**Plan of Safe Care Template (Example)**

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| **Plan of Safe Care Template**  |
| **Infant**  |
|  **Need**  | **Area of Assistance**  | **Date Complete**  |
|  | Health* Linkage to medical home, pediatrician, or primary care provider
* High-risk infant follow-up care
* Referral to specialty health care
* Health insurance
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| **Action Steps:** |  |  |
| **Person(s) Responsible:** |  |  |
| **Target Date:**  |  |  |
| **30 Day Update:**  |  |  |
| **60 Day Update:**  |  |  |
|  |
|  **Need**  | **Area of Assistance**  | **Date Complete**  |
|  | Development* Coordination of early care, developmental and education programming with county children and youth agency and other partners, as needed
* Developmental interventions and supports provided by staff with knowledge of and expertise in, young children and working with infants with prenatal substance exposure
* Developmental screening and assessment and re-assessments for services for infants and toddlers with developmental delays or who have physical or mental conditions likely to result in developmental delays
* Developmental Pediatrician
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| **Action Steps:**  |  |  |
| **Person(s) Responsible:** |  |  |
| **Target Date:**  |  |  |
| **30 Day Update:**  |  |  |
| **60 Day Update:**  |  |  |
|  |
|  **Need**  | **Area of Assistance**  | **Date Complete**  |
|  | Safety * Focuses on the immediate safety and well-being of the infant
* Child abuse and neglect risk and protective factors
* The health of the infant
* The safety of the environment
 |  |
| **Action Steps:** |  |  |
| **Person(s) Responsible:**  |  |  |
| **Target Date:**  |  |  |
| **30 Day Update:**  |  |  |
| **60 Day Update:**  |  |  |
| **Mother** |
|  **Need**  | **Area of Assistance**  | **Date Complete**  |
|   | Primary and obstetric and gynecologic care * Pre-pregnancy and prenatal screening
* Primary care provider for primary health care management
* Pregnancy and postpartum obstetrical, gynecological and family planning
* Prenatal education and support
* Pain management
* Breastfeeding coaching and support for enhanced bonding and attachment
* Health insurance
 |   |
| **Action Steps:**  |  |
| **Person(s) Responsible:**  |  |
| **Target Date:**  |  |
| **30 Day Update:**  |  |
| **60 Day Update:**  |  |
| **Parents/Caregivers** |
|  **Need**  | **Area of Assistance**  | **Date Complete**  |
|  | Substance use and mental disorders prevention and treatment, especially if required for postpartum depression* Substance use disorder treatment, including medication-assisted treatment
* Care for co-occurring mental health conditions, particularly maternal depression
* Substance use disorder care management to enhance treatment access and retention via outreach services and ongoing recovery supports
* Designated treatment provider who is, to the extent possible, knowledgeable about child welfare, delivers gender-specific programming, is family focused, is trauma informed and provides trauma-specific treatment
* Mental health services, including for symptoms of depression and anxiety and trauma-specific treatment
* Substance use and mental health treatment for other family members or caregivers
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| **Action Steps:**  |  |
| **Person(s) Responsible:**  |  |
| **Target Date:**  |  |
| **30 Day Update:**  |  |
| **60 Day Update:**  |  |
|  |
|  **Need**  | **Area of Assistance**  | **Date Complete**  |
|  | Parenting/Family Support* Education on appropriate care for the infant experiencing neurodevelopment effects, physical effects or withdrawal symptoms
* Coordinated care management for parents and family in conjunction with the child welfare and other partners
* Follow-up services, such as infant care, parent/infant bonding support, nurturing parenting coaching and skill development, safe sleep practice support and parental support with appropriate intensity based on individual family needs through such methods as on-site education, classes and short-term in-home and longer-term home visits
* Education on potential county children and youth agency involvement and Plans of Safe Care
* Evidence-based home visiting services and parent-child therapy
* Interventions for intimate partner and family violence
* Child care in developmentally appropriate setting
* Education/employment support
* Safety net benefits eligibility determination
* Recovery support, including safe and stable housing and transportation assistance
* Life/social Skills
* Assistance with legal status
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| **Action Steps:**  |  |
| **Person(s) Responsible:**  |  |
| **Target Date:**  |  |
| **30 Day Update:**  |  |
| **60 Day Update:**  |  |