

## Psychotropic Medication Resources

The following resources are identified to assist primary care physicians who prescribe psychotropic medication to children and adolescents in foster care (related to trauma, foster care, and the use of psychotropic medication):

### Children’s Bureau, US Department of Health and Human Services

- [\*Making Healthy Choices: A Guide on Psychotropic Medications for Youth in Foster Care \(2012\)\*](#). Directed to youth in foster care but relevant to PCPs.
- [\*Making Healthy Choices: Supporting Youth in Foster Care. A Guide for Caregivers and Caseworkers on Trauma, Treatment and Psychotropic Medications \(2015\)\*](#). Directed to caregivers and caseworkers but relevant to PCPs.

### Rating Scales

- [\*Diagnostic and Treatment Scales – Child and Adolescent Assessments \(2016\)\*](#). Lists potential rating scales by diagnosis.
- [\*Vanderbilt Assessment Scale for Diagnosing ADHD \(2002\)\*](#). A specific rating scale, copyrighted by the American Academy of Pediatrics and National initiative for Children’s Healthcare Quality, for identifying and monitoring treatment of ADHD.

### Other Resources

- [\*National Alliance on Mental Illness \(NAMI\): “Mental Health Medications.”\*](#) Very brief overview of psychotropic medications.
- [\*“September 2013 Psychotropic Medication Utilization Parameters for Children and Youth in Foster Care”\*](#) (Texas, 2013), pages 14-21. Identifies various categories of psychotropic medication with specific names of medications (generic and brand name) as well as additional information about their use.
- [\*Psychotropic Medication Informed Consent Guidance .docx\*](#)