## **Housing Supports**

Bridges to Success: Keystones of Health for Pennsylvania

The goal of housing supports is to **ensure stable housing as a foundation for overall health and well-being.** 

Stable housing is a cornerstone of good health. People experiencing homelessness often have chronic health conditions. Secure housing can improve mental and physical health.\* The proposed short-term housing supports aim to provide a bridge to permanent housing leading to better health outcomes.

## **POTENTIAL POPULATIONS**

People experiencing homelessness who:

- Have serious mental illness or a substance use disorder
- Have a chronic health condition
- Are pregnant or in the 12-month postpartum period
- Are identified for reentry supports, including those at risk of homelessness



This document summarizes information from a proposed five-year demonstration program. All content is preliminary and subject to approval by the Centers for Medicare & Medicaid Services.

## **HOUSING & TENANCY SERVICES**

- 1. Connect people to existing housing supports and services.
- Provide help during transitions with moving expenses and necessary household items like, pots and pans, furniture, and air conditioning units.
- 3. Provide short-term help paying rent.
- 4. Provide education and support to keep housing.

