**Strengths-Based Assessment**

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| Name: |  | Staff Name: |  |

**LIVING DOMAIN**

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| **Subcategories** | **Strengths** | **Needs** |
| Housing |  |  |
| Transportation |  |  |
| Budgeting & Banking |  |  |
| Meal Prep & Cooking |  |  |
| Cleaning |  |  |

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| Would you like to change anything in this domain? | Yes | No |

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| If yes, please explain: |

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| Would you like to work on a goal in this domain? | Yes | No | Rating: |  |

**LEARNING DOMAIN**

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| **Subcategories** | **Strengths** | **Needs** |
| Current level of education |  |  |
| Level of success in educational roles |  |  |
| Access to educational services |  |  |
| Motivation to advance education |  |  |

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| Would you like to change anything in this domain? | Yes | No |

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| If yes, please explain: |

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| Would you like to work on a goal in this domain? | Yes | No | Rating: |  |

**WORKING DOMAIN**

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| **Subcategories** | **Strengths** | **Needs** |
| Paid work experience |  |  |
| Volunteer work experience |  |  |
| Hard skills (e.g., able to read and/or write, make change, basic math, etc.) |  |  |
| Soft skills (e.g., follows instructions, arrives on time, dresses appropriately, practices good hygiene, etc.) |  |  |
| Available to work (has time in schedule and transportation) |  |  |
| Understands effect of employment on benefits |  |  |
| Job-search skills (e.g., can complete a job application, write a resume, etc.) |  |  |

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| Would you like to change anything in this domain? | Yes | No |

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| If yes, please explain: |

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| Would you like to work on a goal in this domain? | Yes | No | Rating: |  |

**Socializing Domain**

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| **Subcategories** | **Strengths** | **Needs** |
| Communication (e.g., initiates & maintains conversations, listening skills, appropriate content, etc.) |  |  |
| Social responsibility  (e.g., makes own decisions, resists, peer pressure, arrives on time, follows group rules, etc.) |  |  |
| Relationships  (e.g., friends, spouse or partner, parents, children, etc.) |  |  |
| Recreation & Leisure (e.g., organized and self-directed activities) |  |  |
| Spirituality (e.g., organized and self-directed activities) |  |  |

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| Would you like to change anything in this domain? | Yes | No |

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| If yes, please explain: |

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| Would you like to work on a goal in this domain? | Yes | No | Rating: |  |

**Self-Maintenance Domain (subdomain of Living domain)**

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| **Subcategories** | **Strengths** | **Needs** |
| Has/needs a psychiatrist |  |  |
| Has/needs a talk therapist |  |  |
| Has/needs a PCP |  |  |
| Has/needs a dentist |  |  |
| Has/needs an eye doctor |  |  |
| Has/needs a medical specialist |  |  |
| Medication independence |  |  |
| Understands MH diagnosis |  |  |
| Understands physical health diagnosis |  |  |
| Needs/follows dietary restrictions |  |  |
| Participates in appropriate exercise |  |  |

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| Would you like to change anything in this domain? | Yes | No |

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| If yes, please explain: |

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| Would you like to work on a goal in this domain? | Yes | No | Rating: |  |

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|  | |  |  | |  | |
| Signature: |  | | Date: |  | |  |
|  |  | |  | |  | |
| Staff Signature: | |  | Date: |  | |  |