

# Carelon Health of Pennsylvania External Quality Review Annual Technical Report April 2024 Review Period: January 1, 2023–December 31, 2023



ipro.org

# **Table of Contents**

INTRODUCTION	4
OVERVIEW	4
OBJECTIVES	
I: VALIDATION OF PERFORMANCE IMPROVEMENT PROJECTS	
OBJECTIVES	-
TECHNICAL METHODS OF DATA COLLECTION AND ANALYSIS	
Findings	8
II: VALIDATION OF PERFORMANCE MEASURES	-
OBJECTIVES	-
Technical Methods of Data Collection and Analysis	11
CONCLUSIONS AND COMPARATIVE FINDINGS	
RECOMMENDATIONS	
III: COMPLIANCE WITH MEDICAID MANAGED CARE REGULATIONS	
Objectives	
DESCRIPTION OF DATA OBTAINED	
DETERMINATION OF COMPLIANCE	34
FINDINGS	-
IV: VALIDATION OF NETWORK ADEQUACY	
Objectives	
Technical Methods of Data Collection and Analysis	•••••
DESCRIPTION OF DATA OBTAINED.	
FINDINGS	
V: QUALITY STUDIES	
Objectives	
DESCRIPTION OF DATA OBTAINED	
FINDINGS	
VI: MCO RESPONSES TO 2022 EQR RECOMMENDATIONS	
CURRENT AND PROPOSED INTERVENTIONS	
QUALITY IMPROVEMENT PLAN FOR PARTIAL AND NON-COMPLIANT SMART STANDARDS	
ROOT CAUSE ANALYSIS AND QUALITY IMPROVEMENT PLAN	
VII: 2023 STRENGTHS, OPPORTUNITIES FOR IMPROVEMENT, AND RECOMMENDATIONS	
STRENGTHS	
OPPORTUNITIES FOR IMPROVEMENT	
Assessment of Quality, Timeliness, and Access	
VIII: SUMMARY OF ACTIVITIES	
VALIDATION OF PERFORMANCE IMPROVEMENT PROJECTS	
VALIDATION OF PERFORMANCE MEASURES	
COMPLIANCE WITH MEDICAID MANAGED CARE REGULATIONS.	
VALIDATION OF NETWORK ADEQUACY	
QUALITY STUDIES	
MCO RESPONSES TO 2022 EQR RECOMMENDATIONS	
2023 STRENGTHS, OPPORTUNITIES FOR IMPROVEMENT, AND RECOMMENDATIONS.	
APPENDIX A. REQUIRED SMART SUBSTANDARDS PERTINENT TO BBA REGULATIONS	
APPENDIX B. OMHSAS-SPECIFIC SMART SUBSTANDARDS	
APPENDIX C: OMHSAS-SPECIFIC SMART SUBSTANDARDS FOR CARELON COUNTIES	
FORMAT	
FINDINGS	

# List of Tables and Figures

TABLE 2.1: MY 2022 HEDIS FUH 7-DAY AND 30-DAY FOLLOW-UP INDICATORS (AGES 18–64 YEARS)	
FIGURE 2.1: MY 2022 HEDIS FUH 7-DAY AND 30-DAY FOLLOW-UP RATES (AGES 18–64 YEARS)	
FIGURE 2.2: SSDs IN CARELON CONTRACTOR MY 2022 HEDIS FUH RATES (AGES 18–64 YEARS)	16
TABLE 2.2: MY 2022 HEDIS FUH 7-DAY AND 30-DAY FOLLOW-UP INDICATORS (ALL AGES)	17
FIGURE 2.3: MY 2022 HEDIS FUH 7-DAY AND 30-DAY FOLLOW-UP RATES (ALL AGES)	
FIGURE 2.4: SSDs IN CARELON CONTRACTOR MY 2022 HEDIS FUH RATES (ALL AGES)	
TABLE 2.3: MY 2022 HEDIS FUH 7-DAY AND 30-DAY FOLLOW-UP INDICATORS (AGES 6–17 YEARS)	
FIGURE 2.5: MY 2022 HEDIS FUH 7-DAY AND 30-DAY FOLLOW-UP RATES (AGES 6–17 YEARS)	
FIGURE 2.6: SSDs IN CARELON CONTRACTOR MY 2022 HEDIS FUH RATES (AGES 6–17 YEARS)	
TABLE 2.4: MY 2022 PA-SPECIFIC FUH 7-DAY AND 30-DAY FOLLOW-UP INDICATORS (ALL AGES)	23
FIGURE 2.7: MY 2022 PA-SPECIFIC FUH 7-DAY AND 30-DAY FOLLOW-UP RATES (ALL AGES)	
FIGURE 2.8: SSDs IN CARELON CONTRACTOR MY 2022 PA-SPECIFIC FUH RATES (ALL AGES)	
TABLE 2.5: MY 2022 REA READMISSION INDICATORS (ALL AGES).	
FIGURE 2.9: MY 2022 REA RATES FOR CARELON PRIMARY CONTRACTORS (ALL AGES)	
FIGURE 2.10: SSDs IN CARELON PRIMARY CONTRACTOR MY 2022 REA RATES (ALL AGES)	
TABLE 3.1: CARELON HEALTHCHOICES OVERSIGHT ENTITIES, PRIMARY CONTRACTORS, AND COUNTIES	
TABLE 3.2: TALLY OF SUBSTANDARDS PERTINENT TO BBA REGULATIONS REVIEWED FOR CARELON.	
TABLE 3.3: COMPLIANCE WITH STANDARDS, INCLUDING ENROLLEE RIGHTS AND PROTECTIONS	
TABLE 3.4: COMPLIANCE WITH QUALITY ASSESSMENT AND PERFORMANCE IMPROVEMENT PROGRAM	
TABLE 3.5: COMPLIANCE WITH GRIEVANCE SYSTEM	
TABLE 4.1: NETWORK ADEQUACY VALIDATION ACTIVITIES	
TABLE 4.2 BH-MCO NETWORK ADEQUACY STANDARDS AND INDICATORS APPLICABLE IN MY 2022	
TABLE 5.1: ICWC QUALITY PERFORMANCE COMPARED TO TARGETS AND NATIONAL BENCHMARKS	
TABLE 7.1: EQR RECOMMENDATIONS	
TABLE A.1: REQUIRED SMART SUBSTANDARDS PERTINENT TO BBA REGULATIONS	
TABLE B.1: OMHSAS-Specific SMART Substandards.	
TABLE C.1: TALLY OF OMHSAS-SPECIFIC SUBSTANDARDS REVIEWED FOR CARELON.	
TABLE C.2: OMHSAS-SPECIFIC REQUIREMENTS RELATING TO CARE MANAGEMENT.	
TABLE C.3: OMHSAS-Specific Requirements Relating to Complaints and Grievances	-
TABLE C.4: OMHSAS-SPECIFIC REQUIREMENTS RELATING TO DENIALS	
TABLE C.5: OMHSAS-SPECIFIC REQUIREMENTS RELATING TO EXECUTIVE MANAGEMENT	
TABLE C.6: OMHSAS-SPECIFIC REQUIREMENTS RELATING TO ENROLLEE SATISFACTION	
TABLE C.7: OMHSAS-Specific Requirements Relating to Education and Prevention Programs	73

Healthcare Effectiveness Data and Information Set (HEDIS<sup>®</sup>) and Quality Compass<sup>®</sup> are registered trademarks of the National Committee for Quality Assurance (NCQA). Tableau<sup>®</sup> is a registered trademark of Tableau Software, Inc. Quest Analytics<sup>®</sup> is a registered trademark of Quest Analytics, LLC. REDCap<sup>®</sup> is a registered trademark of Vanderbilt University. All other trademarks herein are the property of their respective owners.

# Introduction

The Final Rule of the Balanced Budget Act (BBA) of 1997 requires that state agencies contract with an external quality review organization (EQRO) to conduct an annual external quality review (EQR) of the services provided by contracted Medicaid managed care organizations (MCOs).<sup>1</sup> This EQR must include an analysis and evaluation of aggregated information on quality, timeliness, and access to the health care services that an MCO furnishes to Medicaid recipients.

The Commonwealth of Pennsylvania (PA) Department of Human Services (DHS) Office of Mental Health and Substance Abuse Services (OMHSAS) contracted with IPRO as its EQRO to conduct the 2023 EQRs for HealthChoices (HC) behavioral health MCOs (BH-MCOs) and to prepare the annual technical reports. The subject of this report is one HC BH-MCO: Carelon Health of Pennsylvania (Carelon), formerly Beacon Health Options of Pennsylvania. Subsequent references to MCO in this report refer specifically to this HC BH-MCO.

## **Overview**

The HC BH Program is the mandatory managed care program that provides Medical Assistance recipients with BH services in PA. The PA DHS OMHSAS determined that the county governments would be offered the right of first opportunity to enter into capitated agreements with PA for the administration of the HC BH Program. In such cases, DHS holds the HC BH Program Standards and Requirements (PS&R) Agreement with the HC BH contractors, referred to in this report as "Primary Contractors." Primary Contractors, in turn, subcontract with a private-sector BH-MCO to manage the HC BH Program. Effective January 1, 2022, all 67 counties exercised their right of first opportunity to contract, either alone or in combination with other counties, with an BH-MCO.

In the interest of operational efficiency, numerous counties have come together to create HC oversight entities (HC-OEs) that coordinate the Primary Contractors while providing an oversight function of the BH-MCOs. In some cases, the HC-OE is the HC BH contractor, and in other cases, multiple Primary Contractors contract with an HC-OE to manage their HC BH Program. In the Carelon managed care network, Beaver, Fayette, and the Southwest Six counties (comprising Armstrong, Butler, Indiana, Lawrence, Washington, and Westmoreland counties) hold contracts with Carelon. The OE for the Southwest Six counties is Southwest Behavioral Health Management, Inc. (SWBHM). Northwest Behavioral Health Partnership, Inc. (NWBHP; comprising Crawford, Mercer, and Venango counties) also holds a contract with Carelon. Effective January 1, 2022, Greene County joined Behavioral Health Alliance of Rural Pennsylvania (BHARP), changing its contracted MCO from Carelon to Community Care Behavioral Health (CCBH).

# **Objectives**

The EQR-related activities that must be included in the detailed technical reports are as follows:

- validation of performance improvement projects (PIPs),
- validation of MCO performance measures (PMs),
- review to determine plan compliance with structure and operations standards established by the state (*Title 42 Code of Federal Regulations [CFR] Section [§] 438.358*), and
- validation of MCO network adequacy.

#### **Scope of EQR Activities**

In accordance with the updates to the Centers for Medicare & Medicaid Services (CMS) EQRO Protocols released in February 2023,<sup>2</sup> this technical report includes eight core sections:

- I. Validation of Performance Improvement Projects
- II. Validation of Performance Measures
- III. Compliance with Medicaid Managed Care Regulations
- IV. Validation of Network Adequacy
- V. Quality Studies
- VI. MCO Responses to 2022 EQR Recommendations
- VII. 2023 Strengths, Opportunities for Improvement, and Recommendations
- VIII. Summary of Activities

For the MCO, information for Sections I and II is derived from IPRO's validation of the MCO's PIPs and PM submissions. The PM validation, as conducted by IPRO, included a repeated measurement of three PMs: Healthcare Effectiveness Data and Information Set (HEDIS®) Follow-Up After Hospitalization for Mental Illness, PA-specific Follow-Up After Hospitalization for Mental Illness, and Readmission Within 30 Days of Inpatient Psychiatric Discharge. Until 2023, information for compliance with Medicaid Managed Care (MMC) regulations in Section III was derived from monitoring and reviews conducted by OMHSAS, as well as the oversight functions of the county or contracted entity, when applicable, against PA's Program Evaluation Performance Summary (PEPS) Review Application and/or Readiness Assessment Instrument (RAI). Beginning in 2023, the PEPS standards and compliance data were migrated to the Systematic Monitoring, Access, and Retrieval Technology (SMART) application. Section IV discusses the validation of MCO network adequacy in relation to existing federal and state standards. Section V discusses the quality study for the Integrated Community Wellness Centers (ICWC) program. Section VI includes the MCO's responses to opportunities for improvement noted in the 2022 (measurement year [MY] 2021) EQR annual technical report and presents the degree to which the MCO addressed each opportunity for improvement. Section VII includes a summary of the MCO's strengths and opportunities for improvement for this review period (MY 2022), as determined by IPRO, as well as a "report card" of the MCO's performance as related to the quality indicators included in the EQR evaluation for HC BH quality performance of the MCO. Lastly, Section VIII provides a summary of EQR activities for the MCO for this review period. Also included are the following: References with a list of publications cited and Appendices that include crosswalks of SMART standards to pertinent BBA regulations and to OMHSAS-specific SMART substandards, as well as results of the SMART review for OMHSAS-specific standards.

# I: Validation of Performance Improvement Projects

# **Objectives**

*Title 42 CFR § 438.330(d)* establishes that state agencies require contracted MCOs to conduct PIPs that focus on both clinical and non-clinical areas. According to the CMS, the purpose of a PIP is to assess and improve the processes and outcomes of health care provided by an MCO.

In accordance with current BBA regulations, IPRO validates at least one PIP for the MCO. The Primary Contractors and MCOs are required to implement improvement actions and to conduct follow-up, including but not limited to subsequent studies or remeasurement of previous studies in order to demonstrate improvement or the need for further action.

The name of the current PIP project is "Prevention, Early Detection, Treatment, and Recovery (PEDTAR) for Substance Use Disorders (SUD)." The Aim Statement for this PIP reads: "Significantly slow (and eventually stop) the growth of SUD prevalence among HC members while improving outcomes for those individuals with SUD, and also addressing racial and ethnic health disparities through a systematic and person-centered approach."

The PIP has three common clinical objectives (for all MCOs) and one non-clinical population health objective:

- 1. Increase access to appropriate screening, referral, and treatment for members with an opioid use disorder (OUD) and/or other SUD.
- 2. Improve retention in treatment for members with an OUD and/or other SUD diagnosis.
- 3. Increase concurrent use of drug and alcohol counseling in conjunction with pharmacotherapy (medication-assisted treatment [MAT]).
- 4. Develop a population-based prevention strategy with a minimum of at least two activities across the MCO/HC BH contracting networks. The two "activities" may fall under a single intervention or may compose two distinct interventions. Note that while the emphasis here is on population-based strategies, this non-clinical objective should be interpreted within the PIP to potentially include interventions that target or collaborate with providers and health care systems in support of a specific population (SUD) health objective.

Additionally, OMHSAS identified the following core performance indicators for the PEDTAR PIP:

- Follow-Up After High-Intensity Care for Substance Use Disorder (FUI) This is a HEDIS measure that measures "the percentage of acute inpatient hospitalizations, residential treatment or detoxification visits for a diagnosis of substance use disorder among members 13 years of age and older that result in a follow-up visit or service for substance use disorder."<sup>3</sup> It contains two submeasures: continuity of care within 7 days and continuity of care within 30 days of the index discharge or visit.
- 2. Substance Use Disorder-Related Avoidable Readmissions (SAR) This is a PA-specific measure that measures avoidable readmissions for HC members 13 years of age and older discharged from detox, inpatient rehab, or residential services with an alcohol and other drug (AOD) dependence primary diagnosis. The measure requires 30 days of continuous enrollment (from the index discharge date) in the plan's HC program. This measures discharges, not individuals (starting from Day 1 of the MY; if there are multiple qualifying discharges within any 30-day period, only the earliest discharge is counted in the denominator). The SUD avoidable readmissions submeasure is intended to complement FUI and recognizes that appropriate levels of care for individuals with SUD will depend on the particular circumstances and conditions of the individual. Therefore, for this submeasure, "avoidable readmission" will include detox episodes only.
- 3. Mental Health-Related Avoidable Readmissions (MHR) This PA-specific measure will use the same denominator as SAR. The measure recognizes the high comorbidity rates of mental health conditions among SUD members and is designed to assess screening, detection, early intervention, and treatment for mental health conditions before they reach a critical stage. For this measure, "readmission" will be defined as any acute inpatient admission with a primary mental health diagnosis occurring within 30 days of a qualifying discharge from AOD detox, inpatient rehab, or residential services.
- 4. **Medication-Assisted Treatment for Opioid Use Disorder (MAT-OUD)** This PA-specific performance indicator measures the percentage of HC BH beneficiaries with an active diagnosis of OUD in the measurement period who received both BH counseling services and pharmacotherapy for their OUD during the measurement period. This PA-

specific measure is based on a CMS measure of "the percentage of Medicaid beneficiaries ages 18–64 with an OUD who filled a prescription for or were administered or dispensed an FDA-approved medication for the disorder during the measure year."<sup>4</sup> This measure will be adapted to include members ages 16 years and older. BH counseling is not necessarily limited to addiction counseling.

5. Medication-Assisted Treatment for Alcohol Use Disorder (MAT-AUD) – This PA-specific performance indicator measures the percentage of HC BH beneficiaries with an active diagnosis of moderate to severe alcohol use disorder (AUD) in the measurement period who received BH counseling services, as well as pharmacotherapy for their AUD during the measurement period. This PA-specific measure mirrors the logic of MAT-OUD, except for members ages 16 years and older with severe or moderate AUD. BH counseling is not necessarily limited to addiction counseling.

MCOs are expected to submit results to IPRO on an annual basis. In addition to running as annual measures, quarterly rates will be used to enable measurement on a frequency that will support continuous monitoring and adjustment by the MCOs and their Primary Contractors.

This PIP project will extend from January 2021 through December 2024, including a one-year extension, with initial PIP proposals submitted in 2020 and a final report due in September 2025. With this PIP cycle, all MCOs/Primary Contractors share the same baseline period and timeline.

# **Technical Methods of Data Collection and Analysis**

The MCOs are required by OMHSAS to submit their projects using a standardized PIP template form, which is consistent with CMS protocols. These protocols follow a longitudinal format and capture information related to:

- Project Topic
- Methodology
- Barrier Analysis, Interventions, and Monitoring
- Results
- Discussion

For the PEDTAR PIP, OMHSAS has designated the Primary Contractors to conduct quarterly PIP review meetings with each MCO. The purpose of these meetings will be to discuss ongoing monitoring of PIP activity, to discuss the status of implementing planned interventions, and to provide a forum for ongoing technical assistance, as necessary. Plans will be asked to provide up-to-date data on process measures and outcome measures prior to each meeting. Because of the level of detail provided during these meetings, rather than two semiannual submissions, MCOs will submit only one PIP interim report each September starting in 2021.

IPRO's validation of PIP activities is consistent with the protocol issued by CMS<sup>2</sup> and meets the requirements of the Final Rule on the EQR of Medicaid MCOs. IPRO's review evaluates each project, as they are reported using an annual form, for compliance with the following eight review elements:

- 1. Topic Rationale
- 2. Aim
- 3. Methodology
- 4. Identified Study Population Barrier Analysis
- 5. Robust Interventions
- 6. Results
- 7. Discussion and Validity of Reported Improvement
- 8. Sustainability

The first seven elements relate to the baseline and demonstrable improvement phases of the project. The last element relates to sustaining improvement from the baseline measurement. The evaluation consists of the review findings being considered to determine whether the PIP results should be accepted as valid and reliable. In accordance with the EQR PIP validation protocol issued by CMS in February 2023, BH replaced the former scoring with two qualitative assessments of the PIP, expressed in terms of levels of confidence (High, Moderate, and Low or None): 1) EQRO's Overall Confidence that the PIP Adhered to Acceptable Methodology for All Phases; and 2) EQRO's Overall Confidence that the PIP Produced Evidence of Significant Improvement.

The results for demonstrable and sustainable improvement will be reported by the MCO and evaluated by the EQRO at the end of the current PIP cycle and reported in a subsequent EQR annual technical report.

# **Findings**

Carelon successfully submitted a PEDTAR PIP proposal in the fall of 2020 based on an initial baseline period of July 1, 2019, through June 30, 2020. Implementation began in early 2021. The MCO subsequently resubmitted a revised proposal based on the full calendar year (CY) 2020 data with goals, objectives, and interventions recalibrated as needed. IPRO reviewed all baseline PIP submissions for adherence to PIP design principles and standards, including alignment with the statewide PIP aims and objectives, as well as internal consistency and completeness. Clinical intervention highlights include education and readiness reviews for the American Society of Addiction Medicine (ASAM) criteria implementation, incentivization for concurrent pharmacotherapy and counseling in SUD treatment, and improved treatment option education for members. For its population-based prevention strategy component, Carelon proposed a community forum, educational anti-stigma campaign, and Mental Health First Aid community trainings.

For the Year 2 report, Carelon's efforts, including its recent work with partners like the Centers of Excellence and Single County Authorities, are worth highlighting. However, Carelon showed less evidence that lessons were being systematically built through their plan-do-study-act (PDSA) cycle. Discussion of factors of success or challenges in the report consisted mostly of narrative description of activities and high-level discussion of successes and opportunities for improvement. More data-driven analysis, informed by a logic model of change, of the potential causes of observed changes in performance indicators is needed. This starts with analysis of trends in the intervention tracking measures (ITMs). Carelon is correct to point out the internal validity threats stemming from specification changes, but no other assessment of validity of ITM and performance indicator measurements was provided to give the reviewer a basis for ruling out other potential threats to internal and external validity (e.g., are the findings around intervention efficacy valid?).

## Rating 1: EQRO's Overall Confidence that the PIP Adhered to Acceptable Methodology for All Phases

Based on review of Carelon's Year 2 report, there is moderate confidence that the PIP adhered to acceptable methodology for all phases of design and data collection, data analysis, and interpretation of PIP results. The validation findings generally indicate that the credibility of the PIP results is not at risk. However, results must be interpreted with some caution. As relates to Rating 1, IPRO recommends the following:

- Data collection, monitoring, and analysis plans (Methodology section) should be updated to reflect the new ITMs.
- There is a need to conduct a data-driven analysis (informed by a logic model of change) of the potential intervention-related causes of observed changes in performance indicators, starting with an analysis of trends in the ITMs.

#### Rating 2: EQRO's Overall Confidence that the PIP Produced Evidence of Significant Improvement

There is moderate confidence that the PIP produced evidence of significant improvement. Carelon showed marked improvement in all of the PIP performance indicators except for MAT-OUD, which remains relatively unchanged since baseline. Initiation and Engagement in Treatment (IET) – Engagement also showed improvement. That said, how much improvement can be attributed to the PIP interventions remains unclear. As Carelon mentioned in their report, specification changes in MHR and SAR complicate analysis. It is also difficult to interpret findings from the ITMs. It is noteworthy that ITM 1c, which relates to member level intervention (case rounds), has trended downward despite observed improvements in many of the overall indicators, adding to the difficulty in attributing performance indicator improvements to the PIP itself. As relates to Rating 2, IPRO recommends the following:

- ITMs should be re-examined for measurement validity, as performance indicators improved despite downward trends for some ITMs.
- If warranted (based on findings), the PIP's logic model of change should be reassessed and updated. This may entail a reassessment of the hypothesized effectiveness of the interventions.

# **II: Validation of Performance Measures**

## **Objectives**

In MY 2022, OMHSAS's HC Quality Program required MCOs to run three PMs as part of their Quality Assessment and Performance Improvement (QAPI) Program: HEDIS Follow-Up After Hospitalization for Mental Illness (FUH), PA-specific FUH, and Readmission Within 30 Days of Inpatient Psychiatric Discharge (REA). Studies were remeasured in 2022. IPRO validated all three PMs reported by each MCO for MY 2022 to ensure that the PMs were implemented to specifications and state reporting requirements (*Title 42 CFR § 438.330[b][2]*).

#### Follow-Up After Hospitalization for Mental Illness

This PM assessed the percentage of discharges for members 6 years of age and older who were hospitalized for treatment of selected mental health disorders, who were seen on an ambulatory basis, or who were in day/night treatment with a mental health provider on the date of discharge up to 7 and 30 days after hospital discharge. The measure continues to be of interest to OMHSAS for the purpose of comparing county, Primary Contractor, and BH-MCO rates to available national benchmarks and to prior years' rates.

For each indicator, the criteria specified to identify the eligible population were: product line, age, enrollment, anchor date, and event/diagnosis. To identify the administrative numerator positives, date of service and diagnosis/procedure code criteria were outlined, as well as other specifications as needed. Indicator rates were calculated using only the BH-MCO's data systems to identify numerator positives (i.e., administratively).

There were four separate measurements related to the FUH measure. All utilized the same denominator but had different numerators.

#### **Eligible Population for HEDIS Follow-Up**

The entire eligible population was used for all 24 Primary Contractors for MY 2022. Eligible cases were defined as those members in the HC BH Program who met the following criteria:

- members who had one (or more) hospital discharges from any acute care facility with a discharge date occurring between January 1 and December 1, 2022;
- a principal International Classification of Diseases, Tenth Revision, Clinical Modification (ICD-10-CM) diagnosis code indicating one of the specified mental health disorders;
- 6 years of age and older as of the date of discharge; and
- continuously enrolled from the date of hospital discharge through 30 days after discharge, with no gaps in enrollment.

Members with multiple discharges on or before December 1, 2022, greater than 30 days apart with a principal diagnosis indicating one of the mental health disorders specified are counted more than once in the eligible population. If a readmission or direct transfer followed a discharge for one of the selected mental health disorders to an acute mental health facility within 30 days after discharge, only the subsequent discharge is counted in the denominator, as long as the subsequent discharge is on or before December 1, 2022. The methodology for identification of the eligible population for these indicators was consistent with the HEDIS MY 2022 methodology for the FUH measure.

#### **HEDIS Follow-Up Indicators**

# Quality Indicator 1 (QI 1): Follow-Up After Hospitalization for Mental Illness Within 7 Days After Discharge (Calculation based on industry standard codes used in HEDIS)

<u>Numerator</u>: An ambulatory visit with a mental health practitioner up to 7 days after hospital discharge with one of the qualifying industry standard ambulatory service codes. The date of service must clearly indicate a qualifying ambulatory visit with a mental health practitioner or day/night treatment with a mental health practitioner.

# Quality Indicator 2 (QI 2): Follow-Up After Hospitalization for Mental Illness Within 30 Days After Discharge (Calculation based on industry standard codes used in HEDIS)

<u>Numerator</u>: An ambulatory visit with a mental health practitioner up to 30 days after hospital discharge with one of the qualifying industry standard ambulatory service codes. The date of service must clearly indicate a qualifying ambulatory visit with a mental health practitioner or day/night treatment with a mental health practitioner.

#### Eligible Population for PA-Specific Follow-Up

The entire eligible population was used for all 24 Primary Contractors for MY 2022. Eligible cases were defined as those members in the HC BH Program who met the following criteria:

- members who had one (or more) hospital discharges from any acute care facility with a principal diagnosis of mental illness or intentional self-harm occurring between January 1 and December 2, 2022;
- 6 years of age and older as of the date of discharge; and
- continuously enrolled from the date of hospital discharge through 30 days after discharge, with no gaps in enrollment.

Members with multiple discharges on or before December 2, 2022, greater than 30 days apart with a principal diagnosis indicating one of the mental health disorders specified are counted more than once in the eligible population. If a readmission or direct transfer followed a discharge for one of the selected mental health disorders to an acute mental health facility within 30 days after discharge, only the subsequent discharge is counted in the denominator, as long as the subsequent discharge is on or before December 2, 2022. The PA-specific measure has been adjusted to allow discharges up through December 2, 2022, which allows for the full 30-day follow-up period where same-day follow-up visits may be counted in the numerator.

#### **PA-Specific Follow-Up Indicators**

Quality Indicator A (QI A): Follow-Up After Hospitalization for Mental Illness Within 7 Days After Discharge <u>Numerator</u>: An ambulatory visit with a mental health practitioner or peer support network on the date of discharge or up to 7 days after hospital discharge with one of the qualifying industry standards <u>or</u> one of the PA-specific ambulatory service codes provided. The date of service must clearly indicate a qualifying ambulatory visit with a mental health practitioner or day/night treatment with a mental health practitioner.

#### Quality Indicator B (QI B): Follow-Up After Hospitalization for Mental Illness Within 30 Days after Discharge

<u>Numerator</u>: An ambulatory visit with a mental health practitioner or peer support network on the date of discharge or up to 30 days after hospital discharge with one of the qualifying industry standards <u>or</u> one of the PA-specific ambulatory service codes provided. The date of service must clearly indicate a qualifying ambulatory visit with a mental health practitioner or day/night treatment with a mental health practitioner.

#### **Quality Indicator Significance**

There are various measures of treatment efficacy, such as service satisfaction, functional status, and health outcomes. Among them, rehospitalization rates continue to be used as a reliable indicator of the effectiveness of inpatient treatment.<sup>5</sup> Avoidable inpatient readmission is a step backward in treatment and a costly alternative to effective and efficient ambulatory care. Timely follow-up care, therefore, is an important component of comprehensive care and is an effective means to control the cost and maximize the quality of mental health services. Additionally, mental illness continues to impact the PA population, including those with substance abuse concerns or SUD.<sup>6</sup> Measuring appropriate care transitions for members with mental illness, therefore, carries wider implications for the OMHSAS quality area related to SUD prevalence and outcomes.

As noted, timely follow-up after hospitalization for mental illness has been and remains a focus for OMHSAS, and results are reviewed for potential trends each year. MY 2022 results will be examined in the context of the 2019 novel coronavirus (COVID-19) pandemic, which has been implicated in the rising prevalence of mental illness.<sup>7</sup> While factors such as those outlined in this section may persist and continue to impact follow-up rates, OMHSAS is exploring new and related areas of research, as well as the factors that may impact optimal follow-up. OMHSAS will continue to discuss the development of new or enhanced initiatives with the goal of continual improvement of care.

#### **Readmission Within 30 Days of Inpatient Psychiatric Discharge**

In addition to the FUH measure, OMHSAS elected to retain and remeasure the REA indicator for this year's EQR. This study examined BH services provided to members participating in the HC BH Program. For the indicator, the criteria specified to identify the eligible population were product line, age, enrollment, anchor date, and event/diagnosis. In order to identify the administrative numerator-positives, the date-of-service, and diagnosis/procedure code criteria were outlined, as were other specifications as needed. This measure's calculation was based on administrative data only.

This PM assessed the percentage of discharges for enrollees from inpatient acute psychiatric care that were followed by an inpatient acute psychiatric care readmission within 30 days of the previous discharge.

#### **Eligible Population**

The entire eligible population was used for all 67 counties and 24 Primary Contractors for MY 2022. Eligible cases were defined as those members in the HC BH Program who met the following criteria:

- members with one or more hospital discharges from any inpatient acute psychiatric care facility with a discharge date occurring between January 1 and December 2, 2022;
- a principal ICD-10-CM diagnosis code indicating one of the specified mental health disorders;
- enrolled on date of discharge from the first hospitalization event and on the date of admission of the second discharge event; and
- the claim was clearly identified as a discharge.

The numerator comprised members who were readmitted to inpatient acute psychiatric care within 30 days of the previous inpatient psychiatric discharge.

# **Technical Methods of Data Collection and Analysis**

The source for all information was administrative data provided to IPRO by the BH-MCOs. The source for all administrative data was the BH-MCOs' transactional claims systems. Each BH-MCO was also required to submit the follow-up rates calculated for the four indicators, along with their data files for validation purposes. The BH-MCOs were given the opportunity to resubmit, as necessary.

#### **Performance Goals**

HEDIS percentiles for the 7-day and 30-day FUH All Ages indicators have been adopted as the benchmarks for determining the requirement for a root cause analysis (RCA) and corresponding quality improvement plan (QIP) for each underperforming indicator. Rates for the HEDIS FUH 7-day and 30-day indicators that fall below the 75th percentile for each of these respective indicators will result in a request to the BH-MCO for an RCA and QIP. Similarly, REA rates that are greater than the state's goal of 11.75% result in an RCA and QIP assignment. For this measure, lower rates indicate better performance. This process is further discussed in **Section VI**.

#### **Data Analysis**

The quality indicators were defined as rates, based on a numerator of qualifying events or members and a denominator of qualifying events or members, defined according to the specifications of the measure. The HC aggregate (statewide) for each indicator was the total numerator divided by the total denominator, which represented the rate derived for the statewide population of denominator-qualifying events or members. Year-to-year comparisons to MY 2021 rates were provided where applicable. Additionally, as appropriate, disparate rates were calculated for various categories in the current study. To compare rates, a *Z*-test statistic for comparing proportions for two independent samples was used. To calculate the test statistic, the two proportions were averaged ("pooled") through the following formula:

$$\hat{p} = \frac{N1 + N2}{D1 + D2}$$

Where:

N1 = current year numerator,
N2 = prior year numerator,
D1 = current year denominator, and
D2 = prior year denominator.

The single proportion estimate was then used for estimating the standard error (SE). The Z-test statistic was obtained by dividing the difference between the proportions by the standard error of the difference. Analysis that uses the Z-test assumes that the data and their test statistics approximate a normal distribution. To correct for approximation error, the Yates correction for continuity was applied:

$$z - statistic = \frac{ABS(p1 - p2) - 0.5(\frac{1}{D1} + \frac{1}{D2})}{\sqrt{\hat{p}(1 - \hat{p})[\frac{1}{D1} + \frac{1}{D2}]}}$$

Where:

p1 = current year quality indicator rate, and p2 = prior year quality indicator rate.

Two-tailed statistical significance tests were conducted at p = 0.05 to test the null hypothesis of:

$$H_0: p1 = p2$$

Percentage-point difference (PPD) and 95% confidence intervals (CIs) for the difference between the two proportions were also calculated. CIs were not calculated if denominators of rates contained fewer than 100 members.

#### Limitations

The tables and figures in this section present rates, CIs, and tests of statistical significance for Primary Contractors. Due to differences in 7-day versus 30-day quality indicators, scales in figures may vary. Caution should be exercised when interpreting results for small denominators. A denominator of 100 or greater is preferred for drawing conclusions from *Z*-tests of the PM results. In addition, this analysis assumes that the proportions being compared come from independent samples. To the extent that this is not the case, the findings should be interpreted with caution.

## **Conclusions and Comparative Findings**

The HEDIS follow-up indicators are presented for three age groups: ages 18–64 years, ages 6+ years, and ages 6–17 years. The 6+ years ("All Ages") age group results are presented to show the follow-up rates for the overall HEDIS population, and the 6–17 years age group results are presented to support the Children's Health Insurance Program Reauthorization Act (CHIPRA) reporting requirements. The results for the PA-specific follow-up indicators are presented for ages 6+ years only.

The results are presented at the BH-MCO and Primary Contractor levels. The BH-MCO-specific rates were calculated using the numerator and denominator for that particular BH-MCO (and Primary Contractor with the same contracted BH-MCO). The Primary Contractor-specific rates were calculated using the numerators and denominators for that particular Primary Contractor. For each of these rates, the 95% CI is reported. The HC BH aggregate (statewide) rates were also calculated for the indicators.

BH-MCO-specific rates were compared to the HC BH statewide rates to determine if they were statistically significantly above or below that value. Statistically significant BH-MCO differences are noted. Primary Contractor-specific rates were

also compared to the HC BH statewide rates to determine if they were statistically significantly above or below that value. Statistically significant Primary Contractor-specific differences are noted.

The HEDIS follow-up results for the All Ages and the 18–64 years age groups are compared to the HEDIS 2023 (MY 2022) national percentiles to show BH-MCO and Primary Contractor progress with meeting the OMHSAS goal of follow-up rates at or above the 75th percentile. The HEDIS follow-up results for the 6–17 years age group are not compared to HEDIS benchmarks.

#### I: HEDIS Follow-Up Indicators

#### a) Age Group: Ages 18–64 Years

Table 2.1 shows the MY 2022 results for both the HEDIS 7-day and 30-day follow-up measures for members ages 18–64 years compared to MY 2021.

					MY 2022	<b></b>	MY 2022 Rate	MY 2022 Rate	
	MY 2022	MY 2022	MY 2022	95% CI	95% CI	MY 2021	Comparison	Comparison	MY 2022 Rate Comparison
Measure <sup>1</sup>	(N)	(D)	%	Lower	Upper	%	to MY 2021 PPD	to MY 2021 SSD	to MY 2022 HEDIS Medicaid Percentiles
QI 1 – HEDIS 7-Day Follow-Up (Ages 18–64 Years)									
Statewide	8965	27548	32.5%	32.0%	33.1%	34.3%	-1.7	Yes	Below 75th percentile, above 50th percentile
Carelon	1357	3651	37.2%	35.6%	38.7%	39.6%	-2.5	Yes	Below 75th percentile, above 50th percentile
Beaver	148	460	32.2%	27.8%	36.6%	35.4%	-3.3	No	Below 75th percentile, above 50th percentile
Fayette	146	370	39.5%	34.3%	44.6%	36.9%	2.6	No	Below 75th percentile, above 50th percentile
NWBHP	233	642	36.3%	32.5%	40.1%	37.9%	-1.6	No	Below 75th percentile, above 50th percentile
SWBHM	830	2179	38.1%	36.0%	40.2%	41.6%	-3.5	Yes	Below 75th percentile, above 50th percentile
QI 2 – HEDIS 3	30-Day Fol	low-Up (Ag	ges 18–64 \	(ears)					
Statewide	14322	27548	52.0%	51.4%	52.6%	53.7%	-1.7	Yes	Below 50th percentile, above 25th percentile
Carelon	2179	3651	59.7%	58.1%	61.3%	61.5%	-1.8	No	Below 75th percentile, above 50th percentile
Beaver	275	460	59.8%	55.2%	64.4%	60.7%	-0.9	No	Below 75th percentile, above 50th percentile
Fayette	215	370	58.1%	52.9%	63.3%	57.5%	0.6	No	Below 75th percentile, above 50th percentile
NWBHP	364	642	56.7%	52.8%	60.6%	59.3%	-2.6	No	Below 75th percentile, above 50th percentile
SWBHM	1325	2179	60.8%	58.7%	62.9%	63.4%	-2.5	No	Below 75th percentile, above 50th percentile

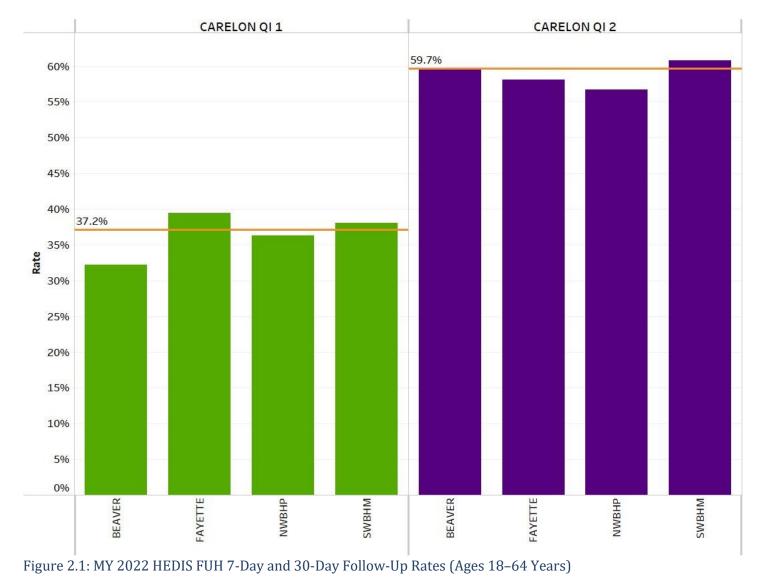
Table 2.1: MY 2022 HEDIS FUH 7-Day and 30-Day Follow-Up Indicators (Ages 18–64 Years)

<sup>1</sup>Due to rounding, a PPD value may slightly diverge from the difference between the MY 2022 and MY 2021 rates.

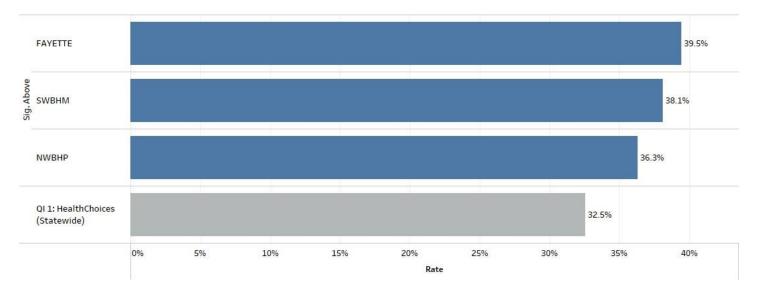
MY: measurement year; HEDIS: Healthcare Effectiveness Data and Information Set; FUH: Follow-Up After Hospitalization for Mental Illness; CI: confidence interval; N:

numerator; D: denominator; PPD: percentage-point difference; SSD: statistically significant difference; QI: quality indicator; NWBHP: Northwest Behavioral Health Partnership, Inc.; SWBHM: Southwest Behavioral Health Management, Inc.

**Figure 2.1** is a graphical representation of MY 2022 HEDIS FUH 7-day and 30-day follow-up rates in the ages 18–64 years population for Carelon and its associated Primary Contractors. The orange line represents the MCO average.



**Figure 2.2** shows the HC BH (statewide) rates for this age cohort and the individual Primary Contractor rates that were statistically significantly higher (blue) or lower (red) than the statewide rate.



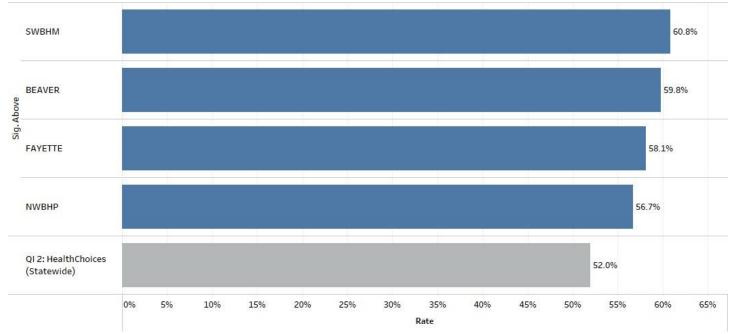


Figure 2.2: SSDs in Carelon Contractor MY 2022 HEDIS FUH Rates (Ages 18–64 Years) Carelon Primary Contractor MY 2022 HEDIS FUH rates for 18–64 years of age that are statistically significantly different than statewide rates.

#### b) Overall Population: Ages 6+ Years

Table 2.2 shows the MY 2022 aggregate results for both the HEDIS 7-day and 30-day follow-up measures compared to MY 2021.

				- )			0)		
				MY 2022	MY 2022		MY 2022 Rate	MY 2022 Rate	
	MY 2022	MY 2022	MY 2022	95% CI	95% CI	MY 2021	Comparison to	Comparison to	MY 2022 Rate Comparison to MY 2022
Measure <sup>1</sup>	(N)	(D)	%	Lower	Upper	%	MY 2021 PPD	MY 2021 SSD	HEDIS Medicaid Percentiles
QI 1 – HEDIS 7-Day Follow-Up (All Ages)									
Statewide	13025	35443	36.7%	36.2%	37.3%	37.7%	-1.0	Yes	Below 75th percentile, above 50th percentile
Carelon	2001	4875	41.0%	39.7%	42.4%	43.8%	-2.8	Yes	Below 75th percentile, above 50th percentile
Beaver	220	598	36.8%	32.8%	40.7%	38.7%	-1.9	No	Below 50th percentile, above 25th percentile
Fayette	186	456	40.8%	36.2%	45.4%	44.6%	-3.8	No	Below 75th percentile, above 50th percentile
NWBHP	372	894	41.6%	38.3%	44.9%	42.9%	-1.3	No	Below 75th percentile, above 50th percentile
SWBHM	1223	2927	41.8%	40.0%	43.6%	45.2%	-3.4	Yes	Below 75th percentile, above 50th percentile
QI 2 – HEDIS 30	)-Day Follo	w-Up (All A	Ages)						
Statewide	20002	35443	56.4%	55.9%	57.0%	57.9%	-1.4	Yes	Below 50th percentile, above 25th percentile
Carelon	3097	4875	63.5%	62.2%	64.9%	66.3%	-2.8	Yes	Below 75th percentile, above 50th percentile
Beaver	375	598	62.7%	58.7%	66.7%	63.9%	-1.2	No	Below 75th percentile, above 50th percentile
Fayette	275	456	60.3%	55.7%	64.9%	64.6%	-4.3	No	Below 75th percentile, above 50th percentile
NWBHP	553	894	61.9%	58.6%	65.1%	64.8%	-2.9	No	Below 75th percentile, above 50th percentile
SWBHM	1894	2927	64.7%	63.0%	66.5%	68.1%	-3.4	Yes	Below 75th percentile, above 50th percentile

Table 2.2: MY 2022 HEDIS FUH 7-Day and 30-Day Follow-Up Indicators (All Ages)

<sup>1</sup>Due to rounding, a PPD value may slightly diverge from the difference between the MY 2022 and MY 2021 rates.

MY: measurement year; HEDIS: Healthcare Effectiveness Data and Information Set; FUH: Follow-Up After Hospitalization for Mental Illness; N: numerator; D: denominator; CI: confidence interval; PPD: percentage-point difference; SSD: statistically significant difference; QI: quality indicator; NWBHP: Northwest Behavioral Health Partnership, Inc.; SWBHM: Southwest Behavioral Health Management, Inc.

**Figure 2.3** is a graphical representation of the MY 2022 HEDIS FUH follow-up rates for Carelon and its associated Primary Contractors. The orange line represents the MCO average.

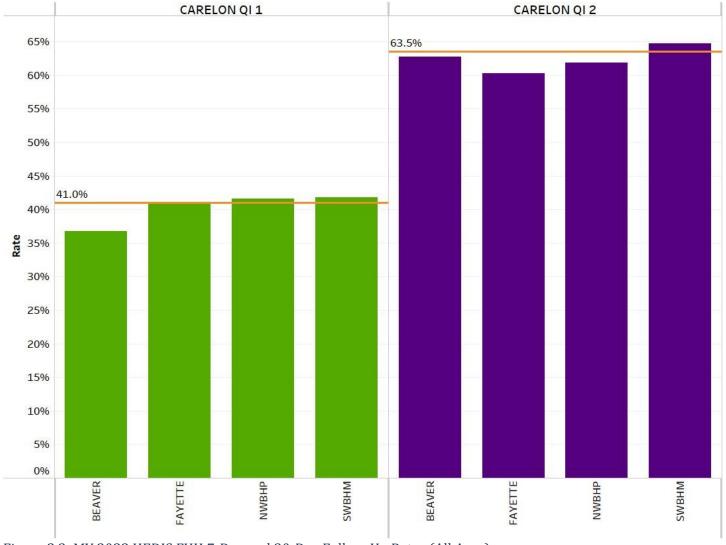


Figure 2.3: MY 2022 HEDIS FUH 7-Day and 30-Day Follow-Up Rates (All Ages)

**Figure 2.4** shows the HC BH (statewide) rates and the individual Primary Contractor rates that were statistically significantly higher (blue) or lower (red) than the statewide rate.

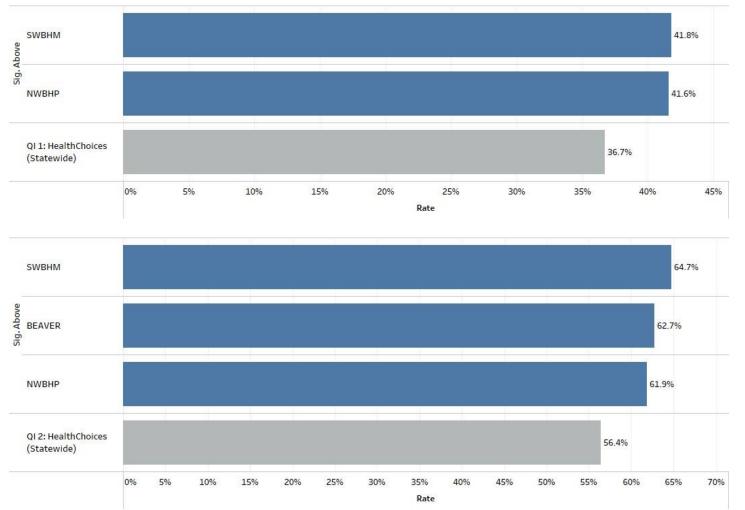


Figure 2.4: SSDs in Carelon Contractor MY 2022 HEDIS FUH Rates (All Ages) Carelon Primary Contractor MY 2022 HEDIS FUH rates for all ages that are statistically significantly different than statewide rates.

#### c) Age Group: Ages 6–17 Years

Table 2.3 shows the MY 2022 results for both the HEDIS FUH 7-day and 30-day follow-up measures for members ages 6–17 years compared to MY 2021.

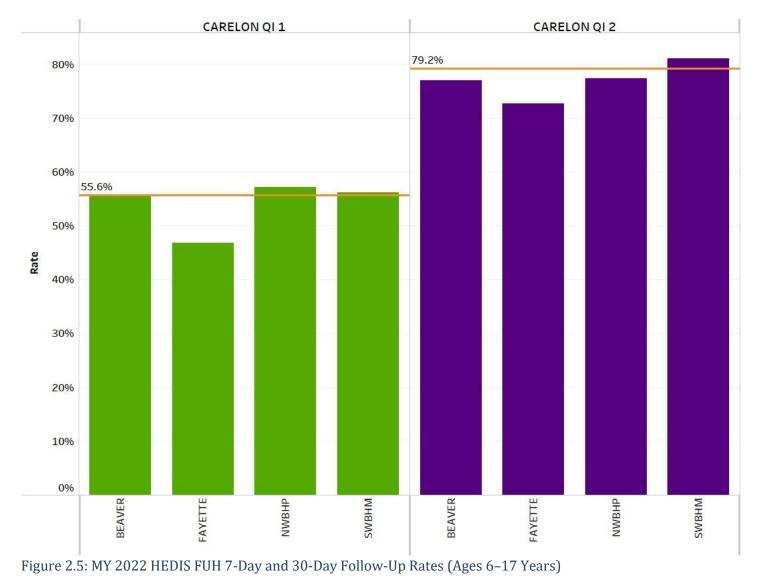
							MY 2022 Rate	MY 2022 Rate			
				MY 2022	MY 2022		Comparison to	Comparison to			
Measure <sup>1</sup>	MY 2022 (N)	MY 2022 (D)	MY 2022 %	95% CI Lower	95% Cl Upper	MY 2021 %	MY 2021 PPD	MY 2021 SSD			
QI 1 – HEDIS 7-Day Follow-Up (Ages 6–17 Years)											
Statewide	3881	7144	54.3%	53.2%	55.5%	52.3%	2.0	Yes			
Carelon	621	1116	55.6%	52.7%	58.6%	57.6%	-2.0	No			
Beaver	70	126	55.6%	46.5%	64.6%	52.7%	2.9	No			
Fayette	36	77	46.8%	N/A	N/A	71.7%	-24.9	N/A			
NWBHP	136	238	57.1%	50.6%	63.6%	54.5%	2.7	No			
SWBHM	379	675	56.1%	52.3%	60.0%	57.6%	-1.4	No			
QI 2 – HEDIS 30-Day F	ollow-Up (Ages 6-	-17 Years)									
Statewide	5406	7144	75.7%	74.7%	76.7%	75.9%	-0.2	No			
Carelon	884	1116	79.2%	76.8%	81.6%	82.9%	-3.7	Yes			
Beaver	97	126	77.0%	69.2%	84.7%	78.6%	-1.6	No			
Fayette	56	77	72.7%	N/A	N/A	89.4%	-16.7	N/A			
NWBHP	184	238	77.3%	71.8%	82.8%	78.0%	-0.7	No			
SWBHM	547	675	81.0%	78.0%	84.1%	85.4%	-4.4	Yes			

Table 2.3: MY 2022 HEDIS FUH 7-Day and 30-Day Follow-Up Indicators (Ages 6–17 Years)

<sup>1</sup>Due to rounding, a PPD value may slightly diverge from the difference between the MY 2022 and MY 2021 rates.

MY: measurement year; HEDIS: Healthcare Effectiveness Data and Information Set; FUH: Follow-Up After Hospitalization for Mental Illness; CI: confidence interval; N: numerator; D: denominator; PPD: percentage-point difference; SSD: statistically significant difference; QI: quality indicator; NWBHP: Northwest Behavioral Health Partnership, Inc.; SWBHM: Southwest Behavioral Health Management, Inc.; N/A: not applicable, confidence intervals were not calculated if denominators of rates contained fewer than 100 members.

**Figure 2.5** is a graphical representation of the MY 2022 HEDIS FUH 7-day and 30-Day follow-up rates in the ages 6–17 years population for Carelon and its associated Primary Contractors. The orange line represents the MCO average.



**Figure 2.6** shows the HC BH (statewide) rates for this age cohort and the individual Primary Contractor rates that were statistically significantly higher (blue) or lower (red) than the statewide rate.

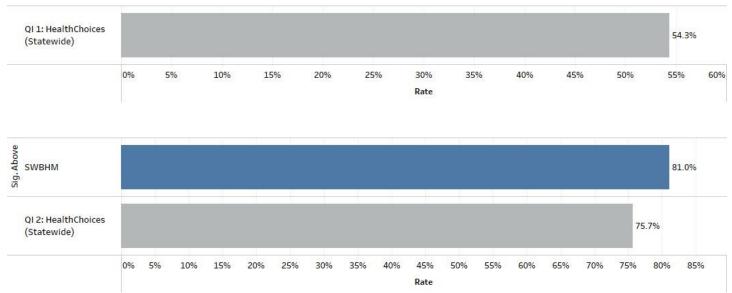


Figure 2.6: SSDs in Carelon Contractor MY 2022 HEDIS FUH Rates (Ages 6–17 Years) Carelon Primary Contractor MY 2022 HEDIS FUH rates for 6–17 years of age that are statistically significantly different than statewide rates.

#### **II: PA-Specific Follow-Up Indicators**

#### a) Overall Population: Ages 6+ Years

Table 2.4 shows the MY 2022 PA-specific FUH 7-day and 30-day follow-up indicators for all ages compared to MY 2021.

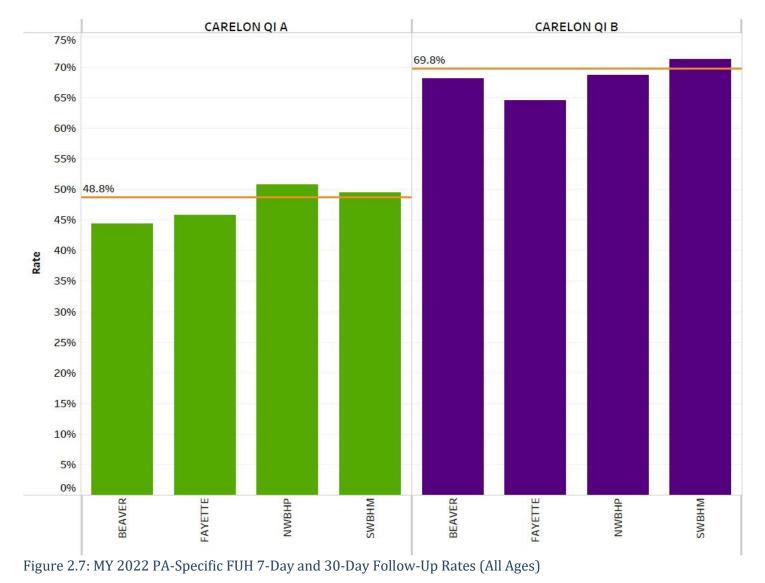
Measure <sup>1</sup>	MY 2022 (N)	MY 2022 (D)	MY 2022 %	MY 2022 95% Cl Lower	MY 2022 95% Cl Upper	MY 2021 %	MY 2022 Rate Comparison to MY 2021 PPD	MY 2022 Rate Comparison to MY 2021 SSD		
QI A – PA-Specific 7-Day Follow-Up (All Ages)										
Statewide	15210	34916	43.6%	43.0%	44.1%	48.8%	-5.3	Yes		
Carelon	2360	4841	48.8%	47.3%	50.2%	51.8%	-3.0	Yes		
Beaver	262	590	44.4%	40.3%	48.5%	48.6%	-4.2	No		
Fayette	207	452	45.8%	41.1%	50.5%	48.2%	-2.4	No		
NWBHP	455	895	50.8%	47.5%	54.2%	50.9%	-0.1	No		
SWBHM	1436	2904	49.4%	47.6%	51.3%	53.4%	-3.9	Yes		
QI B – PA-Specific 3	0-Day Follow-Up (	All Ages)								
Statewide	21363	34916	61.2%	60.7%	61.7%	65.9%	-4.7	Yes		
Carelon	3378	4841	69.8%	68.5%	71.1%	71.7%	-1.9	Yes		
Beaver	402	590	68.1%	64.3%	72.0%	69.2%	-1.0	No		
Fayette	292	452	64.6%	60.1%	69.1%	67.2%	-2.6	No		
NWBHP	615	895	68.7%	65.6%	71.8%	70.0%	-1.3	No		
SWBHM	2069	2904	71.2%	69.6%	72.9%	73.8%	-2.6	Yes		

Table 2.4: MY 2022 PA-Specific FUH 7-Day and 30-Day Follow-Up Indicators (All Ages)	Table 2.4: MY 2022 PA-Specific F	UH 7-Day and 30-Day	y Follow-Up Indicators	(All Ages)
---	----------------------------------	---------------------	------------------------	------------

<sup>1</sup>Due to rounding, a PPD value may slightly diverge from the difference between the MY 2022 and MY 2021 rates.

MY: measurement year; FUH: Follow-Up After Hospitalization for Mental Illness; CI: confidence interval; N: numerator; D: denominator; PPD: percentage-point difference; SSD: statistically significant difference; QI: quality indicator; NWBHP: Northwest Behavioral Health Partnership, Inc.; SWBHM: Southwest Behavioral Health Management, Inc.

**Figure 2.7** is a graphical representation of the MY 2022 PA-specific follow-up rates for Carelon and its associated Primary Contractors. The orange line represents the MCO average.



**Figure 2.8** shows the HC BH (statewide) rates and the individual Primary Contractor rates that were statistically significantly higher (blue) or lower (red) than the statewide rate.

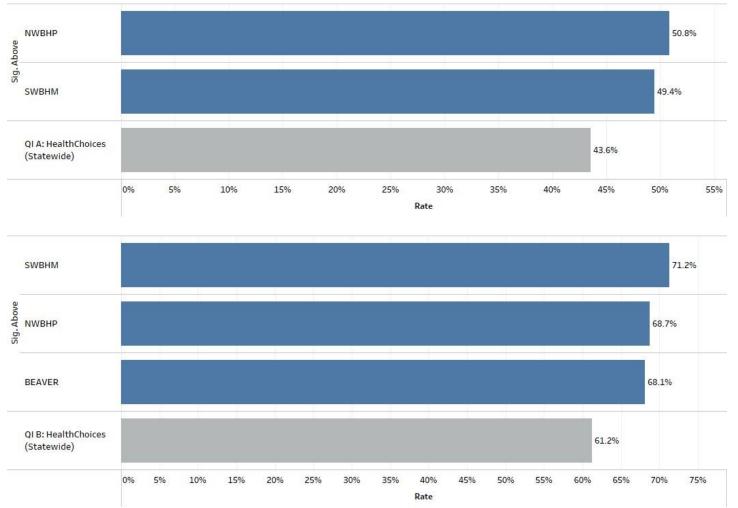


Figure 2.8: SSDs in Carelon Contractor MY 2022 PA-Specific FUH Rates (All Ages) Carelon Primary Contractor MY 2022 PA-specific FUH rates for all ages that are statistically significantly different than statewide rates.

#### **III: Readmission Indicators**

The results are presented at the BH-MCO and then Primary Contractor level. Year-to-year comparisons of MY 2022 to MY 2021 data are provided. Additionally, as appropriate, disparate rates were calculated for various categories. The significance of the difference between two independent proportions was determined by calculating the *Z* score. Statistically significant difference (SSD) at the 0.05 level between groups is noted, as well as the PPD between the rates.

Individual rates were also compared to the categorical average. Rates statistically significantly above or below the average are indicated.

Lastly, aggregate rates were compared to the OMHSAS-designated PM goal of 11.75%. Individual BH-MCO and Primary Contractor rates are *not* required to be statistically significantly below 11.75% in order to meet the PM goal (**Table 2.5**).

							MY 2022 Rate	MY 2022 Rate
				MY 2022	MY 2022		Comparison to	Comparison to
Measure <sup>1,2</sup>	MY 2022 (N)	MY 2022 (D)	MY 2022 %	95% Cl Lower	95% Cl Upper	MY 2021 %	MY 2021 PPD	MY 2021 SSD
Inpatient Readmission								
Statewide	5821	44420	13.1%	12.8%	13.4%	13.2%	-0.1	No
Carelon	618	5408	11.4%	10.6%	12.3%	13.1%	-1.6	Yes
Beaver	55	606	9.1%	6.7%	11.4%	11.2%	-2.1	No
Fayette	57	521	10.9%	8.2%	13.7%	10.1%	0.9	No
NWBHP	115	1019	11.3%	9.3%	13.3%	12.6%	-1.3	No
SWBHM	391	3262	12.0%	10.9%	13.1%	14.2%	-2.2	Yes

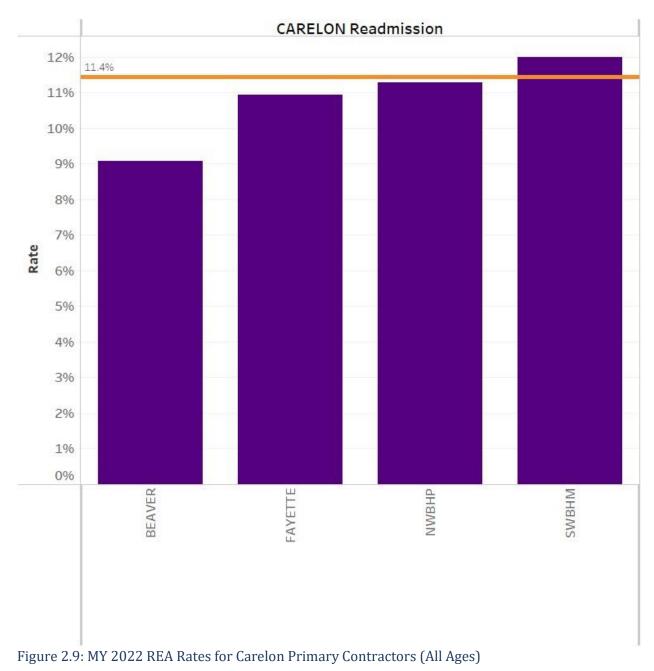
#### Table 2.5: MY 2022 REA Readmission Indicators (All Ages)

<sup>1</sup>The OMHSAS-designated PM goal is a readmission rate at or below 11.75%.

<sup>2</sup> Due to rounding, a PPD value may slightly diverge from the difference between the MY 2022 and MY 2021 rates.

MY: measurement year; REA: Readmission Within 30 Days of Inpatient Psychiatric Discharge; CI: confidence interval; N: numerator; D: denominator; PPD: percentage-point difference; SSD: statistically significant difference; NWBHP: Northwest Behavioral Health Partnership, Inc.; SWBHM: Southwest Behavioral Health Management, Inc.

**Figure 2.9** is a graphical representation of the MY 2022 readmission rates for Carelon and its associated Primary Contractors. The orange line represents the MCO average.



**Figure 2.10** shows the HC BH (statewide) readmission rate and the individual Carelon Primary Contractors that performed statistically significantly higher (red) or lower (blue) than the statewide rate.

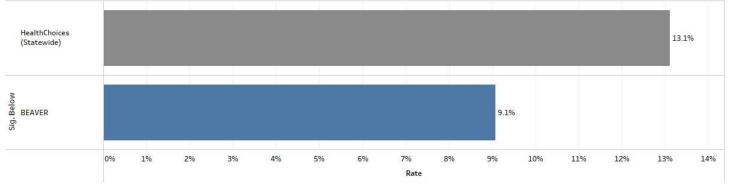


Figure 2.10: SSDs in Carelon Primary Contractor MY 2022 REA Rates (All Ages) Carelon Primary Contractor MY 2022 REA rates for all ages that are statistically significantly different than statewide rates.

## **Recommendations**

MY 2022 FUH rates continued their long decline for most of Carelon's Primary Contractors for most of the age cohorts measured. Carelon's HEDIS FUH All Ages rates were below the HEDIS Quality Compass<sup>®</sup> 75th percentiles. In contrast, Carelon's psychiatric readmission rates improved (declined) and even surpassed the statewide goal by falling under 11.75%. The improvement was statistically significant at the MCO level, and, importantly, REA rates fell for most of the Primary Contractors (i.e., the improvement was systemic). The fact that follow-up rates worsened suggest that the improvement in readmission rates was driven by factors other than those related to follow-up services.

Efforts should continue to be made to improve FUH performance, particularly for those BH-MCOs that performed below the HC BH statewide rate. The following are recommendations that are informed by the MY 2022 review:

- The purpose of this remeasurement study is to inform OMHSAS, the Primary Contractors, and the BH-MCOs of the effectiveness of the interventions implemented between 2013 and 2022, which included actions taken as part of the previous PIP cycle, to promote continuous quality improvement with regard to timely follow-up care after psychiatric hospitalization. Carelon reports in its RCAs that, in addition to the factors identified last year, staff turnover, especially at inpatient facilities, has disrupted workflows and processes, including for discharge planning and follow-up. Carelon's empirical drilldowns on available data suggest that the value-based payment (VBP) arrangement, as well as specific interventions including use of peer support specialists at critical points in the workflow, are helping to improve FUH rates for these intervention cohorts.
- IPRO concurs with Carelon's findings and proposed remediations in its HEDIS FUH 7-day and 30-day QIPs, which
  center on addressing previously identified barriers while working with facilities to promote documentation of
  workflows, contacts, and other relevant shared knowledge related to discharge planning and follow-up. Carelon's
  excellent monitoring plan, including its comprehensive care coordination process measure, if successfully
  implemented, will continue to yield insights to inform ways to expand on some promising improvements and finally
  increase its overall FUH rates.
- It is essential to ensure that improvements are consistent, sustained across MYs, and applicable to all groups. As
  previously noted, although not enumerated in this report, further stratified comparisons such as Medicaid
  Expansion versus non-Medicaid Expansion were carried out in a separate 2023 (MY 2022) FUH Rates Report
  produced by the EQRO and made available to BH-MCOs in an interactive Tableau® workbook. BH-MCOs and Primary
  Contractors should review their data mechanisms to accurately identify this population. Previous recommendations
  still hold. For example, it is important for BH-MCOs and Primary Contractors to analyze performance rates by racial
  and ethnic categories and to target the populations where these racial and ethnic disparities may exist. The BHMCOs and Primary Contractors should continue to focus interventions on populations that exhibit lower follow-up
  rates. Further, it is important to examine regional trends in disparities. Possible reasons for racial-ethnic disparities
  include access, cultural competency, and community factors; these and other drivers should be evaluated to
  determine their potential impact on performance. The 2023 (MY 2022) FUH Rates Report is one source BH-MCOs
  can use to investigate potential health disparities in FUH.
- BH-MCOs and Primary Contractors are encouraged to review the 2023 (MY 2022) FUH Rates Report in conjunction with the corresponding 2023 (MY 2022) REA Rates Report. The BH-MCOs and Primary Contractors should engage in a focused review of those individuals who had an inpatient psychiatric readmission in less than 30 days to determine the extent to which those individuals either did or did not receive ambulatory follow-up/aftercare visit(s) during the interim period.

As stated, Carelon saw significant reductions in psychiatric readmission rates in MY 2022 and was the only BH-MCO to achieve the statewide goal of keeping readmission rates at or below 11.75%. In response to the 2022 study, the following are recommendations for improving (reducing) readmission rates after psychiatric discharge:

- Carelon should examine what changes occurred in network composition, service delivery, data management, or other factors that may have contributed to its success so that it may build on the improvements made in MY 2022.
- The information contained within this study should be used to further develop strategies for decreasing the
  likelihood that at-risk members will be readmitted. In 2020, the BH-MCOs concluded a PIP that focused on
  improving transitions to ambulatory care from inpatient psychiatric services. A PIP starting in 2021 builds on the
  previous PIP by, among other things, including a performance indicator that measures mental health-related
  readmissions within 30 days of a discharge for SUD. BH-MCOs are expected to bring about meaningful improvement
  in BH readmission rates for this subpopulation with comorbid BH conditions and for their HC BH members more

generally. To that end, the Primary Contractors and BH-MCOs participating in this study should identify interventions that are effective at reducing BH readmissions. The Primary Contractors and BH-MCOs should continue to conduct additional root cause and barrier analyses to identify further impediments to successful transition to ambulatory care after an acute inpatient psychiatric discharge and then implement action and monitoring plans to further decrease their rates of readmission.

- The BH-MCOs and Primary Contractors should continue to focus interventions on populations that exhibit higher readmission rates (e.g., urban populations). Comparisons among demographic groups were carried out in a separate 2023 (MY 2022) REA Rates Report produced by the EQRO, which is being made available to BH-MCOs in an interactive Tableau workbook.
- BH-MCOs and Primary Contractors are encouraged to review the 2023 (MY 2022) REA Rates Report in conjunction with the 2023 (MY 2022) FUH Rates Report. The BH-MCOs and Primary Contractors should engage in a focused review of those individuals who had an inpatient psychiatric readmission within 30 days to determine the extent to which those individuals either did or did not receive ambulatory follow-up/aftercare visit(s) during the interim period.

# **III: Compliance with Medicaid Managed Care Regulations**

# **Objectives**

This section of the EQR report presents a review by IPRO of the BH-MCO's compliance with the MMC structure and operations standards. In review year (RY) 2022, 67 PA counties participated in this compliance evaluation.

Operational reviews are completed for each HC-OE. The Primary Contractor, whether contracting with an OE arrangement or not, is responsible for their regulatory compliance with federal and state regulations and the HC BH PS&R Agreement. The HC BH PS&R Agreement includes the Primary Contractor's responsibility for the oversight of the BH-MCO's compliance.

Beaver, Fayette, and the Southwest Six counties (comprising Armstrong, Butler, Indiana, Lawrence, Washington, and Westmoreland counties) hold contracts with Carelon. The OE for the Southwest Six counties is SWBHM. NWBHP (comprising Crawford, Mercer, and Venango counties) also holds a contract with Carelon. DHS contracted directly with Carelon to manage the HC BH Program for Greene County. However, on January 1, 2022, Greene County joined BHARP and thereby transitioned its BH-MCO contracting to CCBH. **Table 3.1** shows the name of the HC-OE, the associated HC Primary Contractor(s), and the county/counties encompassed by each Primary Contractor.

HealthChoices Oversight Entity	Primary Contractor	County
Beaver County Behavioral Health	Beaver County Behavioral Health	Beaver County
Northwest Behavioral Health	Northwest Behavioral Health Partnership, Inc.	Crawford County
Partnership, Inc.		Mercer County
		Venango County
Fayette County Behavioral Health Administration	Fayette County Behavioral Health Administration	Fayette County
Southwest Behavioral Health	Southwest Behavioral Health Management, Inc.	Armstrong County
Management, Inc. (Southwest Six)	(Southwest Six)	Indiana County
		Butler County
		Lawrence County
		Westmoreland County
		Washington County

#### Table 3.1: Carelon HealthChoices Oversight Entities, Primary Contractors, and Counties

The findings in this section of the report are based on IPRO's assessment of data provided by OMHSAS resulting from the evaluation of Carelon by OMHSAS monitoring staff within the past three RYs (RYs 2022, 2021, and 2020). These evaluations are performed at the BH-MCO and Primary Contractor levels, and the findings are reported in the SMART application for 2022. OMHSAS opts to review compliance standards on a rotating basis due to the complexities of multi-county reviews. Some standards are reviewed annually, while others are reviewed triennially. In addition to those standards reviewed annually and triennially, some substandards are considered Readiness Review items only. Substandards reviewed at the time of the Readiness Review upon initiation of the HC BH Program contract are documented in the RAI. If the Readiness Review occurred within the three-year timeframe under consideration, the RAI was provided to IPRO. For those Primary Contractors and BH-MCOs that completed their Readiness Reviews outside of the current three-year timeframe, the Readiness Review substandards were deemed as complete. As necessary, the HC BH PS&R are also used.

# **Description of Data Obtained**

The documents informing the current report include the review of structure and operations standards completed by OMHSAS in late 2022 and entered into the SMART application as of early 2023. Information captured within the SMART application informs this report. The SMART application contains a comprehensive set of monitoring standards that OMHSAS staff review on an ongoing basis for each BH-MCO. Within each standard, the SMART application specifies the substandards or items for review, the supporting documents to be reviewed to determine compliance with each standard, the date of the review, the reviewer's initials, and an area to collect or capture additional reviewer comments. Based on the SMART application, a BH-MCO is evaluated against substandards that crosswalk to pertinent BBA regulations ("categories"), as well as against related supplemental OMHSAS-specific SMART substandards that are part of OMHSAS's more rigorous monitoring criteria.

The standards that are subject to EQR review are contained in *Title 42 CFR Part 438*, Subparts D and E, as well as specific requirements in Subparts A, B, C, and F to the extent that they interact with the relevant provisions in Subparts D and E. Substandard tallies for each category and section roll-up were correspondingly updated. From time to time, standards or substandards may be modified to reflect updates to the Final Rule and corresponding BBA provisions or changes to state standards. As changes are made to EQR reporting requirements, IPRO works with PA OMHSAS to update its crosswalk to the PS&R Agreement, SMART data, Information Systems Capability Assessments (ISCAs), external audit findings, and any other relevant data that pertain to federal provisions or state standards. Standards or substandards that are introduced or retired are done so following the rotating three-year schedule for all five BH-MCOs. This may, in turn, change the category tally of standards from one reporting year to the next. A null value is indicated where no crosswalk was available for a given provision for the RY period or no data for the applicable RY period were available for the reviewed managed care plan (MCP). The CMS EQRO protocols released in 2023<sup>2</sup> included modifications to the BBA provisions that are now required for reporting. These updates to reporting include the addition of three new federal standards (Disenrollment, Enrollee Rights, and Emergency and Post-Stabilization Services) with results becoming available for MCPs following the aforementioned three-year schedule.

As was done for prior technical reports, review findings pertaining to the required BBA regulations are presented in this chapter. The review findings for selected OMHSAS-specific substandards are reported in **Appendix C**. The RY 2022 crosswalks of substandards to pertinent BBA regulations and to pertinent OMHSAS-specific substandards can be found in **Appendix A** and **Appendix B**, respectively.

Because OMHSAS's review of the Primary Contractors and their subcontracted BH-MCOs occurs over a three-year cycle, OMHSAS has the flexibility to assess compliance with the review standards on a staggered basis, provided that all BBA categories are reviewed within that timeframe. The three-year period is alternatively referred to as the Active Review period. The substandards from RY 2022, RY 2021, and RY 2020 provided the information necessary for the 2022 assessment. Those triennial standards not reviewed through the system in RY 2022 were evaluated on their performance based on RY 2021 and/or RY 2020 determinations, or other supporting documentation, if necessary. For those HC-OEs that completed their Readiness Reviews within the three-year timeframe under consideration, RAI substandards were evaluated when none of the substandards crosswalked to a particular BBA category were reviewed.

For Carelon, a total of 88 unique substandards were applicable for the evaluation of BH-MCO compliance with the BBA regulations for this review cycle or period (RYs 2022, 2021, 2020). In addition, 31 OMHSAS-specific substandards were identified as being related to, but are supplemental to, the BBA regulation requirements. Some substandards crosswalk to more than one BBA category, while each BBA category crosswalks to multiple substandards. In **Appendix C**, **Table C.1** provides a count of supplemental OMHSAS-specific substandards that are not required as part of BBA regulations but are reviewed within the three-year cycle to evaluate the BH-MCO and the associated Primary Contractors against other state-specific structure and operations standards.

**Table 3.2** tallies the substandard reviews used to evaluate the BH-MCO compliance with the BBA regulations and includes counts of the substandards that came under active review during each year of the current period (RYs 2020–2022). Substandard counts under RY 2022 comprised annual and triennial substandards. Substandard counts under RYs 2021 and 2020 comprised only triennial substandards. By definition, only the last review of annual substandards is counted in the three-year period. Because substandards may crosswalk to more than one category, the total tally of substandard reviews in **Table 3.2**, 124, differs from the unique count of substandards that came under active review (88).

	Evaluated Substan		SMART Substandards Under Active Review <sup>2</sup>					
BBA Regulations	Total	NR	2022	2021	2020			
CMS EQR Protocol 3 "sections" – Standards, inclu	ding Enrollee F	Rights and Pro	tections					
Assurances of Adequate Capacity and Services ( <i>Title 42 CFR § 438.207</i> )	5	-	5	-	-			
Availability of Services (Title 42 CFR § 438.206, Title 42 CFR § 10(h))	24	-	16	6	2			
Confidentiality (Title 42 CFR § 438.224)	4	-	4	-	-			
Coordination and Continuity of Care ( <i>Title 42 CFR § 438.208</i> )	2	-	-	-	2			
Coverage and Authorization of Services (Title 42 CFR § 438.210(a–e), Title 42 CFR § 441, Subpart B, and § 438.114)	4	-	2	-	2			
Disenrollment Requirements and Limitations ( <i>Title 42 CFR § 438.56</i> )	1	-	1	-	-			
Emergency and Post-Stabilization Services ( <i>Title 42 CFR § 438.114</i> )	5	-	5	-	-			
Enrollee Rights Requirements ( <i>Title 42 CFR § 438.100</i> )	6	-	1	5	-			
Health Information Systems ( <i>Title 42 CFR § 438.242</i> )	6	-	6	-	-			
Practice Guidelines (Title 42 CFR § 438.236)	6	-	4	-	2			
Provider Selection (Title 42 CFR § 438.214)	3	-	-	3	-			
Subcontractual Relationships and Delegation ( <i>Title 42 CFR § 438.230</i> )	8	-	8	-	-			
CMS EQR Protocol 3 "sections" – Quality Assessm	ent and Perfor	mance Impro	vement Program	n				
Quality Assessment and Performance Improvement Program ( <i>Title 42 CFR § 438.330</i> )	33	-	27	6	-			
CMS EQR Protocol 3 "sections" – Grievance System								
Grievance and Appeal Systems ( <i>Title 42 CFR § 438 Parts 228, 402, 404, 406, 408, 410, 414, 416, 420, 424</i> )	17	-	2	-	15			
Total	124	-	81	20	23			

#### Table 3.2: Tally of Substandards Pertinent to BBA Regulations Reviewed for Carelon

<sup>1</sup>The total number of substandards required for the evaluation of Primary Contractor/BH-MCO compliance with the BBA regulations. Any substandards not reviewed indicate substandards that were deemed not applicable to the Primary Contractor/BH-MCO. <sup>2</sup>The number of substandards that came under active review during the cycle specific to the review year. Because substandards may crosswalk to more than one category, the total tally of substandard reviews, 124, differs from the unique count of substandards that came under active review (88).

BBA: Balanced Budget Act; SMART: Systematic Monitoring, Access, and Retrieval Technology; NR: substandards not reviewed; CMS: Centers for Medicare & Medicaid Services; EQR: external quality review; CFR: Code of Federal Regulations; §: section.

# **Determination of Compliance**

To evaluate Primary Contractor/BH-MCO compliance with individual provisions, IPRO grouped the required and relevant SMART substandards by provision (category) and evaluated the Primary Contractors' and BH-MCO's compliance status with regard to the SMART substandards. Each substandard was assigned a value of "compliant," "partially compliant," or "non-compliant" in the SMART application submitted by PA. If a substandard was not evaluated for a particular Primary Contractor/BH-MCO, it was assigned a value of "not reviewed." Compliance with the BBA provisions was then determined based on the aggregate results across the three-year period of the SMART items linked to each provision. If all items were met, the Primary Contractor/BH-MCO was evaluated as compliant; if some were met and some were partially met or not met, the Primary Contractor/BH-MCO was evaluated as partially compliant. If all items were not met, the Primary Contractor/BH-MCO was evaluated as non-compliant. A value of not applicable (N/A) was assigned to provisions for which a compliance review was not required. A value of null was assigned to a provision when none of the existing substandards directly covered the items contained within the provision, or if it was not covered in any other documentation provided. Finally, all compliance results within a given category were aggregated to arrive at a summary compliance status for the category. For example, compliance findings relating to provider network mix and capacity are summarized under Assurances of Adequate Capacity and Services, *Title 42 CFR § 438.207*.

The format for this section of the report was developed to be consistent with the categories prescribed by BBA regulations. This document groups the regulatory requirements under subject headings that are consistent with the three sections set out in the BBA regulations and described in Protocol 3: Review of Compliance with Medicaid and CHIP Managed Care Regulations.<sup>2</sup> Under each general section heading are the individual regulatory categories appropriate to those headings. IPRO's findings are therefore organized under Standards, including Enrollee Rights and Protections; QAPI Program; and Grievance System.

This format reflects the goal of the review, which is to gather sufficient foundation for IPRO's required assessment of the Primary Contractor/BH-MCO's compliance with BBA regulations as an element of the analysis of their strengths and weaknesses. In addition, this level of analysis avoids any redundancy with the detailed level of review found in the documents.

## Findings

Eighty-eight unique substandards were used to evaluate Carelon and its Primary Contractors' compliance with BBA regulations in RY 2022.

## Standards, Including Enrollee Rights and Protections

The general purpose of the regulations included in this section is to ensure that each Primary Contractor/BH-MCO has written policies regarding enrollee rights, complies with applicable federal and state laws that pertain to enrollee rights, and ensures that its staff and affiliated providers take into account those rights when furnishing services to enrollees. **Table 3.3** presents the MCO and Primary Contractor substandard findings by categories.

	Category	мсо		Substandard Status		
Federal Category and CFR Reference	Substandard	Compliance Status	Primary Contractor	Fully Compliant	Partially Compliant	Not Compliant
Assurances of Adequate Capacity and Services ( <i>Title 42 CFR §</i> 438.207)		Partially compliant	Northwest Behavioral Health Partnership, Inc., Southwest Behavioral Health Management, Inc.	1.1, 1.2, 1.4, 1.5, 1.6	-	-
			Beaver County, Fayette County	1.2, 1.5, 1.6	1.1, 1.4	-

#### Table 3.3: Compliance with Standards, Including Enrollee Rights and Protections

	Category	МСО		S	ubstandard Statu	JS
Federal Category	Substandard	Compliance	Primary	Fully	Partially	
and CFR Reference	Count	Status	Contractor	Compliant	Compliant	Not Compliant
Availability of Services ( <i>Title 42 CFR §</i> <i>438.206</i> )	24	Partially compliant	Northwest Behavioral Health Partnership, Inc., Southwest Behavioral Health Management, Inc.	1.1, 1.2, 1.3, 1.4, 1.5, 1.6, 1.7, 23.1, 23.2, 23.3, 23.4, 23.5, 24.1, 24.2, 24.3, 24.4, 24.5, 24.6, 93.1, 93.2, 93.3, 93.4	28.1, 28.2	-
			Beaver County, Fayette County	1.2, 1.3, 1.5, 1.6, 1.7, 23.1, 23.2, 23.3, 23.4, 23.5, 24.1, 24.2, 24.3, 24.4, 24.5, 24.6, 93.1, 93.2, 93.3, 93.4	1.1, 1.4, 28.1, 28.2	-
Confidentiality ( <i>Title 42 CFR §</i> 438.224)	4	Compliant	All Carelon Primary Contractors	120.1, 142.1, 144.1, 145.1	-	-
Coordination and Continuity of Care ( <i>Title 42 CFR §</i> <i>438.208</i> )	2	Partially compliant	All Carelon Primary Contractors	-	28.1, 28.2	-
Coverage and Authorization of Services ( <i>Title 42 CFR §</i> 438.210(a–e), § 441, Subpart B, and § 438.114)	4	Partially compliant	All Carelon Primary Contractors	72.1, 72.2	28.1, 28.2	-
Disenrollment Requirements and Limitations ( <i>Title 42 CFR §</i> 438.56)	1	Compliant	All Carelon Primary Contractors	120.1	-	-
Emergency and Post-Stabilization Services ( <i>Title 42 CFR §</i> 438.114)	5	Compliant	All Carelon Primary Contractors	72.2, 91.3, 91.5, 91.7, 91.9	-	-
Enrollee Rights Requirements ( <i>Title 42 CFR §</i> <i>438.100</i> )	6	Compliant	All Carelon Primary Contractors	11.2, 24.3, 24.4, 24.5, 24.6, 72.2	-	-

	Category	МСО		Substandard Status		
Federal Category and CFR Reference	Substandard	Compliance Status	Primary Contractor	Fully Compliant	Partially Compliant	Not Compliant
Health Information Systems ( <i>Title 42 CFR §</i> 438.242)	6	Compliant	All Carelon Primary Contractors	120.1, 141.1, 142.1, 143.1, 144.1, 145.1	-	-
Practice Guidelines ( <i>Title 42 CFR §</i> 438.236)	6	Partially compliant	All Carelon Primary Contractors	93.1, 93.2, 93.3, 93.4	28.1, 28.2	-
Provider Selection ( <i>Title 42 CFR §</i> 438.214)	3	Compliant	All Carelon Primary Contractors	10.1, 10.2, 10.3	-	-
Subcontractual Relationships and Delegation ( <i>Title 42 CFR §</i> 438.230)	8	Compliant	All Carelon Primary Contractors	99.1, 99.2, 99.3, 99.4, 99.5, 99.6, 99.7, 99.8	-	-

MCO: managed care organization; CFR: Code of Federal Regulations; §: section.

There are 12 categories within Standards, including Enrollee Rights and Protections. Carelon and its Primary Contractors were compliant with seven categories and partially compliant with five categories.

There were 74 substandard reviews for Carelon and its Primary Contractors within Compliance with Standards, including Enrollee Rights and Protections. Carelon and its Primary Contractors were compliant in 60 reviews and partially compliant in 14 reviews. Some substandards apply to more than one BBA category. As a result, one partially compliant or non-compliant rating for an individual substandard could result in several BBA categories with partially compliant or non-compliant ratings.

#### Assurances of Adequate Capacity and Services

Carelon and its Primary Contractors were partially compliant with Assurances of Adequate Capacity and Services due to partial compliance with Substandard 1 and Substandard 4 of Standard 1 (RY 2022).

**Standard 1:** The Program must include a full array of in plan services available to adults and children. Provider contracts are in place.

**Substandard 1:** Updated Provider Network Report, to include the following: A completed listing of all contracted and credentialed providers; Maps to demonstrate 30 minutes (20 miles) urban, and 60 minutes (45 miles) rural access timeframes (the mileage standards is used by DOH) for each level of care; Group all providers by type of service, e.g., all outpatient providers should be listed on the same page or consecutive pages.

**Substandard 4:** The BH-MCO has identified and addressed any gaps in provider network (e.g., cultural, special priority, needs populations or specific services).

#### Availability of Services

Carelon and its Primary Contractors were partially compliant with Availability of Services due to partial compliance with Substandard 1 and Substandard 4 of Standard 1 (RY 2022) and partial compliance with Substandard 1 and Substandard 2 of Standard 28 (RY 2020).

**Standard 1:** See Standard description and determination of compliance under Assurances of Adequate Capacity and Services.

**Substandard 1:** See substandard description and determination of compliance under Assurances of Adequate Capacity and Services.

**Substandard 4:** See substandard description and determination of compliance under Assurances of Adequate Capacity and Services.

**Standard 28:** BH-MCO has a comprehensive, defined program of care that incorporates longitudinal disease management.

**Substandard 1:** Clinical/chart reviews reflect appropriate consistent application of medical necessity criteria and active care management that identify and address quality of care concerns.

**Substandard 2:** The medical necessity decision made by the BH-MCO Physician/Psychologist Advisor is supported by documentation in the denial record and reflects appropriate application of medical necessity criteria.

### Coordination and Continuity of Care

Carelon and its Primary Contractors were partially compliant with Coordination and Continuity of Care due to partial compliance with Substandard 1 and Substandard 2 of Standard 28 (RY 2020).

Standard 28: See Standard description and determination of compliance under Availability of Services.
 Substandard 1: See substandard description and determination of compliance under Availability of Services.
 Substandard 2: See substandard description and determination of compliance under Availability of Services.

#### *Coverage and Authorization of Services*

Carelon and its Primary Contractors were partially compliant with Coverage and Authorization of Services due to partial compliance with Substandard 1 and Substandard 2 of Standard 28 (RY 2020).

Standard 28: See Standard description and determination of compliance under Availability of Services.
 Substandard 1: See substandard description and determination of compliance under Availability of Services.
 Substandard 2: See substandard description and determination of compliance under Availability of Services.

#### **Practice Guidelines**

Carelon and its Primary Contractors were partially compliant with Practice Guidelines due to partial compliance with Substandard 1 and Substandard 2 of Standard 28 (RY 2020).

Standard 28: See Standard description and determination of compliance under Availability of Services.
 Substandard 1: See substandard description and determination of compliance under Availability of Services.
 Substandard 2: See substandard description and determination of compliance under Availability of Services.

#### **Quality Assessment and Performance Improvement Program**

The general purpose of the regulations included under this subpart is to ensure that all services available under PA's MMC program, the HC Program, are available and accessible to MCO enrollees. The documents include an assessment of the Primary Contractors/BH-MCO's compliance with regulations found in Subpart D. **Table 3.4** presents the findings by categories consistent with the regulations.

Table 3.4: Compliance with Q	uality Assessment and Performa	ance Improvement Program
------------------------------	--------------------------------	--------------------------

Federal Category	Category	МСО		S	ubstandard Stat	us
and CFR Reference	Substandard Count	Compliance Status	Primary Contractor	Fully Compliant	Partially Compliant	Not Compliant
Quality Assessment and Performance Improvement Program ( <i>Title 42 CFR §</i> <i>438.330</i> )	33	Partially compliant	All Carelon Primary Contractors	91.1, 91.2, 91.3, 91.4, 91.5, 91.6, 91.7, 91.8, 91.9, 91.10, 91.11, 91.12, 91.13, 91.15, 93.1, 93.2, 93.3, 93.4, 98.1, 98.2, 98.3, 100.1, 104.1, 104.2, 104.3, 104.4, 108.2, 108.5, 108.6, 108.7, 108.8, 108.10	91.14	-

MCO: managed care organization; CFR: Code of Federal Regulations; §: section.

For this review, 33 substandards were crosswalked to QAPI Program. All 33 substandards were reviewed for Carelon and its Primary Contractors were compliant with 32 substandards and partially compliant with one substandard.

#### **Quality Assessment and Performance Improvement Program**

Carelon and its Primary Contractors were partially compliant with QAPI Program due to partial compliance with Substandard 14 of Standard 91 (RY 2022).

**Standard 91:** Completeness of the BH-MCO's Quality Management (QM) Program Description, QM Work Plan and Annual QM Program Evaluation. The BH-MCO has a quality management program that includes a plan for ongoing quality assessment and performance improvement. The BH-MCO conducts performance improvement projects (PIPs) that are designed to achieve, through ongoing measurements and intervention, significant improvement, sustained over time, in clinical care and non-clinical care areas that are expected to have a favorable effect on health outcomes and member satisfaction. The QM plans emphasize high-volume and high-risk services and treatment including IBHS.

**Substandard 14:** The QM Work Plan outlines other performance improvement activities to be conducted based on the findings of the Annual Evaluation and any Corrective Actions required from previous reviews.

#### **Grievance System**

The general purpose of the regulations included under this subpart is to ensure that enrollees have the ability to pursue grievances. The documents include an assessment of the Primary Contractor/BH-MCO's compliance with regulations found in Subpart F. **Table 3.5** presents the findings by categories consistent with the regulations.

#### Table 3.5: Compliance with Grievance System

Federal Category	Category	мсо		Substandard Status		
and CFR Reference	Substandard Count	Compliance Status	Primary Contractor	Fully Compliant	Partially Compliant	Not Compliant
Grievance and Appeal Systems (Title 42 CFR §	17	Partially compliant	All Carelon Primary Contractors	60.1, 60.2, 68.1, 68.2, 68.3, 68.4,	60.3	68.9
438 Parts 228, 402, 404, 406,				68.7, 71.1, 71.2, 71.3,		
408, 410, 414, 416, 420, 424)				71.4, 71.7, 71.9, 72.1, 72.2		

MCO: managed care organization; CFR: Code of Federal Regulations; §: section.

For this review, 17 substandards were crosswalked to Grievance System. All 17 substandards were reviewed for Carelon and its Primary Contractors. Carelon and its Primary Contractors were compliant with 15 substandards, partially compliant with one substandard, and non-compliant with one substandard.

#### **Grievance and Appeal Systems**

Carelon and its Primary Contractors were partially compliant with Grievance and Appeal System due to partial compliance with Substandard 3 of Standard 60 (RY 2020) and non-compliance with Substandard 9 of Standard 68 (RY 2020).

#### Standard 60: Complaint and Grievance Staffing and Policies and Procedures.

**Substandard 3:** The BH-MCO's Complaint and Grievance policies and procedures comply with the requirements set forth in Appendix H.

**Standard 68:** The Complaint and Fair Hearing processes, procedures and Member rights related to the processes are made known to Members, BH-MCO staff and the provider network through manuals, training, handbooks, etc.

**Substandard 9:** Complaint case files include documentation of any referrals of Complaint issues to Primary Contractor/BH-MCO committees for further review and follow-up. Evidence of subsequent corrective action and follow-up by the respective Primary Contractor/BH-MCO Committee must be available to the Complaint staff, either by inclusion in the Complaint case file or reference in the case file to where the documentation can be obtained for review.

# **IV: Validation of Network Adequacy**

## **Objectives**

As set forth in *Title 42 CFR § 438.358*, validation of network adequacy is a mandatory EQR activity. *Title 42 CFR § 438.68(a)* requires states that contract with an MCP to deliver services, as well as develop, monitor, and enforce network adequacy standards consistent with the requirements under *Title 42 CFR § 438.68(b)(1)(iii)* and *§ 457.1218*. For BH, those requirements include: applying quantitative network adequacy standards, ensuring timely access to services, ensuring provider accessibility, allowing access to out-of-network providers, documenting an MCO's capacity to serve all enrollees, and adhering to the 2008 Mental Health Parity and Addictions Equity Act (MHPAEA) regulations on treatment limitations.<sup>8</sup> The EQRO is expected to validate network adequacy reporting for each MCP that assesses the confidence level of network adequacy findings for each applicable standard. EQRO validation is limited to assessment of the validity of network adequacy findings and does not include assessment of the network adequacy standards themselves. The purpose of this section is to report the EQRO's validation assessment of network adequacy findings for the BH-MCO and its associated Primary Contractors. In accordance with the updates to the CMS EQRO protocols released in February 2023,<sup>2</sup> the EQRO is to conduct six activities, as outlined in **Table 4.1**.

Activity	Category
Define the scope of the validation	Planning
Identify data sources for validation	Planning
Review information systems	Analysis
Validate network adequacy	Analysis
Communicate preliminary findings to MCO	Reporting
Submit findings to the state	Reporting
ACO: managed care organization	

MCO: managed care organization.

Starting in February 2024, states must have in place a network adequacy monitoring and reporting program that stipulates state standards for the applicable plan type and corresponding quantitative indicators for network adequacy and collects data, analyzes those data, and reports findings on network adequacy on a regular basis. Regardless of whether network adequacy monitoring and reporting is conducted by the MCO or the state, the EQRO is expected to assess the validity of data collected on each applicable indicator, as well as the validity of the analyses and resulting findings. While MY 2022 predates the publication of the February 2023 protocol, IPRO was able to work with PA OMHSAS on the six EQR activities. These activities enumerated the relevant standards and corresponding indicators that were in effect in MY 2022, collected MY 2022 results, and, finally, assessed the validity of those results.

## **Technical Methods of Data Collection and Analysis**

IPRO gathered information from PA OMHSAS to conduct preliminary network adequacy validation activities using worksheets 4.1, 4.2, and 4.3 of the 2023 CMS EQR protocols. PA OMHSAS completed the three worksheets, which listed and described: the network adequacy standards that were in effect for the MY (Worksheet 4.1), the quantitative indicators used to assess compliance with the network adequacy standards (Worksheet 4.2), and the data source(s) used for each indicator (Worksheet 4.3). IPRO supplemented this information using results from an ISCA conducted on the MCO in 2023. Using this information, IPRO then assessed the data sources and data collection procedures for validity, including measurement validity, accuracy, and completeness. For MY 2022, network adequacy monitoring and reporting were carried out by PA using its Medicaid Enterprise Monitoring Module (MEMM) to collect and analyze data, submitted by the MCO, on geographic access by provider type. Results are compared to its network adequacy standards and recorded in its SMART compliance application at the Primary Contractor level. An extract of the SMART data for MY 2022 was then shared with IPRO.

## **Description of Data Obtained**

**Table 4.2** summarizes the state network adequacy standards that were applicable to BH-MCOs and their Primary Contractors in MY 2022, the frequencies of data reporting by the MCO, and corresponding network adequacy indicators.

## Table 4.2 BH-MCO Network Adequacy Standards and Indicators Applicable in MY 2022

TADIE 4.2 DIT-MCO NELWORK A	dequacy Standards and Indicat	Data and Documentation	
Network Adequacy		Submitted by MCO	Network Adequacy
Standard	Applicable Drovider Type	-	Indicator
	Applicable Provider Type	(Frequency)	
The Primary Contractor and	Intensive Behavioral Health	Provider network data files	Proportion of
its BH-MCO must maintain a	Services	(weekly)	members living in an
Provider network for all	Clozaril Support	Provider network data files	urban designated
Members which is		(weekly)	county who have
geographically accessible to	Medically Managed Intensive	Provider network data files	access to each level of
Members. All levels of care	Inpatient Services	(weekly)	care within 30 minutes
must be accessible in a	(ASAM Level 4)		travel time from their
timely manner. Members	Medically Managed Intensive	Provider network data files	residence; proportion
must have a choice of at	Inpatient Withdrawal	(weekly)	of members living in a
least two Providers.	Management		rural designated
	(ASAM Level 4 WM)		county who have
	Drug and Alcohol Methadone	Provider network data files	access to each level of
	Maintenance	(weekly)	care within 60 minutes
	Drug and Alcohol Outpatient	Provider network data files	travel time from their
		(weekly)	residence.
	Family Based Mental Health	Provider network data files	
	Services	(weekly)	
	Inpatient Psychiatric – Adult	Provider network data files	
		(weekly)	
	Inpatient Psychiatric –	Provider network data files	
	Child/Adolescent	(weekly)	
	Mental Health Crisis	Provider network data files	
	Intervention	(weekly)	
	Mental Health Outpatient	Provider network data files	
	(Psychiatric Clinic)	(weekly)	
	Mental Health Partial	Provider network data files	
	Hospitalization –	(weekly)	
	Child/Adolescent		
	Peer Support	Provider network data files	
		(weekly)	
	Residential Treatment	Provider network data files	
	Facility (RTF)	(weekly)	
	Targeted Case Management	Provider network data files	4
	(TCM)	(weekly)	
	Center of Excellence	Provider network data files	
	(OUD Treatment)	(weekly)	
		(WEEKIY)	l

BH-MCO: behavioral health managed care organization; ASAM: American Society of Addiction Medicine; WM: withdrawal management.

## Findings

One network adequacy indicator for each applicable provider type was used by PA OMHSAS to measure compliance by the MCO and its Primary Contractors on the network adequacy standard that was in place in MY 2022. IPRO's ISCA of Carelon in MY 2022 revealed Carelon utilizes Quest Analytics<sup>®</sup> Suite software and reporting to monitor provider network adequacy across geographic areas. The ISCA showed that Carelon adequately met Information Systems utility requirements for reviewing provider network adequacy. The provider network data files are submitted to PA's MEMM and subsequently analyzed each year by OMHSAS to calculate rates for the network adequacy indicator for each provider category. These results are then recorded under Primary Contractor results for Substandard 1.2 in the SMART application:

**Standard 1:** The Program must include a full array of in-plan services available to adults and children. Provider contracts are in place.

**Substandard 2:** 100% of members given choice of two providers at each level of care within 30/60 miles urban/rural met.

For MY 2022, Carelon and all of its Primary Contractors were found to be fully compliant (for all provider categories) with Substandard 1.2 and the corresponding network adequacy standard.

After review of the relevant ISCA findings, network adequacy data, and methods, IPRO has high confidence in the validity of these MY 2022 results.

# **V: Quality Studies**

## **Objectives**

The purpose of this section is to describe quality studies performed in 2022 for the HC population. The studies are included in this report as optional EQR activities that occurred during the RY.<sup>1</sup>

### **Integrated Community Wellness Centers**

In 2019, PA DHS made the decision to discontinue participation in the Certified Community Behavioral Health Clinic (CCBHC) Demonstration but to continue and build on the CCBHC model in a PA DHS-administered ICWC program under an MMC agreement with CMS. The purpose of the CCBHC Demonstration was to develop and test an all-inclusive (and all-payer) prospective payment system model for community clinics to integrate behavioral and physical health care services in a more seamless manner. The model is centered on the provision of nine core services. Crisis services, BH screening, assessment and diagnosis, treatment planning, and outpatient mental health and substance use services, along with outpatient clinic primary care screening and monitoring, are provided or managed directly by the ICWC clinics. The remaining four services, including targeted case management, peer support, psychiatric rehabilitation services, and intensive community-based mental health care to members of the armed forces and veterans, may be provided through a contract with a designated collaborating organization (DCO). To receive CCBHC certification, clinics also had to provide a minimum set of evidence-based practices (EBP), which was selected based on community needs assessments and centered on recovery-oriented care and support for children, youth, and adults. Under ICWC, the same nine core services of the CCBHC model are provided under PA's HC MMC program using a similar bundled payment arrangement with clinics certified to participate as ICWC clinics. For the first year of ICWC, 2020, the following original seven clinics were invited to participate in the new program: Berks Counseling Center (located in Reading, PA), CenClear (with a clinic site in Clearfield, PA and in Punxsutawney, PA), the Guidance Center (located in Bradford, PA), Northeast Treatment Centers (located in Philadelphia, PA), Pittsburgh Mercy (located in Pittsburgh, PA), and Resources for Human Development (located in Bryn Mawr, PA). Although none of the participating clinics are in Carelon's network, discussion of ICWC is included in this report to account for any possible utilization of ICWC services among Carelon's members.

## **Description of Data Obtained**

Like CCBHC, ICWC features a process measure dashboard, hosted by the EQRO. Clinics enter monthly, quarterly, and year-to-date (YTD) data into a REDCap<sup>®</sup> project that feeds, on a weekly basis, a server-based Tableau workbook in which clinics are able to monitor progress on the implementation of their ICWC model. Using the dashboard, clinics in 2022 tracked and reported on clinical activities in a range of quality domains reflecting the priorities of the initiative: clinic membership, process, access and availability, engagement, evidence-based practices, and client satisfaction. The Tableau workbook also featured a comparative display that showed clinic and statewide results on each process measure.

## **Findings**

In 2022, the number of individuals receiving at least one core service dropped to 15,345 from 22,690 in 2021. The unweighted average (across all the clinics) of the number of days until initial evaluation increased to 12.4 days from 10.8 days in 2021. In the area of depression screening and follow-up, 89% of positive screenings resulted in the documentation of a follow-up plan the same day. A little over 2,700 individuals within the ICWC program received drug and alcohol outpatient or intensive outpatient treatment during the period, down 50% from 5,400 in 2021.

Process measures reflect important progress in increasing both the access and quality of community-based care for individuals with BH conditions, but the ICWC quality measures are designed to more meaningfully measure the impact of these efforts. Under the CMS-approved ICWC preprint, a subset of the CCBHC measures is reported to CMS on an annual CY basis, along with the HEDIS FUI measure. **Table 5.1** summarizes how well the ICWC clinics performed on quality measures compared to applicable performance targets and national benchmarks.

## Table 5.1: ICWC Quality Performance Compared to Targets and National Benchmarks

Table 5.1: ICWC Quality Performance Compared	ICWC CY	Comparison		
Measure	2022 Weighted Average	ICWC CY 2022 Performance Target	Benchmark Performance	
Follow-Up After High-Intensity Care for Substance Use Disorder (FUI) – 7 day	13.0%	32.5%	Between the 5th and 10th percentiles of the HEDIS 2023 Quality Compass	
Follow-Up After High-Intensity Care for Substance Use Disorder (FUI) – 30 day	21.0%	53.8%	Below the 5th percentile of the HEDIS 2023 Quality Compass	
Follow-Up Care for Children Prescribed ADHD Medication (ADD) – Initiation	66.0%	80.2%	Above the 95th percentile of the HEDIS 2023 Quality Compass	
Follow-Up Care for Children Prescribed ADHD Medication (ADD) – Continuation and Maintenance	75.0%	81.5%	Above the 95th percentile of the HEDIS 2023 Quality Compass	
Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence (FUA) – 7 day	43.8%	26.7%	Between the 90th and 95th percentiles of the HEDIS 2023 Quality Compass	
Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence (FUA) – 30 day	66.7%	39.0%	Above the 95th percentile of the HEDIS 2023 Quality Compass	
Follow-Up After Emergency Department Visit for Mental Illness (FUM) – 7 day	100%	100%	Above the 95th percentile of the HEDIS 2023 Quality Compass	
Follow-Up After Emergency Department Visit for Mental Illness (FUM) – 30 day	100%	100%	Above the 95th percentile of the HEDIS 2023 Quality Compass	
Initiation and Engagement of Alcohol and Other Drug Abuse or Dependence Treatment (IET), ages 18–64 years – Initiation	21.9%	N/A	Below the 5th percentile of the HEDIS 2023 Quality Compass	
Initiation and Engagement of Alcohol and Other Drug Abuse or Dependence Treatment (IET), ages 18–64 years – Engagement	7.2%	N/A	Between the 10th and 25th percentiles of the HEDIS 2023 Quality Compass	
Follow-Up After Hospitalization for Mental Illness, ages 18–64 years (FUH-A) – 7 day	10.6%	30.2%	Below the 5th percentile of the HEDIS 2023 Quality Compass	
Follow-Up After Hospitalization for Mental Illness, ages 18–64 years (FUH-A) – 30 day	19.1%	41.6%	Below the 5th percentile of the HEDIS 2023 Quality Compass	
Follow-Up After Hospitalization for Mental Illness, ages 6–17 years (FUH-C) – 7 day	19.5%	43.8%	Between the 5th and 10th percentiles of the HEDIS 2023 Quality Compass	
Follow-Up After Hospitalization for Mental Illness, ages 6–17 years (FUH-C) – 30 day	28.3%	55.6%	Below the 5th percentile of the HEDIS 2023 Quality Compass	
Antidepressant Medication Management (AMM) – Acute	56.1%	62.5%	Between the 25th and 33rd percentiles of the HEDIS 2023 Quality Compass	

	ICWC CY	Comparison		
	2022	ICWC CY 2022		
	Weighted	Performance		
Measure	Average	Target	Benchmark Performance	
Antidepressant Medication Management	39.8%	38.5%	Between the 25th and 33rd	
(AMM) - Continuation			percentiles of the HEDIS 2023	
			Quality Compass	
Adherence to Antipsychotic Medications for	55.9%	62.1%	Between the 25th and 33rd	
Individuals with Schizophrenia (SAA)			percentiles of the HEDIS 2023	
			Quality Compass	
Diabetes Screening for People with	77.3%	85.0%	Between the 25th and 33rd	
Schizophrenia or Bipolar Disorder			percentiles of the HEDIS 2023	
Who Are Using Antipsychotic Medications (SSD)			Quality Compass	
Plan All-Cause Readmissions Rate (PCR) –	30.0%	3.8%	N/A (HEDIS 2023 Quality	
Observed Rate			Compass Observed Rate	
			benchmarks not available)	
Child and Adolescent Major Depressive	59.5%	100%	Between the 70th and 80th	
Disorder (MDD): Suicide Risk Assessment			percentiles of the MIPS 2023	
(SRA-BH-C)			(eCQM)	
Adult Major Depressive Disorder (MDD):	32.2%	100%	Between the 50th and 60th	
Suicide Risk Assessment (SRA-A)			percentiles of the MIPS 2023	
	/		(eCQM)	
Screening for Depression and Follow-Up Plan	36.8%	47.5%	Between the 50th and 60th	
(CDF-BH)			percentiles of the MIPS 2023	
	62.20/	45.00/	(eCQM)	
Depression Remission at Twelve Months	63.3%	15.0%	Above the 95th percentile of	
(DEP-REM-12)	42.7%	62.5%	the MIPS 2023 (eCQM) Between the 10th and 20th	
Body Mass Index (BMI) Screening and Follow- Up Plan	42.7%	02.5%	percentiles of the MIPS 2023	
			(eCQM)	
Weight Assessment for Children/Adolescents:	63.9%	80.0%	Between the 80th and 90th	
Body Mass Index Assessment for	03.570	00.070	percentiles of the MIPS 2023	
Children/Adolescents (WCC-BH)			(eCQM)	
Tobacco Use: Screening and Cessation	87.4%	N/A	Between the 60th and 70th	
Intervention (TSC)			percentiles of the MIPS 2023	
			(CQM)	
Unhealthy Alcohol Use: Screening and Brief	65.5%	N/A	Between the 50th and 60th	
Counseling (ASC)			percentiles of the MIPS 2023	
			(CQM)	
ICINIC: Interneted Community Mulliness Conten, LIEDIC, I			· · ·	

ICWC: Integrated Community Wellness Center; HEDIS: Healthcare Effectiveness Data and Information Set; ADHD: attention deficit/hyperactivity disorder; MIPS: Merit-Based Incentive Pay System; eCQM: electronic clinical quality measure; CQM: clinical quality measure; N/A: not applicable, no performance target was set for measurement year 2022.

Quality measures where the ICWC clinics met or surpassed targets include: Follow-Up After Emergency Department Visit for Mental Illness (FUM), Antidepressant Medication Management (AMM) – Continuation, and Depression Remission at Twelve Months (DEP-REM-12).

# VI: MCO Responses to 2022 EQR Recommendations

## **Current and Proposed Interventions**

The general purpose of this section is to assess the degree to which each BH-MCO has effectively addressed the opportunities for improvement cited by IPRO in the 2022 (MY 2021) EQR annual technical report and in the 2023 (MY 2022) FUH All Ages Goal Report.

The BH-MCOs are required by OMHSAS to submit descriptions of current and proposed interventions using the Opportunities for Improvement form developed by IPRO to ensure that responses are reported consistently across the PA Medicaid BH-MCOs. These activities follow a longitudinal format and are designed to capture information relating to:

- follow-up actions that the BH-MCO has taken through June 30, 2023, to address each recommendation;
- future actions that are planned to address each recommendation;
- when and how future actions will be accomplished;
- the expected outcome or goals of the actions that were taken or will be taken; and
- the BH-MCO's process(es) for monitoring the action to determine the effectiveness of the actions taken.

The documents informing the current report include the MCO responses submitted to IPRO in September 2023 to address partial and non-compliant standards findings, as well as any additional relevant documentation provided by the BH-MCO.

The request for MCO response to the opportunities for improvement related to MY 2021 underperformance in the HEDIS FUH All Ages measures was distributed, along with the MY 2021 results, in January 2023. The RCA and QIP form similarly provides for a standardized format for BH-MCOs to describe root causes of underperformance and propose a detailed QIP to address those factors, complete with a timeline of implementation, monitoring, and reporting activities. BH-MCOs submitted their responses by March 17, 2023, and the Primary Contractors submitted their responses by March 31, 2023.

## **Quality Improvement Plan for Partial and Non-compliant SMART Standards**

All actions targeting opportunities for improvement with the structure and operational standards are monitored for effectiveness by OMHSAS. Based on the OMHSAS findings for RY 2021, Carelon began to address opportunities for improvement related to compliance categories within the three CMS sections pertaining to compliance with MMC regulations. Within Compliance with Standards, including Enrollee Rights and Protections, Carelon was partially compliant with the following BBA categories: Assurances of Adequate Capacity, Availability of Services, Coordination and Continuity of Care, Coverage and Authorization of Services, and Practice Guidelines. Within CMS EQR Protocol 3: QAPI Program, Carelon was partially compliant with QAPI. Within Compliance with Grievance System, Carelon was partially compliant with Grievance and Appeal Systems. Proposed actions and evidence of actions taken by Carelon were monitored through action plans, technical assistance calls, monitoring meetings, and quality and compliance reviews. OMHSAS will continue these monitoring activities until sufficient progress has been made to bring Carelon into compliance with the relevant Standards.

The embedded document presents Carelon's responses to opportunities for improvement cited by IPRO in the 2022 (MY 2021) EQR annual technical report, detailing current and proposed interventions. Original references to "PEPS" have been replaced with "SMART." Objects originally embedded within the MCO response have been removed as exhibits. The entire MCO response is available upon request.



## **Root Cause Analysis and Quality Improvement Plan**

For PMs that are noted as opportunities for improvement in the EQR annual technical report, BH-MCOs are required to submit:

- a goal statement;
- RCA and analysis findings;
- action plan to address findings;
- implementation dates; and
- a monitoring plan to assure action is effective and to address what will be measured and how often that measurement will occur.

In 2023, OMHSAS made a few important changes to the PM remediation process. First, it added REA to the process by requiring BH-MCOs and Primary Contractors to submit QIPs for rates above the statewide goal of 11.75%. BH-MCOs assigned a QIP are also required to complete an RCA that informs their QIP. Furthermore, QIPs must address any racial or ethnic disparities in PM rates. Finally, OMHSAS extended the timeframe of RCAs and QIPs to every two years. This is designed to give interventions more time to work while reducing the administrative burden.

In MY 2022, Carelon scored below the HEDIS Quality Compass 75th percentile on both the HEDIS FUH 7-day and 30-day measures and, as a result, was required to complete an RCA and QIP response for both measures. Carelon's REA rate was better than the 11.75% benchmark, and no RCA or QIP was required.

The embedded documents present Carelon's responses to opportunities for improvement cited by IPRO in the 2022 (MY 2021) EQR annual technical report, detailing current and proposed interventions. Objects originally embedded within the MCO response have been removed as exhibits. The entire MCO response is available upon request.





## VII: 2023 Strengths, Opportunities for Improvement, and Recommendations

This section provides an overview of Carelon's MY 2022 performance with identified strengths and opportunities for improvement in the following areas: structure and operations standards, PIPs, and PMs. This section also provides an assessment of the strengths and weaknesses of Carelon with respect to (a) quality, (b) timeliness, and (c) access to the health care services furnished by each MCO, prepaid inpatient health plan (PIHP), prepaid ambulatory health plan (PAHP), or primary care case management (PCCM) entity, as described in *Title 42 CFR 438.310(c)(2)*.

## **Strengths**

- Under MMC regulations, Carelon was fully compliant with the provisions under Confidentiality, Disenrollment Requirements and Limitations, Emergency and Post-Stabilization Services, Enrollee Rights Requirements, Health Information Systems, Provider Selection, and Subcontractual Relationships and Delegations.
- Carelon's MY 2022 REA rate for the All Ages population significantly improved over the previous year and met the OMHSAS-designated performance goal of being at or below 11.75%.
- For MY 2022, Carelon and all of its Primary Contractors were found to be fully compliant (for all provider categories) with Standard 1.2 and the corresponding network adequacy standard. After review of the relevant ISCA findings, network adequacy data, and methods, IPRO has high confidence in the validity of these MY 2022 results.

## **Opportunities for Improvement**

- Based on review of Carelon's Year 2 PIP report, there is moderate confidence that the PIP adhered to acceptable methodology for all phases of design and data collection, data analysis, and interpretation of PIP results.
- There is moderate confidence that the PIP produced evidence of significant improvement.
- Carelon's MY 2022 HEDIS 7-day and 30-day FUH rates (QI 1 and QI 2) for ages 18–64 years and ages 6+ years fell below their respective HEDIS Quality Compass 75<sup>th</sup> percentiles.
- Carelon's MY 2022 HEDIS 30-day FUH rate (QI 1) for ages 6–17 years fell from the previous year.
- Carelon's MY 2022 PA-specific 7-day and 30-day FUH rates (QI A and QI B) for ages 6+ years fell from the previous year.
- Review of Compliance with Standards conducted by PA in RY 2020, RY 2021, and RY 2022 found Carelon to be partially compliant with three sections associated with MMC regulations:
  - Carelon was partially compliant with 5 out of 12 categories within Compliance with Standards, including Enrollee Rights and Protections. The partially compliant categories are: 1) Assurances of Adequate Capacity, 2) Availability of Services, 3) Coordination and Continuity of Care, 4) Coverage and Authorization of Services, and 5) Practice Guidelines.
  - o Carelon was partially compliant with the single category of QAPI Program.
  - o Carelon was partially compliant with the single category of Grievance and Appeal Systems within Grievance System.

## **Assessment of Quality, Timeliness, and Access**

Responsibility for **quality** of, **timeliness** of, and **access** to health care services and supports is distributed among providers, payers, and Primary Contractors. Due to the BH carve-out within PA's HC program, BH-MCOs and physical health managed care organizations (PH-MCOs) operate under separate contracts, with BH-MCOs contracting with non-overlapping Primary Contractors, making this distribution even more complex. However, when it comes to improving healthcare quality, timeliness, and access, the BH-MCO can focus on factors within its control.

**Table 7.1** details the full list of recommendations that are made for the MCO for each of the applicable EQR activities. For PIPs, the recommendations are based on the review that was conducted for MY 2022. The PIP recommendations may include issues from prior years if they remain unresolved. For PMs, the strengths and opportunities noted above in this section summarize findings from the current report, while recommendations are based on issues that were not only identified as opportunities from the current report but were also identified as outstanding opportunities from last year's EQR technical report.

## Table 7.1: EQR Recommendations

Fable 7.1: EQR Recommendations						
EQR	MY 2021		MY 2022			
Task/Measure	Recommendation	MY 2022 Finding	Recommendation	Standards		
•	vement Projects (PIPs)					
Prevention, Early	IPRO advised that any	Based on review of Carelon's	As relates to Rating 1,	Quality,		
Detection,	and all PIP	Year 2 report, there is	IPRO recommends the	Timeliness,		
Treatment, and	intervention activities	moderate confidence that the	following:	Access		
Recovery	would need to be	PIP adhered to acceptable	Data collection,			
(PEDTAR) for	monitored using ITMs.	methodology for all phases of	monitoring, and			
Substance Use	In addition, the	design and data collection, data	analysis plans			
Disorders	population health	analysis, and interpretation of	(Methodology section)			
	strategy intervention	PIP results (Rating 1). The	should be updated to			
	was discontinued	validation findings generally	reflect the new ITMs.			
	entirely, effective 2022. IPRO advised	indicate that the credibility of the PIP results is not at risk.	<ul> <li>There is a need to conduct a data-driven</li> </ul>			
	that Carelon would	However, results must be				
	need to find a suitable	interpreted with some caution.	analysis (informed by a logic model of change)			
	population health	There is moderate confidence	of the potential			
	strategy going forward	that the PIP produced evidence	intervention-related			
	to satisfy this required	of significant improvement	causes of observed			
	component of the PIP.	(Rating 2). Carelon showed	changes in			
		marked improvement in all of	performance indicators,			
		the PIP performance indicators	starting with an			
		except for MAT-OUD, which	analysis of trends in the			
		remains relatively unchanged	ITMs.			
		since baseline. IET –				
		Engagement also showed	As relates to Rating 2,			
		improvement. That said, how	IPRO recommends the			
		much improvement can be	following:			
		attributed to the PIP	• ITMs should be re-			
		interventions remains unclear.	examined for			
		As Carelon mentioned in their	measurement validity,			
		report, specification changes in	as performance			
		MHR and SAR complicate	indicators improved			
		analysis. It is also difficult to	despite downward			
		interpret findings from the	trends for some ITMs.			
		ITMs. It is noteworthy that ITM	<ul> <li>If warranted (based</li> </ul>			
		1c, which relates to member	on findings), the PIP's			
		level intervention (case	logic model of change			
		rounds), has trended	should be reassessed			
		downward despite observed	and updated. This may			
		improvements in many of the	entail a reassessment			
		overall indicators, adding to the	of the hypothesized			
		difficulty in attributing	effectiveness of the			
		performance indicator	interventions.			
		improvements to the PIP itself.				
Performance Measu						
HEDIS Follow-Up	IPRO concurs with	Carelon's HEDIS FUH MY 2022	IPRO concurs with	Timeliness,		
After	Carelon's findings of	rates were below the HEDIS	Carelon's findings of its	Access		
Hospitalization for	its RCA and proposed	Quality Compass 75th	RCA and proposed			
Mental Illness	remediations in its	percentiles. Most the MY 2022	remediations in its QIP,			
(FUH)	QIP, which center on	FUH rates (for most of the	which center on			
	addressing: COVID-19	Primary Contractors for most	addressing previously			

EQR	MY 2021		MY 2022	
Task/Measure	Recommendation	MY 2022 Finding	Recommendation	Standards
	fatigue through provider engagement and VBP interventions, increasing timely outreach post- discharge, while addressing social determinants of health, and improving communication and coordination among providers and related resources.	age groups) decreased from the previous year. Carelon reports in its RCAs that, in addition to the factors identified last year, staff turnover, especially at inpatient facilities, have disrupted workflows and processes, including for discharge planning and follow- up. Carelon's excellent empirical drilldowns on available data suggest that the VBP arrangement, as well as specific interventions including use of peer support specialists at critical points in the workflow, are helping to improve FUH rates.	identified barriers while working with facilities to promote documentation of workflows, contacts, and other relevant shared knowledge related to discharge planning and follow-up. Carelon's excellent monitoring plan, including its comprehensive care coordination process measure, if successfully implemented, will continue to yield insights to inform ways to expand on some promising improvements and finally increase its overall FUH rates.	
PA FUH	IPRO concurs with Carelon's findings of its RCA and proposed remediations in its QIP, which center on addressing: COVID-19 fatigue through provider engagement and VBP interventions, increasing timely outreach post- discharge, while addressing social determinants of health, and improving communication and coordination among providers and related resources.	Most the MY 2022 FUH rates (for most of the Primary Contractors for most age groups) decreased from the previous year. See HEDIS FUH.	See HEDIS FUH.	Timeliness, Access
Readmission Within 30 Days of Inpatient Psychiatric Discharge (REA)	Carelon should continue to conduct RCA into the drivers of readmissions among members discharged from an inpatient psychiatric stay. It should leverage the	Carelon's REA rates improved (declined) and even surpassed the statewide goal by falling under 11.75%. The improvement was statistically significant at the MCO level, and importantly, REA rates fell for most of the Primary	Carelon should examine what changes occurred in network composition, service delivery, data management, or other factors that may have contributed to its	Timeliness, Access

EQR	MY 2021		MY 2022	
Task/Measure	Recommendation	MY 2022 Finding	Recommendation	Standards
	barrier analyses	Contractors (i.e., the	success so that it may	
	already conducted for	improvement was systemic).	build on the	
	its PEDTAR PIP, but		improvements made in	
	also conduct		MY 2022.	
	additional RCA for			
	members without			
	AOD diagnoses.			
Compliance with M	edicaid Managed Care Re	gulations		
Assurances of	Carelon was partially	Carelon and its Primary	Carelon should work	Quality,
Adequate	compliant with a	Contractors except Beaver and	with Beaver and	Timeliness,
Capacity and	substandard that	Fayette counties were	Fayette counties to	Access
Services	100% of members	compliant with the	ensure all reporting	
	given choice of two	substandards associated with	requirements are met.	
	providers at each level	this compliance category.		
	of care within 30/60	Beaver and Fayette counties		
	miles urban/rural met.	were partially compliant with		
	The Primary	two substandards due to		
	Contractors with	deficiencies in reporting gaps in		
	Carelon were not fully	care and rural versus urban		
	compliant for all	access.		
	applicable levels of			
	care. Carelon should			
	work with these			
	contractors to expand			
	its network, if needed,			
	to come into			
	compliance at all			
	applicable levels of			
A	care.	Construction Difference		
Availability of	In addition to the	Carelon and its Primary	Prior recommendations	Quality,
Services	above-mentioned	Contractors counties were	for the triennial	Timeliness,
	partial compliance on	partially compliant with two	substandard	Access
	provider choice,	triennial substandards	deficiencies remain until next review.	
	Carelon was partially compliant with two	associated with this compliance category centered on a defined	Carelon should work	
	substandards	program of care that	with Beaver and	
	centered on a defined	incorporates longitudinal	Fayette counties to	
	program of care that	disease management. In	ensure all reporting	
	incorporates	addition, Beaver and Fayette	requirements are met.	
	longitudinal disease	counties were partially	requirements are met.	
	management. Carelon	compliant with two		
	should focus on	substandards due to		
	rationalizing allocation	deficiencies in reporting gaps in		
	of case management	care and rural versus urban		
	resources which will	access.		
	furthermore			
	strengthen			
	documentation			
	related to the			
	application of medical			
	necessity criteria.			
1			I	

EQR	MY 2021		MY 2022	
Task/Measure	Recommendation	MY 2022 Finding	Recommendation	Standards
Coordination and Continuity of Care	Carelon was partially compliant with two substandards centered on a defined program of care that incorporates longitudinal disease management. Carelon should focus on rationalizing allocation of case management resources which will furthermore strengthen documentation related to the application of medical necessity criteria	Carelon and its Primary Contractors counties were partially compliant with two triennial substandards centered on a defined program of care that incorporates longitudinal disease management.	Prior recommendations for the triennial substandard deficiencies remain until next review.	Quality, Timeliness, Access
Coverage and Authorization of Services	necessity criteria. In addition to the partial compliance centered on defining a program of care, Carelon was found partially compliant on the substandard that denial notices be issued to members according to required timeframes and use the required template language. IPRO notes here the Corrective Action Plan Required, namely: Carelon must ensure that when requested services are denied, approved services are clearly stated to members in the denial letter. This can be accomplished by using the appropriate OMHSAS- approved templates.	Carelon and its Primary Contractors fully addressed the noted deficiency related to denial notices. All Primary Contractors counties were partially compliant with two triennial substandards associated with this compliance category centered on a defined program of care that incorporates longitudinal disease management.	Prior recommendations for the triennial substandard deficiencies remain until next review.	Quality, Timeliness, Access
Practice Guidelines	Carelon was partially compliant with two substandards centered on a defined program of care that incorporates longitudinal disease	Carelon and its Primary Contractors counties were partially compliant with two triennial substandards associated with this compliance category centered on a defined program of care that	Prior recommendations for the triennial substandard deficiencies remain until next review.	Quality, Timeliness, Access

EQR	MY 2021		MY 2022	
Task/Measure	Recommendation	MY 2022 Finding	Recommendation	Standards
	management. Carelon	incorporates longitudinal		
	should focus on	disease management.		
	rationalizing allocation			
	of case management			
	resources which will			
	furthermore			
	strengthen			
	documentation			
	related to the			
	application of medical			
Quality	necessity criteria.	Conclea, and its Drive and		Quality
Quality	Carelon was found	Carelon and its Primary	IPRO concurs with	Quality,
Assessment and	partially compliant	Contractors fully addressed the	OMHSAS's	Timeliness,
Performance	with substandards	noted deficiencies concerned	recommendation: The	Access
Improvement	concerned with the	with the QM Program	2021 and 2022 QM	
(QAPI) Program	QM Program	Description and Work Plan. In	Work Plans identified	
	Description and Work	MY 2022, however, Carelon	the same performance	
	Plan. IPRO concurs	and its Primary Contractors	improvement areas	
	with OMHSAS'	were partially compliant with	based on the program	
	recommendations and	one substandard requiring that	evaluation findings.	
	corrective action plan:	the QM Work Plan outline	Carelon should	
	The Program	other performance	consider a meaningful	
	Description states that	improvement activities to be	analysis of these areas	
	Quality Improvement	conducted based on the	and whether there has	
	Activities/Projects will	findings of the annual	been any progress in	
	be identified for	evaluation and any corrective	the past three years	
	improvement in	actions required from previous	that may allow for a	
	clinical care and	reviews.	more specific or	
	services areas, but		targeted goal. Progress	
	specific Performance		toward integration of	
	Improvement Projects		provider profiles and	
	are not identified. The		VBP performance	
	Work Plan lists data to		metrics, successes, or	
	be collected under		challenges in the	
	each activity and		PEDTAR PIP;	
	mentions members		identification of	
	with special health		challenging areas in the	
	needs. It is		satisfaction surveys;	
	recommended that		identified health	
	this information be		disparities; changes in	
	stated and more		rates of MAT; and	
	clearly described in		completed	
	the Program		implementation of SRE	
	Description. For the		policies may prompt	
	OMHSAS CAP, Carelon		the identification of	
	needs to clarify goals		more specific	
	and activities in the		performance	
	2022 Work Plan to		improvement areas.	
	identify specific and			
	measurable goals.			
		1	1	L

EQR	MY 2021		MY 2022	
Task/Measure	Recommendation	MY 2022 Finding	Recommendation	Standards
Grievance and	Carelon was found	Carelon and Primary	Prior recommendations	Quality,
Appeal Systems	partially compliant on	Contractors fully addressed the	for the noted triennial	Timeliness,
	the substandard that	noted deficiency with denial	substandard	Access
	denial notices be	notices. Carelon was partially	deficiencies remain	
	issued to members	compliant with a triennial	until next review.	
	according to required	substandard concerned with		
	timeframes and use	grievance and appeal system		
	the required template	policies and procedures that		
	language. IPRO notes	was added to this compliance		
	here the Corrective	category. Carelon remained		
	Action Plan Required,	non-compliant with the		
	namely: Carelon must	triennial substandard that		
	ensure that when	complaint case files include		
	requested services are	documentation of any referrals		
	denied, approved	and subsequent corrective		
	services are clearly	action and follow-up related to		
	stated to members in	complaint issues.		
	the denial letter. This			
	can be accomplished			
	by using the			
	appropriate OMHSAS-			
	approved templates.			
	Carelon was found not			
	compliant with the			
	substandard that			
	Complaint case files			
	include			
	documentation of any			
	referrals and			
	subsequent corrective			
	action and follow-up			
	related to complaint			
	issues. Carelon should			
	ensure that any			
	follow-up and			
	corrective actions are			
	documented in a			
	member's file or			
	appropriately			
	referenced for ready			
	access.			

EQR: external quality review; MCO: managed care organization; MY: measurement year; MAT-OUD: Medication-Assisted Treatment for Opioid Use Disorder; MHR: Mental Health-Related Avoidable Readmissions; SAR: Substance Use Disorder-Related Avoidable Readmissions; RCA: root cause analysis; QIP: quality improvement plan; COVID-19: 2019 novel coronavirus; VBP: value-based payment; HEDIS: Healthcare Effectiveness Data and Information Set; AOD: alcohol and other drug; OMHSAS: Office of Mental Health and Substance Abuse Services; PA: Pennsylvania; QM quality management; IET: Initiation and Engagement of Treatment.

# **VIII: Summary of Activities**

## **Validation of Performance Improvement Projects**

• Carelon successfully implemented their PEDTAR PIP for MY 2022.

## **Validation of Performance Measures**

• Carelon reported all PMs and applicable quality indicators for MY 2022.

## **Compliance with Medicaid Managed Care Regulations**

• Carelon was partially compliant with Standards, including Enrollee Rights and Protections, QAPI Program, and Grievance System. As applicable, compliance review findings from RY 2022, RY 2021, and RY 2020 were used to make the determinations.

#### Validation of Network Adequacy

• Carelon was compliant with all network adequacy standards in MY 2022, and the findings were assigned a validity rating of high confidence.

## **Quality Studies**

• For any of its members receiving ICWC services in MY 2022, Carelon covered those services under a Prospective Payment System rate.

#### **MCO Responses to 2022 EQR Recommendations**

• Carelon provided a response to the opportunities for improvement issued in 2022.

## 2023 Strengths, Opportunities for Improvement, and Recommendations

• Both strengths and opportunities for improvement were noted for Carelon in 2023 (MY 2022). The BH-MCO will be required to prepare a response in 2024 for the noted opportunities for improvement.

## References

<sup>1</sup> Code of Federal Regulations, Title 42: Public Health. (2022, March 8). Title 42 CFR § 438.358 – Activities related to external quality review. <u>eCFR: Home</u>.

<sup>2</sup> Centers for Medicare & Medicaid Services (CMS). (2023, February). *CMS external quality review (EQR) protocols* (OMB Control No. 0938-0786). Department of Health & Human Services. <u>CMS External Quality Review (EQR) Protocols</u> (medicaid.gov).

<sup>3</sup> National Committee for Quality Assurance (NCQA). (2020). *HEDIS® volume 2: Technical specifications for health plans.* NCQA. <u>NCQA > HEDIS 2020 Volume 2 (epub)</u>.

<sup>4</sup> Partnership for Quality Measurement (PQM). 3400: Use of pharmacotherapy for opioid use disorder (OUD). <u>Use of</u> <u>Pharmacotherapy for Opioid Use Disorder (OUD)</u> | <u>Partnership for Quality Measurement (p4qm.org)</u>.

<sup>5</sup> Smith, M. W., Stocks, C., & Santora, P. B. (2015). Hospital readmission rates and emergency department visits for mental health and substance abuse conditions. *Community Mental Health Journal*, *51*(2), 190–197. https://doi.org/10.1007/s10597-014-9784-x.

<sup>6</sup> U.S. Department of Health & Human Services. (2016). *Facing addiction in America: The Surgeon General's report on alcohol, drugs, and health*. <u>Addiction and Substance Misuse Reports and Publications | HHS.gov</u>.

<sup>7</sup> Wu, T., Jia, X., Shi, H., Niu, J., Yin, X., Xie, J., & Wang, X. (2021). Prevalence of mental health problems during the COVID-19 pandemic: A systematic review and meta-analysis. Journal of affective disorders, 281, 91–98. https://doi.org/10.1016/j.jad.2020.11.117.

<sup>8</sup> Luke Horner, Jung Kim, Megan Dormond, Kiana Hardy, Jenna Libersky, Debra J. Lipson, Mynti Hossain, and Amanda Lechner (2020). *Behavioral Health Provider Network Adequacy Toolkit*. Baltimore, MD: Division of Managed Care Policy, Center for Medicaid and CHIP Services, CMS, U.S. Department of Health and Human Services.

# **Appendix A. Required SMART Substandards Pertinent to BBA Regulations** Refer to **Table A.1** for required SMART substandards pertinent to BBA Regulations.

	SMART				
BBA Category	Reference	SMART Language			
Assurances of	1.1	Updated Provider Network Report, to include the following: A completed listing of all			
Adequate		contracted and credentialed providers; Maps to demonstrate 30 minutes (20 miles)			
Capacity and		urban, and 60 minutes (45 miles) rural access timeframes (the mileage standards is			
Services		used by DOH) for each level of care; Group all providers by type of service, e.g., all			
(Title 42 CFR §		outpatient providers should be listed on the same page or consecutive pages.			
438.207)	1.2	100% of members are given a choice of 2 providers at each level of care within 30/60			
		urban/rural met			
	1.4	The BH-MCO has identified and addressed any gaps in provider network (e.g. cultural,			
		special priority, needs populations or specific services)			
	1.5	The BH-MCO has notified the Department of any drop in provider network. Monitor			
		provider turnover. Network remains open where needed			
	1.6	BH-MCO must require providers to notify BH-MCO when they are at capacity or not			
		accepting any new enrollees			
Availability of	1.1	Updated Provider Network Report, to include the following: A completed listing of all			
Services		contracted and credentialed providers; Maps to demonstrate 30 minutes (20 miles)			
(Title 42 CFR §		urban, and 60 minutes (45 miles) rural access timeframes (the mileage standards is			
438.206, Title		used by DOH) for each level of care; Group all providers by type of service, e.g., all			
42 CFR §		outpatient providers should be listed on the same page or consecutive pages.			
10(h))	1.2	100% of members are given a choice of 2 providers at each level of care within 30/60			
		urban/rural met			
	1.3	Provider exception report submitted and approved when choice of two providers is not			
		given			
	1.4	The BH-MCO has identified and addressed any gaps in provider network (e.g. cultural,			
	4 5	special priority, needs populations or specific services)			
	1.5	The BH-MCO has notified the Department of any drop in provider network. Monitor			
	1.6	provider turnover. Network remains open where needed			
	1.0	BH-MCO must require providers to notify BH-MCO when they are at capacity or not accepting any new enrollees			
	1.7	Confirm FQHC providers			
	23.1	BH-MCO has assessed if 5% requirement is applicable (see b in Standard Description)			
	23.1				
	25.2	BH-MCO phone answering procedures provide instruction for non-English members if 5% requirement is met.			
	23.3	List of oral interpreters is available for non-English speakers.			
	23.3	BH-MCO has provided documentation to confirm if Oral Interpretation services were			
	23.4	provided for the calendar year being reviewed. The documentation includes the actual			
		number of services, by contract, that were provided. (Oral Interpretation is identified as			
		the action of listening to something in one language and orally translating into another			
		language.)			
	23.5	BH-MCO has provided documentation to confirm if Written Translation services were			
	23.5	provided for the calendar year being reviewed. The documentation includes the actual			
		number of services, by contract, that were provided. (Written Translation is defined as			
		the replacement of a written text from one language into an equivalent written text in			
		another language.)			
	24.1	BH-MCO provider application includes information about handicapped accessibility			
	24.2	Provider network database contains required information for ADA compliance			
	24.3	BH-MCO phone answering uses TTY or PA telecommunication relay services			
L	21.5				

### Table A.1: Required SMART Substandards Pertinent to BBA Regulations

	SMART	
BBA Category	Reference	SMART Language
	24.4	BH-MCO is able to access interpreter services
	24.5	BH-MCO has the ability to accommodate people who are hard of hearing
	24.6	BH-MCO can make alternate formats available upon request
	28.1	Clinical/chart reviews reflect appropriate consistent application of medical necessity
		criteria and active care management that identify and address quality of care concerns
	28.2	The medical necessity decision made by the BH-MCO Physician/Psychologist Advisor is
		supported by documentation in the denial record and reflects appropriate application
		of medical necessity criteria
	93.1	The BH-MCO reports monitoring results for access to services (routine, urgent and
		emergent), provider network adequacy and penetration rates.
	93.2	The BH-MCO reports monitoring results for appropriateness of service authorization
		and inter-rater reliability.
	93.3	The BH-MCO reports monitoring results for: authorizations; complaint, grievance and
		appeal processes; rates of denials; and rates of grievances upheld or overturned.
	93.4	The BH-MCO reports monitoring results for treatment outcomes: readmission rates,
		follow up after hospitalization rates, and consumer satisfaction.
Confidentiality	120.1	The County/BH-MCO uses the required reference files as evidenced through correct,
, (Title 42 CFR §		complete and accurate encounter data.
438.224)	142.1	The PC/BH-MCO uses the required reference files as evidenced through correct,
,		complete, and accurate reference information submitted on encounter data records.
		Diagnosis Code Files; Procedure Code Files
	144.1	98% of Professional Encounters and 95% of Institutional Encounters submitted each
		month must be HIPAA Compliant and submitted and approved in PROMISe <sup>™</sup> (i.e., pass
		PROMISe <sup>™</sup> edits).
	145.1	All encounters must be HIPAA Compliant and submitted and approved in PROMISe™
	_	(i.e., pass PROMISe <sup>™</sup> edits) within 90 days following the date that the BH-MCO
		paid/adjudicated the provider's claim or encounter.
Coordination	28.1	Clinical/chart reviews reflect appropriate consistent application of medical necessity
and Continuity		criteria and active care management that identify and address quality of care concerns
, of Care	28.2	The medical necessity decision made by the BH-MCO Physician/Psychologist Advisor is
(Title 42 CFR §		supported by documentation in the denial record and reflects appropriate application
438.208)		of medical necessity criteria
Coverage and	28.1	Clinical/chart reviews reflect appropriate consistent application of medical necessity
Authorization		criteria and active care management that identify and address quality of care concerns
of Services	28.2	The medical necessity decision made by the BH-MCO Physician/Psychologist Advisor is
(Title 42 CFR §		supported by documentation in the denial record and reflects appropriate application
438.210(а—е),		of medical necessity criteria
Title 42 CFR	72.1	Denial notices are issued to members according to required timeframes and use the
440.230, Title		required template language
42 CFR § 441,	72.2	The content of the notices adhere to OMHSAS requirements (e.g., easy to understand
Subpart B)		and free from medical jargon; contains explanation of member rights and procedures
		for filing a grievance, requesting a DHS Fair Hearing, and continuation of services;
		contains name of contact person; contains specific member demographic information;
		contains specific reason for denial; contains detailed description of requested services,
		denied services, and any approved services if applicable; contains date denial decision
		will take effect).

DDA Catagory	SMART	
BBA Category Disenrollment	Reference 120.1	SMART Language The County/BH-MCO uses the required reference files as evidenced through correct,
Requirements	120.1	complete and accurate encounter data.
and		
Limitations		
(Title 42 CFR §		
438.56)		
Emergency	72.2	The content of the notices adhere to OMHSAS requirements (e.g., easy to understand
and Post-		and free from medical jargon; contains explanation of member rights and procedures
Stabilization		for filing a grievance, requesting a DHS Fair Hearing, and continuation of services;
Services		contains name of contact person; contains specific member demographic information;
( <i>Title 42 CFR §</i>		contains specific reason for denial; contains detailed description of requested services,
438.114)		denied services, and any approved services if applicable; contains date denial decision
	91.3	will take effect).
	91.5	The QM Program Description includes the following basic elements: a. Performance improvement projects
		<ul> <li>a. Performance improvement projects</li> <li>b. Collection and submission of performance measurement data</li> </ul>
		c. Mechanisms to detect underutilization and overutilization of services
		d. Emphasis on, but not limited to, high volume/high-risk services and treatment,
		such as IBHS.
		e. Mechanisms to assess the quality and appropriateness of care furnished to
		enrollees with special health needs
	91.5	The QM Work Plan outlines the specific activities related to coordination and
		interaction with other entities, including but not limited to, Physical Health MCO's (PH-
		MCO).
	91.7	The QM Work Plan includes the specific monitoring activities conducted to evaluate the
		effectiveness of the services received by members:
		a. Access to services (routine, urgent and emergent), provider network adequacy,
		and penetration rates.
		b. Appropriateness of service authorizations and inter-rater reliability.
		<ul> <li>Complaint, grievance and appeal processes; denial rates; and upheld and overturned grievance rates.</li> </ul>
		d. Treatment outcomes: readmission rate, follow-up after hospitalization rates,
		initiation and engagement rates, and consumer satisfaction.
	91.9	The QM Work Plan includes the specific monitoring activities conducted to evaluate
	0 = .0	access and availability to services:
		a. Telephone access and responsiveness rates
		b. Overall utilization patterns and trends including IBHS and other high volume/high
		risk services
Enrollee Rights	11.2	100% of new providers have received orientation, including member rights and
Requirements		protection.
(Title 42 CFR § 438.100)	24.3	BH-MCO phone answering uses TTY or PA telecommunication relay services
	24.4	BH-MCO is able to access interpreter services
	24.5	BH-MCO has the ability to accommodate people who are hard of hearing
	24.6	BH-MCO can make alternate formats available upon request
	72.2	The content of the notices adhere to OMHSAS requirements (e.g., easy to understand
		and free from medical jargon; contains explanation of member rights and procedures
		for filing a grievance, requesting a DHS Fair Hearing, and continuation of services;
		contains name of contact person; contains specific member demographic information; contains specific reason for denial; contains detailed description of requested services,
		denied services, and any approved services if applicable; contains date denial decision
		will take effect).
	1	will take cricety.

	SMART			
BBA Category	Reference	SMART Language		
Health	120.1	The County/BH-MCO uses the required reference files as evidenced through correct,		
Information		complete and accurate encounter data.		
Systems	141.1	BH-MCO has met the Department's standards of clean claims each of the 12 months:		
(Title 42 C.F.R. § 438.242)	142.1	90% @ 30 days, 100% @ 45 days		
9 430.242)	142.1	The PC/BH-MCO uses the required reference files as evidenced through correct,		
		complete, and accurate reference information submitted on encounter data records.		
	143.1	Diagnosis Code Files; Procedure Code Files The PC/BH-MCO uses the required provider files as evidenced through correct,		
	145.1	complete, and accurate provider information submitted on encounter data records.		
		PRV 414; PRV 415; PRV 430; PRV 435; PRV 720		
	144.1	98% of Professional Encounters and 95% of Institutional Encounters submitted each		
	144.1	month must be HIPAA Compliant and submitted and approved in PROMISe <sup>™</sup> (i.e., pass		
		PROMISe™ edits).		
	145.1	All encounters must be HIPAA Compliant and submitted and approved in PROMISe <sup>™</sup>		
	143.1	(i.e., pass PROMISe <sup>™</sup> edits) within 90 days following the date that the BH-MCO		
		paid/adjudicated the provider's claim or encounter.		
Practice	28.1	Clinical/chart reviews reflect appropriate consistent application of medical necessity		
Guidelines	20.1	criteria and active care management that identify and address quality of care concerns		
(Title 42 CFR §	28.2	The medical necessity decision made by the BH-MCO Physician/Psychologist Advisor is		
438.236)	20.2	supported by documentation in the denial record and reflects appropriate application		
,		of medical necessity criteria		
	93.1	The BH-MCO reports monitoring results for access to services (routine, urgent and		
		emergent), provider network adequacy and penetration rates.		
	93.2	The BH-MCO reports monitoring results for appropriateness of service authorization		
		and inter-rater reliability.		
	93.3	The BH-MCO reports monitoring results for: authorizations; complaint, grievance and		
		appeal processes; rates of denials; and rates of grievances upheld or overturned.		
	93.4	The BH-MCO reports monitoring results for treatment outcomes: readmission rates,		
		follow up after hospitalization rates, and consumer satisfaction.		
	10.1	100% of credentialed files should contain licensing or certification required by PA law,		
		verification of enrollment in the MA and/or Medicare program with current MA		
		provider agreement, malpractice/liability insurance, disclosure of past or pending		
		lawsuits or litigation, board certification or edibility BH-MCO onsite review, as		
		applicable.		
	10.2	100% of decisions made within 180 days of receipt of application		
	10.3	Recredentialing incorporates results of provider profiling		
Provider	10.1	100% of credentialed files should contain licensing or certification required by PA law,		
Selection		verification of enrollment in the MA and/or Medicare program with current MA		
(Title 42 CFR §		provider agreement, malpractice/liability insurance, disclosure of past or pending		
438.214)		lawsuits or litigation, board certification or edibility BH-MCO onsite review, as		
		applicable.		
	10.2	100% of decisions made within 180 days of receipt of application		
	10.3	Recredentialing incorporates results of provider profiling		
Subcontractual	99.1	The BH-MCO reports monitoring results for quality of individualized service plans and		
Relationships		treatment planning		
and	99.2	The BH-MCO reports monitoring results for adverse incidents		
Delegation	99.3	The BH-MCO reports monitoring results for collaboration and cooperation with		
(Title 42 CFR §		member complaints, grievance and appeal procedures, as well as other medical and		
438.230)	00.4	human services programs		
	99.4	The BH-MCO reports monitoring results for administrative compliance		

messures, baseline thresholds and performance goals           99.6         Provider profiles and individual monitoring results are reviewed with providers           99.7         Provider are evaluated based on established goals and corrective action taken as necessary           99.8         The BH-MCO demonstrates that provider profiling results are incorporated into the network management strategy           Quality         91.1         The QM Program Description clearly outlines the BH-MCO QM structure           Assessment         91.2         The QM Program Description includes the following basic elements:           Performance         a.         Performance improvement projects           Program         c.         Mechanisms to detect underutilization and overutilization of services           11/11/2642 CFR 5         d.         Emphasis on, but not limited to, high volume/high-risk services and treatment, such as 18H5.           e.         Mechanisms to assess the quality and appropriateness of care furnished to enrollees with special health needs           91.4         The QM Work Plan includes:         a.           a.         Objective         b. Aspect of care/service           c.         Scope of activity         d.           d.         Erphasis on, but not limited to, high volume/high-risk services and treatment, such as 18H5.           e.         Dejective         b. Aspect of care/service		SMART	
messures, baseline thresholds and performance goals           99.6         Provider profiles and individual monitoring results are reviewed with providers           99.7         Provider are evaluated based on established goals and corrective action taken as necessary           99.8         The BH-MCO demonstrates that provider profiling results are incorporated into the network management strategy           Quality         91.1         The QM Program Description clearly outlines the BH-MCO QM structure           Assessment         91.2         The QM Program Description includes the following basic elements:           Performance         a.         Performance improvement projects           Program         c.         Mechanisms to detect underutilization and overutilization of services           11/11/2642 CFR 5         d.         Emphasis on, but not limited to, high volume/high-risk services and treatment, such as 18H5.           e.         Mechanisms to assess the quality and appropriateness of care furnished to enrollees with special health needs           91.4         The QM Work Plan includes:         a.           a.         Objective         b. Aspect of care/service           c.         Scope of activity         d.           d.         Erphasis on, but not limited to, high volume/high-risk services and treatment, such as 18H5.           e.         Dejective         b. Aspect of care/service	<b>BBA Category</b>	Reference	SMART Language
99.6         Provider profiles and individual monitoring results are reviewed with providers           99.7         Providers are evaluated based on established goals and corrective action taken as necessary           99.8         The BH-MCO demonstrates that provider profiling results are incorporated into the network management strategy           Quality         91.1         The CM Program Description clearly outlines the BH-MCO QM structure           Assessment         91.2         The QM Program Description includes the following basic elements:           and         91.3         The QM Program Description includes the following basic elements:           a. Performance improvement projects         Improvement         b. Collection and submission of performance measurement data           c. Mechanisms to assess the quality and appropriateness of care furnished to enrollees with special health needs         enrollees with special health needs           91.4         The QM Work Plan includes:         a. Objective         b. Aspect of care/service           c. Scope of activity         d. Frequency         e. Data source         f. Sample size           91.5         The QM Work Plan outlines the specific activities related to coordination and interaction with ot test network adequacy, and penetration rates.         a. Access to services (outling, urget addition and interaction with ot Plan outlines, including but not limited to, Physical Health MCO's (PH-MCO).           91.6         The QM Work Plan includes the specific m		99.5	The BH-MCO has implemented a provider profiling process which includes performance
99.7         Providers are evaluated based on established goals and corrective action taken as necessary           99.8         The BH-MCO demonstrates that provider profiling results are incorporated into the network management strategy           Quality         91.1         The QM Program Description clearly outlines the BH-MCO QM structure           Assessment         91.2         The QM Program Description includes the following basic elements:           Performance         a.         Performance improvement projects           Program         c.         Mechanisms to detect underutilization and overutilization of services           (Title 42 CR §         d.         Emphasis on, but not limited to, high volume/high-risk services and treatment, such as IBHS.           e.         Objective         b.         Aspect of care/service           c.         Scope of activity         d.         Frequency           e.         Scope of activity         d.         Frequency           e.         Despicitive         b.         Aspect of care/service           f.         Sample size         g.         Responsible person           h.         Specific measurable, attainable, realistic and timely performance goals, as applicable           91.6         The QM Work Plan outlines the specific activities related to coordination and interaction with other entities, including but not limited to, Physical Health MC0's (PHM			measures, baseline thresholds and performance goals
necessary           99.8         The BH-MCO demonstrates that provider profiling results are incorporated into the network management strategy           Quality         91.1         The QM Program Description clearly outlines the BH-MCO QM structure           Assessment         91.2         The QM Program Description includes the following basic elements:           Performance         11.2         The QM Program Description includes the following basic elements:           Performance         0.2         Dependent of the provide of		99.6	Provider profiles and individual monitoring results are reviewed with providers
99.8         The BH-MCO demonstrates that provider profiling results are incorporated into the network management strategy           Quality         91.1         The QM Program Description clearly outlines the BH-MCO QM structure           Assessment         91.2         The QM Program Description clearly outlines the BH-MCO QM content.           and         Performance         Inte QM Program Description clearly outlines the BH-MCO QM content.           and         Performance improvement projects         Inte QM Program Description and overtuilization of services           Inte 42 CFR §         .         Mcchanisms to detect underutilization and overtuilization of services           (Title 42 CFR §         .         Mcchanisms to assess the quality and appropriateness of care furnished to enrollees with special health needs           91.4         The QM Work Plan includes:         a. Objective         b. Aspect of care/service           b. Aspect of care/service         c. Scope of activity         d. Frequency         e. Data source           91.5         The QM Work Plan outlines the specific activities related to coordination and interaction with other entities, including but not limited to, Physical Health MCO's (PH-MCO).           91.6         The QM Work Plan includes the specific monitoring activities conducted the evaluate the effectiveness of the services received by members:           a. Access to services (routine, urgent and emergent), provider network adequacy, and penetration rates.		99.7	Providers are evaluated based on established goals and corrective action taken as
network management strategy           Quality         91.1         The QM Program Description clearly outlines the BH-MCO QM content.           and         91.2         The QM Program Description clearly outlines the BH-MCO QM content.           and         91.3         The QM Program Description includes the following basic elements:           Performance         a. Performance improvement projects         more were the control of services of the control of service of the control of the control of service of the control of the contof the control of the control of the contof the conto			necessary
Quality Assessment and Performance         91.1         The QM Program Description clearly outlines the BH-MCO QM structure           91.2         The QM Program Description clearly outlines the BH-MCO QM content.           91.3         The QM Program Description includes the following basic elements: a. Performance improvement projects           Program         C. Collection and submission of performance measurement data           Program         C. Mechanisms to detect underutilization and overutilization of services           438.330)         Emphasis on, but not limited to, high volume/high-risk services and treatment, such as IBHS.           91.4         The QM Program Description           91.4         The QM Program Description           91.4         The QM Program Description           91.4         The QM Work Plan includes:           a.         Objective           b.         Aspect of care/service           c.         Scope of activity           d.         Frequency           e.         Data source           f.         Sample size           g.         Responsible person           h.         Specific, measurable, attainable, realistic and timely performance goals, as applicable           91.5         The QM Work Plan outlines the specific activities related to coordination and interaction with other entities, including but not limited to, Physic		99.8	The BH-MCO demonstrates that provider profiling results are incorporated into the
Assessment and         91.2         The QM Program Description clearly outlines the BH-MCO QM content.           and         91.3         The QM Program Description includes the following basic elements: Performance Improvement Program         a. Performance improvement projects           b.         Collection and submission of performance measurement data           Program         c.         Mechanisms to date underutilization of avervices and treatment, such as IBHS.           438.330)         e.         Enchanisms to assess the quality and appropriateness of care furnished to enrollees with special health needs           91.4         The QM Work Plan includes: a. Objective b. Aspect of care/service c. Scope of activity d. Frequency e. Data source f. Sample size g. Responsible person h. Specific, measurable, attainable, realistic and timely performance goals, as applicable           91.5         The QM Work Plan outlines the specific activities related to coordination and interaction with other entities, including but not limited to, Physical Health MCO's (PH- MCO).           91.6         The QM Work Plan includes the specific monitoring activities conducted to evaluate the effectiveness of the services received by members: a. Access to services (routine, urgent and emergent), provider network adequacy, and penetration rates. b. Appropriateness of service authorizations and inter-rater reliability. c. Complaint, grievance rates. d. Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.           91.8         The QM Work Plan includes the specific monitoring activities conducted			network management strategy
and Performance Improvement       91.3       The QM Program Description includes the following basic elements: <ul> <li>a. Performance improvement projects</li> <li>b. Collection and submission of performance measurement data</li> <li>c. Mechanisms to detect underutilization and overutilization of services</li> <li>d. Emphasis on, but not limited to, high volume/high-risk services and treatment, such as IBHS.</li> <li>e. Mechanisms to assess the quality and appropriateness of care furnished to enrollees with special health needs</li> </ul> <li>91.4 The QM Work Plan includes:         <ul> <li>a. Objective</li> <li>b. Aspect of care/service</li> <li>c. Scope of activity</li> <li>d. Frequency</li> <li>e. Data source</li> <li>f. Sample size</li> <li>g. Responsible person</li> <li>h. Specific, measurable, attainable, realistic and timely performance goals, as applicable</li> </ul> </li> <li>91.5 The QM Work Plan outlines the specific activities related to coordination and interaction with other entities, including but not limited to, Physical Health MCO's (PH- MCO).</li> <li>91.6 The QM Work Plan includes the specific activities conducted to evaluate the effectiveness of the services received by members:         <ul> <li>a. Accees to services (routine, urgent and emergent), provider network adequacy, and penetration rates.</li> <li>b. Appropriateness of service authorizations and inter-rater reliability.</li> <li>c. Complaint, grievance and appeal processe; denial rates; and upheld and overturned grievance rates.</li> <li>d. Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.</li> <li>91.8 The QM Wor</li></ul></li>	Quality	91.1	The QM Program Description clearly outlines the BH-MCO QM structure
Performance Improvement Program       a. Performance improvement projects         b. Collection and submission of performance measurement data         (Title 42 CFR § 438.330)       c. Mechanisms to detect underutilization and overutilization of services as IBHS.         e. Mechanisms to assess the quality and appropriateness of care furnished to enrollees with special health needs         91.4       The QM Work Plan includes:         a. Objective       b. Aspect of care/service         b. Scope of activity       d. Frequency         e. Data source       f. Sample size         g. Responsible person       h. Specific, measurable, attainable, realistic and timely performance goals, as applicable         91.5       The QM Work Plan outlines the specific activities related to coordination and interaction with other entities, including but not limited to, Physical Health MCO's (PH- MCO).         91.6       The QM Work Plan outlines the formalized collaborative efforts (joint studies) to be conducted.         91.7       The QM Work Plan outlines the formalized collaborative efforts (joint studies) to be conducted.         91.7       The QM Work Plan includes the specific monitoring activities conducted to evaluate the effectiveness of the services received by members: a. Access to services received by members: a. Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement	Assessment	91.2	The QM Program Description clearly outlines the BH-MCO QM content.
improvement Program       b. Collection and submission of performance measurement data         Crittle 42 CFR §       d. Emphasis on, but not limited to, high volume/high-risk services and treatment, such as IBHS.         438.330)       e. Mechanisms to assess the quality and appropriateness of care furnished to enrollees with special health needs         91.4       The QM Work Plan includes:         a. Objective       b. Aspect of care/service         c. Scope of activity       d. Frequency         e. Data source       f. Sample size         g. Responsible person       h. Specific, measurable, attainable, realistic and timely performance goals, as applicable         91.5       The QM Work Plan outlines the specific activities related to coordination and interaction with other entities, including but not limited to, Physical Health MCO's (PH- MCO).         91.6       The QM Work Plan outlines the specific motivities conducted to evaluate the effectiveness of the services received by members:         a. Access to services (routine, urgent and emergent), provider network adequacy, and penetration rates.         b. Appropriateness of service authorizations and inter-rater reliability.         c. Complaint, grievance and appeal processe; denial rates; and upfeld and overturned grievance rates.         d. Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.         91.8       The QM Work Plan includes the specific monitoring activities conducted to	and	91.3	The QM Program Description includes the following basic elements:
Program ( <i>Title 42 CFR 5</i> 438.330)       c. Mechanisms to detect underutilization and overutilization of services d. Emphasis on, but not limited to, high volume/high-risk services and treatment, such as IBHS.         e.       Mechanisms to assess the quality and appropriateness of care furnished to enrollees with special health needs         91.4       The QM Work Plan includes: a. Objective b. Aspect of care/service c. Scope of activity d. Frequency e. Data source f. Sample size g. Responsible person h. Specific, measurable, attainable, realistic and timely performance goals, as applicable         91.5       The QM Work Plan outlines the specific activities related to coordination and interaction with other entities, including but not limited to, Physical Health MCO's (PH- MCO).         91.7       The QM Work Plan outlines the formalized collaborative efforts (joint studies) to be conducted.         91.7       The QM Work Plan includes the specific monitoring activities conducted to evaluate the effectiveness of the services received by members: a. Access to services (routine, urgent and emergent), provider network adequacy, and penetration rates.         0       The QM Work Plan includes a provider profiling process.         91.9       The QM Work Plan includes a provider profiling process.         91.9       The QM Work Plan includes a provider profiling process.         91.9       The QM Work Plan includes a provider profiling process.         91.9       The QM Work Plan includes a provider profiling process.         91.9       The QM Work Plan includes a provider profiling process.	Performance		a. Performance improvement projects
(Title 42 CFR §       d. Emphasis on, but not limited to, high volume/high-risk services and treatment, such as IBHS.         438.330)       e. Mechanisms to assess the quality and appropriateness of care furnished to enrollees with special health needs         91.4       The QM Work Plan includes:         a. Objective       b. Aspect of care/service         c. Scope of activity       d. Frequency         e. Data source       f. Sample size         g. Responsible person       h. Specific, measurable, attainable, realistic and timely performance goals, as applicable         91.5       The QM Work Plan outlines the specific activities related to coordination and interaction with other entities, including but not limited to, Physical Health MCO's (PH-MCO).         91.6       The QM Work Plan outlines the formalized collaborative efforts (joint studies) to be conducted.         91.7       The QM Work Plan includes the specific monitoring activities conducted to evaluate the effectiveness of the services received by members:         a. Access to services (routine, urgent and emergent), provider network adequacy, and penetration rates.         b. Appropriateness of service authorizations and inter-rater reliability.         c. Complaint, grievance and appeal processes; denial rates; and upheld and overturned grievance rates.         b. Appropriateness of services: readimission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.         91.8       The QM Work Plan includes the spec	Improvement		b. Collection and submission of performance measurement data
438.330)       as IBHS.         e.       Mechanisms to assess the quality and appropriateness of care furnished to enrollees with special health needs         91.4       The QM Work Plan includes: <ul> <li>a. Objective</li> <li>b. Aspect of care/service</li> <li>c. Scope of activity</li> <li>d. Frequency</li> <li>e. Data source</li> <li>f. Sample size</li> <li>g. Responsible person</li> <li>h. Specific, measurable, attainable, realistic and timely performance goals, as applicable</li> </ul> <li>91.5</li> <li>The QM Work Plan outlines the specific activities related to coordination and interaction with other entities, including but not limited to, Physical Health MCO's (PH- MCO).</li> <li>91.6</li> <li>The QM Work Plan outlines the formalized collaborative efforts (joint studies) to be conducted.</li> <li>91.7</li> <li>The QM Work Plan includes the specific monitoring activities conducted to evaluate the effectiveness of the services received by members:         <ul> <li>a. Access to services (routine, urgent and emergent), provider network adequacy, and penetration rates.</li> <li>b. Appropriateness of service authorizations and inter-rater reliability.</li> <li>c. Complaint, grievance and appeal processes; denial rates; and upheld and overturned grievance rates.</li> <li>d. Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.</li> </ul> </li> <li>91.9</li> <li>The QM Work Plan includes the specific monitoring activities conducted to evaluate access and availability to services:</li>	-		c. Mechanisms to detect underutilization and overutilization of services
<ul> <li>e. Mechanisms to assess the quality and appropriateness of care furnished to enrollees with special health needs</li> <li>91.4 The QM Work Plan includes:         <ul> <li>a. Objective</li> <li>b. Aspect of care/service</li> <li>c. Scope of activity</li> <li>d. Frequency</li> <li>e. Data source</li> <li>f. Sample size</li> <li>g. Responsible person</li> <li>h. Specific, measurable, attainable, realistic and timely performance goals, as applicable</li> </ul> </li> <li>91.5 The QM Work Plan outlines the specific activities related to coordination and interaction with other entities, including but not limited to, Physical Health MCO's (PH-MCO).</li> </ul> <li>91.6 The QM Work Plan outlines the formalized collaborative efforts (joint studies) to be conducted.</li> <li>91.7 The QM Work Plan includes the specific monitoring activities conducted to evaluate the effectiveness of the services received by members:         <ul> <li>a. Access to service (routine, urgent and emergent), provider network adequacy, and penetration rates.</li> <li>b. Appropriateness of service authorizations and inter-rater reliability.</li> <li>c. Complaint, grievance and appeal processes; denial rates; and upheld and overturned grievance rates.</li> <li>d. Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.</li> </ul> </li> <li>91.8 The QM Work Plan includes a provider profiling process.</li> <li>91.9 The QM Work Plan includes a provider profiling process.</li> <ul> <li>a. Telephone access and responsiveness rates</li> <li>b. Overall utilization patterns and trends including IBHS and other high volume/high risk services</li> </ul> <li>91.10 The QM Work Plan includes emonitoring activities</li>	•		d. Emphasis on, but not limited to, high volume/high-risk services and treatment, such
enrollees with special health needs         91.4       The QM Work Plan includes:         a. Objective       b. Aspect of care/service         c. Scope of activity       d. Frequency         e. Data source       f. Sample size         g. Responsible person       h. Specific, measurable, attainable, realistic and timely performance goals, as applicable         91.5       The QM Work Plan outlines the specific activities related to coordination and interaction with other entities, including but not limited to, Physical Health MCO's (PH-MCO).         91.6       The QM Work Plan outlines the formalized collaborative efforts (joint studies) to be conducted.         91.7       The QM Work Plan outlines the specific monitoring activities conducted to evaluate the effectiveness of the services received by members:         a. Access to services (routine, urgent and emergent), provider network adequacy, and penetration rates.         b. Appropriateness of service authorizations and inter-rater reliability.         c. Complaint, grievance rates.         d. Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.         91.8       The QM Work Plan includes the specific monitoring activities conducted to evaluate access and availability to services:         a. Telephone access and responsiveness rates       b. Overall utilization patterns and trends including IBHS and other high volume/high risk services         91.10       The QM Wor	438.330)		as IBHS.
91.4       The QM Work Plan includes:         a. Objective       b. Aspect of care/service         c. Scope of activity       d.         d. Frequency       e. Data source         f. Sample size       g. Responsible person         h. Specific, measurable, attainable, realistic and timely performance goals, as applicable         91.5       The QM Work Plan outlines the specific activities related to coordination and interaction with other entities, including but not limited to, Physical Health MCO's (PH-MCO).         91.6       The QM Work Plan outlines the formalized collaborative efforts (joint studies) to be conducted.         91.7       The QM Work Plan includes the specific monitoring activities conducted to evaluate the effectiveness of the services received by members:         a. Access to services (routine, urgent and emergent), provider network adequacy, and penetration rates.         b. Appropriateness of service authorizations and inter-rater reliability.         c. Complaint, grievance rates.         d. Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.         91.9       The QM Work Plan includes a provider profiling process.         91.9       The QM Work Plan includes a provider profiling stuvities conducted to evaluate access and availability to services:         a. Telephone access and responsiveness rates       b. Overall utilization patterns and trends including IBH5 and other high volume/high risk s			
<ul> <li>a. Objective</li> <li>b. Aspect of care/service</li> <li>c. Scope of activity</li> <li>d. Frequency</li> <li>e. Data source</li> <li>f. Sample size</li> <li>g. Responsible person</li> <li>h. Specific, measurable, attainable, realistic and timely performance goals, as applicable</li> <li>91.5</li> <li>91.6</li> <li>The QM Work Plan outlines the specific activities related to coordination and interaction with other entities, including but not limited to, Physical Health MCO's (PH-MCO).</li> <li>91.6</li> <li>The QM Work Plan outlines the specific monitoring activities conducted to evaluate the effectiveness of the services received by members:         <ul> <li>a. Access to services (routine, urgent and emergent), provider network adequacy, and penetration rates.</li> <li>b. Appropriateness of service authorizations and inter-rater reliability.</li> <li>c. Complaint, grievance and appeal processes; denial rates; and upheld and overturned grievance rates.</li> <li>d. Treedment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.</li> </ul> </li> <li>91.8 The QM Work Plan includes the specific monitoring activities conducted to evaluate access and availability to services:         <ul> <li>a. Telephone access and responsiveness rates</li> <li>b. Overall utilization patterns and trends including IBHS and other high volume/high risk services</li> <li>a. Telephone access and responsiveness rates</li> <li>b. Overall utilization patterns and treatment planning</li> </ul> </li> </ul>			
b. Aspect of care/service         c. Scope of activity         d. Frequency         e. Data source         f. Sample size         g. Responsible person         h. Specific, measurable, attainable, realistic and timely performance goals, as applicable         91.5         91.5         The QM Work Plan outlines the specific activities related to coordination and interaction with other entities, including but not limited to, Physical Health MCO's (PH-MCO).         91.6         91.7       The QM Work Plan outlines the formalized collaborative efforts (joint studies) to be conducted.         91.7       The QM Work Plan includes the specific monitoring activities conducted to evaluate the effectiveness of the services received by members: <ul> <li>a. Access to services (routine, urgent and emergent), provider network adequacy, and penetration rates.</li> <li>b. Appropriateness of service authorizations and inter-rater reliability.</li> <li>c. Complaint, grievance and appeal processe; denial rates; and upheld and overturned grievance rates.</li> <li>d. Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.</li> </ul> 91.9     The QM Work Plan includes the specific monitoring activities conducted to evaluate access and availability to services: <ul> <li>a. Telephone access and responsiveness rates</li> <li>b. Overall utilization patterns and trends including IBHS and other high volume/high risk services</li> </ul>		91.4	
c.       Scope of activity         d.       Frequency         e.       Data source         f.       Sample size         g.       Responsible person         h.       Specific, measurable, attainable, realistic and timely performance goals, as applicable         91.5       The QM Work Plan outlines the specific activities related to coordination and interaction with other entities, including but not limited to, Physical Health MCO's (PH-MCO).         91.6       The QM Work Plan outlines the formalized collaborative efforts (joint studies) to be conducted.         91.7       The QM Work Plan includes the specific monitoring activities conducted to evaluate the effectiveness of the services received by members: <ul> <li>a.</li> <li>Access to services (routine, urgent and emergent), provider network adequacy, and penetration rates.</li> <li>b.</li> <li>Appropriateness of service authorizations and inter-rater reliability.</li> <li>c. Complaint, grievance and appeal processes; denial rates; and upheld and overturned grievance rates.</li> <li>d.</li> <li>The QM Work Plan includes a provider profiling process.</li> </ul> <li>91.9</li> <li>The QM Work Plan includes the specific monitoring activities conducted to evaluate access and availability to services:             <ul> <li>a.</li> <li>Telephone access and responsiveness rates</li> <li>b.</li> <li>Overall utilization patterns and trends including IBHS and other high volume/high risk services</li> <li>a.</li> <li>Telephone acovers and responsiveness rates</li></ul></li>			-
d.       Frequency         e.       Data source         f.       Sample size         g.       Responsible person         h.       Specific, measurable, attainable, realistic and timely performance goals, as applicable         91.5       The QM Work Plan outlines the specific activities related to coordination and interaction with other entities, including but not limited to, Physical Health MCO's (PH-MCO).         91.6       The QM Work Plan outlines the formalized collaborative efforts (joint studies) to be conducted.         91.7       The QM Work Plan includes the specific monitoring activities conducted to evaluate the effectiveness of the services received by members: <ul> <li>a. Access to services (routine, urgent and emergent), provider network adequacy, and penetration rates.</li> <li>b. Appropriateness of service authorizations and inter-rater reliability.</li> <li>c. Complaint, grievance and appeal processe; denial rates; and upheld and overturned grievance rates.</li> <li>d. Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.</li> </ul> 91.9     The QM Work Plan includes the specific monitoring activities conducted to evaluate access and availability to services: <ul> <li>a. Telephone access and responsiveness rates</li> <li>b. Overall utilization patterns and trends including IBHS and other high volume/high risk services</li> <li>91.0</li> <li>The QM Work Plan includes monitoring activities conducted to evaluate the quality and performance of the provider network:</li></ul>			
e. Data source         f. Sample size         g. Responsible person         h. Specific, measurable, attainable, realistic and timely performance goals, as applicable         91.5       The QM Work Plan outlines the specific activities related to coordination and interaction with other entities, including but not limited to, Physical Health MCO's (PH-MCO).         91.6       The QM Work Plan outlines the formalized collaborative efforts (joint studies) to be conducted.         91.7       The QM Work Plan includes the specific monitoring activities conducted to evaluate the effectiveness of the services received by members: <ul> <li>a. Access to services (routine, urgent and emergent), provider network adequacy, and penetration rates.</li> <li>b. Appropriateness of service authorizations and inter-rater reliability.</li> <li>c. Complaint, grievance and appeal processes; denial rates; and upheld and overturned grievance rates.</li> <li>d. Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.</li> </ul> 91.9       The QM Work Plan includes a provider profiling process.         91.9       The QM Work Plan includes the specific monitoring activities conducted to evaluate taccess and availability to services:			
f.       Sample size         g.       Responsible person         h.       Specific, measurable, attainable, realistic and timely performance goals, as applicable         91.5       The QM Work Plan outlines the specific activities related to coordination and interaction with other entities, including but not limited to, Physical Health MCO's (PH-MCO).         91.6       The QM Work Plan outlines the formalized collaborative efforts (joint studies) to be conducted.         91.7       The QM Work Plan includes the specific monitoring activities conducted to evaluate the effectiveness of the services received by members: <ul> <li>a.</li> <li>Access to services (routine, urgent and emergent), provider network adequacy, and penetration rates.</li> <li>b.</li> <li>Appropriateness of service authorizations and inter-rater reliability.</li> <li>c.</li> <li>Complaint, grievance and appeal processes; denial rates; and upheld and overturned grievance rates.</li> <li>d.</li> <li>Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.</li> <li>91.8</li> <li>The QM Work Plan includes a provider profiling process.</li> <li>91.9</li> <li>The QM Work Plan includes the specific monitoring activities conducted to evaluate access and availability to services:                  <ul> <li>Telephone access and responsiveness rates</li> <li>Overall utilization patterns and trends including IBHS and other high volume/high risk services</li> </ul> </li> <li>91.10</li> <li>The QM Work Plan includes monitoring activities condu</li></ul>			
g.       Responsible person         h.       Specific, measurable, attainable, realistic and timely performance goals, as applicable         91.5       The QM Work Plan outlines the specific activities related to coordination and interaction with other entities, including but not limited to, Physical Health MCO's (PH-MCO).         91.6       The QM Work Plan outlines the formalized collaborative efforts (joint studies) to be conducted.         91.7       The QM Work Plan includes the specific monitoring activities conducted to evaluate the effectiveness of the services received by members: <ul> <li>a.</li> <li>Access to services (routine, urgent and emergent), provider network adequacy, and penetration rates.</li> <li>b.</li> <li>Appropriateness of service authorizations and inter-rater reliability.</li> <li>c.</li> <li>Complaint, grievance and appeal processes; denial rates; and upheld and overturned grievance rates.</li> <li>d.</li> <li>Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.</li> <li>91.8</li> <li>The QM Work Plan includes the specific monitoring activities conducted to evaluate access and availability to services:</li></ul>			
h.       Specific, measurable, attainable, realistic and timely performance goals, as applicable         91.5       The QM Work Plan outlines the specific activities related to coordination and interaction with other entities, including but not limited to, Physical Health MCO's (PH-MCO).         91.6       The QM Work Plan outlines the formalized collaborative efforts (joint studies) to be conducted.         91.7       The QM Work Plan includes the specific monitoring activities conducted to evaluate the effectiveness of the services received by members: <ul> <li>a.</li> <li>Access to service (routine, urgent and emergent), provider network adequacy, and penetration rates.</li> <li>b.</li> <li>Appropriateness of service authorizations and inter-rater reliability.</li> <li>c.</li> <li>Complaint, grievance and appeal processes; denial rates; and upheld and overturned grievance rates.</li> <li>d.</li> <li>Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.</li> </ul> 91.8       The QM Work Plan includes a provider profiling process.         91.9       The QM Work Plan includes the specific monitoring activities conducted to evaluate access and availability to services: <ul> <li>Telephone access and responsiveness rates</li> <li>Overall utilization patterns and trends including IBHS and other high volume/high risk services</li> </ul> 91.10       The QM Work Plan includes monitoring activities conducted to evaluate the quality and performance of the provider network: <ul> <li></li></ul>			
applicable         91.5       The QM Work Plan outlines the specific activities related to coordination and interaction with other entities, including but not limited to, Physical Health MCO's (PH-MCO).         91.6       The QM Work Plan outlines the formalized collaborative efforts (joint studies) to be conducted.         91.7       The QM Work Plan includes the specific monitoring activities conducted to evaluate the effectiveness of the services received by members: <ul> <li>a. Access to services (routine, urgent and emergent), provider network adequacy, and penetration rates.</li> <li>b. Appropriateness of service authorizations and inter-rater reliability.</li> <li>c. Complaint, grievance and appeal processes; denial rates; and upheld and overturned grievance rates.</li> <li>d. Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.</li> </ul> 91.8       The QM Work Plan includes the specific monitoring activities conducted to evaluate access and availability to services:			
91.5       The QM Work Plan outlines the specific activities related to coordination and interaction with other entities, including but not limited to, Physical Health MCO's (PH-MCO).         91.6       The QM Work Plan outlines the formalized collaborative efforts (joint studies) to be conducted.         91.7       The QM Work Plan includes the specific monitoring activities conducted to evaluate the effectiveness of the services received by members: <ul> <li>a. Access to services (routine, urgent and emergent), provider network adequacy, and penetration rates.</li> <li>b. Appropriateness of service authorizations and inter-rater reliability.</li> <li>c. Complaint, grievance and appeal processes; denial rates; and upheld and overturned grievance rates.</li> <li>d. Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.</li> </ul> 91.9       The QM Work Plan includes the specific monitoring activities conducted to evaluate the access and availability to services:			
interaction with other entities, including but not limited to, Physical Health MCO's (PH-MCO).         91.6       The QM Work Plan outlines the formalized collaborative efforts (joint studies) to be conducted.         91.7       The QM Work Plan includes the specific monitoring activities conducted to evaluate the effectiveness of the services received by members: <ul> <li>a. Access to services (routine, urgent and emergent), provider network adequacy, and penetration rates.</li> <li>b. Appropriateness of service authorizations and inter-rater reliability.</li> <li>c. Complaint, grievance and appeal processes; denial rates; and upheld and overturned grievance rates.</li> <li>d. Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.</li> </ul> <li>91.8</li> <li>The QM Work Plan includes the specific monitoring activities conducted to evaluate access and availability to services:         <ul> <li>a. Telephone access and responsiveness rates</li> <li>b. Overall utilization patterns and trends including IBHS and other high volume/high risk services</li> </ul> </li> <li>91.10</li> <li>The QM Work Plan includes monitoring activities conducted to evaluate the quality and performance of the provider network:         <ul> <li>a. Quality of individualized service plans and treatment planning</li> </ul> </li>		04.5	
MCO).         91.6       The QM Work Plan outlines the formalized collaborative efforts (joint studies) to be conducted.         91.7       The QM Work Plan includes the specific monitoring activities conducted to evaluate the effectiveness of the services received by members: <ul> <li>a. Access to services (routine, urgent and emergent), provider network adequacy, and penetration rates.</li> <li>b. Appropriateness of service authorizations and inter-rater reliability.</li> <li>c. Complaint, grievance and appeal processes; denial rates; and upheld and overturned grievance rates.</li> <li>d. Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.</li> </ul> <li>91.8</li> <li>The QM Work Plan includes the specific monitoring activities conducted to evaluate access and availability to services:             <ul> <li>a. Telephone access and responsiveness rates</li> <li>b. Overall utilization patterns and trends including IBHS and other high volume/high risk services</li> </ul> </li> <li>91.10</li> <li>The QM Work Plan includes monitoring activities conducted to evaluate the quality and performance of the provider network:             <ul> <li>a. Quality of individualized service plans and treatment planning</li> </ul> </li>		91.5	
91.6       The QM Work Plan outlines the formalized collaborative efforts (joint studies) to be conducted.         91.7       The QM Work Plan includes the specific monitoring activities conducted to evaluate the effectiveness of the services received by members: <ul> <li>a. Access to services (routine, urgent and emergent), provider network adequacy, and penetration rates.</li> <li>b. Appropriateness of service authorizations and inter-rater reliability.</li> <li>c. Complaint, grievance and appeal processes; denial rates; and upheld and overturned grievance rates.</li> <li>d. Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.</li> </ul> 91.8     The QM Work Plan includes the specific monitoring activities conducted to evaluate access and availability to services: <ul> <li>a. Telephone access and responsiveness rates</li> <li>b. Overall utilization patterns and trends including IBHS and other high volume/high risk services</li> </ul> 91.10       The QM Work Plan includes monitoring activities conducted to evaluate the quality and performance of the provider network: <ul> <li>a. Quality of individualized service plans and treatment planning</li> </ul>			- · · · ·
91.7       The QM Work Plan includes the specific monitoring activities conducted to evaluate the effectiveness of the services received by members:         a.       Access to services (routine, urgent and emergent), provider network adequacy, and penetration rates.         b.       Appropriateness of service authorizations and inter-rater reliability.         c.       Complaint, grievance and appeal processes; denial rates; and upheld and overturned grievance rates.         d.       Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.         91.8       The QM Work Plan includes the specific monitoring activities conducted to evaluate access and availability to services:         a.       Telephone access and responsiveness rates         b.       Overall utilization patterns and trends including IBHS and other high volume/high risk services         91.10       The QM Work Plan includes monitoring activities conducted to evaluate the quality and performance of the provider network:         a.       Quality of individualized service plans and treatment planning		01.6	
91.7       The QM Work Plan includes the specific monitoring activities conducted to evaluate the effectiveness of the services received by members: <ul> <li>a. Access to services (routine, urgent and emergent), provider network adequacy, and penetration rates.</li> <li>b. Appropriateness of service authorizations and inter-rater reliability.</li> <li>c. Complaint, grievance and appeal processes; denial rates; and upheld and overturned grievance rates.</li> <li>d. Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.</li> </ul> <li>91.8 The QM Work Plan includes the specific monitoring activities conducted to evaluate access and availability to services:             <ul> <li>a. Telephone access and responsiveness rates</li> <li>b. Overall utilization patterns and trends including IBHS and other high volume/high risk services</li> </ul> </li> <li>91.10 The QM Work Plan includes monitoring activities conducted to evaluate the quality and performance of the provider network:         <ul> <li>a. Quality of individualized service plans and treatment planning</li> </ul> </li>		91.0	
<ul> <li>effectiveness of the services received by members:         <ul> <li>a. Access to services (routine, urgent and emergent), provider network adequacy, and penetration rates.</li> <li>b. Appropriateness of service authorizations and inter-rater reliability.</li> <li>c. Complaint, grievance and appeal processes; denial rates; and upheld and overturned grievance rates.</li> <li>d. Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.</li> </ul> </li> <li>91.8 The QM Work Plan includes a provider profiling process.</li> <li>91.9 The QM Work Plan includes the specific monitoring activities conducted to evaluate access and availability to services:</li></ul>		01.7	
<ul> <li>a. Access to services (routine, urgent and emergent), provider network adequacy, and penetration rates.</li> <li>b. Appropriateness of service authorizations and inter-rater reliability.</li> <li>c. Complaint, grievance and appeal processes; denial rates; and upheld and overturned grievance rates.</li> <li>d. Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.</li> <li>91.8 The QM Work Plan includes a provider profiling process.</li> <li>91.9 The QM Work Plan includes the specific monitoring activities conducted to evaluate access and availability to services:         <ul> <li>a. Telephone access and responsiveness rates</li> <li>b. Overall utilization patterns and trends including IBHS and other high volume/high risk services</li> </ul> </li> <li>91.10 The QM Work Plan includes monitoring activities conducted to evaluate the quality and performance of the provider network:         <ul> <li>a. Quality of individualized service plans and treatment planning</li> </ul> </li> </ul>		51.7	
<ul> <li>penetration rates.</li> <li>b. Appropriateness of service authorizations and inter-rater reliability.</li> <li>c. Complaint, grievance and appeal processes; denial rates; and upheld and overturned grievance rates.</li> <li>d. Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.</li> <li>91.8 The QM Work Plan includes a provider profiling process.</li> <li>91.9 The QM Work Plan includes the specific monitoring activities conducted to evaluate access and availability to services: <ul> <li>a. Telephone access and responsiveness rates</li> <li>b. Overall utilization patterns and trends including IBHS and other high volume/high risk services</li> </ul> </li> <li>91.10 The QM Work Plan includes monitoring activities conducted to evaluate the quality and performance of the provider network: <ul> <li>a. Quality of individualized service plans and treatment planning</li> </ul> </li> </ul>			
<ul> <li>b. Appropriateness of service authorizations and inter-rater reliability.</li> <li>c. Complaint, grievance and appeal processes; denial rates; and upheld and overturned grievance rates.</li> <li>d. Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.</li> <li>91.8 The QM Work Plan includes a provider profiling process.</li> <li>91.9 The QM Work Plan includes the specific monitoring activities conducted to evaluate access and availability to services:         <ul> <li>a. Telephone access and responsiveness rates</li> <li>b. Overall utilization patterns and trends including IBHS and other high volume/high risk services</li> </ul> </li> <li>91.10 The QM Work Plan includes monitoring activities conducted to evaluate the quality and performance of the provider network:         <ul> <li>a. Quality of individualized service plans and treatment planning</li> </ul> </li> </ul>			
<ul> <li>c. Complaint, grievance and appeal processes; denial rates; and upheld and overturned grievance rates.</li> <li>d. Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.</li> <li>91.8 The QM Work Plan includes a provider profiling process.</li> <li>91.9 The QM Work Plan includes the specific monitoring activities conducted to evaluate access and availability to services:         <ul> <li>a. Telephone access and responsiveness rates</li> <li>b. Overall utilization patterns and trends including IBHS and other high volume/high risk services</li> </ul> </li> <li>91.10 The QM Work Plan includes monitoring activities conducted to evaluate the quality and performance of the provider network:         <ul> <li>a. Quality of individualized service plans and treatment planning</li> </ul> </li> </ul>			•
overturned grievance rates.d. Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.91.8The QM Work Plan includes a provider profiling process.91.9The QM Work Plan includes the specific monitoring activities conducted to evaluate access and availability to services: a. Telephone access and responsiveness rates b. Overall utilization patterns and trends including IBHS and other high volume/high risk services91.10The QM Work Plan includes monitoring activities conducted to evaluate the quality and performance of the provider network: a. Quality of individualized service plans and treatment planning			
d.       Treatment outcomes: readmission rate, follow-up after hospitalization rates, initiation and engagement rates, and consumer satisfaction.         91.8       The QM Work Plan includes a provider profiling process.         91.9       The QM Work Plan includes the specific monitoring activities conducted to evaluate access and availability to services: <ul> <li>a.</li> <li>Telephone access and responsiveness rates</li> <li>b.</li> <li>Overall utilization patterns and trends including IBHS and other high volume/high risk services</li> </ul> 91.10       The QM Work Plan includes monitoring activities conducted to evaluate the quality and performance of the provider network: <ul> <li>a.</li> <li>Quality of individualized service plans and treatment planning</li> </ul>			
initiation and engagement rates, and consumer satisfaction.91.8The QM Work Plan includes a provider profiling process.91.9The QM Work Plan includes the specific monitoring activities conducted to evaluate access and availability to services: a. Telephone access and responsiveness rates b. Overall utilization patterns and trends including IBHS and other high volume/high risk services91.10The QM Work Plan includes monitoring activities conducted to evaluate the quality and performance of the provider network: a. Quality of individualized service plans and treatment planning			0
91.8       The QM Work Plan includes a provider profiling process.         91.9       The QM Work Plan includes the specific monitoring activities conducted to evaluate access and availability to services:         a.       Telephone access and responsiveness rates         b.       Overall utilization patterns and trends including IBHS and other high volume/high risk services         91.10       The QM Work Plan includes monitoring activities conducted to evaluate the quality and performance of the provider network:         a.       Quality of individualized service plans and treatment planning			
<ul> <li>91.9 The QM Work Plan includes the specific monitoring activities conducted to evaluate access and availability to services:         <ul> <li>a. Telephone access and responsiveness rates</li> <li>b. Overall utilization patterns and trends including IBHS and other high volume/high risk services</li> </ul> </li> <li>91.10 The QM Work Plan includes monitoring activities conducted to evaluate the quality and performance of the provider network:         <ul> <li>a. Quality of individualized service plans and treatment planning</li> </ul> </li> </ul>		91.8	
<ul> <li>access and availability to services:         <ul> <li>a. Telephone access and responsiveness rates</li> <li>b. Overall utilization patterns and trends including IBHS and other high volume/high risk services</li> </ul> </li> <li>91.10 The QM Work Plan includes monitoring activities conducted to evaluate the quality and performance of the provider network:         <ul> <li>a. Quality of individualized service plans and treatment planning</li> </ul> </li> </ul>			
<ul> <li>a. Telephone access and responsiveness rates</li> <li>b. Overall utilization patterns and trends including IBHS and other high volume/high risk services</li> <li>91.10 The QM Work Plan includes monitoring activities conducted to evaluate the quality and performance of the provider network:         <ul> <li>a. Quality of individualized service plans and treatment planning</li> </ul> </li> </ul>			
b. Overall utilization patterns and trends including IBHS and other high volume/high risk services         91.10       The QM Work Plan includes monitoring activities conducted to evaluate the quality and performance of the provider network:         a. Quality of individualized service plans and treatment planning			
risk services         91.10       The QM Work Plan includes monitoring activities conducted to evaluate the quality and performance of the provider network:         a.       Quality of individualized service plans and treatment planning			
performance of the provider network: a. Quality of individualized service plans and treatment planning			
performance of the provider network: a. Quality of individualized service plans and treatment planning		91.10	The QM Work Plan includes monitoring activities conducted to evaluate the quality and
a. Quality of individualized service plans and treatment planning			
b. Adverse incidents			
			b. Adverse incidents
		91.10	risk services The QM Work Plan includes monitoring activities conducted to evaluate the quality and performance of the provider network: a. Quality of individualized service plans and treatment planning

	SMART	
<b>BBA Category</b>	Reference	SMART Language
		c. Collaboration and cooperation with member complaints, grievance, and appeal
		procedures as well as other medical and human services programs and
		administrative compliance
	91.11	The QM Work Plan includes a process for determining provider satisfaction with the
		BH-MCO
	91.12	The QM Work Plan addresses PA-specific, HEDIS and other performance measures, as
		applicable:
		a. Pay-for-Performance Appendix GG of PS&R – PA-specific and HEDIS FUH 7-day and
		30-day and REA within 30 days of discharge
		b. EQRO Annual Technical Report (ATR) identification of Opportunities For
		Improvement (OFI) for Follow up After Mental Health Hospitalization (FUH) – BH-
		MCO should address EQRO's identification of OFI in their Annual Workplan and
		Annual Evaluation
		c. QM Annual Evaluation
	91.13	The identified performance improvement projects must include the following:
		a. Measurement of performance using objective quality indicators
		b. Implementation of system interventions to achieve improvement in quality
		c. Evaluation of the effectiveness of the interventions
		d. Planning and initiation of activities for increasing or sustaining improvement
		e. Timeline for reporting status and results of each project to the Department of
		Human Services (DHS)
		f. Completion of each performance Improvement project in a reasonable time period
		to allow information on the success of performance improvement projects to
		produce new information on quality of care each year
	91.14	The QM Work Plan outlines other performance improvement activities to be conducted
		based on the findings of the Annual Evaluation and any Corrective Actions required
	01.15	from previous reviews
	91.15	The Annual Program Evaluation evaluates the impact and effectiveness of the BH-
		MCO's quality management program. It includes an analysis of the BH-MCO's internal
	02.1	QM processes and initiatives, as outlined in the program description and the work plan.
	93.1	The BH-MCO reports monitoring results for access to services (routine, urgent and
	93.2	emergent), provider network adequacy and penetration rates. The BH-MCO reports monitoring results for appropriateness of service authorization
	95.2	and inter-rater reliability.
	93.3	The BH-MCO reports monitoring results for: authorizations; complaint, grievance and
	53.5	appeal processes; rates of denials; and rates of grievances upheld or overturned.
	93.4	The BH-MCO reports monitoring results for treatment outcomes: readmission rates,
	55.4	follow up after hospitalization rates, and consumer satisfaction.
	98.1	The BH-MCO reports monitoring results for telephone access standard and
	50.1	responsiveness rates. Standard: Abandonment rate < 5%, average speed of answer < 30
		seconds.
	98.2	The BH-MCO reports monitoring results for overall utilization patterns and trends,
	50.2	including IBHS service utilization and other high volume/high risk services patterns of
		over- or under-utilization. BH-MCO takes action to correct utilization problems,
		including patterns of over- and under-utilization.
	98.3	The BH-MCO reports monitoring results for coordination with other service agencies
		and schools
	100.1	The BH-MCO assesses provider satisfaction with network management; specifically:
		claims processing, provider relations, credentialing, prior authorization, service
		management and quality management
ļ	L	

	SMART	
BBA Category	Reference	SMART Language
	104.1	The BH-MCO must measure and report its performance using standard measures
		required by DHS
	104.2	The BH MCO must submit data to DHS, as specified by DHS, that enables the
		measurement of the BH-MCO's performance. QM program description must outline
		timeline for submission of QM program description, work plan, annual QM
		summary/evaluation, and member satisfaction including Consumer Satisfaction Team
		reports to DHS.
	104.3	Performance Improvement Plans status reported within the established time frames
	104.4	The BH-MCO submitted the following within established timeframes: Annual Evaluation QM Program Description QM Work Plan Quarterly SMART Reports
	108.2	C/FST budget is sufficient to: hire staff proportionate to HealthChoices covered lives;
		have adequate office space; purchase equipment; travel and attend on-going training.
	108.5	The C/FST has access to providers and HealthChoices members to conduct surveys, and
		employs a variety of survey mechanisms to determine member satisfaction; e.g.
		provider specific reviews, mailed surveys, focus meetings, outreach to special
		populations, etc.
	108.6	The problem resolution process specifies the role of the County, BH-MCO, C/FST and
		providers, and results in timely follow-up of issues identified in quarterly surveys.
	108.7	The C/FST quarterly reports submitted to OMHSAS include the numeric results of
		surveys by provider and level of care, and narrative information about trends and
		actions taken on behalf of individual consumers, with providers, and systemic issues, as
		applicable.
	108.8	The annual mailed/telephonic survey results are representative of HealthChoices
		membership, and identify systemic trends. Actions have been taken to address areas
		found deficient, as applicable.
	108.10	The C/FST Program is an effective, independent organization that is able to identify and
		influence quality improvement on behalf of individual members and system
	60.4	improvement.
Grievance and	60.1	Table of organization identifies lead person responsible for overall coordination of
Appeal		Complaint and Grievance process and adequate staff to receive, process and respond to
Systems	<u> </u>	member Complaints and Grievances.
(Title 42 CFR §	60.2	Training rosters and training curriculums identify that Complaint and Grievance staff
438.228)		has been adequately trained on Member rights related to the processes and how to
	60.2	handle and respond to member Complaints and Grievances.
	60.3	The BH-MCO's Complaint and Grievance policies and procedures comply with the
	68.1	requirements set forth in Appendix H. Interview with Complaint Coordinator(s) demonstrate a clear understanding of the
	00.1	Complaint process including how Member rights and Complaint procedures are made
		known to Members, BH-MCO staff and the provider network.
		<ul> <li>1st level</li> <li>2nd level</li> </ul>
		External     Expedited
		Expedited Exit Hearing
	(0.2	Fair Hearing
	68.2	<ul> <li>Interview with the Complaint Manager(s) demonstrates effective oversight of the Complaint process.</li> </ul>
	<u> </u>	Complaint process.
	68.3	100% of Complaint Acknowledgement and Decision letters reviewed adhere to the
		established time lines. The required letter templates are utilized 100% of the time.

	SMART	
<b>BBA Category</b>	Reference	SMART Language
	68.4	Complaint Acknowledgement and Decision letters must be written in clear, simple
		language that includes each issue identified in the Member's Complaint and a
		corresponding explanation and reason for the decision(s).
	68.7	Complaint case files include documentation that Member rights and the Complaint
		process were reviewed with the Member.
	68.9	Complaint case files include documentation of any referrals of Complaint issues to
		Primary Contractor/BH-MCO committees for further review and follow-up. Evidence of
		subsequent corrective action and follow-up by the respective Primary Contractor/BH-
		MCO Committee must be available to the Complaint staff, either by inclusion in the
		Complaint case file or reference in the case file to where the documentation can be
	71.1	obtained for review.
	71.1	Interview with Grievance Coordinator demonstrates a clear understanding of the Grievance process, including how Grievance rights and procedures are made known to
		Members, BH-MCO staff and the provider network:
		<ul> <li>Internal</li> </ul>
		External
		Expedited
		Fair Hearing
	71.2	<ul> <li>Interview with the Grievance Manager(s) demonstrates effective oversight of the</li> </ul>
	/ 1.2	Grievance process.
	71.3	100% of Grievance Acknowledgement and Decision letters reviewed adhere to the
	, 1.5	established time lines. The required letter templates are utilized 100% of the time.
	71.4	Grievance decision letters must be written in clear, simple language that includes a
		statement of all services reviewed and a specific explanation and reason for the
		decision including the medical necessity criteria utilized.
	71.7	Grievance case files include documentation that Member rights and the Grievance
		process were reviewed with the Member.
	71.9	Grievance case files must include documentation of any referrals to Primary
		Contractor/BH-MCO committees for further review and follow-up. Evidence of
		subsequent corrective action and follow-up by the respective Primary Contractor/BH-
		MCO Committee must be available to the Grievance staff either by inclusion in the
		Grievance case file or reference in the case file as to where the documentation can be
		obtained for review.
	72.1	Denial notices are issued to members according to required timeframes and use the
		required template language
	72.2	The content of the notices adhere to OMHSAS requirements (e.g., easy to understand
		and free from medical jargon; contains explanation of member rights and procedures
		for filing a grievance, requesting a DHS Fair Hearing, and continuation of services;
		contains name of contact person; contains specific member demographic information;
		contains specific reason for denial; contains detailed description of requested services,
		denied services, and any approved services if applicable; contains date denial decision
SMART: Systematic	Monitoring A	will take effect). Access, and Retrieval Technology; BBA: Balanced Budget Act; CFR: Code of Federal Regulations; §:

SMART: Systematic Monitoring, Access, and Retrieval Technology; BBA: Balanced Budget Act; CFR: Code of Federal Regulations; §: section; DOH: Department of Health; BH: behavioral health; MCO: managed care organization; PH: physical health; FQHC: federally qualified health center; PC: Primary Contractor; HIPAA: Health Insurance Portability and Accountability Act; OMHSAS: Office of Mental Health and Substance Abuse Services; DHS: Department of Human Services; QM: quality management; HEDIS: Healthcare Effectiveness Data and Information Set; PS&R: Program Standards and Requirements; EQRO: external quality review organization; ADA: Americans with Disabilities Act; TTY: teletype; IBHS: intensive behavioral health services; MA: Medicaid; C/FST: Consumer/Family Satisfaction Team.

# **Appendix B. OMHSAS-Specific SMART Substandards** Refer to **Table B.1** for OMHSAS-specific SMART substandards.

## Table B.1: OMHSAS-Specific SMART Substandards

Table B.1. OMIISAS-Specific SMART	SMART	
Category	Reference	SMART Language
Care Management		
Care Management (CM) Staffing	27.1	BH-MCO has staffing standard for the number of care managers needed.
Care Management (CM) Staffing	27.2	Current staffing pattern is in compliance with the stated standard.
Care Management (CM) Staffing	27.3	BH-MCO care management staff represents specialty area of mental health, drug and alcohol, child and adult, and experience in the field.
Care Management (CM) Staffing	27.4	BH-MCO has a staffing standard for the number of physician and peer reviews needed.
Care Management (CM) Staffing	27.5	Current staffing pattern is in compliance with the stated standard.
Care Management (CM) Staffing	27.6	Physician and peer reviews represent specialty areas of mental health, drug and alcohol, child and adults, and experience in field.
Care Management (CM) Staffing	27.7	Other: Significant onsite review findings related to Standard 27
Longitudinal Care Management (and Care Management Record Review)	28.3	Other: Significant onsite review findings related to Standard 28
Complaints and Grievances		
Complaints	68.5	A verbatim transcript and/or recording of the second level Complaint review meeting is maintained to demonstrate appropriate representation, adherence to the Complaint review meeting process, familiarity with the issues being discussed and that the decision was based on input from all panel members.
Complaints	68.6	Sign-in sheets are included for each Complaint review meeting that document the meeting date and time, each participant's name, affiliation, job title, role in the meeting, signature ( facilitator documents participant's virtual attendance if they are not present to sign) and acknowledgement of the confidentiality requirement. Member consent is documented on the sign-in sheet or elsewhere in the complaint case record for participants that require member consent.
Complaints	68.8	Complaint case files include Member and provider contacts related to the Complaint case, investigation notes and evidence, Complaint review summary and identification of all review committee participants, including name, affiliation, job title and role.
Complaints	68.1.1	Where applicable there is evidence of Primary Contractor oversight and involvement in the Complaint process, including, but not limited to: the Member Handbook, Complaint decisions, written notification letters, investigations, scheduling of reviews, staff trainings, adherence of review committees to the requirements in Appendix H and quality of care concerns.
Complaints	68.1.2	Training rosters and training curriculums demonstrate that Complaint staff, as appropriate, have been adequately trained on Member rights related to the processes and how to handle and respond to Member Complaints.

	SMART					
Category	Reference	SMART Language				
Grievances	71.5	A verbatim transcript and/or recording of the Grievance review				
		meeting is maintained to demonstrate appropriate representation,				
		adherence to the Grievance review meeting process, familiarity				
		with the issues being discussed and that input was provided from				
		all panel members.				
Grievances	71.6	Sign-in sheets are included for each Grievance review meeting that				
		document the meeting date and time, each participant's name,				
		affiliation, job title, role in the meeting, signature (facilitator				
		documents participant's virtual attendance if they are not present				
		to sign) and acknowledgement of the confidentiality requirement.				
		Member consent is documented on the sign-in sheet or elsewhere				
		in the complaint case record for participants that require member				
Crievenees	71.8	consent.				
Grievances	/1.8	Grievance case files include Member and provider contacts related to the Grievance case, Grievance review summary and				
		identification of all review committee participants, including name,				
		affiliation, job title and role.				
Grievances	71.1.1	Where applicable there is evidence of Primary Contractor				
Grievances	/ 1.1.1	oversight and involvement in the Grievance process, included but				
		not limited to the Member Handbook, Grievance decisions,				
		written notification letters, scheduling of reviews, staff trainings,				
		adherence of review committees to the requirements in Appendix				
		H and quality of care concerns.				
Grievances	71.1.2	Training rosters and training curriculums demonstrate that				
		Grievance staff, as appropriate, have been adequately trained on				
		Member rights related to the processes and how to handle and				
		respond to Member Grievances.				
Denial						
Denials	72.3	BH-MCO consistently reports denial data/occurrences to OMHSAS				
		on a monthly basis according to Appendix AA requirements.				
Education and Prevention Programs						
Education and prevention programs	59.1	BM-MCO has implemented public education and prevention				
		programs, including behavioral health educational materials.				
Enrollee Satisfaction	-					
Consumer/Family Satisfaction	108.3	County's/BH-MCO's role of fiduciary (if applicable) is clearly				
		defined, and provides supportive function as defined in the C/FST				
		Contract, as opposed to directing the program.				
Consumer/Family Satisfaction	108.4	The C/FST Director is responsible for: setting program direction				
		consistent with County direction; negotiating contract; prioritizing				
		budget expenditures; recommending survey content and priority;				
		and directing staff to perform high quality surveys.				
Consumer/Family Satisfaction	108.9	Results of surveys by provider and level of care are reflected in BH-				
		MCO provider profiling, and have resulted in provider action to				
<b>F</b>		address issues identified.				
	Executive Management					
County Executive Management	78.1	Updated County Table of Organization – evidence of sufficient				
	70.0	staff.				
County Executive Management	78.2	Review of County/Corporation management minutes demonstrate				
		actions taken. BH-MCO written notification of key staff changes				

	SMART	
Category	Reference	SMART Language
		received within seven days-watch for high turnover, vacant
		positions.
County Executive Management	78.3	County formal review of BH-MCO is completed on an annual basis.
County Executive Management	78.4	There is evidence of County leadership to promote recovery and
		resiliency.
County Executive Management	78.5	Other: Significant onsite review findings related to Standard 78.
BH-MCO Executive Management	86.1	Updated BH-MCO table of organization – evidence of sufficient
		staff.
BH-MCO Executive Management	86.2	OMHSAS onsite review is conducted every 3 years
BH-MCO Executive Management	86.3	Other: Significant onsite review findings related to Standard 86

SMART: Systematic Monitoring, Access, and Retrieval Technology; OMHSAS: Office of Mental Health and Substance Abuse Services; BH-MCO: behavioral health managed care organization; C/FST: Consumer/Family Satisfaction Team.

# **Appendix C: OMHSAS-Specific SMART Substandards for Carelon Primary Contractors**

OMHSAS-specific substandards are not required to fulfill BBA requirements. In RY 2022, 31 OMHSAS-specific substandards were evaluated for Carelon and its Primary Contractors. **Table C.1** provides a count of the OMHSAS-specific substandards applicable in 2022, along with the relevant categories.

		d SMART	SMART Substandards			
	Substa	Substandards <sup>1</sup> Under <i>J</i>		ler Active Revi	Active Review <sup>2</sup>	
Category (SMART Standard)	Total	NR	RY 2022	RY 2021	RY 2020	
Care Management						
Care Management (CM) Staffing	7	-	0	0	7	
Longitudinal CM (and CM Record Review)	1	-	0	0	1	
Complaints and Grievances						
Complaints	5	-	0	0	5	
Grievances	5	-	0	0	5	
Denial						
Denials	1	-	1	0	0	
Executive Management						
County Executive Management	5	-	0	0	5	
BH-MCO Executive Management	3	-	0	0	3	
Enrollee Satisfaction						
Consumer/Family Satisfaction	3	-	0	3	0	
Education and Prevention Programs						
Education and Prevention Programs	1	-	0	1	0	
Total	31	-	1	4	26	

## Table C.1: Tally of OMHSAS-Specific Substandards Reviewed for Carelon

<sup>1</sup> The total number of OMHSAS-specific substandards required for the evaluation of Primary Contractor/BH-MCO compliance with OMHSAS standards. Any SMART substandards not reviewed indicate substandards that were deemed not applicable to the Primary Contractor/BH-MCO.

<sup>2</sup> The number of OMHSAS-specific substandards that came under active review during the cycle specific to the review year. OMHSAS: Office of Mental Health & Substance Abuse Services; SMART: Systematic Monitoring, Access, and Retrieval Technology; BH-MCO: behavioral health managed care organization; RY: review year; NR: substandards not reviewed.

## **Format**

This document groups the monitoring standards under the subject headings Care Management, Complaints and Grievances, Denials, Executive Management, Enrollee Satisfaction, and Education and Prevention Programs. The status of each substandard is presented as it appears in the SMART Review Application (i.e., compliant, partially compliant, non-compliant) and/or applicable RAI tools (i.e., complete, pending) submitted by OMHSAS. This format reflects the goal of this supplemental review, which is to assess the Primary Contractor/BH-MCO's compliance with selected ongoing OMHSAS-specific monitoring standards.

## **Findings**

#### **Care Management**

The OMHSAS-specific SMART substandards relating to Care Management are MCO-specific review standards. Eight substandards crosswalk to this category, and Carelon and its Primary Contractors were compliant with six substandards and partially compliant with two substandards. The status for these substandards is presented in **Table C.2**.

Table C.2: OMHSAS-Specific Requirements Relating to Care Management

			Status by Primary Contractor		
Category	SMART Item	RY	Compliant	Partially Compliant	Non-compliant
Care Management					
Care Management (CM) Staffing	Substandard 27.1	2020	All Carelon Primary Contractors	-	-
	Substandard 27.2	2020	All Carelon Primary Contractors	-	-
	Substandard 27.3	2020	-	All Carelon Primary Contractors	-
	Substandard 27.4	2020	All Carelon Primary Contractors	-	-
	Substandard 27.5	2020	All Carelon Primary Contractors	-	-
	Substandard 27.6	2020	All Carelon Primary Contractors	-	-
	Substandard 27.7	2020	-	All Carelon Primary Contractors	-
Longitudinal CM (and CM Record Review)	Substandard 28.3	2020	All Carelon Primary Contractors	-	-

OMHSAS: Office of Mental Health & Substance Abuse Services; SMART: Systematic Monitoring, Access, and Retrieval Technology; RY: review year.

All Primary Contractors associated with Carelon were partially compliant with Substandard 3 and Substandard 7 of SMART Standard 27 (RY 2020).

**Standard 27:** Care management staffing is sufficient to meet member needs. Appropriate supervisory staff, including access to senior clinicians (peer reviewers, physicians, etc.) is evident.

**Substandard 3:** BH-MCO care management staff represents specialty area of mental health, drug and alcohol, child and adult, and experience in the field.

Substandard 7: Other: Significant onsite review findings related to Standard 27.

#### **Complaints and Grievances**

The OMHSAS-specific SMART substandards relating to second-level complaints and grievances include MCO-specific and county-specific review standards. Carelon and its Primary Contractors were evaluated on 10 of the 10 applicable substandards. Of the 10 substandards evaluated, Carelon partially met three substandards, as indicated in **Table C.3**.

#### Table C.3: OMHSAS-Specific Requirements Relating to Complaints and Grievances

			Stat	Status by Primary Contractor			
Category	SMART Item	RY	Compliant	Partially Compliant	Non-compliant		
Complaints and Grievances							
Complaints	Substandard 68.1.1	2020	Fayette County, Northwest Behavioral Health Partnership, Inc., Southwest Behavioral Health Management, Inc.	Beaver County	-		
	Substandard 68.1.2	2020	All Carelon Primary Contractors	-	-		
	Substandard 68.5	2020	All Carelon Primary Contractors	-	-		
	Substandard 68.6	2020	-	All Carelon Primary Contractors	-		
	Substandard 68.8	2020	All Carelon Primary Contractors	-	-		
Grievances	Substandard 71.1.1	2020	Fayette County, Northwest Behavioral Health Partnership, Inc., Southwest Behavioral Health Management, Inc.	Beaver County	-		
	Substandard 71.1.2	2020	All Carelon Primary Contractors	-	-		
	Substandard 71.5	2020	All Carelon Primary Contractors	-	-		
	Substandard 71.6	2020	All Carelon Primary Contractors	-	-		
	Substandard 71.8	2020	All Carelon Primary Contractors	-	-		

OMHSAS: Office of Mental Health & Substance Abuse Services; SMART: Systematic Monitoring, Access, and Retrieval Technology; RY: review year.

One Primary Contractor associated with Carelon (Beaver) was partially compliant with Substandard 1 of SMART Standard 68.1 (RY 2020).

**Standard 68.1:** The Primary Contractor is responsible for monitoring the Complaint process for compliance with Appendix H and the Systematic Monitoring, Access, and Retrieval Technology (SMART).

**Substandard 1:** Where applicable there is evidence of Primary Contractor oversight and involvement in the Complaint process, including but not limited to: The Member Handbook, Complaint decisions, written notification letters, investigations, scheduling of reviews, staff trainings, adherence of review committees to the requirements in Appendix H and quality of care concerns.

All Primary Contractors associated with Carelon were partially compliant with Substandard 6 of SMART Standard 68 (RY 2020).

**Standard 68:** The Complaint and Fair Hearing processes, procedures and Member rights related to the processes are made known to Members, BH-MCO staff and the provider network through manuals, training, handbooks, etc.

**Substandard 6:** Sign-in sheets are included for each Complaint review meeting that document the meeting date and time, each participant's name, affiliation, job title, role in the meeting, signature (facilitator documents participant's virtual attendance if they are not present to sign) and acknowledgement of the confidentiality requirement. Member consent is documented on the sign-in sheet or elsewhere in the complaint case record for participants that require member consent.

One Primary Contractor associated with Carelon (Beaver) was partially compliant with Substandard 1 of SMART Standard 71.1 (RY 2020).

**Standard 71.1:** The Primary Contractor is responsible for monitoring the Grievance process for compliance with Appendix H and the Systematic Monitoring, Access, and Retrieval Technology (SMART).

**Substandard 1:** Where applicable there is evidence of Primary Contractor oversight and involvement in the Grievance process, including but not limited to: The Member Handbook, Grievance decisions, written notification letters, scheduling of reviews, staff trainings, adherence of review committees to the requirements in Appendix H and quality of care concerns.

#### **Denials**

The OMHSAS-specific SMART substandard relating to Denials is an MCO-specific review standard. Carelon and its Primary Contractors were evaluated for and met the criteria of this substandard. The status for this substandard is presented in **Table C.4**.

			Status by Primary Contractor		
Category	SMART Item	RY	Compliant	Partially Compliant	Non-compliant
Denials					
Denials	Substandard 72.3	2022	All Carelon Primary Contractors	-	-

Table C.4: OMHSAS-Specific Requirements Relating to Denials

OMHSAS: Office of Mental Health & Substance Abuse Services; SMART: Systematic Monitoring, Access, and Retrieval Technology; RY: review year.

#### **Executive Management**

There are eight OMHSAS-specific SMART substandards relating to Executive Management. Carelon and its Primary Contractors were compliant with all substandards in County Executive Management. Carelon and all its Primary Contractors were evaluated on the BH-MCO Executive Management substandard and were partially compliant with one substandard. The status for these substandards is presented in **Table C.5**.

#### Table C.5: OMHSAS-Specific Requirements Relating to Executive Management

			Status by Primary Contractor		
Category	SMART Item	RY	Compliant	Partially Compliant	Non-compliant
Executive Management					
County Executive Management	Substandard 78.1	2020	All Carelon Primary Contractors	-	-
	Substandard 78.2	2020	All Carelon Primary Contractors	-	-
	Substandard 78.3	2020	All Carelon Primary Contractors	-	-
	Substandard 78.4	2020	All Carelon Primary Contractors	-	-
	Substandard 78.5	2020	All Carelon Primary Contractors	-	-
BH-MCO Executive Management	Substandard 86.1	2020	All Carelon Primary Contractors	-	-
	Substandard 86.2	2020	All Carelon Primary Contractors	-	-
	Substandard 86.3	2020	-	All Carelon Primary Contractors	-

OMHSAS: Office of Mental Health & Substance Abuse Services; SMART: Systematic Monitoring, Access, and Retrieval Technology; RY: review year.

All Primary Contractors associated with Carelon were partially compliant with Substandard 3 of SMART Standard 86 (RY 2021).

**Standard 86:** Required duties and functions are in place. The BH-MCO Table of Organization depicts relationships between the following functions/positions:

- Chief Executive Officer
- The appointed Medical Director is a board-certified psychiatrist licensed in Pennsylvania with at least five years of experience in MH and SA
- Chief Financial Officer
- Director of Quality Management
- Director of Utilization Management
- Management Information Systems
- Director of Prior/Service Authorization
- Director of Member Services
- Director of Provider Services

Substandard 3: Other: Significant onsite review findings related to Standard 86.

#### **Enrollee Satisfaction**

The OMHSAS-specific SMART substandards relating to Enrollee Satisfaction are county-specific review standards. Carelon and its Primary Contractors were compliant on all three substandards. The status by Primary Contractor for these is presented in **Table C.6**.

#### Table C.6: OMHSAS-Specific Requirements Relating to Enrollee Satisfaction

			Status by Primary Contractor		
Category	SMART Item	RY	Compliant	Partially Compliant	Non-compliant
Enrollee Satisfaction					
Consumer/ Family Satisfaction	Substandard 108.3	2021	All Carelon Primary Contractors	-	-
	Substandard 108.4	2021	All Carelon Primary Contractors	-	-
	Substandard 108.9	2021	All Carelon Primary Contractors	-	-

OMHSAS: Office of Mental Health & Substance Abuse Services; SMART: Systematic Monitoring, Access, and Retrieval Technology; RY: review year.

#### **Education and Prevention Programs**

The OMHSAS-specific SMART substandard relating to Education and Prevention Programs is MCO-specific. Carelon and its Primary Contractors were compliant on the substandard. The status by Primary Contractor is presented in **Table C.7**.

#### Table C.7: OMHSAS-Specific Requirements Relating to Education and Prevention Programs

			Status by Primary Contractor			
Category	SMART Item	RY	Compliant	Partially Compliant	Non-compliant	
Education and Prevention Programs						
Education and Prevention Programs	Substandard 59.1	2021	All Carelon Primary Contractors	-	-	

OMHSAS: Office of Mental Health & Substance Abuse Services; SMART: Systematic Monitoring, Access, and Retrieval Technology; RY: review year.