



**Commonwealth of Pennsylvania  
Department of Human Services  
Office of Long-Term Living**

**External Quality Review**

**Community HealthChoices Managed Care Organization Technical Report for  
AmeriHealth Caritas Pennsylvania, January–December 2022**

April 7, 2023



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## Table of Contents

INTRODUCTION .....	4
PURPOSE AND BACKGROUND .....	4
I: PERFORMANCE IMPROVEMENT PROJECTS .....	6
OBJECTIVES .....	6
TECHNICAL METHODS OF DATA COLLECTION AND ANALYSIS .....	7
FINDINGS .....	9
II: PERFORMANCE MEASURES AND CAHPS SURVEYS .....	11
METHODOLOGY .....	11
IMPLEMENTATION OF PA-SPECIFIC PERFORMANCE MEASURES AND HEDIS AUDIT .....	13
CONCLUSIONS AND COMPARATIVE FINDINGS .....	13
CONSUMER ASSESSMENT OF HEALTHCARE PROVIDERS AND SYSTEMS SURVEY .....	19
III: REVIEW OF COMPLIANCE WITH MEDICAID AND CHIP MANAGED CARE REGULATIONS .....	20
OBJECTIVES .....	20
DESCRIPTION OF DATA OBTAINED .....	20
DETERMINATION OF COMPLIANCE .....	21
FINDINGS .....	21
IV: FOCUS STUDY – ENROLLMENT-ELIGIBILITY DATA .....	23
METHODOLOGY .....	23
FINDINGS .....	24
OVERALL ASSESSMENT .....	26
RECOMMENDATIONS .....	26
V: MCO’S RESPONSES TO PREVIOUS OPPORTUNITIES FOR IMPROVEMENT .....	28
CURRENT AND PROPOSED INTERVENTIONS .....	28
ACP CHC RESPONSE TO PREVIOUS EQR RECOMMENDATIONS .....	28
VI: STRENGTHS, OPPORTUNITIES FOR IMPROVEMENT, AND EQR RECOMMENDATIONS .....	29
STRENGTHS .....	29
OPPORTUNITIES FOR IMPROVEMENT .....	29
EQR RECOMMENDATIONS .....	29
VII: SUMMARY OF ACTIVITIES .....	30
PERFORMANCE IMPROVEMENT PROJECTS .....	30
PERFORMANCE MEASUREMENT AND CAHPS SURVEYS .....	30
COMPLIANCE WITH MEDICAID AND CHIP MANAGED CARE REGULATIONS .....	30
FOCUS STUDY – ENROLLMENT-ELIGIBILITY DATA .....	30
MCO’S RESPONSES TO PREVIOUS OPPORTUNITIES FOR IMPROVEMENT .....	30
STRENGTHS AND OPPORTUNITIES FOR IMPROVEMENT IN REVIEW YEAR 2022 .....	30
APPENDIX .....	31
A1 PERFORMANCE IMPROVEMENT PROJECT INTERVENTIONS .....	31
A2 COMPREHENSIVE COMPLIANCE STANDARDS LIST .....	32

## List of Tables

TABLE 1: ELEMENT DESIGNATION.....	8
TABLE 2: REVIEW ELEMENT SCORING WEIGHTS – SCORING MATRIX.....	9
TABLE 3: ACP PIP COMPLIANCE ASSESSMENTS – FINAL REPORTS.....	10
TABLE 4: PERFORMANCE MEASURE GROUPINGS .....	11
TABLE 5: HEDIS MY 2021 (RY 2022) HEDIS PERFORMANCE MEASURE RATES FOR EFFECTIVENESS OF CARE.....	14
TABLE 6: HEDIS MY 2021 (RY 2022) PERFORMANCE MEASURE RATES FOR ACCESS/AVAILABILITY OF CARE .....	16
TABLE 7: HEDIS MY 2021 (RY 2022) PERFORMANCE MEASURE RESULTS FOR UTILIZATION AND RISK ADJUSTED UTILIZATION .....	17
TABLE 8: PA-SPECIFIC MY 2021 (RY 2022) PERFORMANCE MEASURE RESULT FOR ADULTS’ ANNUAL DENTAL VISIT .....	19
TABLE 9: REGULATIONS DIRECTLY CROSSWALKED TO SMART .....	21
TABLE 10: MCO COMPLIANCE WITH CFR CATEGORIES FOR SUBPARTS D AND E DIRECTLY ASSOCIATED WITH SMART .....	22
TABLE 11: CHC ENROLLMENT ELIGIBILITY DATA FOCUS STUDY FILE LAYOUT .....	23
TABLE 12: DATA ELEMENT DISCREPANCIES AND FINDINGS.....	24
TABLE 13: DISCREPANCIES DESCRIPTION AND DISCUSSION.....	25
TABLE 14: ACP RESPONSE TO PREVIOUS EQR RECOMMENDATIONS .....	28
TABLE 15: EQR RECOMMENDATIONS .....	29
TABLE A1 PIP INTERVENTIONS .....	31
TABLE A2: REQUIRED AND RELATED STRUCTURE AND COMPLIANCE STANDARDS .....	33

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# Introduction

## Purpose and Background

The final rule of the Balanced Budget Act of 1997 (BBA) requires that state agencies contract with an external quality review organization (EQRO) to conduct an annual external quality review (EQR) of the services provided by contracted Medicaid managed care organizations (MCOs). This EQR must include an analysis and evaluation of aggregated information on quality, timeliness and access to the health care services that MCOs furnish to managed care recipients. The Centers for Medicare & Medicaid Services (CMS) is required to develop EQR protocols to guide and support the annual EQR process. The first set of protocols was issued in 2003 and updated in 2012. CMS revised the protocols in 2018 to incorporate regulatory changes contained in the May 2016 Medicaid and CHIP managed care final rule, including the incorporation of Community HealthChoices (CHC) MCOs. Updated protocols were published in late 2019.

The Pennsylvania (PA) Department of Human Services (DHS) CHC is the mandatory managed care program in PA for adults dually eligible for Medicare and Medicaid, older adults, and adults with physical disabilities, in need of long-term services and supports (LTSS). LTSS help individuals perform daily activities in their home such as bathing, dressing, preparing meals, and administering medications. CHC aims to serve more people in communities, give them the opportunity to work, spend more time with their families, and experience an overall better quality of life. CHC was developed to improve and enhance medical care access and coordination, as well as create a person-centered LTSS system, in which people have a full array of quality services and supports that foster independence, health, and quality of life.

CHC was phased in over a 3-year period: Phase 1 began January 1, 2018 in the Southwest (SW) region (Allegheny, Armstrong, Beaver, Bedford, Blair, Butler, Cambria, Fayette, Greene, Indiana, Lawrence, Somerset, Washington and Westmoreland counties); Phase 2 began January 1, 2019, in the Southeast (SE) region (Bucks, Chester, Delaware, Montgomery and Philadelphia counties); and Phase 3 began January 1, 2020, in the remaining part of the state (Lehigh/Capital, Northwest [NW], and Northeast [NE]). Statewide, PA DHS Office of Long-Term Living (OLTL) contracts with MCOs to provide CHC benefits to members.

The final rule of the BBA requires that state agencies contract with an EQRO to conduct an annual EQR of the services provided by the contracted Medicaid MCO. This EQR must include an analysis and evaluation of aggregated information on quality, timeliness and access to the health care services that the MCO furnishes to Medicaid managed care (MMC) recipients. This is conducted in conjunction with the PA DHS's Quality Strategy, which IPRO also evaluates as part of the statewide annual technical report (ATR).

The mandatory EQR-related activities that must be included in detailed ATRs, per *Title 42 Code of Federal Regulations (CFR) Section (§) 438.358*, are as follows:

- validation of performance improvement projects (PIPs),
- validation of MCO performance measures (PMs), and
- review of compliance with Medicaid and Children's Health Insurance Program (CHIP) managed care regulations.

It should be noted that a fourth mandatory activity, validation of network adequacy, was named in the CMS *External Quality Review (EQR) Protocols* published in October 2019. However, for RY 2022 validation of network adequacy was not a mandatory activity and was conducted at the state's discretion. Each managed care program agreement entered into by the PA DHS OLTL identifies network adequacy standards for those programs.

The PA DHS OLTL (hereafter "the Department") contracted with its EQRO, IPRO (hereafter "the EQRO"), to conduct the 2022 EQRs for the CHC MCOs and to prepare the ATRs. This *EQR MCO ATR* presents, in terms of CHC, a review of AmeriHealth Caritas Pennsylvania (ACP; hereafter, ACP is synonymous with "the MCO"). Of additional note: the SE Region is not represented in these findings, as ACP's coverage does not include the SE Region.

This ATR includes seven core sections:

- I. Performance Improvement Projects
- II. Performance Measures and Consumer Assessment of Healthcare Providers and Systems (CAHPS®) Surveys
- III. Review of Compliance with Medicaid and CHIP Managed Care Regulations
- IV. Focus Study – Enrollment-Eligibility Data
- V. MCO's Responses to Previous Opportunities for Improvement
- VI. Strengths, Opportunities for Improvement, and EQR Recommendations
- VII. Summary of Activities

Information for **Section I** of this report is derived from activities conducted with and on behalf of the Department to research, select, and define PIPs for a new validation cycle, as well as the EQRO's validation of each MCO's PIPs, including review of the PIP design and implementation using documents provided by the MCO.

Information for **Section II** of this report is derived from the EQRO's validation of each MCO's PM submissions. PM validation as conducted by the EQRO includes applicable PA-specific PMs as well as Healthcare Effectiveness Data and Information Set (HEDIS®) measures for each MCO. Within **Section II**, CAHPS Survey validation results follow the PMs.

Historically for MCOs, the information for the compliance with Medicaid and CHIP managed care regulations in **Section III** of the report was derived from the results of on-site reviews conducted by the Department's internal staff, with findings entered into the Department's on-site monitoring tool, and follow-up materials provided as needed or requested. Beginning in 2021, compliance data were collected from the Department's monitoring of MCOs against the Systematic Monitoring, Access and Retrieval Technology (SMART) standards, from OLTL's contract agreement with each MCO, and from National Committee for Quality Assurance (NCQA™) accreditation results for each MCO. Standards presented in the on-site tool are those currently reviewed and utilized by PA OLTL staff to conduct reviews; these standards may be applicable to other subparts and will be cross walked to reflect regulations as applicable.

**Section IV** includes the MCO's results and their responses (via a remote meeting discussion) to the 2022 focus study completed by OLTL and the MCO to review enrollment and eligibility data. This section also includes recommendations.

**Section V** includes the MCO's response to the 2021 EQR ATR's opportunities for improvement and presents the degree to which the MCO addressed each opportunity for improvement.

**Section VI** has a summary of the MCO's strengths and opportunities for improvement for this review period as determined by the EQRO. This section highlights PMs across HEDIS and PA-specific PMs where the MCO has performed highest and lowest. This section also includes EQR recommendations.

**Section VII** contains a summary of findings across all sections of the EQR ATR, including PIPs, PMs, compliance with Medicaid and CHIP managed care regulations, MCO's responses to the 2021 recommendations, and the strengths and opportunities for improvement found for 2022.

## I: Performance Improvement Projects

### Objectives

*Title 42 CFR § 438.330(d)* establishes that state agencies require contracted MCOs to conduct PIPs that focus on both clinical and non-clinical areas. According to the CMS, the purpose of a PIP is to assess and improve the processes and outcomes of health care provided by an MCO.

In accordance with current BBA regulations, the EQRO undertook validation of PIPs for each MCO. For the purposes of the EQR, the MCO is required to participate in studies selected by the Department for review and validation of methodology in 2022 (CHC Agreement, 2022). Two PIPs (first initiated in 2018) were expanded and improved as part of this requirement. Over the course of implementation of all PIPs, the MCO must implement improvement actions and conduct follow-up to demonstrate initial and sustained improvement or the need for further action.

Since initiation of CHC PIPs, the EQRO has utilized the Lean methodology, following the CMS recommendation that Quality Improvement Organizations (QIOs) and other healthcare stakeholders embrace Lean to promote continuous quality improvement in healthcare. MCOs were provided with the most current Lean PIP submission and validation templates at the initiation of the PIPs.

The MCO is required to develop and implement two internal PIPs chosen by the Department. For the current EQR PIP cycle, the two topics selected were Strengthening Care Coordination (which is robustly clinical in nature) and Transition of Care from the Nursing Facility (NF) to the Community.

**Strengthening Care Coordination** was selected as a topic following discussions with stakeholders and in collaboration with the EQRO. The MCO was required to implement interventions and measure performance on the topic of strengthening care coordination with assessment and improvement of outcomes of care rendered by the MCO. The initial PIP proposal was submitted in September 2018, ahead of PIP implementation on January 1, 2019. Accordingly, the MCO submitted proposals for PIP expansion into the SE Region in September 2019 and throughout the entirety of PA in September 2020. Eligible populations initially included the Nursing Facility Clinically Eligible (NFCE) participants and expanded accordingly.

For this PIP, MCOs were required to submit rates at the baseline, interim, and final measurement year (MY) for transitions of care measures aligned with clinical care coordination, with indicators for notification of inpatient admission, receipt of discharge note, engagement after inpatient discharge, as well as a hospitalization follow-up indicator for seven-day follow-up behavioral health (BH) discharge. Additionally, indicators aligned with capabilities of information systems were developed and implemented to encompass transitional care planning and adjustments to improved notification of discharge.

**Transition of Care from the NF to the Community** was selected following discussions with stakeholders and in collaboration with the EQRO. The MCO was required to implement interventions and measure performance on the topic of transition of care from the NF to the community, entailing assessment and improvement of outcomes of care rendered by the MCO. The initial PIP proposal was submitted in September 2018, ahead of PIP implementation on January 1, 2019. Accordingly, the MCO submitted proposals for PIP expansion into the SE Region in September 2019 and throughout the entirety of PA in September 2020. Eligible populations initially included the NFCE participants and expanded accordingly.

For this PIP, MCOs were required to submit rates at the baseline, interim, and final MY for transitions of care measures, with indicators for receipt of discharge note, engagement after inpatient discharge, and medication reconciliation, and an indicator for remaining in home or community post-discharge. Additionally, an indicator aligned with capabilities of information systems was developed and implemented to encompass transitional care planning.

All MCOs are required to submit their projects using a standardized PIP template form, which is consistent with the CMS protocol for *Conducting Performance Improvement Projects*. These protocols follow a longitudinal format and capture information relating to:

- activity selection and methodology,
- data/results,
- analysis cycle, and
- interventions

## Technical Methods of Data Collection and Analysis

The EQRO's validation process begins at the PIP proposal phase and continues through the life of the PIP. During the conduct of the PIPs, the EQRO provides technical assistance to each MCO. The technical assistance includes feedback.

*CMS's Protocol 1. Validation of Performance Improvement Projects* was used as the framework to assess the quality of each PIP, as well as to score the compliance of each PIP with both federal and state requirements. The EQRO's assessment involves the following: each submitted PIP report reviewed against applicable review elements and associated requirements; first set of elements relates to baseline and demonstrable improvement phases of PIP; and last element relates to sustaining improvement from baseline measurement.

The MCO is encouraged to continuously assess their rates for performance indicators (PIs) each year and adjust goals accordingly, as goals should be robust, yet attainable.

For PIP topic/rationale elements, the following are reviewed: attestation signed, and PIP identifiers completed; impacts the maximum feasible proportion of members; potential for meaningful impact on member health, functional status, or satisfaction; reflects high-volume or high-risk conditions; and, supported with MCO member data (e.g., historical data related to disease prevalence).

For PIP aim, the following are reviewed: aim specifies PIs for improvement, with corresponding goals; goal sets a target improvement rate that is bold, feasible, and based upon baseline data and strength of interventions, with rationale (e.g., benchmark); and objectives align aim and goals with interventions.

For PIP methodology, the following are reviewed: PIs are clearly defined and measurable (specifying numerator and denominator criteria); PIs are measured consistently over time; PIs measure changes in health status, functional status, satisfaction, or processes of care with strong associations with improved outcomes; eligible population (i.e., Medicaid enrollees to whom the PIP is relevant) is clearly defined; procedures indicate data source, hybrid vs. administrative, reliability (e.g., inter-rater reliability [IRR]); if sampling was used, the MCO identified a representative sample, utilizing statistically sound methodology to limit bias, and the sampling technique specifies estimated/true frequency, margin of error, and confidence interval; study design specifies data collection methodologies that are valid, reliable, representative of the entire eligible population, and presented with a corresponding timeline; and study design specifies data analysis procedures with a corresponding timeline.

For PIP barrier analysis, the following are reviewed: susceptible subpopulations identified using claims data on PMs, stratified by demographic and clinical characteristics; member input at focus groups and/or quality meetings, and/or from care management (CM) outreach; provider input at focus groups and/or quality meetings; quality improvement process data ("5 Why's," fishbone diagram); HEDIS rates or other performance metric (e.g., CAHPS); and literature review.

For PIP intervention robustness, the following are reviewed: informed by barrier analysis; actions that target member, provider, and MCO; new or enhanced, starting after baseline year; and with corresponding monthly or quarterly intervention tracking measures (also known as process measures), with numerator/denominator (specified in proposal and baseline PIP reports, with actual data reported in Interim and Final PIP Reports).

For PIP results, the following is reviewed: table shows PI rates, numerators, and denominators, all with corresponding goals.

For discussion and validity of reported improvement in the PIP, the following are reviewed: interpretation of extent to which PIP is successful, and the factors associated with success (e.g., interventions); data presented adhere to the statistical techniques outlined in the MCO's data analysis plan; analysis identifies changes in indicator performance, factors that influence comparability, and that threaten internal/external validity; and lessons learned and follow-up activities planned as a result.

For PIP sustainability, the following are reviewed: ongoing, additional, or modified interventions documented; and sustained improvement demonstrated through repeated measurements over comparable time periods.

Following the review of the listed elements, the review findings are considered to determine whether the PIP outcomes should be accepted as valid and reliable.

This section describes the scoring elements and methodology that will occur during the intervention and sustainability periods. MY 2018 is the initial baseline year, and during the 2022 RY, elements were reviewed at multiple points during the year and scored using the Year 3 annual reports submitted in 2022. All MCOs received some level of guidance towards improving their submissions in these findings, and MCOs will respond accordingly with resubmission to correct specific areas.

For each review element, the assessment of compliance is determined through the responses to each review item. Each element carries a separate weight. Scoring for each element is based on full, partial, and non-compliance. The overall score is expressed in terms of levels of compliance. The elements are not formally scored beyond the full/partial/non-compliant determination.

**Table 1** presents the terminologies used in the scoring process, their respective definitions, and their weight percentage.

**Table 1: Element Designation**

Element Designation	Definition	Designation Weight
Full	Met or exceeded the element requirements	100%
Partial	Met essential requirements, but is deficient in some areas	50%
Non-compliant	Has not met the essential requirements of the element	0%

When the PIPs are reviewed, all projects are evaluated for the same elements. The scoring matrix is completed for those review elements where activities have occurred during the review year. At the time of the review, a project can be reviewed for only a subset of elements. It will then be evaluated for other elements at a later date, according to the PIP submission schedule. Untimely reporting by the MCO, i.e., if not in accordance with the submission schedule, may be factored into the overall determination. At the time each element is reviewed, a finding is given of “Met,” “Partially Met,” or “Not Met.” Elements receiving a “Met” will receive 100% of the points assigned to the element, “Partially Met” elements will receive 50% of the assigned points, and “Not Met” elements will receive 0%.

The total points earned for each review element are weighted to determine the MCO’s overall performance scores for a PIP. For the EQR PIPs, the review elements for demonstrable improvement have a total weight of 80%. The highest achievable score for all demonstrable improvement elements is 80 points (80% x 100 points for full compliance; **Table 2**).



**Table 2: Review Element Scoring Weights – Scoring Matrix**

Review Element	Standard	Scoring Weight
1	Topic/rationale	5%
2	Aim	5%
3	Methodology	15%
4	Barrier analysis	15%
5	Robust interventions	15%
6	Results table	5%
7	Discussion and validity of reported improvement	20%
<b>Total demonstrable improvement score</b>		<b>80%</b>
8	Sustainability <sup>1</sup>	20%
<b>Total sustained improvement score</b>		<b>20%</b>
<b>Overall project performance score</b>		<b>100%</b>

<sup>1</sup>At the time of this report, these standards were not yet applicable in the current phase of PIP implementation.

As noted in the scoring matrix (**Table 2**), PIPs are also reviewed for the achievement of sustained improvement. For the EQR of the MCO’s PIPs, sustained improvement elements have a total weight of 20%, for a possible maximum total of 20 points. The MCO must sustain improvement relative to baseline after achieving demonstrable improvement. The evaluation of the sustained improvement area has two review elements. The standards for demonstrable and sustainable improvement will be reported by the MCO and evaluated by the EQRO at the end of the current PIP cycle and reported in a subsequent BBA report.

When the PIPs are reviewed, all projects are evaluated for the same elements. The scoring matrix is completed for those review elements for which activities have occurred during the RY. At the time of the review, a project can be reviewed for only a subset of elements. The same project will then be evaluated for other elements at a later date, according to the PIP submission schedule. Each element is scored. Elements that are met receive an evaluation score of 100%, elements that are partially met receive a score of 50%, and elements that are not met receive a score of 0%. Overall, for PIP implementation, compliance determinations are as follows: compliance is deemed met for scores ≥ 85%, partially met for scores 60–84%, and not met for scores < 60%. Corrective action plans are not warranted for CHC MCOs that are compliant with PIP implementation requirements.

## Findings

To encourage MCOs to focus on improving the quality of the projects, PIP reviews were assessed for compliance on all applicable elements and commented on accordingly. The multiple levels of activity and collaboration between the Department, the MCOs, and the EQRO continued and progressed throughout the RY.

Subsequent to MCO proposal submissions that were provided earlier, several levels of feedback were provided to MCOs. This feedback included:

- MCO-specific review findings for each PIP.
- Conference calls with each MCO as needed to discuss the PIP proposal review findings with key MCO staff assigned to each PIP topic.
- Information to assist MCOs in preparing their next full PIP submission, such as additional instructions regarding collection of the required PIs and considerations for expanding methodologies.

PIP activities during the year included updating PIP PI goals, baseline rates, barrier analyses, and development and implementation of both interventions and additional PIs. One additional PI for the non-clinical PIP around Transitional Care Planning was implemented in 2022. Two additional PIs for the clinical PIP around Transitional Care Planning and Notification of Discharge were also implemented in 2022. For measurement in the PIP, multiple data sources were allowable, including: MCO pharmacies, service coordinator entities, copayments (e.g., after day 20 for Medicare-covered skilled nursing stays), and traditional long-term care claims. Preliminary measurements were based on participants that were Medicaid-only CHC participants and/or aligned dual eligible special need plan (D-SNP) CHC participants; as PIP implementation expanded, CHC MCOs utilized internal claims while the supplemental data source integration was scaled

accordingly. Baseline rates were recalculated (and integrated into the PIP) with improved access to data. Annual PIP reports on Year 3 implementation, which were subjected to EQR and scored for reporting the year’s PIP compliance determinations, were submitted to the EQRO in April 2022 with updates on interventions through the first half of 2022 submitted to the EQRO in August 2022.

The following summarizes PIP compliance assessments for the MCO’s Annual PIP Reports (Year 3 implementation) review findings aligned with the determinations presented in **Table 3**. Upon request, the MCO’s PIP reports and the EQRO’s review findings can be made available for reference. **Table A1** of the MCO’s interventions for the PIPs can be found in the **Appendix** of this report.

### Strengthening Care Coordination

For the Year 3 implementation review, the MCO scored 100% (80.0 points out of a maximum possible weighted score of 80.0 points). Regarding robust interventions reported last year, improvements were noted for this Year 3 annual submission (and these improvements were aligned with the interim updates provided by the MCO prior to this submission). The MCO could limit the denominator for the 7-day follow-up BH discharge. Additionally, the MCO could indicate whether statistical tests were conducted and, if so, which tests and alpha levels were used. In the barrier analysis, the MCO could expand on the challenges anticipated with the roll out of the new PIs. The MCO utilized comparable methodology statewide, which accordingly factors continuous improvement over the course of expanding implementation. Moving forward, the MCO plans to incorporate new information and guidelines as the PIP evolves over the course of implementation.

### Transition of Care from Nursing Facility to the Community

For the Year 3 implementation review, the MCO scored 90.6% (72.5 points out of a maximum possible weighted score of 80.0 points). The MCO should record the new goal for the NW region, explain the 0% benchmark for the new PI, and add intervention tracking measures and barriers related to the roll out of the new PI in the relevant sections. Additionally, any data entries with a denominator of 0% should be adjusted to “N/A” instead of 0%. Related to data analysis, the MCO could indicate whether statistical tests were conducted and, if so, which tests and alpha levels were used. The MCO utilized comparable methodology statewide, which factors continuous improvement over the course of expanding implementation, although the MCO should clarify or update its goals and results, per IPRO comments on Element 5. Moving forward, the MCO plans to incorporate new information and guidelines as the PIP evolves over the course of implementation.

For both PIPs, scores exceeded  $\geq 85\%$ .

**Table 3: ACP PIP Compliance Assessments – Final Reports**

Review Element	Strengthening Care Coordination	Transition of Care from Nursing Facility to the Community
Element 1. Project Topic/Rationale	Met	Met
Element 2. Aim	Met	Met
Element 3. Methodology	Met	Met
Element 4. Barrier Analysis	Met	Met
Element 5. Robust Interventions	Met	Partially Met
Element 6. Results Table	Met	Met
Element 7. Discussion and Validity of Reported Improvement	Met	Met

ACP: AmeriHealth Caritas Pennsylvania; CHC: Community HealthChoices; PIP: performance improvement project; MCO: managed care organization; EQRO: external quality review organization.

## II: Performance Measures and CAHPS Surveys

### Objective

The EQRO conducted PM validation for each of the MCOs and facilitated associated data collection. IPRO validated all performance measures reported by each MCO for MY 2021 to ensure that the performance measures were implemented to specifications and state reporting requirements (42 C.F.R. § 438.330(b)(2)).

### Methodology

The EQRO conducted PM validation for each of the MCOs and facilitated associated data collection.

Starting in December 2021, technical specifications for PMs, as well as submission instructions, were provided to the MCOs. As part of the process, the EQRO requested submissions of the MCO's materials, including preliminary measure calculations, and internal data and code corresponding to the calculations. Using materials and anecdotal information provided to the EQRO, measure-specific code was run against the data, and the EQRO implemented a stepwise series of tests on key criteria per technical specifications. Following the review, the EQRO provided the MCO with formal written feedback, and the MCO was given the opportunity for resubmission of the materials upon detection of errors, as necessary.

HEDIS 2022 measures from the NCQA publication, *HEDIS 2022 Volume 2: Technical Specifications*, were validated through a standard HEDIS compliance audit of each MCO. The audit protocol includes pre-on-site review of the HEDIS Roadmap, on-site interviews with staff and a review of systems, and post-on-site validation of the Interactive Data Submission System (IDSS). Final Audit Reports were submitted to NCQA for the MCOs. Because the PA-specific PMs rely on the same systems and staff, no separate review was necessary for validation of PA-specific measures. The EQRO conducts a thorough review and validation of source code, data, and submitted rates for the PA-specific measures. For the measures from the NCQA publication, *HEDIS 2022 Technical Specifications for Long-Term Services and Supports Measures*, rates were not certified by NCQA; data was collected for informational purposes only for the Department's use.

Evaluation of MCO performance is based on both PA-specific PMs and selected HEDIS measures for the EQR. A list of the PMs included in this year's EQR report is presented in **Table 4**.

**Table 4: Performance Measure Groupings**

Source	Measures
Effectiveness of Care	
HEDIS	Breast Cancer Screening (BCS)
HEDIS	Cervical Cancer Screening (CCS)
HEDIS	Chlamydia Screening in Women (CHL)
HEDIS	Use of Spirometry Testing in the Assessment and Diagnosis of COPD (SPR)
HEDIS	Pharmacotherapy Management of COPD Exacerbation (PCE)
HEDIS	Medication Management for People With Asthma (MMA)
HEDIS	Asthma Medication Ratio (AMR)
HEDIS	Controlling High Blood Pressure (CBP)
HEDIS	Persistence of Beta-Blocker Treatment After a Heart Attack (PBH)
HEDIS	Statin Therapy for Patients With Cardiovascular Disease (SPC)
HEDIS	Comprehensive Diabetes Care (CDC)
HEDIS	Statin Therapy for Patients With Diabetes (SPD)
HEDIS	Antidepressant Medication Management (AMM)
HEDIS	Diabetes Screening for People With Schizophrenia or Bipolar Disorder Who Are Using Antipsychotic Medications (SSD)
HEDIS	Diabetes Monitoring for People With Diabetes and Schizophrenia (SMD)
HEDIS	Cardiovascular Monitoring for People With Cardiovascular Disease and Schizophrenia (SMC)
HEDIS	Adherence to Antipsychotic Medications for Individuals With Schizophrenia (SAA)
HEDIS	Avoidance of Antibiotic Treatment in Adults With Acute Bronchitis (AAB)

Source	Measures
HEDIS	Use of Imaging Studies for Low Back Pain (LBP)
HEDIS	Use of Opioids at High Dosage (HDO)
HEDIS	Use of Opioids From Multiple Providers (UOP)
HEDIS	Risk of Continued Opioid Use (COU)
HEDIS	Pharmacotherapy for Opioid Use Disorder (POD)
HEDIS	Care for Older Adults (COA)
HEDIS	Transitions of Care (TRC)
Access/Availability of Care	
PA EQR	Adult Annual Dental Visit (AADV)
HEDIS	Adults' Access to Preventive/ Ambulatory Health Services (AAP)
HEDIS	Comprehensive Assessment and Update (CAU)
HEDIS	Comprehensive Care Plan and Update (CPU)
HEDIS	Shared Care Plan with Primary Care Practitioner (SCP)
HEDIS	Reassessment/Care Plan Update After Inpatient Discharge (RAC)
Utilization and Risk Adjusted Utilization	
HEDIS	Frequency of Selected Procedures (FSP)
HEDIS	Ambulatory Care (AMB)
HEDIS	Inpatient Utilization – General Hospital/Acute Care (IPU)
HEDIS	Antibiotic Utilization (ABX)
HEDIS	Plan All-Cause Readmissions (PCR)

HEDIS: Healthcare Effectiveness Data and Information Set; PA: Pennsylvania; EQR: external quality review.

One PA-specific PM was calculated by each MCO and validated by the EQRO. In accordance with direction from the Department, the EQRO created the indicator specifications to resemble HEDIS specifications. For each indicator, the criteria were generally specified to identify the eligible population product line, age, enrollment, anchor date, and event/diagnosis. Criteria were outlined to identify the administrative numerator positives, date of service, and diagnosis/procedure code, as well as other specifications as needed. PA-specific PM rates were calculated administratively, which uses only the MCOs data systems to identify numerator positives; additionally, a hybrid methodology, which uses a combination of administrative data and medical record review validation (MRRV) to identify corresponding numerator “hits” for rate calculations, was used in LTSS PMs.

### **HEDIS Performance Measure Selection and Descriptions**

MCOs were required to report all applicable measures required by NCQA for accreditation; this included HEDIS measures with Medicaid listed as the product line, with several exceptions: measures excluded from the complete Medicaid HEDIS data set are measures that are childhood-related and pregnancy-related, as well as those involving BH (BH being carved out in PA). MCOs were required to report in accordance with HEDIS MY 2020 product line technical specifications and to follow the NCQA timeline (notably, on or before June 15, 2022: MCOs were required to submit the auditor-locked IDSS submissions, with attestation, to NCQA). MCOs were instructed to indicate on the Healthcare Organization Questionnaire (HOQ) that the audited HEDIS MY 2020 submissions uploaded for NCQA may be reported publicly by NCQA (e.g., through NCQA’s Quality Compass). No measures were rotated from the prior year.

Due to the NCQA requirement of alignment of HEDIS and CAHPS reporting populations, a set of IDSSs were produced and submitted. The entire CHC population was grouped to align with three benefit structures for CHC reporting per NCQA guidelines. The first group identified members who were Medicaid-only members with CHC benefits (i.e., those not also enrolled in Medicare); the second group identified members with CHC benefits and Medicare benefits with the same MCO, (i.e., Medicare-Medicaid enrolled), or aligned D-SNP and CHC benefits (per NCQA requirements, MCOs that offer Medicaid and Medicare-Medicaid dual benefits include the MCO’s aligned dual-eligible members under Medicaid reporting). The Medicaid IDSS submission is comprised of these first two groups. Additionally, there are two measures (Care for Older Adults [COA] and Transitions of Care [TRC]) that must be reported for the second group only; these were captured via submission of a separate, partially completed Medicare IDSS. A third group comprised members who have CHC benefits

and Medicare benefits with different MCOs (i.e., D-SNP enrollment is not aligned with the MCO, or the member has another Medicare Advantage or FFS plan). All three groups were required to report the LTSS measures.

Since Mental Health (MH)/Chemical Dependency (CD) is carved out in PA, members dually enrolled in Medicare and Medicaid had MH/CD benefits through Medicare only. Benefits were assessed for dually enrolled members for each product in which they were reported. Therefore, when reporting for the Medicaid population, MH/CD measures were not reported since the benefit is carved out for Medicaid. Data were also not collected on members who were continuously enrolled in another product within the MCO prior to the initiation of the CHC program. Additionally, no electronic clinical data systems (ECDS) measures were required.

HEDIS and CAHPS reporting populations were aligned in accordance with the NCQA requirement. Therefore, the CAHPS reporting populations were aligned to same three benefit structures. The set of three CAHPS sample frames were validated. The set entailed two sampling frames: a Medicaid Adult CAHPS sampling frame (aligned with the Medicaid IDSS) and a Medicaid Adult CAHPS sampling frame for just the third group. Per agreement with the Department: MCOs submitted CAHPS files for Adult Medicaid according to NCQA guidelines specified in the NCQA publication, *HEDIS MY 2021 Volume 3: Specifications for Survey Measures*; in addition, the Adult CAHPS was completed with the inclusions of PA-specific supplemental dental questions. Of additional note: the SE region is not represented in these results (not applicable, as ACP's coverage does not include the SE region); Care for Older Adults (COA), one of the two Medicare measures, is required for Special Needs Plans and Medicare-Medicaid Plans only; and measures with continuous enrollment criteria greater than one year would not capture membership in the latest expansion regions for CHC Phase 3 (i.e., NE, NW, Lehigh/Capital regions).

### **Consumer Assessment of Healthcare Providers and Systems Survey**

The CAHPS program includes many products designed to capture consumer and patient perspectives on health care quality. Survey sample frame validation is conducted by NCQA-certified auditors for the Adult Medicaid CAHPS.

### **Implementation of PA-Specific Performance Measures and HEDIS Audit**

The MCO implemented one of the PA-specific measures for MY 2021, which was reported with MCO-submitted data. The MCO submitted all required source code and data for review (the EQRO reviewed the source code and validated raw data submitted by the MCO). Rate calculations were collected via rate sheets and reviewed.

The MCO successfully completed the HEDIS MY 2021 (RY 2022) audit. The MCO received an Audit Designation of Reportable for all applicable NCQA-certified measures.

### **Conclusions and Comparative Findings**

**Table 5** through **Table 8**, below, summarize the MCO's HEDIS MY 2021 and PA EQR PM results, with noteworthy findings listed underneath the table.

In addition to each individual MCO rate, the PA DHS mean and the CHC MMC average for 2022 (MY 2021) is presented. The PA DHS mean does not include measures with denominators less than 30. The CHC MMC average is a weighted average, which is an average that considers the proportional relevance of each MCO, and therefore includes measures with denominators less than 30.

## Effectiveness of Care

Table 5 presents the MCO's HEDIS MY 2021 (RY 2022) PM rates for Effectiveness of Care.

**Table 5: HEDIS MY 2021 (RY 2022) HEDIS Performance Measure Rates for Effectiveness of Care**

CHC-MCO HEDIS Measures	ACP	PA DHS Mean	Weighted Average
<b>Effectiveness of Care</b>			
<b>Prevention and Screening</b>			
<b>Breast Cancer Screening (BCS)</b>			
BCS: Total Rate	54.98%	55.56%	60.27%
<b>Cervical Cancer Screening (CCS)</b>			
CCS: Total Rate	39.66%	44.40%	49.50%
<b>Chlamydia Screening in Women (CHL)</b>			
CHL: Ages 21-24 Years <sup>1</sup>	16.67%	39.55%	40.62%
CHL: Total Rate <sup>1</sup>	16.67%	39.55%	40.62%
<b>Care for Older Adults (COA)</b>			
COA: Advance Care Planning	28.71%	42.58%	51.60%
COA: Medication Review	85.40%	88.02%	87.76%
COA: Functional Status Assessment	45.99%	57.30%	65.76%
COA: Pain Assessment	87.83%	83.09%	85.66%
<b>Respiratory Conditions</b>			
<b>Use of Spirometry Testing in the Assessment and Diagnosis of COPD (SPR)</b>			
SPR: Total Rate <sup>1</sup>	5.88%	21.72%	23.99%
<b>Pharmacotherapy Management of COPD Exacerbation (PCE)</b>			
PCE: Systemic Corticosteroid	73.81%	75.49%	77.03%
PCE: Bronchodilator	89.05%	90.84%	90.79%
<b>Asthma Medication Ratio (AMR)</b>			
AMR: 19-50 Years	64.52%	63.88%	63.30%
AMR: 51-64 Years	58.82%	55.37%	52.88%
AMR: Total Rate	61.22%	58.59%	56.79%
<b>Cardiovascular Conditions</b>			
<b>Controlling High Blood Pressure (CBP)</b>			
CBP: Total Rate	72.75%	64.97%	67.60%
<b>Persistence of Beta-Blocker Treatment After a Heart Attack (PBH)</b>			
PBH: Total Rate <sup>1</sup>	100.00%	94.30%	94.25%
<b>Statin Therapy for Patients With Cardiovascular Disease (SPC)</b>			
SPC: Received Statin Therapy - 21-75 Years (Male)	91.07%	87.48%	86.91%
SPC: Received Statin Therapy - 40-75 Years (Female)	89.02%	86.07%	84.12%
SPC: Received Statin Therapy - Total Rate	89.86%	86.68%	85.39%
SPC: Statin Adherence 80% - 21-75 Years (Male)	70.59%	79.20%	83.42%
SPC: Statin Adherence 80% - 40-75 Years (Female)	84.93%	84.01%	84.85%
SPC: Statin Adherence 80% - Total Rate	79.03%	81.95%	84.19%
<b>Diabetes</b>			
<b>Comprehensive Diabetes Care (CDC)</b>			
CDC: HbA1c Testing	91.00%	88.44%	89.30%
CDC: HbA1c Poor Control (> 9.0%)	34.79%	37.05%	33.96%
CDC: HbA1c Control (< 8.0%)	52.80%	52.80%	56.28%

CHC-MCO HEDIS Measures	ACP	PA DHS Mean	Weighted Average
CDC: Eye Exam	53.53%	57.48%	62.54%
CDC: Blood Pressure Controlled (< 140/90 mmHg)	67.40%	60.77%	62.33%
<b>Statin Therapy for Patients with Diabetes (SPD)</b>			
SPD: Received Statin Therapy	79.30%	77.90%	78.02%
SPD: Statin Adherence 80%	79.79%	80.91%	81.95%
<b>Effectiveness of Care: Behavioral Health</b>			
<b>Antidepressant Medication Management (AMM)</b>			
AMM: Effective Acute Phase Treatment	73.74%	73.62%	72.60%
AMM: Effective Continuation Phase Treatment	63.13%	61.85%	60.12%
<b>Diabetes Screening For People with Schizophrenia or Bipolar Disorder Who Are Using Antipsychotic Medication (SSD)</b>			
SSD: Total Rate	89.81%	85.00%	83.92%
<b>Diabetes Monitoring for People With Diabetes and Schizophrenia (SMD)</b>			
SMD: Total Rate	59.04%	66.55%	70.69%
<b>Cardiovascular Monitoring for People with Cardiovascular Disease and Schizophrenia (SMC)</b>			
SMC: Total Rate <sup>1</sup>	42.86%	72.33%	73.39%
<b>Pharmacotherapy for Opioid Use Disorder (POD)</b>			
POD: Ages 16-64 Years <sup>1</sup>	23.08%	37.92%	42.68%
POD: Ages 65+ Years <sup>1</sup>	100.00%	72.15%	61.28%
POD: Total Rate <sup>1</sup>	28.57%	41.23%	45.22%
<b>Adherence to Antipsychotic Medications for Individuals With Schizophrenia (SAA)</b>			
SAA: Total Rate	85.62%	78.86%	80.16%
<b>Overuse/Appropriateness</b>			
<b>Avoidance of Antibiotic Treatment for Acute Bronchitis/Bronchiolitis (AAB)</b>			
AAB: 18-64 Years	86.67%	44.98%	42.27%
AAB: 65+ Years	66.67%	45.55%	65.06%
AAB: Total Rate	83.33%	46.41%	41.41%
<b>Use of Imaging Studies for Low Back Pain (LBP)</b>			
LBP: Total Rate	79.55%	77.69%	78.30%
<b>Use of Opioids at High Dosage (HDO)</b>			
HDO: Total Rate	11.52%	11.65%	10.58%
<b>Use of Opioids From Multiple Providers (UOP)</b>			
UOP: Multiple Prescribers	15.24%	14.76%	16.07%
UOP: Multiple Pharmacies	1.87%	1.60%	1.84%
UOP: Multiple Prescribers and Multiple Pharmacies	1.07%	0.84%	0.96%
<b>Risk of Continued Opioid Use (COU)</b>			
COU: 18-64 Years - ≥ 15 Days Covered	4.86%	12.60%	13.10%
COU: 65+ Years - ≥ 15 Days Covered	6.45%	16.90%	19.19%
COU: Total Rate - ≥ 15 Days Covered	5.05%	13.60%	14.62%
COU: 18-64 Years - ≥ 31 Days Covered	4.19%	9.76%	9.32%
COU: 65+ Years - ≥ 31 Days Covered	0.00%	10.82%	11.59%
COU: Total Rate - ≥ 31 Days Covered	3.69%	10.13%	9.89%
<b>Medication Management</b>			
<b>Transition of Care (TRC)</b>			
TRC: Notification of Inpatient Admission	1.22%	16.43%	33.81%

CHC-MCO HEDIS Measures	ACP	PA DHS Mean	Weighted Average
TRC: Receipt of Discharge Information	0.30%	14.01%	29.62%
TRC: Patient Engagement After Inpatient Discharge	82.07%	83.11%	86.13%
TRC: Medication Reconciliation Post-Discharge	66.87%	62.46%	69.24%

<sup>1</sup>Eligible population for the measure was <30. Results should be interpreted with caution.

MY: measurement year; HEDIS: Healthcare Effectiveness Data and Information Set; CHC: Community HealthChoices; MCO: managed care organization; ACP: AmeriHealth Caritas Pennsylvania; PA DHS: Pennsylvania Department of Human Services.

For the 2022 (MY 2021) Effectiveness of Care PMs, several measures showed significant improvement. Controlling High Blood Pressure (CBP), exceeded the weighted average by 5.15 percentage points. The Comprehensive Diabetes Care: Blood Pressure Controlled (<140/90 mmHg; CDC) was 5.07 percentage points better than the weighted average. Finally, the Diabetes Screening for People with Schizophrenia or Bipolar Disorder who are using Antipsychotic Medication (SSD) was higher than the weighted average by 5.89 percentage points.

For the 2022 (MY 2021) Effectiveness of Care PMs, several measures present as opportunities for improvement. Cervical Cancer Screening (CCS) was 9.84 percentage points less than the weighted average. Furthermore, Statin Therapy for Patients with Cardiovascular Disease (SPC) – Statin Adherence 80% for Males 21-75 years was lower than the weighted average by 12.83 percentage points. Both the HbA1c control (< 8.0%) and the eye exam portions of the Comprehensive Diabetes Care (CDC) measure were less than the weighted average by 3.48 and 9.01 percentage points, respectively.

While all HEDIS measures in the Effectiveness of Care domain were considered reportable for NCQA audit purposes, the rates could be reviewed and improvement strategies could be considered, where warranted; further comparisons in subsequent reports (including to applicable benchmarks) can be used for identification of strengths and/or opportunities for improvement.

### Access/Availability of Care

**Table 6** presents the MCO's HEDIS MY 2021 (RY 2022) performance measure rates for Access/Availability of Care.

**Table 6: HEDIS MY 2021 (RY 2022) Performance Measure Rates for Access/Availability of Care**

CHC-MCO HEDIS Measures	ACP	PA DHS Mean	Weighted Average
<b>Access/Availability of Care</b>			
<b>Adults' Access to Preventive/Ambulatory Health Services (AAP)</b>			
AAP: Ages 20-44 Years	94.29%	91.59%	91.90%
AAP: Ages 45-64 Years	98.34%	96.34%	96.53%
AAP: Ages 65+ Years	96.24%	94.91%	95.82%
AAP: Total Rate	97.05%	95.12%	95.57%
<b>Long-Term Services and Supports</b>			
<b>Comprehensive Assessment and Update (CAU)</b>			
CAU: Assessment of Core Elements	86.84%	78.57%	79.24%
CAU: Assessment of Supplemental Elements	86.84%	78.57%	79.24%
<b>Comprehensive Care Plan and Update (CPU)</b>			
CPU: Care Plan with Core Elements Documented	92.98%	76.01%	75.80%
CPU: Care Plan with Supplemental Elements Documented	92.98%	76.01%	75.80%
<b>Reassessment/Care Plan Update After Inpatient Discharge (RAC)</b>			
RAC: Reassessment After Inpatient Discharge	32.14%	33.34%	33.56%
RAC: Reassessment and Care Plan Update After Inpatient Discharge	32.14%	27.94%	25.59%
<b>Shared Care Plan with Primary Care Practitioner (SCP)</b>			
SCP: Total Rate	80.87%	63.08%	62.24%



MY: measurement year; HEDIS: Healthcare Effectiveness Data and Information Set; CHC: Community HealthChoices; MCO: managed care organization; ACP: AmeriHealth Caritas Pennsylvania; PA DHS: Pennsylvania Department of Human Services.

For the 2022 (MY 2021) Access to/Availability of Care performance measures, Adults' Access to Preventive/Ambulatory Health Services for those 20–44 years old and 45–64 years old both exceeded the weighted average by 2.39 and 1.81 percentage points, respectively.

No opportunities for improvement were identified for the 2022 (MY 2021) Access to/Availability of Care PMs.

All certifiable HEDIS measures in the Access/Availability of Care domain were considered reportable for NCQA audit purposes. These rates could be reviewed, and improvement strategies could be considered, where warranted; further comparisons in subsequent reports (including to applicable benchmarks) can be used for identification of strengths and/or opportunities for improvement.

### Utilization and Risk Adjusted Utilization

**Table 7** presents the MCO's HEDIS MY 2021 (RY 2022) PM results for Utilization and Risk Adjusted Utilization. For some Utilization and Risk Adjusted Utilization measurements, the field for weighted average is shaded gray because a weighted average is not applicable for this category of measurement.

**Table 7: HEDIS MY 2021 (RY 2022) Performance Measure Results for Utilization and Risk Adjusted Utilization**

CHC-MCO HEDIS Measures	ACP	PA DHS Mean	Weighted Average
<b>Utilization and Risk Adjusted Utilization</b>			
<b>Utilization</b>			
<b>Frequency of Selected Procedures (FSP)</b>			
FSP: Bariatric Weight Loss Surgery - 20-44 Years - M	0.00	0.05	
FSP: Bariatric Weight Loss Surgery - 20-44 Years - F	0.00	0.29	
FSP: Bariatric Weight Loss Surgery - 45-64 Years - M	0.07	0.06	
FSP: Bariatric Weight Loss Surgery - 45-64 Years - F	0.17	0.20	
FSP: Hysterectomy - Abdominal - 15-44 Years - F	0.00	0.10	
FSP: Hysterectomy - Abdominal - 45-64 Years - F	0.17	0.10	
FSP: Hysterectomy - Vaginal - 15-44 Years - F	0.15	0.13	
FSP: Hysterectomy - Vaginal - 45-64 Years - F	0.04	0.06	
FSP: Cholecystectomy - Open - 30-64 Years - M	0.05	0.05	
FSP: Cholecystectomy - Open - 15-44 Years - F	0.00	0.01	
FSP: Cholecystectomy - Open - 45-64 Years - F	0.08	0.07	
FSP: Cholecystectomy - Laparoscopic - 30-64 Years - M	0.32	0.26	
FSP: Cholecystectomy - Laparoscopic - 15-44 Years - F	0.89	0.59	
FSP: Cholecystectomy - Laparoscopic - 45-64 Years - F	0.58	0.44	
FSP: Back Surgery - 20-44 Years - M	0.60	0.41	
FSP: Back Surgery - 20-44 Years - F	0.30	0.33	
FSP: Back Surgery - 45-64 Years - M	0.49	0.67	
FSP: Back Surgery - 45-64 Years - F	0.79	0.72	
FSP: Mastectomy - 15-44 Years - F	0.00	0.04	
FSP: Mastectomy - 45-64 Years - F	0.08	0.08	
FSP: Lumpectomy - 15-44 Years - F	0.00	0.10	
FSP: Lumpectomy - 45-64 Years - F	0.37	0.31	
<b>Ambulatory Care: Total (AMBA)</b>			
AMBA: Outpatient Visits	1,027.76	940.06	981.04
AMBA: Emergency Department Visits	89.14	82.62	82.17

CHC-MCO HEDIS Measures	ACP	PA DHS Mean	Weighted Average
<b>Inpatient Utilization - General Hospital/Acute Care: Total (IPUA)</b>			
IPUA: Total Discharges	33.77	33.13	
<b>Antibiotic Utilization: Total (ABXA)</b>			
ABXA: Total Antibiotic Scripts	9,199.00	31,557.75	
ABXA: Average Scripts PMPY for Antibiotics	1.66	1.51	
ABXA: Total Number of Scripts for Antibiotics of Concern	3,927.00	13,776.25	
ABXA: Average Scripts PMPY for Antibiotics of Concern	0.71	0.65	
<b>Risk Adjusted Utilization</b>			
<b>Plan All-Cause Readmissions (PCR)</b>			
PCR: Count of Index Stays (Ages 18-44 Years)	135.00	347.25	
PCR: Count of Index Stays (Ages 45-54 Years)	183.00	497.75	
PCR: Count of Index Stays (Ages 55-64 Years)	421.00	1,058.50	
PCR: Count of Index Stays (Ages Total)	739.00	1,903.50	
PCR: Count of Observed 30-Day Readmissions (Ages 18-44 Years)	23.00	49.00	
PCR: Count of Observed 30-Day Readmissions (Ages 45-54 Years)	27.00	69.00	
PCR: Count of Observed 30-Day Readmissions (Ages 55-64 Years)	69.00	141.75	
PCR: Count of Observed 30-Day Readmissions (Ages Total)	119.00	259.75	
PCR: Count of Expected 30-Day Readmissions (Ages 18-44 Years)	16.17	40.38	
PCR: Count of Expected 30-Day Readmissions (Ages 45-54 Years)	25.29	61.51	
PCR: Count of Expected 30-Day Readmissions (Ages 55-64 Years)	65.09	148.05	
PCR: Count of Expected 30-Day Readmissions (Ages Total)	106.55	249.94	
PCR: Observed Readmission Rate (Ages 18-44 Years)	17.04	13.97	
PCR: Observed Readmission Rate (Ages 45-54 Years)	14.75	13.96	
PCR: Observed Readmission Rate (Ages 55-64 Years)	16.39	13.67	
PCR: Observed Readmission Rate (Ages Total)	16.10	13.80	
PCR: Expected Readmission Rate (Ages 18-44 Years)	11.98	11.74	
PCR: Expected Readmission Rate (Ages 45-54 Years)	13.82	12.76	
PCR: Expected Readmission Rate (Ages 55-64 Years)	15.46	14.33	
PCR: Expected Readmission Rate (Ages Total)	14.42	13.45	
PCR: Observed to Expected Readmission Ratio (Ages Total)	1.12	1.03	

MY: measurement year; HEDIS: Healthcare Effectiveness Data and Information Set; CHC: Community HealthChoices; MCO: managed care organization; ACP: AmeriHealth Caritas Pennsylvania; PA DHS: Pennsylvania Department of Human Services; gray shading: weighted average is not applicable for this category of measurement.

No strengths were identified for the 2022 (MY 2021) Utilization/Risk Adjusted Utilization PMs.

No opportunities for improvement are identified for the 2022 (MY 2021) Utilization and Risk Adjusted Utilization PMs.

While all other HEDIS measures in the Utilization and Risk Adjusted Utilization domain were considered reportable for NCQA audit purposes, the results could be reviewed and improvement strategies could be considered, where warranted; further comparisons in subsequent reports (including to applicable benchmarks) can be used for identification of strengths and/or additional opportunities for improvement.

### Pennsylvania-Specific Performance Measure

**Table 8** presents the MCO's MY 2021 (RY 2022) PA-specific PM result for the Adults' Annual Dental Visit (AADV).

**Table 8: PA-Specific MY 2021 (RY 2022) Performance Measure Result for Adults' Annual Dental Visit**

CHC-MCO PA-PM	ACP	PA DHS Mean	Weighted Average
<b>Adults' Annual Dental Visit (AADV)</b>			
AADV: Total Rate	20.61%	20.50%	20.44%

MY: measurement year; HEDIS: Healthcare Effectiveness Data and Information Set; CHC: Community HealthChoices; MCO: managed care organization; ACP: AmeriHealth Caritas Pennsylvania; PA DHS: Pennsylvania Department of Human Services.

No strengths were identified for the 2022 (MY 2021) PA PM for Adults' Annual Dental Visit.

The Adults' Annual Dental Visit rate of 20.61%, though reportable and in line with DHS Mean and Weighted Average, is considered low and represents an opportunity for improvement.

### Consumer Assessment of Healthcare Providers and Systems Survey

For the Adult Medicaid CAHPS, the MCO's survey sample frame was deemed valid by the NCQA-certified auditor.

## III: Review of Compliance with Medicaid and CHIP Managed Care Regulations

### Objectives

This section of the EQR report presents a review of the MCO's compliance with its contract and with state and federal regulations. The review is based on information derived from reviews of the MCO that were conducted by the Department within the past three years, most typically within the immediately preceding year. Compliance reviews are conducted by the Department on a recurring basis.

The SMART items are a comprehensive set of monitoring items that have been developed by the Department from the managed care regulations. The Department's staff reviews SMART items on an ongoing basis for each MCO as part of their compliance review. These items vary in review periodicity as determined by the Department and reviews typically occur annually or as needed.

Prior to the audit, MCOs provide documents to the Department for review, which address various areas of compliance. This documentation is also used to assess the MCOs overall operational, fiscal, and programmatic activities to ensure compliance with contractual obligations. Federal and state law require that the Department conduct monitoring and oversight of its MCOs.

Throughout the audit, these areas of compliance are discussed with the MCO and clarifying information is provided, where possible. Discussions that occur are compiled along with the reviewed documentation to provide a final determination of compliance, partial compliance, or non-compliance for each section. If an MCO does not address a compliance issue, the Department would discuss as a next step the option to issue a work plan, a performance improvement plan, or a corrective action plan (CAP). Any of these next steps would be communicated in a formal letter sent by email to the MCO.

### Description of Data Obtained

The documents used by the EQRO for the current review include the SMART database findings, as of the effective RY, per the following: the CHC Agreement, additional monitoring activities outlined by the Department, and the most recent NCQA Accreditation Survey for ACP. Historically, regulatory requirements were grouped to corresponding BBA regulation subparts based on the Department's on-site review findings. Beginning in 2021, findings are reported by the EQRO using the SMART database completed by the Department's staff. The SMART items provide the information necessary for this review. The SMART items and their associated review findings for this year are maintained in a database. The SMART database has been maintained internally at the Department starting with (RY) 2020 and will continue going forward for future RYs. The EQRO reviewed the elements in the SMART item list and created a crosswalk to pertinent BBA regulations. A total of 61 items were identified that were relevant to evaluation of MCO compliance with the BBA regulations.

The format for this section of the report was developed to be consistent with the subparts prescribed by BBA regulations. This document groups the regulatory requirements under subject headings that are consistent with the subparts set out in the BBA regulations that were updated in 2016 and finalized in late 2019. These requirements are described in the CMS EQR Protocol: *Review of Compliance with Medicaid and CHIP Managed Care Regulations*. Under each subpart heading fall the individual regulatory categories appropriate to those headings. The EQRO's findings are presented in a manner consistent with the subparts in the BBA regulations explained in the Protocol, i.e., Subpart D – MCO, Prepaid Inpatient Health Plan (PIHP) and Prepaid Ambulatory Health Plan (PAHP) Standards and Subpart E – Quality Measurement and Improvement.

The crosswalk links SMART items to specific provisions of the regulations, where possible. Items linked to each standard designated in the protocols as subject to compliance review were included either directly through one of the 11 required standards below, as presented in **Table 9** and **Table 10**, or indirectly through interaction with Subparts D and E.

**Table 9: Regulations Directly Crosswalked to SMART**

BBA Regulation	CFR Citation
<b>Subpart D: MCO, PIHP and PAHP Standards</b>	
Availability of Services	438.206
Assurances of adequate capacity and services	438.207
Coordination and continuity of care	438.208
Coverage and authorization of services	438.210
Provider selection	438.214
Confidentiality	438.224
Grievance systems	438.406
Subcontractual relationships and delegation	438.230
Practice guidelines	438.236
Health information systems	438.242
<b>Subpart E: Quality Measurement and Improvement</b>	
Quality assessment and performance improvement program	438.330

SMART: Systematic Monitoring, Access and Retrieval Technology; BBA: Balanced Budget Act of 1997; CFR: Code of Federal Regulations; MCO: managed care organization; PIHP: prepaid inpatient health plan; PAHP: prepaid ambulatory health plan.

## Determination of Compliance

As mentioned above, historically the information necessary for the review was provided through an on-site review that was conducted by the Department. Beginning with the Department’s adoption of the SMART database in 2020 for CHC, this database is now used to determine an MCO’s compliance on individual provisions. This process was done by referring to CMS’s “Regulations for Compliance Review,” where specific CHC citations are noted as required for review and corresponding sections are identified and described for each Subpart, particularly D and E. The EQRO then grouped the monitoring standards by provision and evaluated the MCO’s compliance status regarding the SMART items.

Each item was assigned a value of compliant or non-compliant in the item log submitted by the Department. If an item was not evaluated for a particular MCO, it was assigned a value of not determined. Compliance with the BBA requirements was then determined based on the aggregate results of the SMART items linked to each provision within a requirement or category. If all items were compliant, the MCO was evaluated as compliant. If some were compliant and some were non-compliant, the MCO was evaluated as partially compliant. If all items were non-compliant, the MCO was evaluated as non-compliant. If no items were evaluated for a given category and no other source of information was available to determine compliance, a value of not determined was assigned for that category.

Categories determined to be partially or non-compliant are indicated where applicable in the tables below, and the SMART items that were assigned a value of non-compliant by the Department within those categories are noted. For ACP, there were no categories determined to be partially or non-compliant, signifying that no SMART items were assigned a value of non-compliant by the Department.

## Findings

**Subpart D: MCO, PIHP and PAHP Standards:** the general purpose of the regulations included under this heading is to ensure that all services covered under the Department’s CHC program are available and accessible to MCO enrollees. [*Title 42 CFR § 438.206 (a)*].

**Subpart E: Quality Measurement and Improvement:** the general purpose of the regulations included under this heading is to ensure that each contracting MCO implements and maintains a quality assessment and performance improvement program as required by the State. This includes implementing an ongoing comprehensive quality assessment and performance improvement program for the services it furnishes to its enrollees.

**Table 10: MCO Compliance with CFR Categories for Subparts D and E Directly Associated with SMART**

<b>MCO Compliance with CFR Categories for Subparts D and E</b>		
<b>MCO, PIHP and PAHP Standards</b>		
<b>Subpart D: Categories</b>	<b>Compliance</b>	<b>Comments</b>
Availability of services	Compliant	The MCO was evaluated against 8 items directly associated with this category for RY 2021 and was compliant on all 8 items based on RY 2021.
Assurances of adequate capacity & services	Compliant	The MCO was evaluated against 5 items directly associated with this category for RY 2021 and was compliant on all 5 items based on RY 2021.
Coordination & continuity of care	Compliant	The MCO was evaluated against 1 item directly associated with this category for RY 2021 and was compliant on this item based on RY 2021.
Coverage & authorization of services	Compliant	The MCO was evaluated against 6 items directly associated with this category for RY 2021 and was compliant on all 6 items based on RY 2021.
Provider selection	Compliant	The MCO was evaluated against 1 item directly associated with this category for RY 2021 and was compliant on this item based on RY 2021.
Confidentiality	Compliant	The MCO was evaluated against 1 item directly associated with this category for RY 2021 and was compliant on this item based on RY 2021.
Grievance systems	Compliant	The MCO was evaluated against 2 items directly associated with this category for RY 2021 and was compliant on all 2 items based on RY 2021.
Subcontractual relationships & delegation	Compliant	The MCO was evaluated against 1 item directly associated with this category for RY 2021 and was compliant on this item based on RY 2021.
Practice guidelines	Compliant	The MCO was evaluated against 3 items directly associated with this category for RY 2021 and was compliant on all 3 items based on RY 2021.
Health information systems	Compliant	The MCO was evaluated against 1 item directly associated with this category for RY 2021 and was compliant on this item based on RY 2021.
<b>Quality Measurement and Improvement</b>		
<b>Subpart E: Categories</b>	<b>Compliance</b>	<b>Comments</b>
Quality assessment & performance improvement program (QAPI)	Compliant	The MCO was evaluated against 5 items directly associated with this category for RY 2021 and was compliant on all 5 items based on RY 2021.

MCO: managed care organization; CFR: Code of Federal Regulations; SMART: Systematic Monitoring, Access and Retrieval Technology; PIHP: prepaid inpatient health plan; PAHP: prepaid ambulatory health plan; RY: review year; yellow shading emphasizes that compliance was not determined.

Summarily, the MCO was found to be compliant across all applicable items directly associated with CFR Categories for Subparts D and E that were subject to review in RY 2021. Additionally, the MCO was found to be compliant/without issue across the items that were indirectly associated with CFR Categories for Subparts D and E that were subject to review in RY 2021.

**There are therefore no new recommendations related to compliance with CFR Categories for Subparts D and E for the MCO for the current review year.**

## IV: Focus Study – Enrollment-Eligibility Data

### Objective

IPRO, in conjunction with OLTL, conducted an enrollment-eligibility data focus study in 2022. The intent of the study is to determine if the MCOs have processes in place to reconcile, store, and maintain the member information received from OLTL and other external sources. The study’s goal is to review and assess the CHC MCOs’ enrollment-eligibility systems for participants active on December 31, 2021. This study was included in this report as an optional EQR activity that occurred during the RY.

It should also be noted that CHC MCOs are required to submit annual HEDIS measures to the NCQA along with additional PA OLTL regulatory deliverables that require the identification of the member enrollee product lines and LTSS types that are critical to appropriate categorization and reporting. Based on data discrepancies identified through processes of PM validation for producing MY 2019 and MY 2020 rates, IPRO proposed that an encounter data focus study be developed to enhance identification of key data element values with the information provided from the CHC MCOs. For these reasons, a focus study encompassing review of the CHC MCO enrollment eligibility systems was warranted.

There were two major components to the study. First, IPRO proposed for the CHC MCOs to receive a survey to complete that helped further identify and define each CHC MCO’s source(s) of enrollment/eligibility data, as well as each CHC MCO’s processes in place to reconcile, store, and maintain the member information received from OLTL and other external sources. Second, IPRO proposed for the study methodology to include member-level record reviews, focused on selected data elements related to eligibility/enrollment and member demographics.

### Methodology

IPRO developed and distributed a questionnaire to the CHC MCOs. The purpose of the questionnaire was to assist in the identification and definition of each MCO’s enrollment-eligibility data source(s), as well as the CHC MCO’s processes in place to reconcile, store and maintain the participant information received from OLTL and other external sources.

In addition, the CHC MCOs were requested to submit a participant level enrollment-eligibility study file for all participants active on December 31, 2021. The file submitted would include basic participant demographic information along with CHC enrollee product line and LTSS type. See **Table 11** for the file layout for the requested file.

**Table 11: CHC Enrollment Eligibility Data Focus Study File Layout**

Data Element Name	Length of Field	Anticipated Format/Values
MCO Name	15	
Enrollee Product Line	1	1 - CHC Medicaid plan and companion Medicare D-SNP 2 - CHC Medicaid plan and original fee-for-service Medicare 3 - CHC Medicaid plan plus unaffiliated Medicare D-SNP 4 - CHC Medicaid plan plus Medicare Advantage plan 5 - CHC Medicaid plan only (Medicaid-only group)
Enrollee Last Name	35	
Enrollee First Name	15	
Enrollee Date of Birth	8	YYYYMMDD
Enrollee Recipient ID#	10	Include 10th digit  MAID
Enrollee Gender	1	M=Male F=Female
Enrollee ZIP Code	5	5-digit ZIP code Participant's ZIP code as of December 31, 2021
Race	2	Ensure valid and accurate Race values: '01'=African American

Data Element Name	Length of Field	Anticipated Format/Values
		'03'=American Indian or Alaskan Native '04'=Asian '05'=White '06'=Other or Not Volunteered '07'=Native Hawaiian or Other Pacific Islander '08'=Not Available
Ethnicity	2	Ensure valid and accurate Ethnicity values: '01'=Non-Hispanic '02'=Hispanic '03'=Missing or Not Available
MCO Number	2	See MCO_Number tab
LTSS Type	1	1 - HCBS 2 - NF 3 - Missing or Not Available

## Findings

In February 2022, ACP/KF provided IPRO with the enrollment-eligibility focus study file. IPRO reviewed and compared ACP/KF's participant-level enrollment-eligibility focus study file to the state's *CHC Enrollment with Medicare Types Report* provided by OLTL with active enrollment as of December 31, 2021. IPRO identified data element discrepancies. For any discrepant data element values identified through this process, ACP/KF was requested to provide clarifications and explanations. Based on ACP/KF's responses, IPRO randomly selected a sample of up to 50 records for each data element of interest, as warranted (marked yellow in **Table 12**). Sampled records were further reviewed and subsequently used to facilitate discussion with ACP/KF during the remote meeting on April 25, 2022. Remote meeting participants consisted of IPRO, ACP/KF, and PA OLTL staff.

Comparing the ACP/KF data file to the state's CHC Enrollment with Medicare Types Report on each data element, discrepancies are identified and the match rates and records numbers for data elements are summarized in **Table 12**.

ACP/KF responded with descriptions of discrepancies to the subsampling file from IPRO. Discussions in remote meeting further explained the reasons for discrepancies. (**Table 13**).

**Table 12: Data Element Discrepancies and Findings**

Field Name	Total # of Records	ACP/KF # Not Match	ACP/KF % Not Match	ACP/KF # Match	ACP/KF % Match
Enrollee Product Line <sup>1</sup>	169,473	54,657	32.25	114,816	67.75
Last Name	169,473	2,665	1.57	166,808	98.43
First Name	169,473	764	0.45	168,709	99.55
Date of Birth (DOB)	169,473	176	0.10	169,297	99.90
Gender	169,473	15	0.01	169,458	99.99
ZIP Code	169,473	3,288	1.94	166,185	98.06
Race <sup>1</sup>	169,473	8,069	4.76	161,404	95.24
Ethnicity <sup>1</sup>	169,473	4,732	2.79	164,741	97.21
MCO#	169,473	117	0.07	169,356	99.93
LTSS Type <sup>1</sup>	169,473	1,383	0.82	168,090	99.18

<sup>1</sup>Sub-sampling fields.

ACP: AmeriHealth Caritas Pennsylvania; KF: Keystone First; MCO: managed care organization; LTSS: long-term services and supports.



**Table 13: Discrepancies Description and Discussion**

Field Name	ACP/KF Discrepancy Description	Remote Meeting Discussion & Next Steps
Enrollee Product Line	<p><u>Discrepancy Description:</u> There are different cases, product was assigned different types from State. ACP/KF advised that some members only have "O"; TPL was considered as "5"; some members have A, B, O but other members were identified as not aligned and not assigned to A, B, or O.</p>	<p><u>Remote Meeting Discussion:</u> During the remote meeting, state performed member information searching and ACP/KF confirmed with screens. 834 files used. There are a couple of issues that were discussed (hierarchy issue, logic changes, timing issue duplicates)</p> <p>Timing Issue: Since the focus study period focused on the values assigned to the member records as of December 31, 2021, during the remote meeting it was identified that ACP/KF's member screens may have reflected revised data element values for the member record.</p> <p><u>Next Steps:</u> Contract codes are currently not being used and consideration should be taken into utilizing them.</p>
LTSS Type	<p><u>Discrepancy Description:</u> There are different cases, LTSS was assigned differently from State. ACP/KF advised that some members did not have waiver or facility codes on 12/31/2021; some members in waiver code 20 as of 12/31/2021; some members in facility code 36 as of 12/31/2021.</p>	<p><u>Remote Meeting Discussion:</u> Time Issue: Population code was prioritized over the waiver 20.</p> <p>Timing Issue: Since the focus study period focused on the values assigned to the member records as of December 31, 2021, during the remote meeting it was identified that ACP/KF's member screens may have reflected revised data element values for the member record.</p> <p><u>Next Steps:</u> MCO will take back and review discrepant records in more detail.</p>
Ethnicity	<p><u>Discrepancy Description:</u> ACP/KF advised that they do not update the demographic information for Aligned Medicare members.</p>	<p><u>Remote Meeting Discussion:</u> Demographic information of some members is not updated.</p>
Race	<p><u>Discrepancy Description:</u> ACP/KF advised that race code is not updated for Aligned members. They did not update the demographic information for Aligned Medicare members. Race information of members was entered manually by Enrollment.</p>	<p><u>Remote Meeting Discussion:</u> No demographic changes. Entered manually.</p> <p><u>Next Steps:</u> State to investigate the reason why race for some members not updated from 834 files and why some differences on eCIS.</p>

ACP: AmeriHealth Caritas Pennsylvania; KF: Keystone First; TPL: third-party liability; LTSS: long-term services and supports.

As demonstrated in **Table 12**, the three data elements of interest where most discrepancies can be seen are enrollee product line, race, and ethnicity. Compared to the other data elements, enrollee product line, and race have lower match rates when comparing the ACP/KF data file to the *CHC Enrollment with Medicare Types Report*. The most discrepancies can be seen with enrollee product line, which has the lowest match percentage of 67.75%, followed by race, which has a match percentage of 95.24%, followed by ethnicity, which has a match percentage of 97.21%.

Moreover, discrepancy descriptions for each of the data elements of interest (i.e., enrollee product line, race, ethnicity and LTSS type) can be seen in **Table 13**. ACP/KF also advised that for the enrollee product line assignment discrepancies, members may have corresponding plans with new third-party liability (TPL) data, which is needed for product line determination, however the contract codes provided to the CHC MCOs are often not specific enough to allow the CHC MCOs to determine and/or distinguish between Medicare Advantage and unaligned D-SNP enrollee product lines.

ACP/KF advised that for the LTSS type discrepancies, assignments were based on waiver code 20 and facility placement code of 36.

Challenges identified with reviewing the discrepant data elements during the focus eligibility study included the following:

- During the remote meeting, it was identified that some of the data element discrepancies were due to a timing issue, since the study period focused on the values assigned to the member records as of December 31, 2021, ACP/KF's member screens may have reflected revised data element values.
- The daily 834 eligibility file received by the CHC MCOs does not include the following enrollee product line buckets that would need to be determined by the MCOs for reporting purposes:
  - 1 - CHC Medicaid plan and companion Medicare D-SNP
  - 2 - CHC Medicaid plan and original fee-for-service Medicare
  - 3 - CHC Medicaid plan plus unaffiliated Medicare D-SNP
  - 4 - CHC Medicaid plan plus Medicare Advantage plan
  - 5 - CHC Medicaid plan only (Medicaid-only group)
- OLTL receives the Medicare contract code and the Plan Benefit Package from CMS via the State Phasedown file, also known as MMA file, and develops the *CHC Enrollment with Medicare Types Report* containing information regarding dual eligibles, but the CHC MCOs are not able to receive these files. The December 2021 *CHC Enrollment with Medicare Types Report* received by OLTL contains members assigned to all the CHC MCOs and not parsed by MCO.

## Overall Assessment

Overall, the study findings support ensuring that the 834 files and any other supporting data sources are utilized to the fullest extent in enrollment eligibility processing. From what was observed in ACP/KF's process flow documentation and description of eligibility data processing, it appears as though the MCO's systems have the capacity to import and maintain additional eligibility data from the state.

Since CHC MCOs report HEDIS and CAHPS on the Medicare/Medicaid MCO level and not at any sub-population category level, it would appear from the study findings that the percentage of discrepancies in enrollee product line classification are insignificant to produce any adverse impact on HEDIS and CAHPS reporting.

However, it appears as though ACP/KF might benefit from some guidance on modifying existing workflows to import data more successfully.

## Recommendations

In view of the study findings and overall assessment, IPRO therefore has the following recommendations for the CHC MCOs:

- IPRO recommends ACP/KF utilizes TPL data to identify the enrollee product Line. The CHC MCOs should ensure that they bring in all TPL information from the 834 files, including the carrier codes, family placement code and waiver county code. During the remote meeting ACP/KF advised and agreed that with further research and incorporation of the TPL data ACP/KF's enrollee product line would match OLTL's value.
- IPRO recommends the CHC MCOs utilize the daily 834 eligibility file to identify the enrollee product line, the 500 series carrier codes should be used to identify that the participant has a Medicare Advantage carrier. However, the carrier code would not be able to identify whether the participant has a D-SNP Medicare Advantage product. The CHC MCOs will need additional information to identify the enrollee product line and could, for example,

coordinate with the D-SNP carrier to determine if the Medicare Advantage product that the participant is assigned is a D-SNP or a traditional Medicare Advantage.

- IPRO recommends that the CHC MCOs leverage the data sharing arrangements and relationships with each of the carriers that have a D-SNP plan in PA. The CHC MCOs have a listing of the carriers that offer a D-SNP product, and they should establish data sharing arrangements with each of the D-SNP carriers to assist in identifying a decision on the unaligned D-SNP participants.
- OLTL's HEDIS member level data reports utilize race and ethnicity values to identify geographic race and ethnicity disparities for certain HEDIS measures. IPRO recommends ACP/KF leverage all sources to identify an accurate race and ethnicity value for each participant.
- IPRO recommends the CHC MCOs work together with the OLTL to identify the appropriate logic to be used to bucket a member into the appropriate enrollee product line and LTSS type.

## V: MCO's Responses to Previous Opportunities for Improvement

Title 42 CFR § 438.364 External quality review results (a)(6) requires each annual technical report include “an assessment of the degree to which each MCO, PIHP, PAHP, or PCCM entity has effectively addressed the recommendations for QI made by the EQRO during the previous year’s EQR.” In addition to the opportunities identified from the EQR, the Department may request MCOs to develop a root cause analysis around select indicators. **Table 14** displays the MCO’s opportunities and the EQRO’s assessment of their responses. The detailed responses are included in the embedded Word document.

### Current and Proposed Interventions

The general purpose of this section is to assess the degree to which each MCO has addressed the opportunities for improvement made by the EQRO in the 2021 EQR ATRs, which were distributed May 2022.

### ACP Response to Previous EQR Recommendations

**Table 14** displays ACP’s progress related to the *2021 External Quality Review Report*, as well as the EQRO’s assessment of ACP’s response.

**Table 14: ACP Response to Previous EQR Recommendations**

Recommendation for ACP	EQRO Assessment of MCO Response <sup>1</sup>
Improve the capacity to submit PIP reports in accordance with the submission schedule.	Remains an opportunity for improvement

<sup>1</sup> The EQRO assessments are as follows: **addressed:** MCO’s quality improvement (QI) response resulted in demonstrated improvement; **partially addressed:** either 1) improvement was observed but identified as an opportunity for current year or 2) improvement not observed, but not identified as an opportunity for current year; **remains an opportunity for improvement:** MCO’s QI response did not address the recommendation; improvement was not observed, or performance declined.

ACP: AmeriHealth Caritas Pennsylvania; CHC: Community HealthChoices; EQR: external quality review; EQRO: external quality review organization; MCO: managed care organization.

## VI: Strengths, Opportunities for Improvement, and EQR Recommendations

The review of the MCO’s MY 2021 performance against PIPs, PM and surveys, and regulatory compliance identified strengths and opportunities for improvement in the quality outcomes, timeliness of, and access to services for CHC members served by this MCO.

### Strengths

- The MCO preformed significantly well when compared to the weighted averages for several HEDIS measures from the Effectiveness of Care and Access/Availability of Care domains:
  - Controlling High Blood Pressure (CBP), exceeded the weighted average by 5.15 percentage points.
  - Comprehensive Diabetes Care: Blood Pressure Controlled (<140/90 mmHg; CDC) was 5.07 percentage points better than the weighted average.
  - Diabetes Screening for People with Schizophrenia or Bipolar Disorder who are using Antipsychotic Medication (SSD) was higher than the weighted average by 5.89 percentage points.
  - Access to Preventive/Ambulatory Health Services, 20–44 years old and 45–64 years old both exceeded the weighted average by 2.39 and 1.81 percentage points, respectively.

### Opportunities for Improvement

- The MCO continued to be partially compliant with PIP requirements. The MCO was unable to submit all PIP reports in accordance with the submission schedule for purposes of validation by the EQRO. Timely submission is required per the CHC Agreement (Exhibit W “External Quality Review”). It is recommended that the MCO improve its capacity to submit PIP reports in accordance with the submission schedule.
- The MCO preformed significantly below the weighted average for several HEDIS measures from the Effectiveness of Care domain.
  - Cervical Cancer Screening (CCS) was 9.84 percentage points less than the weighted average.
  - Statin Therapy for Patients with Cardiovascular Disease (SPC) – Statin Adherence 80% for Males 21-75 years was lower than the weighted average by 12.83 percentage points.
  - The HbA1c control (< 8.0%) and the eye exam portions of the Comprehensive Diabetes Care (CDC) measure were less than the weighted average by 3.48 and 9.01 percentage points, respectively.
- The Adults’ Annual Dental Visit rate, though reportable and in line with PA DHS Mean and Weighted Averages, is considered low and represents an opportunity for improvement.

### EQR Recommendations

Table 15 displays EQR recommendations and includes applicable projects, measures, and standards.

**Table 15: EQR Recommendations**

Project/Measure	EQR Recommendation	Standards
<b>Performance Improvement Projects</b>		
March 2022 PIP Submissions for Strengthening Care Coordination and Transition of Care from Nursing Facility to the Community	It is recommended that the MCO improve its capacity to submit PIP reports in accordance with the submission schedule.	Timeliness
<b>Performance Measures and CAHPS Survey</b>		
HEDIS Performance Measure Validation	It is recommended that the MCO work on improving their rates for several HEDIS performance measures in the Effectiveness of Care domain.	Access to Services, Quality Outcomes
PA-Specific Performance Measure Validation	It is recommended that the MCO work on improving their rate for the PA-specific performance measure, Adults’ Annual Dental Visit.	Access to Services
<b>Compliance with Medicaid and CHIP Managed Care Regulations</b>		
There are no recommendations related to compliance with CFR Categories for Subparts D and E for the MCO for the current RY.		

EQR: external quality review; EQRO: external quality review organization; PIP: performance improvement project; MCO: managed care organization; PA: Pennsylvania; PM: performance measure; CFR: Code of Federal Regulations; RY: review year.

## VII: Summary of Activities

This section provides a summary of EQR activities for ACP for this review period.

### Performance Improvement Projects

- As previously noted, the MCO's Strengthening Care Coordination and Transition of Care from the Nursing Facility to the Community PIP submissions were not submitted in accordance with the submission schedule. Despite the delay, the reports were validated upon receipt. The MCO received feedback and subsequent information related to these activities from the EQRO.

### Performance Measurement and CAHPS Surveys

- The MCO produced all HEDIS and CAHPS Survey PMs for MY 2021 for which the MCO had a sufficient denominator; all measures were reportable.

### Compliance with Medicaid and CHIP Managed Care Regulations

- The MCO was found to be in compliance with CFR Categories for Subparts D and E for the MCO for the current RY.

### Focus Study – Enrollment-Eligibility Data

- The MCO was provided with several recommendations following the focus study to improve their enrollment and eligibility data viability for reporting.

### MCO's Responses to Previous Opportunities for Improvement

- The MCO did not address the previously identified opportunities for improvement for PIPs specifically with submission of the PIP reports in accordance with the submission schedule.

### Strengths and Opportunities for Improvement in Review Year 2022

- Both strengths and opportunities for improvement, as applicable, have been noted for the MCO in 2022. A response will be required by the MCO for the noted opportunities for improvement in 2023.

## Appendix

### A1 Performance Improvement Project Interventions

As referenced in **Section I: Performance Improvement Projects, Table A1** lists all of the interventions outlined in the MCO's most recent PIP submission for the RY.

**Table A1 PIP Interventions**

Summary of Interventions
<b>ACP – Strengthening Care Coordination</b>
Collaborate with key stakeholders with ClinConnect and other HIE organizations (potentially eVantage, HSX, KeyHIE, and LGH) to develop the necessary agreements and processes to capture the data needed for our Participants. Goal completion day by fourth quarter of 2021.
Strengthen relationships with the DSNPs in PA in order to promote timely, Participant engagement following discharge through obtaining data exchange agreements with HIE organizations, D-SNPs, and BH-MCO along with continued education for our staff to enhance the service coordination program.
Collect data to help ensure appropriate care transition when a Participant utilizes the Emergency Room for care. The MCO's Care Management and SC teams will educate Participants on the proper use of ER, establish guidelines for use of transportation pre-scheduling for follow-up care, and to keep open lines of communication with the MCO.
Provider Network department will work collaboratively with area hospitals to educate on the effectiveness of shared data and encourage the exchange in a timely manner to promote reduced readmission rate for MCO Participants.
Service Coordinators will conduct an in-person visit within 2 business days after notification of discharge from a hospital and develop or update PCSP to ensure it is person-centered and meeting the needs of the Participant through data agreements and increased communication between MCO and the Participants.
Educate providers to enter missed shifts due to hospitalizations as soon as they are made aware. The Service Coordinator will review the Missed Shift report on a weekly basis to capture the notifications in order to address potential gaps in care.
Collect data to help ensure appropriate care transition when a Participant is admitted to an acute hospital. The MCO's Care Management and SC teams will educate Participants on the guidelines for use of transportation pre-scheduling for follow-up care and to keep open lines of communication with the MCO. Educate SCs to provide contact information to the Participant so the Participant will notify the SC of an admission.
Strengthen relationships with the BH MCOs in SW PA in order to promote timely, Participant engagement following discharge.
Educate Participants and caregivers on importance of immediate notification to their SC if admitted to a BH facility. Provide visual reminders to Participants, such as a magnet with the SC name, contact information and 24-hour phone number for MCO.
Tracking and trending response rates of Participants allowing a Service Coordinator visit following a discharge has been identified.
Following notification of discharge from a hospital or BH facility the SC will review with the Participant their care plan and revise as necessary.
Provide Participant education via Participant Newsletter, reminder notecard in home and ad hoc mailing on the importance of notifying the SC following a discharge from a hospital or behavioral health facility.
Educate SC on ways to convey to Participants the importance and on value of care coordination and agreeing to have their BH information shared with the MCO.
<b>ACP – Transitions of Care</b>

## Summary of Interventions

Educate Nursing Facility Administration on the benefits of proper discharge/ transition planning and coordination between MCO and the administrative staff to improve percent of participants who are discharged from the nursing facility with a viable person-centered care plan from baseline to final measurement.

Educate Service Coordinators on rapport building techniques for use in building relationships with Nursing Facility staff in order to be included in the PCPT process for the participants in the nursing facility.

Educate the participant on the role of unmet behavioral health needs may have on their ability to remain in the community and on available behavioral health benefits.

Provide education to the participant and/or caregiver on the benefits of consenting to the offered services and resources to enhance the potential for success in the community.

Reimburse providers that rendered services to a Participant during the eligibility process (new eligibility process). If NHT visits with the participant and performs attendant care and basic services, and there is no payer, the MCO may reimburse. Plan is agreeing to pay for agreed-upon services as long as it is part of the PCSP when they are retrospective. Details and criteria will be developed and established in a process flow (e.g., in-network provider, service is on the PCSP). The MCO will coordinate with the Commonwealth's Nursing Home Transition and Money Follows the Person.

Strengthen relationships with the D-SNPs in PA in order to promote timely, participant engagement following discharge.

Implement a communication process in place with other health plan care manager or the discharge planner when there is no care manager, to coordinate discharge planning and provision of support services under the LTSS benefit to avoid duplication of services.

Strengthen relationships with the nursing facilities and educate regarding the importance and process of notifying the MCO within 24 hours of participant admission and/or discharge.

Strengthen relations with the participant's caregiver and members of their PCPT in order to provide the best options, including the MCO's Welcome Home Benefit, for their identified needs while in the community.

Conduct an assessment of the participant's living situation prior to discharge from a nursing facility to identify the need for any LTSS services upon transition to the community.

Following discharge from a nursing facility the SC will, if necessary, facilitate scheduling of appointments.

PIP: performance improvement project; ACP: AmeriHealth Caritas Pennsylvania; CHC: Community HealthChoices; HIE: Health Information Exchange; D-SNP: dual eligible special need plan; BH: behavioral health; MCO: managed care organization; SC: service coordination; ER: emergency room; SW: southwest; PA: Pennsylvania; LTSS: long-term services and supports.

## A2 Comprehensive Compliance Standards List

Revised CMS protocols include updates to the structure and compliance standards, including which standards are required for compliance review. Under the 2019 CMS protocols, there are 11 standards that CMS has now designated as required to be subject to compliance review. Several previously required standards have been deemed by CMS as incorporated into the compliance review through interaction with the new required standards and appear to assess items that are related to the required standards. **Table A2** lists the standards in the updated protocol, designated as one of the 11 required standards or one of those deemed as a related standard.



**Table A2: Required and Related Structure and Compliance Standards**

BBA Regulation	Required	Related
<b>Subpart C: Enrollee Rights and Protections</b>		
Enrollee Rights		✓
Provider-Enrollee Communication		✓
Marketing Activities		✓
Emergency and Post-Stabilization Services – Definition		✓
Emergency Services: Coverage and Payment		✓
<b>Subpart D: MCO, PIHP and PAHP Standards</b>		
Availability of Services	✓	
Assurances of Adequate Capacity and Services	✓	
Coordination and Continuity of Care	✓	
Coverage and Authorization of Services	✓	
Provider Selection	✓	
Provider Discrimination Prohibited		✓
Confidentiality	✓	
Enrollment and Disenrollment		✓
Grievance and Appeal Systems	✓	
Subcontractual Relationships and Delegations	✓	
Practice Guidelines	✓	
Health Information Systems	✓	
<b>Subpart E: Quality Measurement and Improvement; External Quality Review</b>		
Quality Assessment and Performance Improvement Program (QAPI)	✓	
<b>Subpart F: Grievance and Appeal System</b>		
General Requirements		✓
Notice of Action		✓
Handling of Grievances and Appeals		✓
Resolution and Notification		✓
Expedited Resolution		✓
Information to Providers and Subcontractors		✓
Recordkeeping and Recording		✓
Continuation of Benefits Pending Appeal and State Fair Hearings		✓
Effectuation of Reversed Resolutions		✓

BBA: Balanced Budget Act of 1997; MCO: managed care organization; PIHP: prepaid inpatient health plan; PAHP: prepaid ambulatory health plan.