capacity)	October 2016	HUD  Private and public funders  Consumer contributions when available
	<b>City Mission's Subsidized Housing Units:</b> Liberty Park Apartments, Sycamore Hills, Stone Ridge Apartments.	14 scattered permanent housing units. Plans are being made to open another subsidized housing unit in 2018.	Yes	Private and public funders; HUD
	<b>City Mission's PATH</b> (Projects for Assistants in Transitioning from Homelessness)	2015- 57 individuals served. FCBHA asks for PATH funding increases to allow for program expansion.	Yes	Federal and State PATH grant funding, MH base funds
	<b>City Mission's Gallatin School Living Center-</b> 30 Subsidized housing units. <ul style="list-style-type: none"> <li>• Temporary- 11 units</li> <li>• Permanent- 18 units- single</li> <li>• Emergency – 1 unit</li> </ul>	These units are consistently utilized by individuals	Yes	HUD, Consumer contributions when available, MH Base

<b>Other community Housing Options</b>	<b>Genesis Housing-</b> opened in 2014 this is a transitional housing for men with recent forensic history.	2015- 42 individuals served throughout the year. The static capacity is 22. (Not at capacity)	Yes	HC Reinvestment start-up, Consumer Contributions when available, Contracted with Fayette County
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Fayette County continues planning to meet the recovery needs of persons with severe mental illness. Based on stakeholder input, FCBHA helped to host two community-based Lunch-and-Learns focusing on housing supports in the county and on Disability Rights. Based on stakeholder feedback from the 16-17 Fayette County Human Service Plan, housing remains a need for transitional age youth (TAY) 14-26 years old, as well as adults with mental illnesses.

While the Housing Opportunities Program, Fayette Apartments, Fairweather Lodge, City Mission’s Promise House, City Mission’s PATH program and Genesis House are not at capacity, housing expansion remains important. FCBHA is supporting City Mission in development of 8 new scattered site apartments. These permanent housing options should be available in 2018. City Mission has been successful in braiding funding sources in order to permanently house Fayette County residents in the area of the consumers’ choice.

**c. Non-residential treatment services and community supports including mobile treatment options:**

With the available treatment programs listed below, individuals have been able to focus on recovery, live independently, and avoid hospitalization.

<b>Category</b>	<b>Service / Support</b>	<b>Number served based on HealthChoices and MH Base data</b>	<b>Currently Available in Fayette County</b>	<b>Funding Resources</b>
<b>Treatment Services</b>	Crisis Services- mobile, telephone, community, and walk-in services available.	372 individuals served in 2015. Next-day follow-up calls to persons who did not meet hospitalization criteria is a recent expansion of this service.	Yes	Medicaid Medicare  MH Base
	Outpatient Psychiatric Care and therapies (including Mobile services and	7294 individuals served	Yes	Medicaid Commercial insurance

specialized care). Mental Illness and Substance Abuse therapy included. (FCBHA is working with community providers to increase physician time and advocate for improved Outpatient Regulations that would allow Certified Registered Nurse Practitioners (CRNPs) and Physician's Assistant PAs to have expanded roles in treatment.)	in 2015		Adult Basic MH Base
Assertive Community Treatment (ACT)	68 individuals served in 2015. ACT is not at capacity, so further expansion is not indicated.	Yes	Medicaid MH Base CHIPP
Adult Partial Hospitalization Program. Youth Partial Hospitalization Program	98- Adults were served in 2015 174- Children/Youth serviced in 2015. These programs are not at capacity, so further expansion is not indicated.	Yes	Medicaid Commercial insurance Adult Basic MH Base Self-Pay CHIPP
Family-based Mental Health Services (FBMHS)	117 Children/Youth 21 years and younger were served in 2015. Fayette County's four FBMHS programs are not at capacity, so further expansion is not indicated.	Yes	Medicaid MH Base  CHIPP
Multi-Systemic Therapy (MST)	50 individual youth (12-17 y.o) were served in 2015. This program is not at capacity, so further expansion is not indicated.	Yes	CHIPP  Medicaid
Behavioral Health Rehabilitation Services (BHRS), including CRR.	270 children/youth 21 year and younger served in 2015. Fayette County's six BHRS programs are	Yes	Medicaid MH Base CHIPP

		not at capacity, so further expansion is not indicated.		
<b>Housing Infrastructure</b>	Housing Case Management including PATH	188 individuals active in 2015. Fayette County's four housing case management programs are not at capacity, so further expansion is not indicated.	Yes	MH Base CHIPP Reinvestment HUD Federal/State grants
	Housing Support Programs (e.g. Tenant-based rental assistance, Master Leasing, and Clearinghouse)	2015-current, 13 individuals housed, 24 individuals served.	Yes	Reinvestment
	Housing Choice Vouchers (Continued Partnership with Fayette County Housing Authority regarding preference on Section 8 list and accessing Family Unification Program (FUP) vouchers when they become available)	Number Unavailable	Yes	HUD
<b>Support Services</b>	Employment Opportunities (e.g. Employment Support Program)	2015-Estimated 45 individuals were served. These employment programs have flexible staffing complements, and they are ready to expand as referrals increase.	Yes	MH Base Reinvestment  OVR
	Mental Health Association (MHA) Advocacy Network (NAMI, Youth MOVE, and Partners for Recovery)	These are participation/support groups. These individual groups advocate for the needs of persons aged 14 through adult. The numbers of persons who constitute these individual groups varies. The Advocacy Network is developing a group which will advocate for individuals with intellectual disabilities. Additional groups are	Yes	Staunton Farm Foundation MH Base

	welcome to join this Advocacy Network.		
Suicide Survivor Support Group	This group formed in October, 2016, with 3 members. They are receiving exposure through the Advocacy Network.	Yes	MH Base Uniontown Hospital (in-kind)
Suicide Prevention Task Force <ul style="list-style-type: none"> <li>School Presentations</li> <li>Community events/Panel discussions</li> </ul>	2012-2015: Presentations to over 2,000 High School students ages 14-19.  2012-2015: 200+ individuals participated in three events	Yes	MH Base
Stabilization and Contingency Funds- help remove obstacles found in establishing a home in the community.	2015- 237 requests were processed.	Yes	Reinvestment CHIPP
County-wide consumer advisory group (e.g. Partners for Recovery)	10-12 individuals participated in 2015	Yes	MH Base Reinvestment
MH Case Management	604 individuals of all ages were served in 2015. This service is not at capacity, and it can easily expand to meet fluctuating needs.	Yes	Medicaid MH Base
Drop-in and Social Rehabilitation Programs	195 individuals were served in 2015. These programs are not at capacity, and can expand to meet the needs of additional participants.	Yes	Reinvestment MH Base
Psychiatric Rehabilitation Services through three different agencies. Crosskeys (site-based and mobile), CRCSI (mobile), and Goodwill- Union Station Clubhouse (site-	190 individuals served in 2015. These programs are not at capacity, and can expand to meet the needs of additional participants.	Yes	Medicaid Reinvestment MH Base

	based)			
	Youth-focused Psychiatric Rehabilitation Services- expected to serve TAY ages 14-26 years	2015- none at this time	Start-up expected July, 2017	System of Care Medicaid

Each of these treatment programs and community-based supports are available to residents of Fayette County. They all focus on helping improve resiliency in children/youth and support recovery in adults. As the need for community-based supports grows, FCBHA reallocates funds to meet the community's current needs.

Fayette County rarely uses Residential Treatment Facilities (RTFs) for children and adolescents. In 2015, only 14 children/adolescents received treatment at an RTF placement. The average length of stay in 2015 was 128 days.

**d. Peer Support and peer-run services:**

Fayette County's peer-run services are essential in supporting recovery and resiliency for Fayette County residents. These peer-run services include:

Category	Service / Support	Number served	Currently Available in Fayette County	Funding Resources
<b>Peer-Support Services</b>	Certified Peer Specialist through Chestnut Ridge Counseling Services and Southwest Behavioral Care	67- individuals served in 2015.	Yes	Medicaid MH Base
	Certified Youth Peer Specialist	0	Before the end of June 2017- estimated to serve 16 youth annually.	Medicaid System of Care Grant
	Drop-in Centers through Crosskeys in Brownsville and MHA in Uniontown.	141- individuals served in 2015	Yes	MH Base
		These are		

	Advocacy Network through MHA- Partners for Recovery, Fayette Youth MOVE and Fayette Chapter of NAMI.	participation/ support groups. Numbers vary	Yes	MH Base System of Care Grant
	Union Station Clubhouse	59 individuals served in 2015	Yes	Medicaid MH Base
	Youth Advocate through Fayette County System of Care	The Youth Advocate has presented in front of over 100 community individuals, including youth	Yes	System of Care Grant
	Family and Youth Advocates through High Fidelity Wraparound.	106 individuals/ families have been served from inception.	Yes	System of Care Grant HC Reinvestment to start in July, 2017
	LGBTQI advocacy group	0	Early stages of development, goal is 2017.	System of Care Grant
	System of Care/Community Leadership Team	2 Family Advocates; 1 Youth Advocate;	Yes	System of Care Grant

**e. Supported Employment services.**

FCBHA funds two supportive employment programs: Transitional Employment Consultants (TEC) and Goodwill Industries. Both programs serve individuals with Intellectual Disabilities (ID), and persons with mental illness. Reinvestment funding has been helpful in starting Supported Employment Programs in Fayette County.

Category	Service / Support	Number served	Currently Available in Fayette County	Funding Resources
Supported Employment Services	<b>Transitional Employment Consultants (TEC)</b> - Evidence-based model that helps support individuals in "real world" jobs. For individuals that have barriers	To date, 272 individuals have been served, total 252 jobs found.	Yes	Reinvestment

<p>to accessing employment, TEC assists in voluntary activities to build work experience. TEC staff and FCBHA staff use the Generalized Organizational Index (GOI) to measure program fidelity. A Peer Specialist is also involved with clients throughout the process.</p>			
<p><b>Goodwill Industries-</b> Provides employment supports to individuals with SMI. This program helps to support clients on site through their employment program and in the community.</p>	<p>45 individuals served during 2015</p>	<p>Yes</p>	<p>MH Base</p>

FCBHA continues to have positive involvement with the local Career Link office, which includes Private Industry Council (PIC), Unemployment Compensation, Goodwill Industries, and the Office of Vocational Rehabilitation (OVR). These connections help FCBHA support clients with employment needs, with a focus on specialized populations (veterans, youth, ID etc.)

Community needs are reviewed quarterly at the the Career Link Program Office’s “Creating Opportunities Now with Network, Education, & Careers for Tomorrow’s Success for Youth and Young Adults in Fayette County” (CONNECTS) meetings. During these meetings, providers who focus on employment, continuing education, training, and high-school transition discuss employment and educational needs of transition age youth. This group established annual career hiring events and conducts regular outreach to area schools.

**III. Housing in Integrated Settings:**

**a. Complete a “housing inventory” of existing housing options available to individuals:**

Not all of the housing options listed below are in integrated settings. However, this list does demonstrate that short-term housing options exist if the person needs/chooses to take advantage of these supports.

<b>Housing Programs (Residential Supports)</b>	<b>Provider</b>	<b>Description</b>
Long Term Structured Residential (LTSR)	Chestnut Ridge Counseling Services (CRCSI)	16 beds, Treatment focused residence.

Community Residential Rehabilitation (CRR)	Crosskeys/Southwestern PA Human Services (SPHS)	19 beds- focused on building independence and supporting permanent housing in the community. One bed at SPHS CRR Program.
Fayette Apartments	Fayette County Community Action Agency (FCCAA)	10 independent units- permanent housing with staff support
Lenox Street Apartments	FCCAA	6 two bedroom apartments- permanent subsidized housing.
Genesis House	Genesis House Ministries	Transitional housing for men with recent forensic history. (current capacity is 20)
Fairweather Lodge	FCCAA	Fairweather Lodge houses 8 individuals with SMI in a home setting. These individuals learn to live, work, and support one another, and they govern their own home.
Neighborhood Stabilization Program	PHARE (Pennsylvania Housing Affordability and Rehabilitation Enhancement) funds through the Redevelopment Authority of Fayette County	This program is used to rehabilitate foreclosed homes, build new homes, and demolish dilapidated homes.
Senior Living Apartments/Retirement Communities	FCCAA Housing Authority various other private and public funders	Senior living to meet the specialized needs of Fayette County's Senior and Elderly population.
Private Housing-subsidized	City Mission Various Landlords in the community	Permanent scattered housing option throughout the county
Public Housing - HUD	Housing Authority	Permanent scattered housing throughout the county.
Domiciliary Care (DOM)	Family providers in the community	Permanent housing within a family setting, 44 homes are registered as a DOM Care sites in Fayette County.
Personal Care Homes	Various providers in the community	Fayette County has approximately 30 Licensed Personal Care homes.
Men and Women's Shelter	City Mission- ESG and HAP	Emergency Shelters for Men and Women in Fayette County

		and Washington County.
Home Again Youth Shelter	City Mission-ESG/HAP (Housing Assistance Program)/CYS (Children and Youth Services)/JPO (Juvenile Probation Office)/State respite allocation/Base funding-FCBHA	14 Bed, Emergency Shelter, and placement for Youth ages 12-18 years. Serving an avg. of 7 youth per month.
Three Oaks Homebuyers Development Project	Redevelopment Authority & Threshold Housing Development- Funding by DCED's (Department of Community and Economic Development) HOME Investment Partnerships Program & Community Development Block Grant (CDBH).	14 New homes; 12 of the new homes will be built through Threshold's Self-Help Program- homebuyers will contribute up to 65% of construction labor and 2 will be built through Threshold and sold to low-income families.
Uniontown Family Homes	Tax Credit Properties through PHFA/ 20%, 40%, 50%, and 60% of income units	30 units for low income individuals
Bridge House - Family Shelter	FCCAA- ESG and HAP	Emergency Shelter for families

**b. Discuss the progress made towards integration of housing services as described in Title II of the ADA.**

FCBHA is dedicated to meeting the needs of individuals with mental health disabilities. FCBHA assures availability of community-based services and supports in the communities of their choosing. Psychiatric Rehabilitation Services help to integrate individuals within the community by working in the social, learning, and working domains. Psychiatric Rehabilitation and housing support programs assess each individual's needs and link them to the most appropriate housing supports. FCBHA's mission has been to provide "choice and access to resources that encourage hope, independence and recovery."

FCBHA recently partnered with MHA's Advocacy Network to introduce a "Lunch and Learn" series to educate individuals on services and supports in the county. The first and second Lunch and Learn sessions focused on Housing Supports in the Community and on Disability Rights/Personal Care Home Rights. Approximately 125 people attended these sessions. Evaluations from these

sessions showed individual satisfaction with the presentations and that the information was “easy to follow” and “I learned a lot.” FCBHA continues to maintain a positive partnership with Southwestern PA Legal Services and Fayette County’s Legal Aid Office. Paralegals have presented at the local Partners for Recovery meetings and have been great resources for housing case management providers.

Fayette County’s LLA (Fayette County Community Action Agency) discusses fair housing with every housing client that they serve. Referrals are sent to Fayette County’s Legal Aid Services to address any suspected housing-related discrimination.

FCBHA hosts a quarterly Housing Support Meeting to discuss community housing updates, client needs, community resources, and housing barriers. During this time each housing case worker focuses on the individualized needs of each of their clients. These Housing Support Case Managers support individuals to live in the areas of their choosing, increase independence, and assure access to treatment.

**c. Describe the plan for Community Residential Rehabilitation (CRR) conversion.**

Fayette County has two Community Residential Rehabilitation (CRR) programs serving individuals 18 years and older: Crosskeys in Fayette County, and one base-funded room at SPHS in Westmoreland County. SPHS closed a Fayette County CRR several years ago. These existing programs are very small and have been an invaluable resource for persons with severe psychiatric needs.

**d. Describe strategies used to maximize resources to meet the housing needs of individuals including:**

**i. Identifying the Local Lead Agency (LLA) and any agreement with the LLA for referrals and supportive services arrangements.**

Fayette County’s LLA is Fayette County Community Action Agency (FCCAA). FCBHA continues a positive collaboration with FCCAA through program partnerships. FCCAA hosts the county’s Local Housing Options Team meetings and manages the Housing Opportunities Program (Master Leasing, Tenant-Based support, and Case management) funded through HealthChoices reinvestment dollars. FCBHA provides ongoing letters of support to FCCAA programs that serve individuals experiencing homeless with Severe Mental Illness (SMI). These housing programs include:

- Lenox Street Apartments
- Fayette Apartments
- Rapid Re-Housing Program
- Fairweather Lodge
- Several subsidized housing/tax credit units.

**ii. Describing existing partnerships:**

FCBHA has ongoing discussions with Fayette County’s local Public Housing Authority on eligibility requirements for Housing Choice Vouchers and disqualifying standards for public housing. This dialogue helps FCBHA case workers make appropriate housing referrals.

FCBHA and the Self-Determination Housing Project’s Regional Housing Coordinator collaborate regularly. Recently, FCBHA staff and the Housing Coordinator have presented two PREP (Prepared Renter Education Program) trainings for housing staff, professionals, and case managers in the county. Plans are being made to expand the PREP training to Fayette County’s housing clients. The Regional Housing Coordinator is very active in Fayette County and actively participates in the county’s Local Housing Options Team (LHOT) meeting.

Fayette County’s LLA holds Memorandums of Understanding with Fayette County’s Redevelopment Authority along with several other tax credit units. The LLA conducts outreach regarding Section 811 opportunities.

**IV. Special Populations:**

**a. Individuals with a dual diagnosis (mental health/intellectual disability)**

FCBHA houses the Intellectual Disability (ID) Administrative Entity (AE) and provides Supports Coordination (SC). The AE oversees the ID funding, specifically thru the 2176 Consolidated Waiver and the Person Family Directed Support Waiver. Individuals of all ages with dual diagnosis receive a variety of services to meet their needs and each person’s Individual Service Plan (ISP) is designed in an individualized manner. Services can range from in-home supports to full time residential care. Behavior support is available to develop plans that can address both ID and mental health concerns. Staff are trained on individual’s specific diagnosis and needs. Supports such as the Health Care Quality Unit are available to assist providers in designing behavior support plans and training staff.

Supports Coordination (previously known as case management) locates, coordinates and monitors services. Every individual has an SC who works closely with them and their support team to ensure their needs are met. SCs develop the Individual Support Plans and amend the plan as individual needs change.

FCBHA has developed a Risk Assessment Team that meets monthly to discuss individuals who are dually diagnosed. This team is comprised of staff from the AE and SC as well as Mental Health and HealthChoices. This opportunity allows for unified input on an individual’s specific needs and the ability for the systems to work together to develop a unified action plan. Services listed below are for treatment of individuals with Intellectual Disabilities.

Provider	Services
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ARC Fayette	Residential Home and Community Habilitation (various levels of care) Companion services Family Living Homemaker chore services Respite Transportation Community Habilitation Transitional employment Supported employment
Twin Trees Inc.	Residential Home and Community Habilitation (various levels of care) Respite Community Habilitation
Fayette Resources	Residential Behavioral Support Home and Community Habilitation (various levels of care) Family Living Respite Community Habilitation
Laurel House	Residential Home and Community Habilitation (various levels of care) Companion services Family Living Respite
NHS	Residential Behavioral Support Home and Community Habilitation (various levels of care) Companion services Family Living Homemaker chore services Respite Community Habilitation
Goodwill Industries of SW PA	Transitional employment Pre-vocational employment Supported employment
Passavant Memorial Homes	Residential Behavioral Support Home and Community Habilitation (various levels of care) Companion services Family Living

	Respite
Penn Residential Inc.	Residential Behavioral Support
Verland	Residential
Transitional Employment Consultants	Transitional employment Supported employment
ABDD (Alliance for Behavioral and Developmental Disabilities)	Residential Behavioral Support Respite Transportation
Interim	Nursing services Home and Community Habilitation (various levels of care)
Bayada	Nursing services Home and Community Habilitation (various levels of care)
Kids Count	Nursing services Home and Community Habilitation (various levels of care)

**b. Individuals with co-occurring disorders (mental health/substance use disorders)**

The need to support individuals with co-occurring disorders continues to grow in Fayette County. With continued development of the Fayette County System of Care (SOC), partnerships have blossomed. A representative from Fayette County Drug and Alcohol Commission (FCDAC) participates on the County Leadership Team (CLT) of the SOC. Mental Illness and Substance Abuse (M.I.S.A.) therapy is offered through Chestnut Ridge Counseling Services. The Fayette County Drug and Alcohol Commission offers support services for individuals ages 6 years and up. In addition, FCDAC offers several AA (Alcoholics Anonyms), NA (Narcotics Anonyms), NAR-Anon (Narcotics Family Groups), ACOA (Adult Children of Alcoholics), Co-Dependents, and AL-Anon meetings within Fayette County. FCDAC also offers a local dual diagnosis meetings, focused on supporting individuals with mental health and substance use disorders. Fayette County has outpatient mental health providers that also provide Drug and Alcohol treatment services.

Fayette County residents have access to Hospital-Based Detoxification and/or Rehabilitation Treatment, Non-Hospital Based Detoxification and/or

Rehabilitation Treatment, Drug & Alcohol Partial Program, Intensive Outpatient Drug & Alcohol Services, Outpatient Drug & Alcohol Services, Methadone Treatment, and Halfway House for Drug & Alcohol Treatment.

<b>Program</b>	<b>Population</b>
<b>Hospital-Based Detoxification and/or Rehabilitation Treatment</b>	
Regional Providers	All
<b>Halfway House</b>	
Another Way	Adult Men (18+)
Life Recovery House	Adult Women (18+)
<b>Non-Hospital Based Detoxification and/or Rehabilitation Treatment</b>	
Regional Providers	All
<b>Drug &amp; Alcohol Partial Program</b>	
Regional Providers	All
<b>Intensive Outpatient Drug &amp; Alcohol Services</b>	
Southwest Behavioral Care, INC (SPHS)	All
<b>Outpatient Drug &amp; Alcohol Services</b>	
Axiom Family Counseling Services	All
CPP Behavioral Health	All
Fayette County Drug and Alcohol Commission	All
Southwest Behavioral Care, INC (SPHS)	All
<b>Methadone Treatment</b>	
Polaris Renewal Services	Adult (18+)

Projects for Assistance in Transitioning from Homelessness (PATH) through City Mission helps to support the housing needs of individuals in Fayette County with Mental Health and Substance Use Disorders. The PATH case manager receives ongoing trainings in supporting those with co-occurring disorders. Fayette County PATH has served thousands of individuals since its inception in 2007. Many of these persons have co-occurring disorders or SUDs.

**c. Individuals with both behavioral health and physical health needs**

Fayette County has home-based, personal care homes, and several nursing facilities to support individuals of all ages with the most serious physical health needs. FCBHA continues to build partnerships working on a holistic way of supporting individuals with physical health and mental health needs. Community meetings held at FCBHA welcome both mental health and physical health providers. Ongoing trainings through FCBHA are available to providers on mental health needs and services. Within the physical health care system, home care agencies in Fayette County have started training staff on the mental health needs of their clients.

FCBHA continues to move forward in creating a partnership with Physical Health MCOs (Managed Care Organization) in order to better support HealthChoices members ages 18 and older. FCBHA's Care Management supervisor participates in Joint Clinical Rounds with Value Behavioral Health and the different Physical Health MCOs in Fayette County. The FCBHA Care Management Staff will be working with the Physical Health MCOs as well as members on updating Integrated Care Plan.

**d. Individuals with a traumatic brain injury**

Fayette County has several Personal Care Homes and Nursing Homes to meet the specialized needs of adult citizens (18+) with TBI. Throughout the year, FCBHA hosts the WPIC (Western Psychiatric Institute and Clinic) training series that offers specialized TBI content.

When appropriate, Veterans affairs resources are shared to help support Fayette's Veterans population who suffer with TBI.

FCBHA has regular contact with the Disability Rights Pennsylvania (DRP) agency. This positive partnership has helped to educate Fayette County citizens and link them to appropriate resources.

**e. Individuals with criminal justice/juvenile justice history**

Over the past 5 years, FCBHA has focused on supporting individuals with mental health disorders and criminal justice histories. FCBHA staff work directly with courthouse personnel, prison staff, and inmates. An FCBHA Program Specialist works with inmates on getting connected to community services they need for planned releases. He works with both the County and State Prisons, completing referrals and providing assistance in re-establishing Medical Assistance Coverage. Southwestern PA Human Services (SPHS) operates the Forensic Diversion Reentry Program (FDRP), which served 24 adults (18 and older) in 2015. FDRP provides medication management, outpatient therapy, case management services, and substance use disorder services for forensically-involved persons with mental illnesses.

FCBHA has a seat on the County's CJAB. This board consist of local law enforcement (county & state), correction professionals, human service agencies, and is overseen by Fayette County's President Judge. Fayette County CJAB supports the continued development of the county's Specialty Courts. Currently the Specialty Courts include Veterans and Mental Health courts. Plans are being developed to add a Drug and Alcohol court. PCCD grant funding has been utilized to create a local forensic re-entry taskforce and fund implementation of the Ohio Risk Assessment System. PCCD has also funded housing through Fayette County Community Action Agency housing persons with a forensic history.

FCBHA supports the Day Reporting Center and the Forensic Diversion Reentry Program (FDRP) through SPHS. Once an individual is released from jail, these programs support the person successfully transitioning into the community of their choosing.

Fayette County's Juvenile

Probation Office representative actively participates in the County Leadership Team (CLT) through Fayette County’s System of Care. This partnership helps to identify needs and develop new behavioral health services for youth involved in the criminal justice system.

**f. Individuals who are deaf or hearing impaired**

Fayette County has an advocacy group for individuals with hearing impairment and deafness. “Hear Fayette” is through Fayette County’s St. Vincent de Paul Society. The goal of this group “is to connect people with people especially those with hearing loss.” This is a place for individuals experiencing hearing loss and their families to advocate for decreased isolation, increased social wellness, and decreased risk of depression and other mental illnesses. FCBHA has a positive connection with this group and its leaders.

All mental health service providers supporting individuals of all ages, supply American Sign Language (ASL) interpreters as needed. In addition, Fayette County’s supportive employment programs have several staff fluent in ASL.

**g. Individuals who are experiencing homelessness**

Fayette County has various agencies that support individuals and families experiencing homelessness. These agencies include: Fayette County Community Action Agency (FCCAA), City Mission Living Stones Inc., Connellsville Community Ministries, Fayette County Salvation Army, and St. Vincent De Paul. FCCAA and City Mission provide shelter services. City Mission’s Home Again Program provides shelter services for youth aged 12-17. FCCAA operates Bridge House, providing shelter for families in Fayette County. Connellsville Community Ministries also provides emergency shelter assistance. Salvation Army and St. Vincent De Paul provide food, referrals, and resources for homeless individuals. In addition, Homeless Assistance Program (HAP) funding is used to support FCCAA and City Mission Housing Programs.

Fayette County has several church groups and ministries that support the homeless in the community. These groups have been vital in finding and supporting street homeless. Here are recent Point in Time Count statistics:

Year	Unsheltered Homeless
2012	18
2013	34
2014	5

**h. Older adults**

Older adult services within Fayette County focus on community-based living, positive daytime activities, and appropriate health care services. There are multiple Senior Citizen Centers throughout Fayette County. These centers are

easily accessible for those age 55+. FCBHA staff participates in Senior Center and Senior Games through Area Agency on Aging with depression screenings and information displays. The Area Agency on Aging also has representation on Fayette County's LHOT.

FCBHA staff are active in Aging and Disabilities Resource Center's PA LINK and the Southwestern PA Partnership on Aging (SWPPA). FCBHA understands the vulnerability and culture of this population. Partnerships continue to grow within the community and trainings for staff are available.

Housing support services are available in the county for older adults. Fayette County supports are designed to meet the needs of our aging population helping them to remain in their homes. Aging Waiver Services are available to help individuals over the age of 60 years live in their own homes and communities with support services. Southwestern PA Area Agency on Aging, Inc. is one of Fayette's largest provider of Senior and Elderly services. These services include:

<b>Southwestern Pennsylvania Area Agency on Aging, Inc. (SPAAA) Services within Fayette County</b>
Adult Day Care
Aging Waiver Program
APPRISE Program (Insurance Counseling)
Assessment services to identify home and community-based services appropriate for each individual
Case Management Services
Domiciliary Care Program- serving individuals 18 years or older
Family Caregiver Support Program
Grandparenting Program
In-Home Support
Legal Services for Elderly
Nursing Home Transition Program
Ombudsman Program
Prime Time Health focused on promoting good health and disease prevention activities
Protective Services for Older Adults
Senior Community Center
Senior Employment Programs
Transportation Services
Home Delivered Meals
Cost Sharing
Senior Life (Healthcare Solutions for Seniors Living at Home)
Senior Times Newspaper (published monthly)

Fayette County Community Action Agency provides case management at Fayette County's Maple Gardens Apartments, a 36 unit building for individuals 55 years and older.

**i. Individuals who are medically fragile**

Fayette County's medically fragile population receives specialized support through various funding sources. FCBHA manages funding through the Intellectual Disabilities (ID) Department for Early Intervention (EI) and Supports Coordination (SC) services. EI services help to evaluate, assess, and link necessary services for children ages birth to 3 years. SC services support individuals with ID diagnoses. These individuals may be very medically fragile and require in depth physical care in the home setting.

Fayette County has several Nursing facilities and in-home skilled nursing support covered under public/private insurance and waiver funding. FCBHA staff participates in Early Education resource meetings and provides necessary trainings to Physical Health Providers and School Districts on meeting the MH needs of the medically fragile.

**j. Individuals with limited English proficiency**

Fayette County's providers of mental health services have contracts with interpreters to meet the needs of Fayette County citizens of all ages. If language is a barrier to services, FCBHA will help to facilitate interpreter services. It is important that language does not create an obstacle to services.

**k. Transition age youth including young adults**

The Transition Age Youth (TAY) population has been a primary focus for FCBHA and the Fayette County System of Care (SOC) Initiative. During the SOC grant period October 1, 2016 to June 30, 2017, Fayette County SOC is funding two new youth focused programs: Youth Peer Support and a Youth track through one of Fayette County's established Psychiatric Rehabilitation Programs. To continue building and supporting youth resiliency Fayette County also has a local Chapter of Youth M.O.V.E. (Motivating Others Through Voices of Experience). The Fayette County Youth M.O.V.E. chapter's mission is to reach out to peers, inspire them to share their stories, and to advocate for all youth voice in the county. This is a youth-driven group and depends on the initiative of its members to complete community projects. In 2015, Fayette County Youth M.O.V.E. created a video series "Everybody has a Voice...Everybody has a Story". This series won the 2016 SAMSHA (Excellence in Community Communications and Outreach) ECCO Award in two categories: Youth and Young Adult category (Bronze Award) and Overall Communications Campaign (Gold Award). The group will continue moving forward through community partners and youth outreach.

Fayette County's City Mission Living Stones Inc. runs the Home Again youth shelter. This shelter serves youth 12-17 years of age that are placed through CYS or JPO, and provides respite services for those with Mental Health needs. The Home Again shelter uses HUD

funding to support homeless youth in the county. The Projects for Assistance in Transitioning from Homelessness (PATH), funded through State and Federal grants, is creating a focus on the TAY population. During 2015, PATH served 12 individuals 18-23 years old (out of 57 total served).