






What's in season?

JUNE	JULY	AUGUST	SEPTEMBER	OCT/NOV
Apricots	Apricots	Apples	Apples	Apples
Asparagus	Beets	Beets	Beets	Broccoli
Blueberries	Black Berries	Blackberries	Blackberries	Brussels Sprouts
Broccoli	Black-eyed Peas	Black-eyed Peas	Brussel Sprouts	Cauliflower
Cabbage	Blueberries	Blueberries	Cabbage	Cucumbers
Cauliflower	Carrots	Carrots	Carrots	Greens
Cherries	Cherries	Corn	Cauliflower	Lettuces
Corn	Corn	Cucumbers	Corn	Mushrooms
Cucumbers	Cucumbers	Eggplant	Cucumbers	Onions
Green Beans	Eggplant	Grapes	Eggplant	Pumpkins
Green Peas	Green Beans	Green Beans	Grapes	Radishes
Lettuces	Green Peas	Greens	Green Beans	Sweet Potatoes
Mushrooms	Greens	Lettuces	Greens	Tomatoes
Onions	Lettuces	Lima Beans	Lettuces	Turnips
Potatoes	Lima Beans	Melons	Lima Beans	Winter Squash
Radishes	Melons	Mushrooms	Mushrooms	
Raspberries	Mushrooms	Nectarines	Melons	
Strawberries	Nectarines	Okra	Okra	
Summer Squash	Okra	Onions	Onions	
Tomatoes	Onions	Peaches	Peaches	
Turnips	Peaches	Pears	Pears	
	Peppers	Peppers	Peppers	
	Plums	Plums	Plums	
	Potatoes	Potatoes	Potatoes	
	Raspberries	Raspberries	Pumpkins	
	Summer Squash	Summer Squash	Raspberries	
	Tomatoes	Tomatoes	Summer Squash	
		Winter Squash	Sweet Potatoes	
			Tomatoes	
			Turnips	
			Winter Squash	



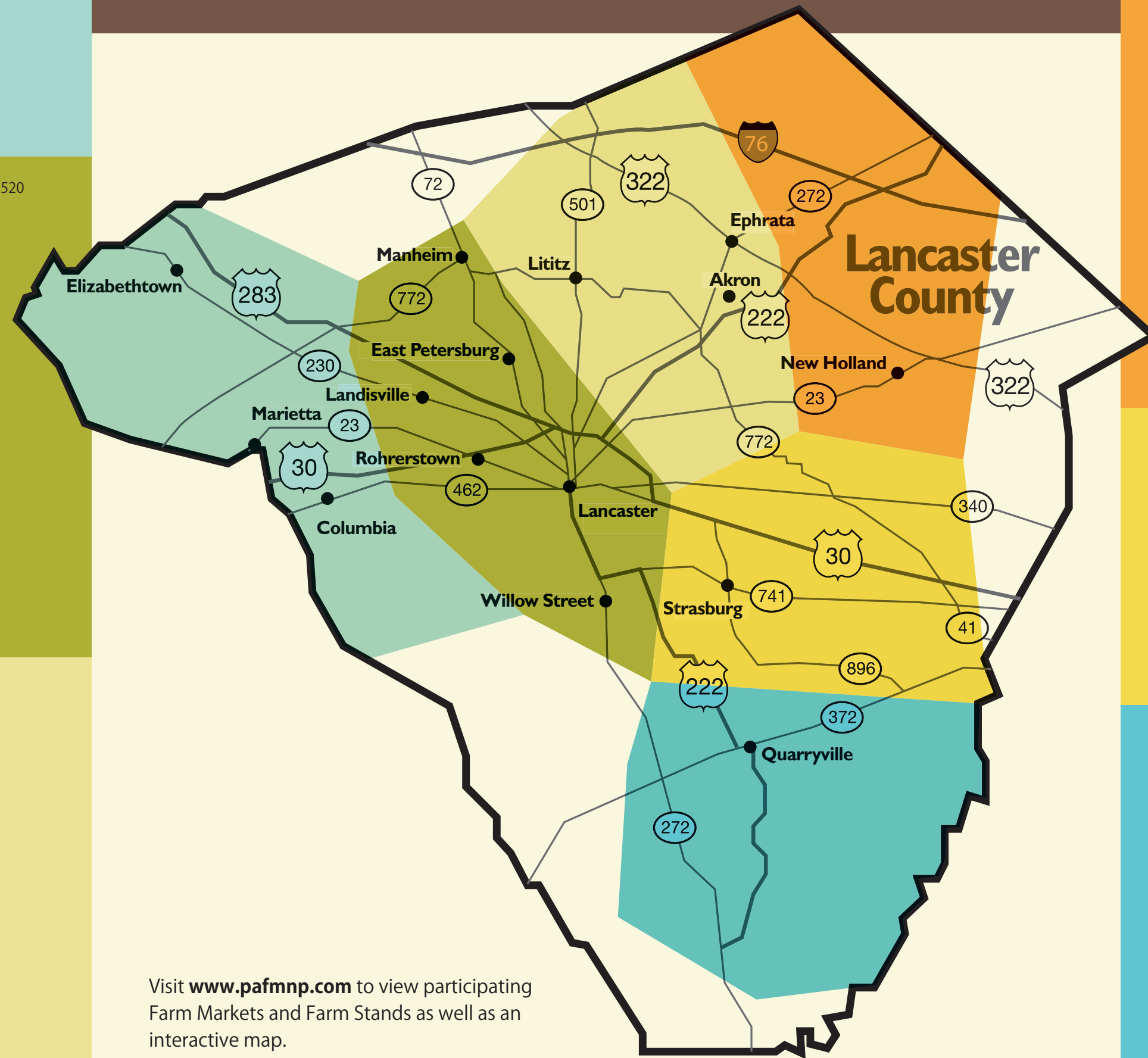
Farmers' Market Nutrition Program Guide

-  Your checks may be used from June 1, 2017 through November 30, 2017 at any approved farmer stand.
-  Fruits and vegetables may be purchased with your Farmers' Market checks as long as they were grown in Pennsylvania. You may purchase fresh cut herbs grown in Pennsylvania if they are used for cooking or flavoring.
-  Eligible in-season fruits include apples, apricots, berries, cherries, grapes, melons, nectarines, peaches, pears and plums.
-  Eligible in-season vegetables include artichokes, asparagus, beans (fresh), beets, broccoli, brussel sprouts, cabbage, carrots, cauliflower, celery, corn, cucumbers, eggplant, greens, kohlrabi, leeks, lettuce, mushrooms, okra, onions, parsnips, peas, peppers, potatoes, radishes, rhubarb, spinach, sweet potatoes, tomatoes, turnips, winter squash, yams, and zucchini.
-  Processed foods such as jams, honey, nuts or baked goods along with citrus and tropical fruits such as oranges, bananas, lemons, mangos and limes may not be purchased with your Farmers' Market Checks.
-  No change may be given if you do not spend your entire \$5 check.
-  Lost and damaged checks cannot be replaced.

PA WIC is funded by USDA. This institution is an equal opportunity provider.



Farmers' Market Locations



Visit www.pafmnp.com to view participating Farm Markets and Farm Stands as well as an interactive map.

Sterling Acres
142 Black Swamp Road, Bainbridge PA 17502

Herr's Fruit Farm
Route 462 and Prospect Road, Columbia PA 17512

Keagys Farm & Produce
438 Locust St, Columbia PA 17512

County View Farm Market
1595 Maytown Rd, Elizabethtown PA 17601

Masonic Village Farm Market
310 Eden View Rd, Elizabethtown PA 17022

River Road Produce + Garden Center
1835 River Road, Marietta PA 17547

Howies Garden
3253 Maytown Road, Marrietta PA 17547

The Tomato Barn
65 Penn Street, Washington Boro PA 17582

Jason Charles Produce
State Road & Yellow Goose Rd, East Petersburg PA 17520

Cherry Hill Orchards Outlet
400 Long Lane, Lancaster PA 17603

Country Barn Farm Market
211 South Donnerville Road, Lancaster PA 17603

Dig It
618 Stevens Ave, Lancaster PA 17602

East Side Market
135 N Lime St, Lancaster PA 17602

Herr's Fruit Farm
1201 Harrisburg Avenue, Lancaster PA 17601

Lancaster Central Market
23 North Market Street, Lancaster PA 17603

Lancaster East Side Market
Lime and Chestnut St, Lancaster PA 17602

Musser Family Farming
547 Donerville Rd, Lancaster PA 17603

Produce Wagon
3047 Marietta Ave, Lancaster PA 17602

Schopf Bros Farm
1900 State Road, Lancaster PA 17601

Schopf Bros Farm
3493 Marietta Avenue, Lancaster PA 17601

Roots Country Market & Auction
705 Graystone Road, Manheim PA 17545

Millersville Community Market
304 North George Street, Millersville PA 17551

Farmette Gardens
190 Parkview Heights Road, Ephrata PA 17522

Hilltop Greenhouse and Produce
330 Akron Road, Ephrata PA 17522

Reiff's Farm Market
2902 Rothsville Road, Ephrata PA 17522

Sunnyside Farm Market
2011 W Main St, Ephrata PA 17522

Weavers
1321 Diamond Station Road, Ephrata PA 17522

Breneman's Farm Market
811 West Lexington Road, Lititz PA 17543

Green Hills Farm Fresh
615 East Newport Road, Lititz PA 17543

Harvest Lane Farm
851 East Oregon Road, Lititz PA 17543

Hess's Produce
870 Clay Road, Lititz PA 17543

Hoover's Farm Market
30 Erbs Bridge Road, Lititz PA 17543

Kuntryside Orchard
995 West Fairview Road, Lititz PA 17543

Lititz Farmers Market
9 North Water Street, Lititz PA 17543

Shenk's Berry Farm
911 Disston View Drive, Lititz PA 17543

Weavers Produce
1210 Furnace Hills Pike, Lititz PA 17543

Farm Wagon Produce
1061 Weaverland Road, East Earl PA 17519

Horst Farm Market
640 Reading Road, East Earl PA 17519

Sensenig Produce
1636 East Main St, East Earl PA 17519

Wayside Produce
900 Reading Road, East Earl PA 17519

Ever Green Acres Produce
745 North Reading Road, Ephrata PA 17522

Glenwood Produce & Planters
927 Glenwood Dr, Ephrata PA 17522

Green Dragon Farmers Market
955 State St, Ephrata PA 17522

Sensenig Marlin
315 Frysville Rd, Ephrata PA 17522

Brecknock Orchard
390 Orchard Road, Mohnton PA 19540

Ever Fresh Produce
3145 Division Highway, New Holland PA 17557

Hoovers Produce
2921 Division Highway, New Holland PA 17557

Summerset Farm Market
542 North Rail Road Avenue, New Holland PA 17557

Three Seasons
716 Spruce Rd, New Holland PA 17557

Dogwood Farm Market LLC
1124 Dogwood Drive, Reinholds PA 17569

Railside Produce
25 West Main St, Reinholds PA 17569

Brackbill Produce LLC
315 Hershey Church Road, Kinzers PA 17535

Smuckers
Pioneer Rd, Lancaster PA 17602

Kings Korner
104-A Paradise Lane, Ronks PA 17572

Old Homestead Farm
351 Hartman Bridge Rd, Ronks PA 17572

Pops Produce
265 Paradise Lane, Ronks PA 17572

Red Barn Produce
82 Peach Lane, Ronks PA 17572

Meck's Produce
1955 Beaver Valley Pike, Strasburg PA 17579

White Oak Nursery
2507 White Oak Road, Strasburg PA 17579

Sunny Slope Farm
91 Windy Top Rd, Christiana PA 17509

Kreider's Market Inc
2396 Kirkwood Pike, Kirkwood PA 17536

Meadow Brook Farm Market
1919 Kirkwood Pike, Kirkwood PA 17536

Union Roadside Stand
5674 Street Road, Kirkwood PA 17536

Windy Knoll Produce
95 South Little Britain Rd, Nottingham PA 19362

Corner Stand Produce
1802 Lancaster Pike, Peach Bottom PA 17563

Penn Hill Produce Farm
2240 Robert Fulton Highway, Peach Bottom PA 17563

Buckview Produce
1052 Lancaster Pike, Quarryville PA 17566

Red Barn Market
1402 Georgetown Road, Quarryville PA 17566

Rohrer's Farm Market
Rt 222 1 1/2 Mile South Of Quarryville, Quarryville PA 17566

Wissler's Farm Market
774 Lancaster Pike, Quarryville PA 17566