

# OPTIONS PROGRAM

**OPTIONS** allows individuals to receive supports and services in their own homes and communities. The OPTIONS Program serves individuals 60 and over in order to assist them in maintaining independence with the highest level of functioning in the community and delay the need for more costly care/services.

## WHO IS ELIGIBLE?

- **Must be** 60 years of age or older.
- **Must experience** some degree of frailty in physical or mental health.
- **Must have** unmet needs that can be addressed through OPTIONS services.
- **Must be** a Pennsylvania resident.
- **Must be** a U.S. citizen or lawful permanent resident.

*\*\* There is no financial eligibility requirement for these services. However, there might be a co-pay requirement.*

## PROGRAM COMPONENTS

- **Assessment** — Comprehensive assessments are completed by the Area Agency on Aging (AAA) in partnership with the consumer to determine their unmet needs and how the AAA can best meet those needs.
- **Care Management** — Each consumer is assigned a Care Manager who will work with them to develop a plan of care, and coordinate and arrange for the delivery of services.

## SERVICES THAT MIGHT BE AVAILABLE INCLUDE:

- Adult daily living services
- Care management
- Home health services
- Medical equipment and supplies
- Home support
- In-home meal services
- Personal care services
- Assistive/adaptive devices
- Home modifications
- Personal Emergency Response System (PERS)
- Pest control/fumigation

## FOR MORE INFORMATION

### PA DEPARTMENT OF AGING

Website: [www.aging.pa.gov](http://www.aging.pa.gov) • Information on local AAA resources: [www.aging.pa.gov/local-resources/](http://www.aging.pa.gov/local-resources/)  
To apply for services: **1-800-753-8827**